

FORGIVE AND FORGET?

Part 3: Can I Forgive Someone Who Isn't Sorry?

Forgiveness isn't fair, and sometimes the most painful part of a broken relationship is when the other person isn't willing to admit their fault. In that case, how do we deal with that hurt and how can we move forward?

Ice Breaker

Have you ever been left anywhere (by a parent, or a group), when you realized you were left behind? What went through your mind?

Introduction

Have you ever been faced with the challenge of forgiving someone who wasn't sorry? What was your experience like? Did you find any helpful ways to avoid bitterness and anger? What kinds of things were helpful in that process (and what was not helpful)?

Read Romans 12:14-21

1. According to these verses, what are the responsibilities that we should take on? What are the responsibilities that we should leave to God? Does that change the way you think about dealing with conflict?
2. Have you seen examples where people (or you) have mixed up these responsibilities? Discuss what our role should include and what could go wrong if we focus on things that are not up to us.

Read Luke 6:27-28

3. How does Jesus teach us to respond to those who think, talk, and act negatively towards us?
4. How you this strategy change how we deal with conflict? How we feel about those who are against us?

Moving Forward

What is one 'take away' for you from this series on forgiveness? Is there a practical step that you can take to act on what we've been talking about these last few weeks?

Pray

Do you struggle with receiving God's forgiveness? Do you struggle to extend it to others? Share with the group and pray for each other in these areas.