



**FOOD FOR
THE HUNGRY**

2022

IMPACT REPORT



**Food for the Hungry is a Christian not-for-profit organization
dedicated to ending poverty—one community at a time.**

Thank You!

In 2022, donors like you travelled to celebrate with communities in Uganda and Rwanda as they marked the official completion of their partnership with Food for the Hungry (FH). What a joy it was to see how your generosity has borne fruit!

We heard story after story of holistic transformation. Relationships between family members and neighbours healed. Children no longer getting sick from dirty water. Families well-fed from their own gardens. Livelihoods flourishing. Leaders taking charge and rallying their people toward a brighter future.

This is what Food for the Hungry is all about. Walking with communities to end poverty and create a sustainable way forward. You are an integral part of this life-giving work.

The following images and statistics showcase some of the incredible transformation you made possible across all FH partner communities in 2022.

Thank you for your faithful support.



With Gratitude,

A handwritten signature in black ink that reads "Shawn Plummer".

Shawn Plummer
President & CEO



Who You Walked With

Thank you for walking alongside some of the world's most vulnerable communities.

Families, leaders, and churches partner with Food for the Hungry to develop the skills, knowledge, and assets they need to flourish. In the process, communities address the root causes of the things that hold them back.

In 2022, you walked with

90 Partner Communities

across Guatemala, Burundi, Ethiopia, Rwanda, Uganda, Bangladesh, and Cambodia

made of

210,163 People

44,470 Households

Graduation

Marare and Nashisa, Uganda and Busekera, Rwanda graduate!

After a fruitful decade of walking with FH, these communities were excited to celebrate their successes and confident to complete their partnership with FH. See signposts of their sustainability here!



UGANDA GRADUATION

RWANDA GRADUATION



Since FH came to our community, that was the beginning of transformation. We started to value our spouses, work together as a family, and attend church. Come sunshine or rain, we are assured of a meal. Much appreciation to the Canadian friends for the transformation and light brought to Nashisa community. Today we are thriving!

— Martin, Nashisa, Uganda



In 2022, you walked with

Guatemala

3,852 households

in Acul, Rio Azul, Xonca, Villa Hortensia II,
and 8 communities within San Juan Cotzal

Burundi

8,381 households

20 communities within Kabarore

Ethiopia

5,950 households

9 communities within the
Sasiga Mid-Highlands

Rwanda

4,568 households

3 communities within Bwira
1 community within Busekera

Uganda

4,723 households

7 communities within Bukiede

Bangladesh

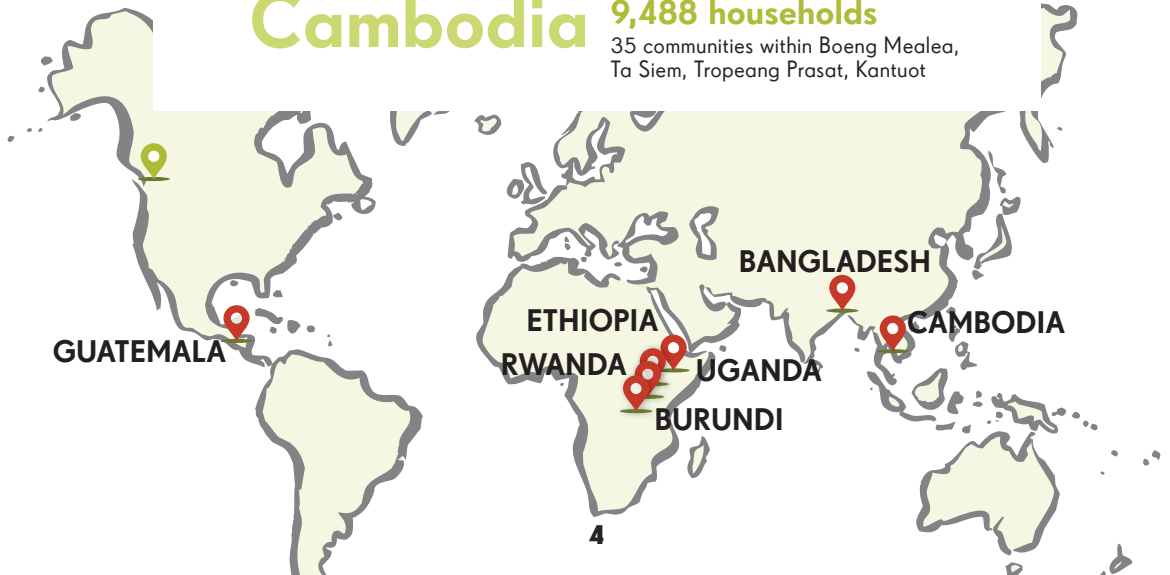
7,508 households

2 Communities in Ukhia
1 Community in Char Borobila

Cambodia

9,488 households

35 communities within Boeng Mealea,
Ta Siem, Tropeang Prasat, Kantuot





“ Giving isn't something difficult, it's so rewarding. Doing something for others is the most joyful thing you can do—I couldn't live if I didn't give.
 — **Pollyanne, Canadian painter and Gift Guide supporter** ”

[READ MORE](#) 

Ways You Got Involved



Child Sponsorship

8,873 sponsor children and their families were supported by **7,200** Canadian sponsors

Your faithful child sponsorship support gives children and their families opportunities for education and livelihoods development, and encouragement to take steps forward.



Gift Guide

\$1,040,715 raised by **2,508** Canadians

You chose creative, meaningful, and impactful gift giving! Families across the world received needed resources to boost education, grow food, launch businesses, and build a sustainable way of life.



Feeding Families

\$327,805 raised by **647** donors

Your donations toward Feeding Families helped communities grow food to feed their children and develop a reliable income. You sent emergency soup mix to those threatened by extreme hunger and supported long-term solutions like agricultural training, livestock, and seeds.



Learning Together

We are so proud of FH donors like you who daringly broke the boundaries of their comfort zones to engage in new ways of seeing yourselves and redefining poverty. Through events like Ending Poverty Together Workshops, Canadians reached beyond stereotypes to enter into new narratives around who “the poor” are, and what it means to thrive.



Ending Poverty Together Workshops

17 workshops engaging 178 participants



Flourishing Conference

126 attendees exploring 14 topics



When All Things Aren't Equal Webinar

73 registrants tackling gender inequality



Ending Poverty Podcast

16 episodes with experts aired



LISTEN NOW





Canadian Partners

By building long-term relationships with communities through child sponsorships, special projects, virtual calls, and in-person visits, Canadian partners walk with families from stuck to thriving. This relationship gives community leaders and families a boost of courage to do the hard work of building a sustainable future for their children. In the process, Canadian partners experience their own worldview transformation and values shake-up.

Over 75 Canadian Partners

made up of 32 businesses, 11 churches, 34 foundations, and many individuals committed to walking with communities through prayers, financial gifts, and practical encouragement.

35 Partner Representatives

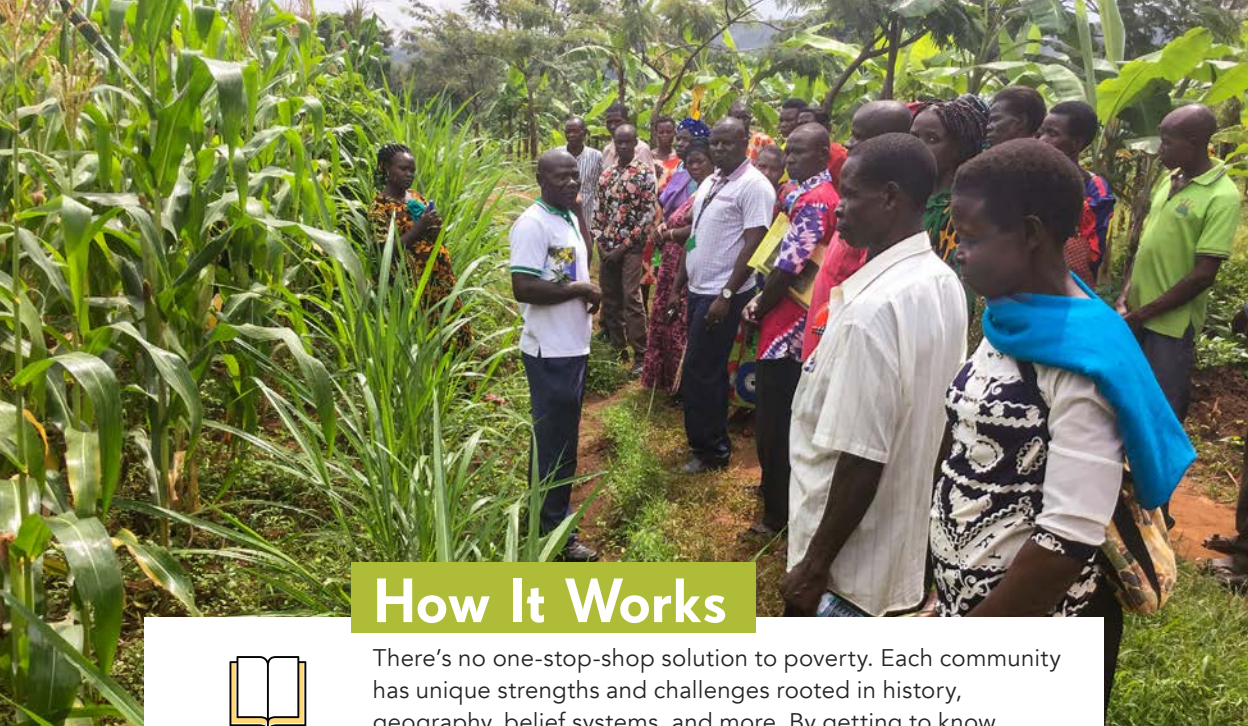
participated in 5 trips to visit communities in Guatemala, Uganda, and Rwanda!



Our family is very grateful for the opportunity to walk with the communities in Cambodia in their journey. We are thankful that through the work of FH, they will have the opportunity to experience Jesus' amazing love!

— **Martin Tai, Impact Partner**





How It Works



There's no one-stop-shop solution to poverty. Each community has unique strengths and challenges rooted in history, geography, belief systems, and more. By getting to know communities individually, Food for the Hungry walks alongside families, leaders, and churches to help them develop their own solutions to poverty—together.



We've found most challenges and opportunities in any community fall roughly into four areas of development. While the emphasis changes from community to community based on their needs and assets, every program and activity FH designs is founded on a biblical worldview of wholeness and thriving.



By attending to disaster risk reduction and prioritizing gender equality and environmental care, FH helps families build their long-term resilience in every area of life.



With the goal being self-led, sustainable communities, we won't stick around forever! When communities no longer need our support, FH celebrates their achievements and finds a new community who needs a partner.



I used to languish in poverty, yet I was sleeping on gold. I thought that this soil is infertile, but after being trained on Farming God's Way [sustainable agriculture], I am now harvesting big!

— Lydia, mother of 7, Uganda



Central America



“ All of the FH activities have meant a lot to the families of Xonca because they have learned the true value of work and now have a bigger desire to develop. I feel very happy and proud to see the beautiful changes in my life and my community. I am confident they will continue to grow! ”

— Juana, Xonca, Guatemala

[READ MORE OF JUANA'S STORY](#)



East Africa



“ At the moment, most households are now practicing kitchen gardening taught by Food for the Hungry, and I am really very grateful and I am part of this cause. These changes bring happiness in my life because the dependence burden has reduced, women are now participating in saving groups, the number of malnourished children has reduced.

— Sarah, Bukiendo, Uganda ”



Uganda



Bukiende, Uganda is hilly with stunning vistas and hospitable people, but their communities are marginalized. They depend on farming and livestock to feed their families, but need support to increase production and protect their land against floods and droughts. Together with FH, they're tackling their stucks, including low income and the undervaluing of women and girls.

80 active Savings and Loans Groups with 2,010 members with a savings of \$77,625 CAD to date

70 male change agents promoted gender equality to 840 men

1 primary school built to serve 400 students

Rwanda



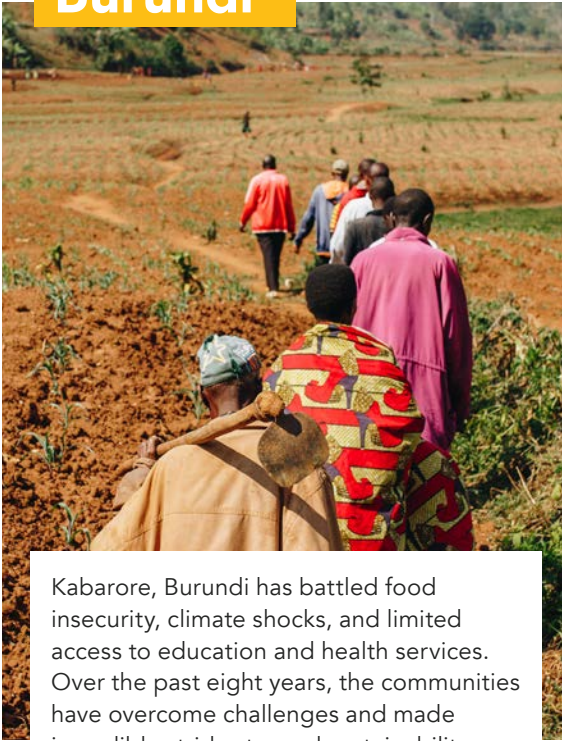
Bwira, Rwanda is a remote region, making it difficult to access resources and support. Community members travel up to 19 km to the nearest hospital and up to an hour to fetch water. Families suffer from malnutrition, food insecurity, access to clean water, and lack of support for education. But change is happening!

190 families received pigs or goats and trained on animal rearing

119 Leader Farmers trained on conservation agriculture and passed the training on to 3,451 other farmers

400 brand NEW kitchen gardens started

Burundi



Kabarore, Burundi has battled food insecurity, climate shocks, and limited access to education and health services. Over the past eight years, the communities have overcome challenges and made incredible strides toward sustainability.

512 volunteers trained in early childhood education who then trained 6,144 more caregivers

4,634 kgs of seeds distributed to co-op farmers

140 local authorities trained on management skills and good governance



Each family has learned the advantage of letting children continue their studies. Both men and women are working hard to improve living conditions. I feel very comfortable when I see that my family's daily needs are met and that I can help my neighbours rise up and work for their family and our community development.

— Bernard, Kabarore, Burundi

READ MORE OF BERNARD'S STORY

Ethiopia



The Sasiga Mid-Highlands, Ethiopia is known for its agricultural potential, however, communities face obstacles in the areas of health and nutrition, and generating household incomes. Families are working hard to overcome poverty and pursue their vision of a flourishing future.

318 vulnerable families provided with sheep

400 school girls received dignity kits

160 latrine slabs built for 800 family members



Asia



“ I am very happy because my family and I have improved a lot. My community has ways to address our issues and is improving day by day. We realize that we do not need to rely solely on FH, but we can do it on our own by helping one another in our community. ”

— Sarim, Tropeang Prasat, Cambodia

Cambodia



FH works with 35 communities in northern Cambodia. A lack of social cohesion has prevented communities from moving forward together. Through workshops and group development, they are beginning to leverage the power of tackling obstacles together.

2,307 Savings and Loans Group members trained

209 people trained on fish and frog raising

202 individuals trained in kitchen gardening and 100 new kitchen gardens established

Bangladesh



Char Borobila, Bangladesh is nearing the completion of their journey with FH. They've made great strides toward a self-led, sustainable future. The communities of Ukhia, however, have just begun their development journey! Because of their location near the Rohingya refugee camp, they face unique challenges.

20 vulnerable families received 320 chickens and training on poultry rearing

976 families received trees to reduce the impact of natural disasters in the community

495 sponsor children received education materials



[READ LAILY'S STORY](#)



Relief & Humanitarian Affairs

“

Joy can be found around every corner of Uran Primary School today, thanks to the water gushing out of the open taps. You can tell it from the excited chatter and cheers that greet the school bell at break time. ”

— Uran Primary School, Kenya

Conflict, disease, and extreme climate events continue to put millions of families in harm's way. In February 2022, Russia invaded Ukraine, triggering a devastating humanitarian crisis. In Haiti, families were, once again, rocked by a severe earthquake, necessitating immediate relief response. Drought in the Horn of Africa caused severe water shortages resulting in failed crops and dying livestock.

Through your donations, FH Canada and our trusted partners responded to global emergencies. You helped provide food relief, hygiene kits, replacement seed, clean water, blankets, medicine, building materials, psychosocial support, and more to the most vulnerable.



Relief & Humanitarian Affairs

Ukraine

In June, FH Korea and FH Canada partnered with 45 local churches to distribute much needed food and hygiene kits into the communities north of Kyiv.

- 1,657,000 people served

Haiti

In response to an earthquake that destroyed crops, FH provided seed and training in crop production and strategies to mitigate climate change.

- 410 people received seed
- 40 farmers trained

Kenya

To help mitigate the impacts of the drought, FH delivered water and set up rainwater harvesting systems.

- 200,000 litres water delivered to 15 schools with 5,093 students
- 6 schools supported with rainwater harvesting increasing capacity to cook, wash hands, drink water, and clean bathrooms and classrooms
- 2,664 community members received trucked water

Ethiopia

FH supported families displaced by the ongoing, violent conflict in Ethiopia with physical and emotional support.

- Supported women and girls safe spaces
- 230 displaced households with 1,150 family members received blankets, mats, kettles, cooking utensils, jerry cans (for water), soap, dignity kits, blankets, beds, and corrugated iron sheets
- 250 displaced families provided with sheep as a source of income
- 2 wells dug to provide emergency water to displaced families and host communities

Food & Medicine

Shipments reaching people around the world.

- 10 container shipments of dried soup total with a total 9,488,000 servings delivered to Dominican Republic, Burundi, Guatemala, Ukraine, South Africa
- 2 shipments of medications including antibiotics, heart medication, and more delivered to South Sudan and Nigeria
- 1 shipment of 4 million tablets of deworming medication delivered to Uganda

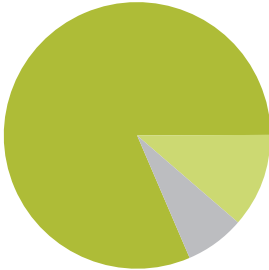
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FINANCIALS & LEADERSHIP

Thank you for partnering with families across the world to end poverty—one community at a time.



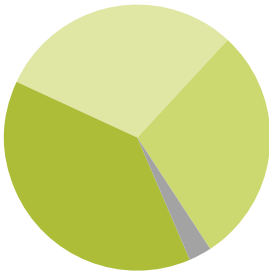
EXPENSES

81.6% Partnering with Communities for Sustainability

11.4% Invested to Generate Income

7% Administration & Operating Costs

Total FY 2022 Expenses: **\$13,161,823**



REVENUE

29.8% Child Sponsorship

38.42% GIK & Commodities

29.3% Program Donations

2.5% Other Income

Total FY 2022 Revenue: **\$12,867,448**

[VIEW FULL FINANCIAL STATEMENT](#)



SENIOR LEADERSHIP

Shawn Plummer

President & CEO

Patty-Leigh Thielmann

VP of International Programs

Michael Janz

Sr. Director of Philanthropy & Public Engagement

Michael Prins

Sr. Director of Marketing & Communications

Benjamin Svehla

Sr. Director of Operations

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President - Food for the Hungry International Federation

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Won Sik (David) Yoo

President, Korea Food for the Hungry International

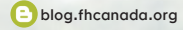
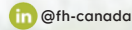
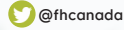
Hirohisa Seike

Chairman, Japan International Food for the Hungry



FOOD FOR THE HUNGRY

Follow your impact all year long.



CONTACT US



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