

holy with

2023

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Holy Week begins on Palm Sunday (April 2nd), and culminates on Resurrection Sunday (April 9th). It is a journey through Jesus' last days before the cross, and as a church, we will gather together to mark these crucial points in the church calendar.

In this Guide, we have included:

- A summary of what each day or service signifies and the practices surrounding it.
- Practical information about timings, what to bring, and how you can participate.
- Notes from our Children's Chapel team with ideas for engaging our kids throughout the different events.
- We've also included the Daily Office Morning & Evening Prayer with readings for Holy Week and the week following Easter for your daily prayer and study times.

PALM SUNDAY

Sunday, April 2nd

Palm Sunday marks the beginning of Holy Week. The procession with palms, which was already observed in Jerusalem in the fourth century, calls to mind the triumphal entry of Jesus, our Lord and King, into Jerusalem. The procession is fundamentally an act of worship, witness, and devotion to our Lord.

The purpose of Jesus' journey to Jerusalem was to fulfill his Father's will; therefore it is fitting that this service continues with the reading of the Passion Gospel in which the whole story of the week is anticipated. Our emphasis turns to the days that lie ahead in Holy Week. We who hail Jesus as King one moment, may in the next deny him, even joining with the crowd in shouting, "Crucify him!" 1

10am – Sunday Service

We will begin our service with a processional from outside the building, processing into the Sanctuary. (Yes! This is new this year!)

Here's what you need to know:

- Arrive a few minutes early if you can, and come into the foyer to check in your kids.
- Pick up a fresh palm branch and liturgy from the foyer.
- We will meet in the South parking lot at 10 am to begin our service.
- We will pray the Liturgy of the Palms together and hear the gospel reading.
- Then we will worship and process inside to the Sanctuary to continue our service.

The branches from this service will be kept, dried, and burnt, to be used as ashes for next year's Ash Wednesday service.

A NOTE FROM OUR CHILDREN'S CHAPEL TEAM: We will have faux branches for kids to use, or, if you've made palm branches at home you can bring them in to use for worship today.

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¹ BCP 2019:553

MONDAY | TUESDAY | WEDNESDAY

April $3^{rd} - 5^{th}$

- Take time to do morning and evening prayer.
- Spend time meditating on the readings for Holy Week.
 - o Monday: Jesus is anointed at Bethany. Mark 14:3-9
 - o **Tuesday**: Jesus cleanses the temple. Mark 11: 15-19
 - o Wednesday: Judas betrays Jesus. Matthew 26: 1-5, 14-25
- Prayer guide and readings are included in this guide beginning on page 14.

The Stations of the Cross

- The Stations of the Cross will be set up in the Sanctuary.
- You are invited to come and spend time praying through the stations 8.30 am 4.30 pm Monday & Tuesday, and 9.30 am 4.30 pm Wednesday.
- If your community group would like to come together in the evening, please contact Amy at amy.b@viachurch.ca to arrange this.

8.30 am - Wednesday Morning Eucharist

Our Wednesday Morning Eucharist service will be happening as usual at 8.30 am. Join us for this 30-minute liturgy. Following the liturgy, the Sanctuary remains open for individual prayer and reflection. The Stations of the Cross will also be set up.

THE TRIDUUM

The Sacred Three Days

The Paschal mystery—the death and resurrection of Jesus Christ—is at the heart of the Christian Gospel. The evening of Maundy Thursday begins the Triduum (the sacred three days). This service, together with Good Friday, Holy Saturday, and The Great Vigil of Easter, form a single liturgy; thus, the final blessing and dismissal is reserved for the conclusion of the Great Vigil.²

We will journey through the Triduum together as a community of believers, sharing in fasting and feasting, serving one another, watching, waiting, and worshipping as we await the Arisen Lord.

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² BCP 2019: 559

MAUNDY THURSDAY

Thursday, April 6th

Maundy Thursday receives its name from the *mandatum* (commandment) given by our Lord: "A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another" (John 13:34).

At the Last Supper, Jesus washed his disciples' feet and commanded them to love and serve one another as he had done. This day commemorates the Lord's example of servant ministry, the institution of the Eucharist, the agony in the Garden of Gethsemane, and the betrayal leading to the crucifixion. (BCP 2019:559)

5.30pm – Soup & Bun Potluck supper

You are invited to join us for a simple soup & bun potluck supper before the Maundy Thursday Service.

- WHAT TO BRING: If you are able, please bring a pot of soup to share and buns/bread
 - O Please bring food hot and ready to serve (crockpots and instant pots are great for this!) and make sure your pot, lid, and crockpot liner are labeled with your name for easy returns. Please also label if your soup is gluten and or dairy free.

Leftover soup & buns will be frozen and used to bless households in need with meals. This is a HUGE gift to our Abide ministry. Soup from last year's Maundy Thursday supper fed families in our community for almost the whole year, which is absolutely amazing!

Note: If you don't wish to donate your leftovers to Abide, no worries! Please just let the team know when you drop it off.

Foot washing

We will have stations set up to wash the feet of those in your family, community group, or others in the congregation as you feel led.

If you are unable to attend in person, but would like to participate in foot washing at home, you can find a short liturgy in Appendix 1 on page 32.

7pm – Maundy Thursday Service

This historic service begins the Triduum. On this night, Jesus washed the disciple's feet, giving them an example of his love. He gave them Holy Communion. By the end of this night, Jesus had been abandoned by all of his friends and was in the hands of the authorities.³

Having had the opportunity to participate in foot washing as a community, there will be a ceremonial foot washing during the service, and we will receive the Eucharist.

Once we have received the Eucharist, we will strip the altar of the holy objects usually used in worship, the chalices, table linens, colour, light, and the cross are all removed or covered. The final blessing and dismissal are omitted. You are invited to stay and sit in the darkness as you feel led, and depart in silence. We wait with Christ as he asked his disciples to do in the Garden of Gethsemane (Matthew 26:36).

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³ McKenzie, The Anglican Way 2014, 131

GOOD FRIDAY

Friday, April 7th

Good Friday is the second part of the Triduum (the sacred three days). This most somber of all days is appropriately marked by fasting, abstinence, and penitence, leading us to focus on Jesus and the meaning of his Cross. The church is often darkened. The bare, stark appearance of the church serves as a reminder of the solemnity and the sorrow of the day. The Lord of Life was rejected, mocked, scourged, and then put to death on the Cross. We are reminded of the role which our own sin played in this suffering and agony, as Christ took all sin upon himself, in obedience to his Father's will. By the Cross we are redeemed, set free from bondage to sin and death. The Cross is a sign of God's never-ending love for us. It is a sign of life, in the midst of death.⁴

10am – Good Friday Service

This historic service contains the reading of the Passion Gospel, solemn collects, devotion before the cross, and reproaches.

The Eucharistic elements are not consecrated on this day, but Communion is administered from previously consecrated elements.

A NOTE FROM OUR CHILDREN'S CHAPEL TEAM: People often wear black on Good Friday.

⁴ BCP 2019:564

HOLY SATURDAY

Saturday, April 8th

Following a somber day, where we are invited to notice the absence of Christ, we gather in the evening for the Great Vigil.

The Great Vigil is the first liturgy of Easter Day. It is celebrated between sunset on Holy Saturday and sunrise on Easter Morning. It is appropriate that the service begins in darkness. The liturgy normally consists of four parts:

- The Service of Light: a new fire is kindled, and from it the Paschal Candle is lit, symbolizing Christ, the light of the world. The Exsultet, an ancient song of praise, is sung or said as the climax of this part of the liturgy.
- The Service of Lessons: key passages from Scripture recount the history of God's mighty acts and promises. These readings are accompanied by psalms, canticles, and prayers.
- Holy Baptism is the Sacrament through which candidates are united to the death and resurrection of Jesus Christ (Romans 6:3-4), which the Church celebrates on this most holy night.
- The Holy Eucharist is the proper culmination of the Easter Liturgy. As we keep this holy feast, we share the joy of our Savior's triumph and are strengthened by his grace to walk in newness of life.⁵

⁵ BCP 2019: 581

3 pm – Flowers Workshop

Come and spend time preparing for Easter Sunday, making flower arrangements for the Sanctuary.

What to bring:

- Some fresh flowers to contribute. Bunches from the grocery store or Costco are great. You will take flowers home after the Sunday service.
- A pair of garden clippers if you have them (we do have some extras).

If you plan to attend, please email Amy at amy.b@viachurch.ca

7pm – The Great Vigil of Easter

- We will begin in quiet and darkness. There will be a series of Scripture readings and lots of time for prayer and reflection as we await the Easter acclamation.
- Bring an instrument to join in the celebration. We will have instruments and pots and pans ready in the foyer for the appropriate time! We will tell you and the kids when to go and get them to get ready to celebrate with "joyful fanfare!"

NOTES FROM OUR CHILDREN'S CHAPEL TEAM:

- Bring your own instrument or noisemaker if you would like to (it could be homemade).
- Preschool kids: come in your pajamas this year (you can have a nap under the chairs if you need while you're waiting for the "joyful fanfare").
- Older kids: come with a brightly-coloured shirt hidden under a dark-coloured shirt/sweater and when the time comes, reveal your Easter celebration shirt!
- Kids of all ages (or young at heart): There will be some fun prayer activities for you
 to do while sitting with your family. Bring your favourite colouring pencils or
 markers and your Bible.

EASTER SUNDAY

Sunday, April 9th

He is Risen! Easter is the day of our Lord's resurrection! Our Lenten fast has come to an end, and we celebrate together!

Traditionally the Sanctuary is filled with flowers on Easter Sunday, celebrating new life!

9am - Easter Celebration Breakfast

Join us for hot cross buns, baked treats, and coffee.

• We'll have the hot crossed buns and coffee ready.

WHAT TO BRING:

• Bring your favourite breakfast treat to share.

10am –Worship service

We celebrate our Risen King together in worship, word, and Sacrament, continuing the joyful fanfare!

WHAT TO BRING:

• We encourage you to **bring some fresh flowers in a vase or jar** to place at the front of the Sanctuary for our worship today. Make sure to take your flowers home after the service, or give them away to someone to bless them!

NOTES FROM OUR CHILDREN'S CHAPEL TEAM:

- Kids, wear your bright coloured shirts today and get ready to dance and celebrate as we celebrate Christ's triumph over death.
- You could also bring instruments and noise makers for worship today!

EASTER WEEK & BEYOND

Easter isn't just a day, it's actually a season of 50 days where we feast and celebrate the joy of the Resurrection!

The week following Easter, the lectionary has a series of readings that follow the early accounts of Jesus appearing to the disciples. You can return to the regular Daily Office readings, or choose to include these readings in your morning and evening prayer.

THE DAILY OFFICE

MORNING & EVENING PRAYER

With readings for Holy Week & Easter

Opening: Meditate on one of these verses

In the MORNING:

Grace to you and peace from God our Father and the Lord Jesus Christ. Philippians 1:2 or this

I was glad when they said unto me, "We will go into the house of the Lord." Psalm 122:1 or this

Let the words of my mouth and the meditation of my heart be always acceptable in your sight, O Lord, my rock and my redeemer. Psalm 19:14

In the EVENING:

Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life." *John 8:12*

LORD, I have loved the habitation of your house and the place where your honor dwells. *Psalm 26:8*

Let my prayer be set forth in your sight as incense, and let the lifting up of my hands be an evening sacrifice.

Psalm 141:2

Confess Your Sins:

Almighty and most merciful Father,
we have erred and strayed from your ways
like lost sheep.
We have followed too much
the devices and desires of our own hearts.
We have offended against your holy laws.
We have left undone those things
which we ought to have done,
and we have done those things
which we ought not to have done;
and apart from your grace, there is no health in us.

O Lord, have mercy upon us.

Spare all those who confess their faults.

Restore all those who are penitent,
 according to your promises
 declared to all people in Christ Jesus our Lord;

And grant, O most merciful Father, for his sake,
 that we may now live a godly, righteous, and sober life,
 to the glory of your holy Name.

Amen.

Ask for Pardon & Peace:

Grant to your faithful people, merciful Lord, pardon and peace; that we may be cleansed from all our sins, and serve you with a quiet mind; through Jesus Christ our Lord.

Amen.

The Invitatory:

O Lord, open our lips;

And our mouth shall proclaim your praise

O God, make speed to save us;

O Lord, make haste to help us.

Glory be to the Father, and to the Son, And to the Holy Spirit

As it was in the beginning, is now,
And every shall be, world without end. Amen

Praise the Lord.

The Lord's name be praised.

In the MORNING:

Recite the Venite:

O come, let us sing unto the Lord; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving *
and show ourselves glad in him with psalms.
For the Lord is a great God *
and a great King above all gods.
In his hand are all the depths of the earth, *
and the heights of the hills are his also.
The sea is his, for he made it, *
and his hands prepared the dry land.
O come, let us worship and fall down, *
and kneel before the Lord our Maker.
For he is our God, *
and we are the people of his pasture,
and the sheep of his hand.

Today, if you will hear his voice, harden not your hearts * as in the provocation, and as in the day of temptation in the wilderness, When your fathers tested me, * and put me to the proof, though they had seen my works. Forty years long was I grieved with this generation and said, * "It is a people that err in their hearts, for they have not known my ways," Of whom I swore in my wrath * that they should not enter into my rest.

Psalm 95:1-7, 8-11

In the EVENING:

Recite the *Phos hilaron:*

O gladsome light,
pure brightness of the everliving Father in heaven, *
O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun,
and our eyes behold the vesper light, *
we sing your praises, O God:
Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices, *
O Son of God, O Giver of Life,
and to be glorified through all the worlds.

The Psalm or Psalms appointed

At the end of the Psalms the Gloria Patri (Glory be...) is sung or said

Glory be to the Father, and to the Son, and to the Holy Spirit; * as it was in the beginning, is now, and ever shall be, world without end. Amen.

HOLY WEEK READINGS

DATE	PSALM	MORNING READINGS		EVENING READINGS	
2- Palm	22:1-21	Isa 52:13 –	Matt 26: 36-	Phil 2: 5-11	Matt 27: 1-66
Sunday		53:12	75		
3 – Mon	36: 5-10	Isa 42: 1-9	John 12: 1-11	Heb 11: 39-	Mark 14: 3-9
				12:3	
4– Tue	71: 1-11	Is 49: 1-6	John 12:37-	1 Cor 1:18-31	Mark 11: 15-
			38, 42-50		19
5 – Wed	69: 6-14, 21-	Isa 50:4-9	Matthew 26:	Hebrews 9:	Matthew 26:
	22		1-5, 14-25	11-28	1-5, 14-25
6 – Maundy	41, 142, 143	Dan 9	John 13: 1-20	1 Cor 10:1-22	John 13: 21-
Thursday					28
7 – Good	40, 102	Lam 3: 1-36	John 18	1 Peter 2:11-	Luke 23:18-
Friday				25	49
8 – Holy	88, 91	Lam 3: 37-58	Hebrews 4	1 Peter 4: 1-8	Luke 23: 50-
Saturday					56
9 – Easter	118, 111, 113,	Exodus 15	Acts 2:22-32	Romans 6	Luke 24: 13-
Day	114				43

EASTER WEEK – Lectionary Readings

10 - Mon	Ps 16	Acts 2:14, 22-	Matt 28:9-15
		32	
11 - Tue	Ps 33: 17-21	Acts 2:14, 36-	John 20: 11-
		41,	18
12 - Wed	Ps 105: 1-8	Acts 3: 1-10	Luke 24: 13-
			35
13- Thurs	Ps 8	Acts 3: 11-26	Luke 24: 13-
			35
14 – Fri	Ps 116: 1-9	1 Peter 1:3-9	John 21:1-14
15- Sat	Ps 118: 14-18	Acts 4:1-22	Mark 16:9-20

EASTER WEEK – Daily Office Readings

	PSLAMS	MORNING READINGS		EVENING READINGS	
10 - Mon	115, 116, 117	Num 14: 1-31	Mark 11: 27-	Job 16	Heb 8
			12:12		
11 - Tue	119: 1-24, 25-	Num 15: 22-	Mark 12: 13-	Job 17	Heb 9: 1-14
	48	41	34		
12 - Wed	118: 49-72,	Num 16: 1-	Mark 12:35 -	Job 18	Heb 9:15-
	73-88	11,20-38	13:13		emd
13- Thurs	119: 89-	Num 17	Mark 13:14-	Job 19	Heb 10: 1-18
	104,105-128		end		
14 – Fri	119:129-152	Num 18: 1-24	Mark 14: 1-25	Job 20	Heb 10:19-
					end
15 - Sat	118,120, 121	Num 20	Mark 14:26-	Job 21	Heb 11
			52		

In the MORNING:

Recite the Benedictus es, domine:

A Song of Praise

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.
Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

In the EVENING:

Recite the Nunc dimittis:

(Lk. 2:29-32)

Lord, now let your servant depart in peace, *
according to your word.

For my eyes have seen your salvation, *
which you have prepared before the face of all people;
to be a light to lighten the Gentiles, *
and to be the glory of your people Israel.

Glory be to the Father, and to the Son, and to the Holy Spirit; * as it was in the beginning, is now, and ever shall be, world without end. *Amen*.

The Apostles Creed:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. *Amen.*

Pray the Lord's Prayer:

Our Father, who art in heaven,
hallowed be thy Name,
Thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. *Amen*.

Pray these Petitions:

The Suffrages

If praying with a group, pray these responsively, the leader reading the first line.

O Lord, show your mercy upon us; **And grant us your salvation**.

O Lord, guide those who govern us; And lead us in the way of justice and truth.

Clothe your ministers with righteousness; And let your people sing with joy.

O Lord, save your people; And bless your inheritance.

Give peace in our time, O Lord; And defend us by your mighty power.

Let not the needy, O Lord, be forgotten; Nor the hope of the poor be taken away.

Create in us clean hearts, O God;

And take not your Holy Spirit from us.

PRAY THE COLLECT OF THE DAY

HOLY WEEK

Palm Sunday; Apr 2

Almighty and everlasting God, in your tender love for us you sent your Son our Savior Jesus Christ to take upon himself our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and come to share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Monday of Holy Week; Apr 3

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Tuesday of Holy Week; Apr 4

O Lord our God, whose blessed Son gave his back to be whipped and did not hide his face from shame and spitting: Give us grace to accept joyfully the sufferings of the present time, confident of the glory that shall be revealed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Wednesday of Holy Week; Apr 5

Assist us mercifully with your grace, Lord God of our salvation, that we may enter with joy upon the meditation of those mighty acts by which you have promised us life and immortality; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Maundy Thursday; Apr 6

Almighty Father, whose most dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it in thankful remembrance of Jesus Christ our Savior, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Good Friday; Apr 7

Almighty God, we beseech you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed and given into the hands of sinners, and to suffer death upon the cross; who now lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

Holy Saturday; Apr 8

O God, Creator of heaven and earth: Grant that, as the crucified body of your dear Son was laid in the tomb and rested on this holy Sabbath, so we may await with him the coming of the third day, and rise with him to newness of life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

or this

O God of the living, on this day your Son our Savior descended to the place of the dead: Look with kindness on all of us who wait in hope for liberation from the corruption of sin and death, and give us a share in the glory of the children of God, through Jesus Christ your Son, our Lord. *Amen*.

EASTER

Easter Eve; Apr 8, in the Evening

O God, you made this most holy night to shine with the glory of the Lord's resurrection: Stir up in your Church that Spirit of adoption which is given to us in Baptism, that we, being renewed both in body and mind, may worship you in sincerity and truth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Easter Day; Apr 9

Almighty God, who through your only-begotten Son Jesus Christ overcame death and opened to us the gate of everlasting life: Grant that we, who celebrate with joy the day of the Lord's resurrection, may, by your life-giving Spirit, be delivered from sin and raised from death; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

or this

O God, who for our redemption gave your only begotten Son to die upon the cross, and by his glorious resurrection delivered us from the devil and the power of death: Grant us grace

to die daily to sin, that we may live with him in the joy of his resurrection; who lives and reigns with you and the Holy Spirit, now and for ever. *Amen*.

Monday of Easter Week; Apr 10

Grant, we pray, Almighty God, that we who celebrate with reverence the Paschal feast may be made worthy to attain to everlasting joys; through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

Tuesday of Easter Week; Apr 11

O God, who by the glorious resurrection of your Son Jesus Christ destroyed death and brought life and immortality to light: Grant that we, who have been raised with him, may abide in his presence and rejoice in the hope of eternal glory; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory, now and for ever. *Amen*.

Wednesday of Easter Week; Apr 12

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in the fullness of his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

Thursday of Easter Week; Apr 13

Almighty God, you show those in error the light of your truth so that they may turn to the path of righteousness: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

Friday of Easter Week; Apr 14

Almighty Father, who gave your only Son to die for our sins and to rise for our justification: Give us grace so to put away the leaven of malice and wickedness, that we may always serve you in purity of life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*.

Saturday of Easter Week; Apr 15

Heavenly Father, you have delivered us from the dominion of sin and death and brought us into the kingdom of your beloved Son: Grant that, as by his death he has called us to life, so by his love he may raise us to eternal joys; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Pray for Peace & Grace:

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries, through the might of Jesus Christ our Lord. *Amen*.

O Lord, our heavenly Father, almighty and everlasting God, you have brought us safely to the beginning of this day: Defend us by your mighty power, that we may not fall into sin nor run into any danger; and that guided by your Spirit, we may do what is righteous in your sight; through Jesus Christ our Lord. *Amen*.

Prayer for Mission:

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the Cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. *Amen*.

Offer Petitions, Intercessions, & Thanksgivings:

- Petitions: Requests for Yourself
- Intercessions: Requests for Others
 - o For the Church, both Global and Local
 - o For the World
 - o For the Nation & Government
 - o For Nature/Creation

Thanksgivings: Gratitude to God

- o For Society, esp. the Oppressed & Suffering
- o For Family
- o For Friends
- o For Enemies

Give Thanks to God:

The General Thanksgiving

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made.

We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory.

And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up our selves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. *Amen*.

Ask God to Answer Your Prayers:

A Prayer of St. John Chrysostom

Almighty God, you have given us grace at this time, with one accord to make our common supplications to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will grant their requests:

Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen*.

Conclusion Pray The Grace:

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. *Amen.*

Note: New Edition of the Guide to Morning and Evening Prayer will be released in time for May 1

APPENDIX 1

FOOT WASHING LITURGY

We recommend you have bowl of warm water and a towel ready before beginning the liturgy.

Leader: Blessed be our God.

People: Now and for ever. Amen.

Leader: This is the night that Christ the Son of Man gathered with his disciples in the upper room. This is the night that Christ our Lord and Master took a towel and washed the disciples' feet, calling us to love one another as he has loved us. This is the night that Christ our God gave us this holy feast, that we who eat this bread and drink this cup may here proclaim his perfect sacrifice. This is the night that Christ the Lamb of God gave himself into thehands of those who would slay him.

THE COLLECT

Leader: The Lord be with you. People: **And with your spirit.**

Leader: Let us pray.

Almighty Father, whose most dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it in thankful remembrance of Jesus Christ our Savior, who in these holy mysteries gives us a pledge of eternal life; and who lives and reigns with you and the Holy Spirit, one God ,for ever and ever. **Amen.**

THE SERMON

View the service at Via Lethbridge live at 7pm or watch later on YouTube, Facebook, and at viachurch.ca

THE FOOT WASHING

Leader: Fellow servants of our Lord Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet an act of humble service. He taught that

strength and growth in the life of the kingdom of God come not by worldly power and authority, but by such lowly service.

Therefore, I invite you who share in the royal priesthood of Christ to come forward, that we may recall whose servants we are by following the example of our Master. Come now remembering his admonition that what will be done for you is also to be done by you to others. Engrave on your hearts and mirror in your actions Jesus' words: "A servant is not greater than his master, nor is one who is sent greater than the one who sent him. If you know these things, blessed are you if you do them."

The Lord Jesus, rising from supper, laid aside his outer garments, took a towel, and washed his disciples' feet. Then he said to them, "Do you understand what I have done to you? If I then,

your Lord and Teacher, have washed your feet, you also ought to wash one another's feet." (John 13:12, 14)

A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. (John 13:34)



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