



# Comox United Church

*Our Values: Spirituality, Openness, Care for the Common Good, Radical Love*

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Visit our website: it is updated weekly: [www.comoxunitedchurch.com](http://www.comoxunitedchurch.com)

**Please note: Newsletters are also posted on the Comox United website.**

Announcements should be sent to [admin@comoxunitedchurch.com](mailto:admin@comoxunitedchurch.com)

or call 250 339-3966 by **8:00 am Thursday morning.**

**If you no longer wish to receive this newsletter please email [admin@comoxunitedchurch.com](mailto:admin@comoxunitedchurch.com).**

Thursday, April 6, 2023

**Sunday, April 9, 2023 EASTER**

**Communion will be served**

**Greeters:** Les Herauf, Marg Silman

**Coffee:** Raymond and Margaret Morin

**Reflection:**

**Power Point:** Merrilee Cameron

**Scripture Reader:** Alan Brown

To read the scripture follow the link below then type in the scripture verse <http://bible.oremus.org>

**Please note: the office will be closed Friday April 7 and Monday April 11.**

**Comox United Church worship services are available in three ways.**

- 1) Attend worship in-person at the church on Sundays at 10:00 am.
- 2) Watch live on-line by going to our YouTube channel. Just click on this link at 10:00 am on Sunday morning:

<https://www.youtube.com/@comoxunitedchurch3917/streams>

- 3) Watch the service at another time from the "Virtual Services" page on our website:

<https://www.comoxunitedchurch.com/pages/online-sunday-services>

The beautiful flower arrangements in the Sanctuary were lovingly left for the congregation by Jan Bentley's Family.

### Life and Work of the Church

Mondays 1:30 Knitting Group  
 Tuesdays 10:00 Coffee and Conversation at the Comox Golf Club  
 Thursdays 6:30 Choir practice  
 Fridays 10:00 Men's Shed  
 Dance classes will return in Sept. FMI please Email Wendy: [trinitydance@shaw.ca](mailto:trinitydance@shaw.ca)  
 Monday April 10 at 1:15 UCW meeting  
 All are welcome to join in a devotional, short meeting and fellowship  
 Sunday April 30 Soup and Sandwich Lunch



**April 9, 2023**

Come to Glacier View Lodge on the 2nd Sunday A small group goes to Glacier View Lodge on the second Sunday of the month from 1:30 to 2:30 pm to share songs and short readings with the residents.

Carol Jennermann or others play the piano and three or four of us help with singing and page turning. We have duotangs with songs and readings.

Please will you join this group? We need a few more people to take turns with us.

Please see Amy Y or phone 250-218-6846 or email [amyalma65@gmail.com](mailto:amyalma65@gmail.com)

### Heat pump in Sanctuary

Joan Gillies, Jane Wilson and Fiona Curry (SAGE) met with a Temprite rep. for an orientation on how to set the heat pump in the Sanctuary. We will be "trying out" different temperatures.

**Please DO NOT adjust the settings.**

Please send feedback to:

[sage@comoxunitedchurch.com](mailto:sage@comoxunitedchurch.com)

### Men's Breakfast

The Men's Breakfast, on April 15 had room for 24 diners. We have 24 diners confirmed and 2 diners on the wait list. We are grateful for the interest in this event.

## Sound and Hearing Survey for Comox United Church

This spring, our church is reviewing our sound and hearing needs and is seeking your feedback on this topic. We're going to look at a number of areas and whether we should proceed with an enhancement that is being considered by the Tech Team.

We're an aging population, and with that, for some of us, comes greater challenges in larger rooms, as well as in crowded rooms with numbers of people talking. In addition, we know that some places or seats are better than others for hearing speakers, singers, and general sound in a room. We would like your help in identifying our needs as a congregation and in exploring solutions. We may also explore holding a session or two on hearing and changes that we can explore.

We'd appreciate your feedback and are asking for your time in giving us information on the survey (emailed to the congregation on April 5) It was developed with some boxes that can be filled out on a computer directly, if you download the document as an attachment.

Sent your completed online survey to Ross Griffith-Cochrane at [rgriffco@gmail.com](mailto:rgriffco@gmail.com)

If you prefer a paper copy these are available from the table in the church entrance way. Please return paper copies to the office.

**Please return your survey by Wednesday April 13, 2023.**

We look forward to hearing from you.  
Comox United Hearing and Sound Group

### The Comox Valley Unitarian Fellowship Sunday, April 16, 2023 4:00 pm Gratitude and Climate Action

Karl Perrin is a long time Unitarian and climate activist. Joanna Macy's four-stages-of-activism starts with gratitude, so Karl has been studying and practising gratitude for many years. Practising gratitude keeps one grounded and has been shown to increase happiness and wellbeing. Gratitude practice also strengthens a community's resilience.

## Neighbourhood Cluster Groups



Thank you to all who have signed up to be hosts.

**Signup sheets for each cluster will be available in the hall following the service.**

### This week's Tip:



To reread Professor Rick Ponting's reflection on residential schools, from September 2021, go to the church website by googling Comox United Church.

2. From the menu at the top of the page, click on Ministries.
3. Click on Social Justice.
4. Scroll down to Prof. Ponting's Reflection.
5. Enjoy!

Questions? Comments? Concerns?

NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at [websiteadmin@comoxunitedchurch.com](mailto:websiteadmin@comoxunitedchurch.com) or phone 250-207-5650



## Talent Show Fund Raiser

May 12, 2023 at 7 p.m.

Admission by donation.

This is Your talent show.

Please contact Mike at [mnstewart@shaw.ca](mailto:mnstewart@shaw.ca) or Noreen at [noreenr1944@gmail.com](mailto:noreenr1944@gmail.com) by **April 30<sup>th</sup>** and offer your talent

We would like each number to be a maximum of 4 minutes each to give everyone an opportunity. It has been a number of years since our last show and it was so much fun! So....get your thinking cap on: What would you like to do? Gloria will be available to accompany anyone who needs her.

Please sign up: We will have our pens ready and be in the church hall after the service.



**Weird Church:**  
**Thursdays 12:15-12:45**  
No experience needed!  
Come and join us for this 30-minute guided meditation: pause in the middle of the day and enter into a time of connection and calm. Beginning Thursday at March 9, 2023

have moments when we can break through to the surface, and we see the horizon. It is important in this circumstance, for our survival, to look always to the horizon. One of my favourite writers, a futurist and game designer named Jane McGonigal, talks about the importance of looking to the horizon—or what she calls “future episodic thinking.” When you can imagine both the worst that could happen, and the best future you’d want to see, you put in place the building blocks to manage either. If you’ve imagined the worst that could happen, you are able to think through how you respond. But if you imagine what you would like to have happen, say, 10 years into the future, you can live into that hope, and put the building blocks into place and work towards that future vision.

And this is what we are about as the church at Easter. The reality is that Jesus was crucified and died—the worst happened. But we are reminded each year at Easter that death did not overcome life. With images of dawn breaking on the horizon, let us listen to Paul’s words to the Colossians and set our minds to that radical hope that is the Easter promise. In that hope, what can we imagine together: towards right reconciliation? for world peace? for economic justice? for climate justice? for the rural church? for the future of our denomination? Let’s imagine all of our hopes for a just and peace world together, practising deep spirituality, bold discipleship, and daring justice.

## Moderator’s Easter Message



### Transcript of video message

“I have seen the Lord.” This is what Mary Magdalene says to the disciples on the morning of Christ’s resurrection. In another account: “Do not be afraid,” Jesus says to the women, “Go and tell my brothers to go to Galilee; that is where they will see me.” Jesus Christ is risen this Easter morn, hallelujah! Alléluia!

Later, Paul tells the church in Colossae, “So if you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth...”

My grandmother once told me, when I was particularly strident about a social justice issue: “I certainly hope you have not forgotten the resurrection, and that we are an Easter people. We believe in hope.”

I sighed in exasperation as young people can do, I think I rolled my eyes, and I said: “No, Grandma, I won’t forget that we are an Easter people.” And I don’t.

Michael Shewburg said to me earlier this year: “The church restructured, and then the pandemic came and the world restructured.”

Sometimes, it can feel as if this world is shifting under our feet—or maybe, more accurately, we are adrift at sea, sometimes getting tumbled in the waves and not knowing which way is up. But we

