



MORNING PRAYER FOR GOOD FRIDAY
7 April 2023

*Following Morning Prayer
you are invited to join
in the Way of the Cross.*

*Please go to the Law Courts on Begbie
to meet with other members
of the New Westminster Ministerial Association.*

*The Walk will conclude
with refreshments at Holy Trinity Cathedral.*

THE GATHERING OF THE COMMUNITY

The Greeting

Christ became obedient unto death for us,
even death upon a cross.

He was pierced for our sins,
bruised for no fault but ours.

His punishment has won our peace,
and by his wounds we are healed.

Worthy is the Lamb that was slain
**to receive power and riches and wisdom,
strength, honour, glory and praise. Amen.**

Hymn

'There Is a Green Hill Far Away'
Common Praise 202

**There is a green hill far away,
outside a city wall,
where the dear Lord was crucified
who died to save us all.**

**We may not know, we cannot tell
what pains he had to bear;
but we believe it was for us
he hung and suffered there.**

**He died that we might be forgiven,
he died to make us good,
that we might go at last to heaven,
saved by his precious blood.**

**There was no other good enough
to pay the price of sin;
he only could unlock the gate
of heaven, and let us in.**

**O dearly, dearly, has he loved,
and we must love him too,
and trust in his redeeming blood,
and try his works to do.**

THE PROCLAMATION OF THE WORD

The Psalm of the Day: Psalm 22.1-6, 15-22, 29-31

My God, my God, why have you forsaken me?
My God, my God, why have you forsaken me?

My God, my God, why have you forsaken me and are so far from my cry and from the words of my distress? O my God, I cry in the daytime, but you do not answer; by night as well, but I find no rest. Yet you are the Holy One, enthroned upon the praises of Israel.

My God, my God, why have you forsaken me?

Our ancestors put their trust in you; they trusted, and you delivered them. They cried out to you and were delivered; they trusted in you and were not put to shame. But as for me, I am a worm and not human, scorned by all and despised by the people.

My God, my God, why have you forsaken me?

My mouth is dried out like a potsherd; my tongue sticks to the roof of my mouth; and you have laid me in the dust of the grave. Packs of dogs close me in and gangs of evildoers circle around me; they pierce my hands and my feet. I can count all my bones while

they stare and gloat over me. They divide my garments among them; they cast lots for my clothing.

My God, my God, why have you forsaken me?

Be not far away, O Lord; you are my strength; hasten to help me. Save me from the sword, my life from the power of the dog. Save me from the lion's mouth, my wretched body from the horns of wild bulls. I will declare your name to my kindred; in the midst of the congregation I will praise you.

My God, my God, why have you forsaken me?

To God alone all who sleep in the earth bow down in worship; all who go down to the dust fall before God. My soul shall live for God; my descendants shall serve God; they shall be known as the Lord's for ever. They shall come and make known to a people yet unborn the saving deeds that God has done.

My God, my God, why have you forsaken me?

Holy One, Jesus felt abandoned and cried out in anguish from the cross, yet you delivered him. He overcame the bonds of death and you raised him in triumph from the grave. Do not hide your face from those who cry out to you: feed the hungry, strengthen the weak, and break the chains of the oppressed, so that your people may rejoice in your saving deeds. This we ask in the name of your Beloved, Jesus Christ.
Amen.

1st Reading: Lamentations 3.1-9, 19-33

A reading from Lamentations.

I am one who has seen affliction under the rod of God's wrath; he has driven and brought me into

darkness without any light; against me alone he turns his hand, again and again, all day long.

He has made my flesh and my skin waste away, and broken my bones; he has besieged and enveloped me with bitterness and tribulation; he has made me sit in darkness like the dead of long ago.

He has walled me about so that I cannot escape; he has put heavy chains on me; though I call and cry for help, he shuts out my prayer; he has blocked my ways with hewn stones, he has made my paths crooked.

The thought of my affliction and my homelessness is wormwood and gall! My soul continually thinks of it and is bowed down within me. But this I call to mind, and therefore I have hope:

The steadfast love of the LORD never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. "The LORD is my portion," says my soul, "therefore I will hope in him."

The LORD is good to those who wait for him, to the soul that seeks him. It is good that one should wait quietly for the salvation of the LORD. It is good for one to bear the yoke in youth, to sit alone in silence when the Lord has imposed it, to put one's mouth to the dust (there may yet be hope), to give one's cheek to the smiter, and be filled with insults.

For the Lord will not reject forever. Although he causes grief, he will have compassion according to the abundance of his steadfast love; for he does not willingly afflict or grieve anyone.

Holy Wisdom, Holy Word.

Thanks be to God.

Hymn
'Were You There'
Common Praise 192

**Were you there
when they crucified my Lord?
Were you there
when they crucified my Lord?
Oh! Sometimes it causes me
to tremble, tremble, tremble:
were you there
when they crucified my Lord?**

**Were you there
when they nailed him to the tree?
Were you there
when they nailed him to the tree?
Oh! Sometimes it causes me
to tremble, tremble, tremble:
were you there
when they nailed him to the tree?**

**Were you there
when they pierced him in the side?
Were you there
when they pierced him in the side?
Oh! Sometimes it causes me
to tremble, tremble, tremble:
Were you there
when they pierced him in the side?**

**Were you there
when the sun refused to shine?
Were you there
when the sun refused to shine?
Oh! Sometimes it causes me
to tremble, tremble, tremble:**

**Were you there
when the sun refused to shine?**

**Were you there
when they laid him in the tomb?**

**Were you there
when they laid him in the tomb?**

**Oh! Sometimes it causes me
to tremble, tremble, tremble:**

**Were you there
when they laid him in the tomb?**

**Were you there
when he burst the bonds of death?**

**Were you there
when he burst the bonds of death?**

**Oh! Sometimes it causes me
to tremble, tremble, tremble:**

**Were you there
when he burst the bonds of death?**

2nd Reading: 1 Peter 1.10-20

A reading from the 1st Letter of Peter.

Concerning this salvation, the prophets who prophesied of the grace that was to be yours made careful search and inquiry, inquiring about the person or time that the Spirit of Christ within them indicated when it testified in advance to the sufferings destined for Christ and the subsequent glory. It was revealed to them that they were serving not themselves but you, in regard to the things that have now been announced to you through those who brought you good news by the Holy Spirit sent from heaven — things into which angels long to look!

Therefore prepare your minds for action; discipline yourselves; set all your hope on the grace that Jesus Christ will bring you when he is revealed. Like obedient children, do not be conformed to the desires that you formerly had in ignorance. Instead, as he who called you is holy, be holy yourselves in all your conduct; for it is written, "You shall be holy, for I am holy."

If you invoke as Father the one who judges all people impartially according to their deeds, live in reverent fear during the time of your exile. You know that you were ransomed from the futile ways inherited from your ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, like that of a lamb without defect or blemish. He was destined before the foundation of the world, but was revealed at the end of the ages for your sake.

Holy Wisdom, Holy Word.

Thanks be to God.

THE PRAYERS

Solemn Intercessions

Let us pray for the one holy catholic and apostolic Church of Christ throughout the world:

- for its unity in witness and service,
- for all bishops and other ministers, and the people whom they serve,
- for John our bishop, Benny the Bishop of our Companion Diocese, Kathy the Bishop of the BC Synod and all the people of this Diocese,
- for all Christians in this community, especially the members of the New Westminster Ministerial Association, and
- for those about to be baptized,

that the Lord will confirm the Church in faith, increase it in love, and preserve it in peace. Lord, **hear and have mercy.**

Let us pray for all nations and peoples of the earth, and for those in authority among them:

- for Charles our King and all the Royal Family,
- for Justin the Prime Minister and for the government of this country,
- for David the premier of this province and the members of the legislature,
- for Patrick the mayor of this municipality and those who serve with him on the city council,
- for the elders and elected councillors of the First Nations on whose lands we gather and worship,
- for all who serve the common good,

that by God's help they may seek justice and truth, and live in peace and concord. Lord, **hear and have mercy.**

Let us pray for all who suffer and are afflicted in body or in mind:

- for the hungry and homeless,
- for the destitute and the oppressed, and all who suffer persecution or prejudice,
- for the sick, the wounded, and the handicapped,
- for those in loneliness, fear and anguish,
- for those who face temptation, doubt and despair,
- for the sorrowful and bereaved,
- for prisoners and captives and those in mortal danger,

that our merciful God will comfort and relieve them, and grant them the knowledge of the divine love and stir up in us the will and patience to minister to their needs. Lord, **hear and have mercy.**

Let us pray for all who have not yet received the gospel of Christ:

- for all who have not heard the words of salvation,
- for all who have lost their faith,
- for all whose sin has made them indifferent to Christ,
- for all who actively oppose Christ by word or deed,
- for all who are enemies of the cross of Christ and persecutors of his disciples,
- for all who in the name of Christ have persecuted others,

that God will open their hearts to the truth, and lead them to faith and obedience. Lord, **hear and have mercy.**

Let us commit ourselves to God, and pray for the grace of a holy life, that with all who have departed this life and have died in the peace of Christ, and those whose faith is known to God alone, we may be accounted worthy to enter into the fullness of the joy of our Lord, and receive the crown of life in the day of resurrection. Lord, **hear and have mercy.**

O Holy and Immortal One, we veil our faces before your glory, and bow before the cross of your wounded Christ. With angels and archangels we praise you, our Mercy, and we bless you, our Compassion, for in our brokenness you have not abandoned us. **Amen.**

The Lord's Prayer

As our Saviour taught us, let us pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

THE SENDING FORTH OF THE COMMUNITY

The Dismissal

Let us bless the Lord.
Thanks be to God.

May Christ, who bore our sins on the cross, set us free
to serve with him in joy. **Amen.**