

CHRIST CHURCH CATHEDRAL OTTAWA

THE FOURTH SUNDAY IN LENT

March 19th, 2023 at 4 pm



HOLY TABLE, HOLY SONG

Throughout Lent, Holy Table, Holy Song will feature an "I am" reading each week. The first week's reading is the call of Moses in Exodus 3, when the holy name of God is revealed to a reluctant Moses as "I am who I am." The balance of the readings are from the Gospel of John, where Jesus uses the term "I am" frequently, and unambiguously identifies himself with God. The Cathedral is a member of the international Community of the Cross of Nails, a ministry of Coventry Cathedral in England, which, following its destruction during an air raid in 1940, committed to healing the wounds of history, accepting and celebrating diversity, and building a culture of peace and justice. The Coventry Litany of Reconciliation we use tonight is prayed every Friday by members of the Community of the Cross of Nails across the globe.

CHANCEL EUCHARIST

Please gather in the choir stalls and wait in silence for the service to begin.

Prelude

Gathering

We meet in the name of God, creator of the universe, source of true humanity, mother and father of us all. **Amen.**

We meet in the name of Jesus, Word made flesh, saviour of fallen humanity, lover of all. **Amen.**

We meet in the name of the Holy Spirit, Lord and giver of life, midwife of new humanity, inspirer of all. **Amen.**

Come then, eternal God,
be present here, befriend us here, renew us here.

Kyrie

*Kyrie eleison. **Kyrie eleison.** Christe eleison. **Christe eleison.** Kyrie eleison. **Kyrie eleison.***

Collect

Gracious God, through the waters of baptism your Son has made us children of light. May we ever walk in his light and show forth your glory in the world; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Psalm 23

(setting by Kenneth Leighton)

The Lord is my shepherd; therefore can I lack nothing. He shall feed me in a green pasture; and lead me forth beside the waters of comfort. He shall convert my soul; and bring me forth in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death. I will fear no evil; for thou art with me, thy rod and thy staff comfort me. But thy loving kindness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.

Reading

Good Shepherd – John 10:11-18

'I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand, who is not the shepherd and does not own the sheep, sees the wolf coming and leaves the sheep and runs away—and the wolf snatches them and scatters them. The hired hand runs away because a hired hand does not care for the sheep. I am the good shepherd. I know my own and my own know me, just as the Father knows me and I know

the Father. And I lay down my life for the sheep. I have other sheep that do not belong to this fold. I must bring them also, and they will listen to my voice. So there will be one flock, one shepherd. For this reason the Father loves me, because I lay down my life in order to take it up again. No one takes it from me, but I lay it down of my own accord. I have power to lay it down, and I have power to take it up again. I have received this command from my Father.'

Holy Word, Holy Wisdom.

Thanks be to God.

Silence

Reflection *Quae mærebat et dolebat (Stabat Mater) – Giovanni Battista Pergolesi*

Quae maerebat et dolebat, et tremebat, dum videbat nati paenas incltyti. | Christ above in torment hangs, she beneath beholds the pangs of her dying glorious Son.

The Coventry Litany of Reconciliation

All have sinned and fallen short of the glory of God.

The hatred which divides nation from nation, race from race, class from class,

Loving God, forgive.

The covetous desires of people and nations to possess what is not their own,

Loving God, forgive.

The greed which exploits the work of human hands and lays waste the earth,

Loving God, forgive.

Our envy of the welfare and happiness of others,

Loving God, forgive.

Our indifference to the plight of the imprisoned, the homeless, the refugee,

Loving God, forgive.

The lust which dishonours the bodies of adults and children,

Loving God, forgive.

The pride which leads us to trust in ourselves and not in God,

Loving God, forgive.

Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.

The Peace

As we have been reconciled to God through Christ, let us be reconciled with one another: the peace of the Lord be always with you.

And also with you.

Offertory Hymn

St. Peter

How sweet the name of Jesus sounds in a believer's ear!
It soothes our sorrows, heals our wounds, and drives away our fear.

It makes the wounded spirit whole, and calms the troubled breast
'tis manna to the hungry soul, and to the weary rest.

Dear name! The rock on which I build, my shield and hiding place,
my never-failing treasury, filled with boundless stores of grace.

Jesus, my shepherd, brother, friend, my prophet, priest, and king,
my Lord, my life, my way, my end, accept the praise I bring.

Weak is the effort of my heart, and cold my warmest thought;
but when I see thee as thou art, I'll praise thee as I ought.

THE CELEBRATION OF THE EUCHARIST

Prayer Over the Gifts

God of light, your Word brings to us a new vision of your glory. Accept our offering of praise and thanksgiving, through Jesus Christ our Lord. **Amen.**

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, for you made us, and before us, you made the world we inhabit, and before the world, you made the eternal home in which, through Christ, we have a place.

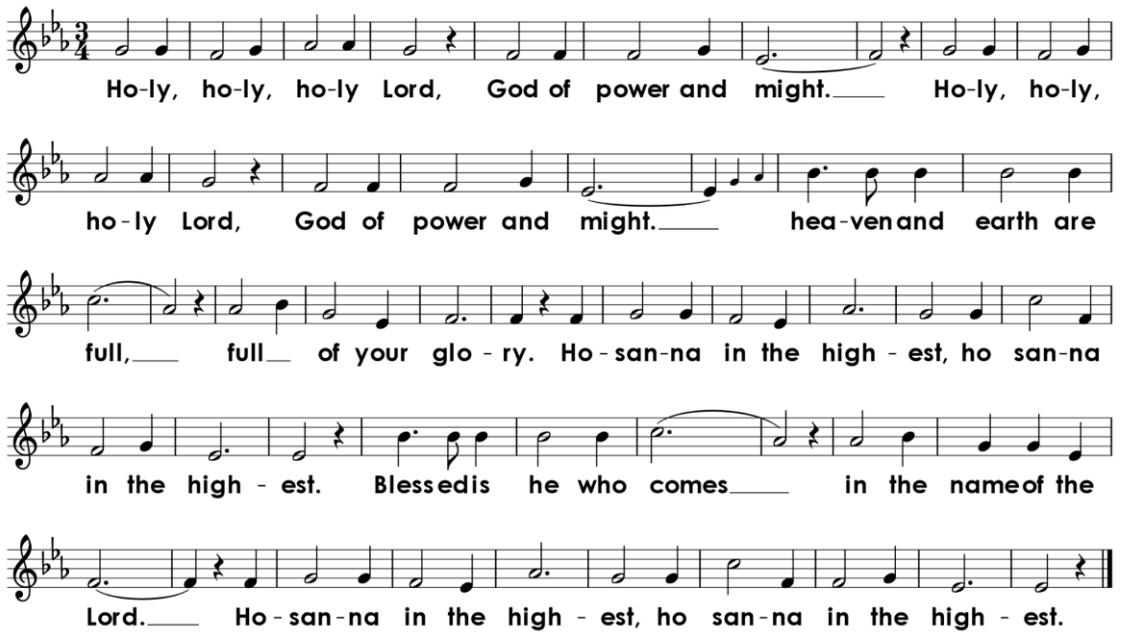
All that is spectacular, all that is plain, have their origin in you; all that is lovely, all who are loving, point to you as their fulfillment.

And grateful as we are for the world we know and the universe beyond our knowing, we particularly praise you, whom eternity cannot contain, for coming to earth and entering time in Jesus.

For his life which informs our living; for his compassion which changes our hearts; for his clear speaking which contradicts our harmless generalities; for his disturbing presence, his innocent suffering, his fearless dying, his rising to life breathing forgiveness, we praise you and worship him.

Here too our gratitude rises for the promise of the Holy Spirit, who even yet, even now, confronts us with your claims and attracts us to your goodness.

Therefore we gladly join our voices to the song of the Church on earth and in heaven:



Ho-ly, ho-ly, ho-ly Lord, God of power and might. Ho-ly, ho-ly, ho-ly Lord, God of power and might. hea-ven and earth are full, full of your glo-ry. Ho-san-na in the high-est, ho san-na in the high-est. Blessed is he who comes in the name of the Lord. Ho-san-na in the high-est, ho san-na in the high-est.

And now, lest we believe that our praise alone fulfills your purpose, we fall silent and remember him who came because words weren't enough. Setting our wisdom, our will, our words aside, emptying our hearts, and bringing nothing in our hands, we yearn for the healing, the holding, the accepting, the forgiving which Christ alone can offer.

Silence.

Among friends, gathered round a table, Jesus took bread; and when he had blessed it, he broke it and said, 'Take this and eat it. It is my body, given for you.'

Then later, during the meal, he took a cup of wine, and when he had given thanks, he said, 'In this cup is the new relationship with God made possible because of my death. Take this, all of you, to remember me.'

Jesus, firstborn of Mary,
have mercy on us.

Jesus, Saviour of the world,
have mercy on us.

Jesus, monarch of heaven,
grant us peace.

Merciful God, send now, in kindness, your Holy Spirit to settle upon this bread and wine and fill them with the fullness of Jesus. And let that same Spirit rest on us, converting us from the patterns of this passing world, until we conform to the shape of him whose food we now share. With full hearts, we give you thanks and praise, now and for ever. **Amen.**

The Lord's Prayer

Our Father in heaven,

hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

Breaking of the Bread

He who has suffered for our injustices,
is now present in this bread.

He whose body was hung on a cross,
is now offered to us in this cup.

So take this bread and this wine.

In them God comes to us so that we may come to God.

Communion

All are welcome to come forward. If you wish prayers for healing before receiving Communion, please carry an Order of Service with you; to receive a blessing, cross your hands over your chest; for a gluten-free wafer, hold out one hand; for a regular wafer, hold out two hands. Please do not dip the bread in the wine.

Prayer after Communion

Let us pray.

Silence.

In gratitude for this moment, this place, those around us, Christ among us,
we give ourselves to you, our God. Take us out to live as changed people because we have met the risen Christ and cannot be the same. Ask much of us, expect much from us, enable much by us, encourage many through us. So, Lord, may we live to your glory both as inhabitants of earth and citizens of the commonwealth of heaven. Amen.

Evening Respond



Blessing and Dismissal

The blessing of God, sure, strong and kindly, be around you and within you, now and all the days and night of your journey home. **Amen.**

Let us go and be strengthened by food and fellowship, so that we may be a blessing to others.

Thanks be to God.

Postlude

All are welcome to gather in the Lackey Room for a potluck supper following the liturgy. Loaves and fishes can be multiplied, and there is always room for one more.

Celebrant
Organist
Sung by
Duty Warden

Canon Doug Richards
James Calkin
Amy Serrati, Sara Goertz
Margaret Porter

Liturgy: *A Wee Worship Book – Fourth Incarnation* @1999 Wild Goose Resource Group; *Iona Abbey Worship Book* @2016 Wild Goose Publications (permission for use given by the Bishop of Ottawa, September 2020). Reading: *New Revised Standard Version Bible (NRSV) Anglicized Edition* ©1989, 1995 Division of Christian Education of the National Council of the Churches of Christ in the United States of America.
