



Good Friday Observance
The Seven Last Words
from the Cross

## The Seven Last Words from the Cross

As Jesus hung upon the cross he said seven phrases, these phrases have been used by Christians for centuries to aid devotion and help us to consider the meaning of Jesus' death upon the cross. For the next hour we will spend time in silence and prayer meditating upon these words. The minister will read the words, offer a poem or brief thought on them and end each time of silence with a prayer.



## Introductory Prayer

## The Seven Words

12.00pm	"Father, forgive them, for they know not what they do." (Luke 23:34)
12.15pm	"My God, my God, why have you forsaken me?" (Matthew 27:46)
12.30pm	He said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" (John 19:26-27)
12.45pm	"I thirst!" (John 19:28)
1.00pm	"Truly, I say to you, today you will be with me in Paradise." (Luke 23:43)
1.15pm	"It is finished!" (John 19:30)
1.30pm	"Father, into your hands I commit my spirit." (Luke 23:46)
1.45pm	Closing Prayers

Canticle - Saviour of the World

we look to you to save and help us.

Jesus saviour of the world come to us in your mercy: we look to you to save and help us.

By your cross and your life laid down you set your people free:

When they were ready to perish you saved your disciples:

we look to you to come to our help. In the greatness of your mercy loose us from our chains: forgive the sins of all your people. Make yourself known as our saviour and mighty deliverer: save and help us that we may praise you.

Come now and dwell with us Lord Christ Jesus: hear our prayer and be with us always.

And when you come in your glory:

make us to be one with you and to share the life of your kingdom.

Amen.

Collects for Good Friday

The Litany of Penitence

Let us kneel at the foot of the cross in penitence for our sins.

We have not loved you with our whole heart, and mind, and strength.

We have not loved our neighbours as ourselves.

We have not forgiven others, as we have been forgiven.

Lord, have mercy.

We have been deaf to your call to serve, as Christ served us.

We have not been true to the mind of Christ.

We have grieved your Holy Spirit.

Lord, have mercy.

We confess to you, Lord ...

all our past unfaithfulness: the pride, hypocrisy, and impatience of our lives, **Lord, have mercy.** 

Our self-indulgent appetites and ways, and our exploitation of other people, **Lord, have mercy.** 

Our anger at our own frustration, and our envy of those more fortunate than ourselves, **Lord, have mercy.** 

Our intemperate love of worldly goods and comforts, and our dishonesty in daily life and work.

Lord, have mercy.



Our negligence in prayer and worship, and our failure to commend the faith that is in us, **Lord, have mercy.** 

Accept our repentance, Lord ...

for the wrongs we have done, for our blindness to human need and suffering, and our indifference to injustice and cruelty, **Accept our repentance, Lord.** 

For all false judgments, for uncharitable thoughts toward our neighbours, and for our prejudice and contempt toward those who differ from us, **Accept our repentance, Lord.** 

For our waste and pollution of your creation, and our lack of concern for those who come after us, **Accept our repentance, Lord.** 

Restore us, good Lord, and let your anger depart from us; **Favourably hear us, for your mercy is great.** 

Accomplish in us the work of your salvation, That we may show your glory in the world.

By the cross and passion of your Son our Lord, Bring us with all your saints to the joy of his resurrection.

[silence]

