

CONNEXION

The Quarterly Newsletter of the Anglican Parish of Central Saanich

Number 46



St. Mary Church

1973 Cultra Avenue,
Saanichton, BC V8M 1L7



St. Stephen Church

7921 St. Stephen Road,
Saanichton, BC V8M 2C3



March 2023

In this issue:

Dates to Note	2
From the Pastor's Pen	3-4
Rule (Rhythm) of Life	4
Cane's Corner	5-7
Grocery Store Fundraising Programs	8
Annual General Meeting	9-10
Recipe Page	10
Book Review	11
St Mary's Fundraising Events	12
Around the Parish	13-15
Parish Directory	16

Check your email or the Parish Website for service updates and changes. As health restrictions relax, please practice protocols that make you feel comfortable.

Worship Services

Sundays

- 9:00 am Holy Eucharist

Wednesdays

- 10:00 am Holy Eucharist

Office: 250-652-1611

Email: stmarys.saanichton@shaw.ca

Web: www.ParishCS.ca

Worship Services

Sundays

- 11:15 am Holy Eucharist

Office: 250-652-4311

Email: St.Stephens.Church@outlook.com

Web: www.ParishCS.ca

Incumbent: Ven. Dr. Lon Towstego

Honourary Assistant: Rt. Rev. Dr. Logan McMenamie

Retired Clergy: The Ven. Bob Baillie,
The Rev. Dr. Brett Cane
The Rev. Canon Richard Stetson

Deacon: The Rev. Gil Shoesmith



www.ParishCS.ca

Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Dates to Note

Our website, www.ParishCS.ca, is the best place to keep in touch with what is going on

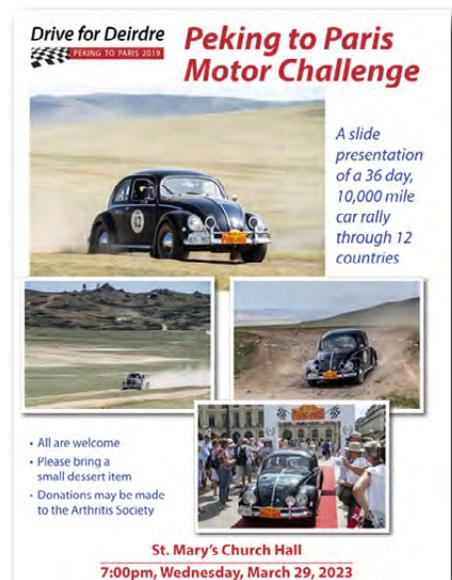
Please check the church website and other electronic sources for updates over the next three months. The following are the events which are planned at this time:

- **Sunday services at St Mary** at 9:00 am. **Sunday services at St Stephen** at 11:15 am.
- **Wednesday Eucharist services at St Mary** at 10:00 am with 'Sermon Circle' Bible Study following at 10:45 am.
- **Saturday, March 11th:** Western Peninsula & Gulf Islands Regional Meeting 10:00 am - Noon on Zoom.
- **Wednesday March 15th:** Special Bible Study 10:45 am - 12:30 pm at St Mary. Video Presentation The Most Reluctant Convert: The Untold Story of C S Lewis.
- **Saturday, March 18th:** St Patrick's Dance 7:00 pm - 9:00 pm at St Stephen's Hall. (Community event, free admission)
- **Wednesday March 29th:** Slide Presentation Peking to Paris 7:00 pm at St Mary. The Beresford brothers' epic journey in their VW Beetle. Please bring a small dessert for sharing. Donations welcomed for the Arthritis Society.
- **Holy Week and Easter Season Services:**
 - Tuesday April 4th:** 7:00 pm. Quiet Evening Meditation at St Stephen.
 - Wednesday April 5th:** 10:00 am Eucharist Service at St Mary.
 - Wednesday April 5th:** 7:00 pm Quiet Evening Meditation at St Stephen.
 - Thursday April 6th:** 7:00 pm Maundy Thursday Service of Foot Washing, Eucharist and Stripping of the Altar at St Mary followed by Stripping of the Altar at St Stephen.
 - Friday April 7th:** Good Friday – Details To Be Announced.
 - Easter Sunday Services** 9:00 am at St Mary and 11:15 am at St Stephen.
- **May 12th and 13th Diocesan Synod** - Eucharist on Friday at Christ Church Cathedral and Saturday meeting on Zoom.
- **Saturday May 27th:** Spring Fling at St Mary from 9:30 am to Noon. See details in the page 12 article in this issue.

St Patrick's Dance, March 18. Details above



Peking to Paris Motor Challenge slide show, March 29. Details above



From the Pastor's Pen

The Ven. Dr. Lon Towstego



As we walk this Lenten journey of 2023, we have much to consider, ponder, pray about. It is tempting to believe that the dark shadows of this world, war, violence, struggle, pessimism, and sadness that are so prevalent will overtake us.

The truth that Jesus teaches us and models is to choose life, life in its fullness. At our Annual General Meeting we chose to move forward with optimistic and hopeful plans for 2023. We succeed in this by staying focused on the Triune God and by being open to change and yet holding close and valuing traditional Anglicanism.

We can learn wisdom from past experience and from thinkers and prophets of our recent times. Fr. Richard Rohr is a great example. I offer you a small glimpse into his wisdom written in the 1980's and still very relevant to us.

In this excerpt from his 1980s talk *The Four Gospels*, Father Richard reflects on what it means to follow Jesus:

Immediately after the temptation in the desert, Jesus goes out to Galilee and there he begins to preach. His initial preaching is summed up in the verse, "Repent, for the kingdom of God is at hand" (Matthew 3:2; Mark 1:15).

It is a theologically packed statement. What does the word "repent" mean? First of all, it doesn't mean to beat ourselves up or to feel bad about ourselves. "Repent" (or *metanoia* in Greek) means to turn around, to change. The first word that comes out of Jesus' mouth is change—be willing to change. People who are not willing to change are not willing to turn away from themselves. What we're in love with usually is not God. We're in love with our way of thinking, our way of explaining, our way of doing. One of the greatest ways to protect ourselves from God, and to protect ourselves from truth and grace, is simply to buy into some kind of cheap conventionalism and call it tradition.

But the great traditions always call people on a journey of faith to keep changing. There's no other way this human personality can open up to all that God is asking of us. There's no way we can open

continued on page 4

We acknowledge that we gather to worship on the traditional lands of the WSÁNEĆ and Coast Salish peoples

The Parish of Central Saanich gratefully acknowledges the financial assistance provided by the District of Central Saanich by way of its Permissive Property Tax Exemption Program

“We hope that the point comes when we're ready to let go of our nets. What are our nets? Our security systems.”

up to all we have to learn, all we have to experience, unless we're willing to let go of the idols of yesterday and the idols of today. The best protection from the next word of God is the last word of God. We take what we heard from God last year and we build a whole system around it, and then we sit there for the rest of our lives.

Immediately after he begins his preaching, Jesus calls his first four disciples. The way I see people transformed today sure doesn't happen this quickly. Jesus just says, “Follow me” and immediately they left their nets and followed him (Matthew 4:20). Now, maybe it happened that way; I don't want to say it didn't. But what I do want to say is that a true disciple will have that kind of readiness. I'd be more likely to think that this was maybe a process of some conversations over a few weeks. And Jesus said, “Hey, I'm into something. Do you want to be a part of it? Let's go.”

I hope we realize that we're all called to discipleship the same way. We hope that the point comes when we're ready to let go of our nets. What are our nets? Our security systems. Fishing is Simon and Andrew's economic livelihood, and Jesus says to let go of it. He says, “I am going to teach you to fish in a new way, to fish for people” (Matthew 4:10). What he means is that he's going to give them a new vocation. What is God asking us to do? Where is God asking us to go?

Adapted from Richard Rohr, *The Four Gospels* (Albuquerque, NM: Center for Action and Contemplation, 1987). Available as an MP3 download at <https://tinyurl.com/2up8zpk3>.

Blessings!
Lon+

Rule (Rhythm) of Life

“Every Christian should from time to time frame for themselves a Rule of Life in accordance with the precepts of the Gospel and the faith and order of the Church; wherein they may consider the following:

- The regularity of attendance at public worship and especially at the holy Communion.
- The practice of private prayer, Bible-reading, and self-discipline.
- Bringing the teaching and example of Christ into their everyday life.
- The boldness of spoken witness to their faith in Christ.
- Personal service to the Church and the community.
- The offering of money according to means for the support of the work of the Church at home and overseas.”

(Book of Common Prayer, page 555, edited for inclusivity 2023)

Cane's Corner: Exploring Florence

By the Rev. Dr. Brett Cane



This article is the final one of a series of three describing highlights during my extended trip last summer



Above: Convent where Brent stayed



Symbol of Florence: The Red Lily (Giglio) inspired by the white iris, common around the city

I was joined by a Montreal friend in late June for four days in Florence and we stayed in rooms at a large convent run by six Congolese sisters of the Suore Oblate Dell' Assunzione. (I highly recommend "Monastery Stays" – a network of monasteries and convents across central Europe.) We had good air-conditioned rooms with private baths at very reasonable prices and in a great location – we were ten minutes away from the cathedral. It was very hot and full of tourists – who outnumber the local population from April to October!

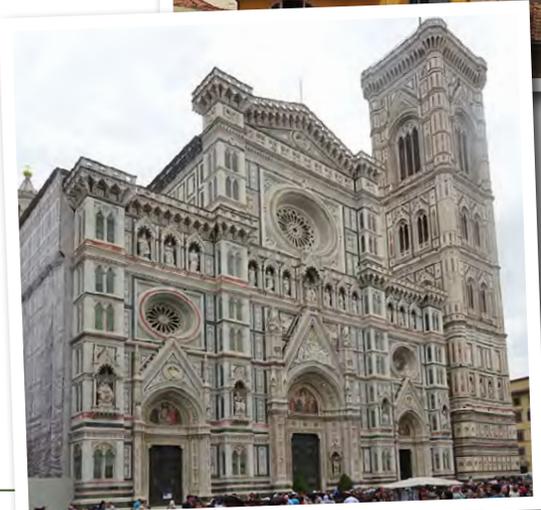


Above & left: The Duomo

Florence was the home of the Renaissance and key sights are the Duomo (cathedral), the Palazzo della Signoria and the Palazzo Vecchio (the medieval city hall), the Uffizi and Pitti Palaces, the Ponte Vecchio, The Galleria dell' Accademia with Michelangelo's David along with large numbers of art-filled churches including San Lorenzo, the Medici parish church and site of the Medici memorial Chapels. The majority of the city was built during the Renaissance, thanks to wealthy merchants, especially the Medici family, who competed with each other to see who could commission the grandest buildings and the finest works of art!

The greatest monument by far in Florence is the cathedral or Duomo whose majestic red

continued on page 6



Cane's Corner *continued*



Above: The Ponte Vecchio

dome (diameter of 177 ft, height of 302 ft.) was finished in 1436 and was the largest ever built at the time - the first major dome in Europe since Roman times. An engineering marvel, it was built without scaffolding using only diminishing layers of brick and is one of the most impressive projects of the Renaissance. The Medici family were major sponsors of the project.

Below: Piazza della Signoria



The Ponte Vecchio's (Old Bridge - 1345) most striking feature is the multitude of shops built upon its edges. Butchers, tanners, and farmers initially occupied the shops. To enhance the prestige and clean up the bridge, a 1595 decree excluded the butchers, allowing only goldsmiths and jewelers and is in effect to this day!

The central square of Florence is the Piazza della Signoria the focus of which is the 14th-century Palazzo Vecchio, the Town Hall of the city and used as the palace of the Medici when they became Grand Dukes in the 16th century. The interiors are quite spectacular and include major reception rooms and private quarters of the Medici family. There are various sculptures and works of art throughout the palace including Michelangelo's Genius of Victory, originally intended for the tomb of Pope Julius II, but never used.



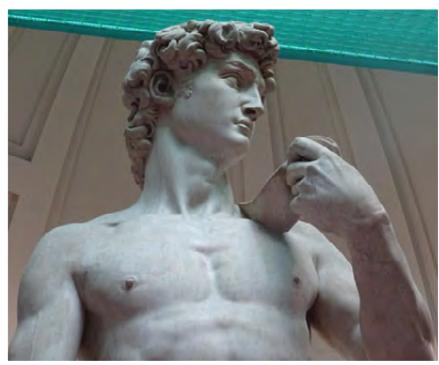
Above: Rooms in the Palazzo Vecchio

The main focus for Michelangelo's work is the The Galleria dell'Accademia which was established in the 18th century as a teaching facility for students of Fine Arts and was progressively enriched by various works of art including seven of Michelangelo's sculptures - the largest collection of in the world. His David is the focal point of the gallery and is absolutely stunning! It was originally commissioned for the cathedral of Florence to be one of a dozen Old Testament-themed sculptures which would adorn the buttresses of the dome but when it was unveiled, all agreed that it was far too perfect to be placed high up on the cathedral and



Above: Michelangelo's Genius of Victory

Below: David, in the Galleria dell'Accademia



continued on page 7

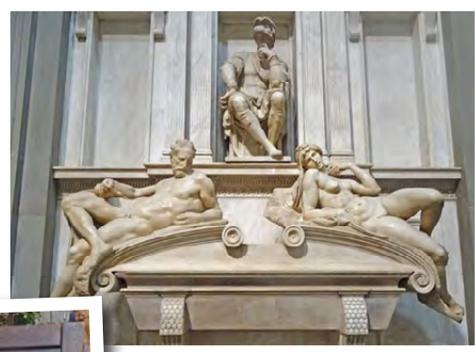
Cane's Corner *continued*



Above: Medici Palace



Above & left: St. Lorenzo Church



Above: Florentine food & fashion



Above: Fontana del Porcellino



Left: Loggia del Mercato

it was installed instead in the Piazza della Signoria. It was moved in 1873 to its present location to protect it from damage and further weathering and replaced by a copy.

The original Medici Palace is one of many such grand Renaissance villas scattered throughout the city, with each family trying to outdo the other in grandeur and size. Nearby is their parish church, St. Lorenzo which contains three memorial chapels for the family, each with major works of art by outstanding artists.

Florentine food grows out of a tradition of peasant eating rather than rarefied high cooking with most dishes based on meat.

The bistecca alla fiorentina is a favourite and we enjoyed some delicious tagliata, sliced rare beef served on a bed of arugula. Florence also plays an important role in Italian fashion, and is ranked in the top 15 fashion capitals of the world; it is the headquarters for Gucci, Roberto Cavalli, and Emilio Pucci.

Finally, there is a link between Florence and Victoria! In the 16th century Loggia del Mercato, where mainly leather goods (another product for which the city is famous) and souvenirs are sold, the focal point is the Fontana del Porcellino (“fountain of the piglet”), (a copy of) a bronze wild boar sculpted in 1634, modelled on a Roman marble version. There is another rare copy of Porcellino in The Butchart Gardens, acquired by Mr. and Mrs. Ross on a trip to Florence. He is called “Tacca” in honour of the artist who created him, and he is dedicated to all the children and animals who visit the Gardens. A hint of home in the remarkable and beautiful city of Florence!

Grocery Store Fundraising Programs

by Ken Pedlow

A number of grocery stores in the Victoria area have fundraising programs which are available to our parishioners and which can be of significant financial assistance to the churches in our parish. The details of three of these programs are found below.

Thrifty' Smile Card Program



The Thrifty Foods smile card program has been used by St Mary's for many years to provide additional funds which have supported a wide variety of initiatives and capital projects during this time. Despite a significant change last year in how the program operates, it continues to be a valuable source of funds for the church. The details of the current program are as follows:

The Thrifty Smile Card Bulk Program involves the group purchase of cards in advance once a month and depending on the amount purchased each month by the church members anywhere between 2 and 6% of the value purchased is remitted to the church. Last year the program brought in \$2,300 for St Mary's. The main contact for the monthly purchase of the cards is Irene Feir and she is usually down at the church on the 2nd Tuesday each month to collect the orders and payment for that month's cards.

Fairways Program



The Fairways program has been in operation for some time as well and has provided support to the St Stephen's outreach program and has one person using it from St Mary. The details of the program are as follows:

The Fairway market Community Shopping Cards are set up similar to the old Thrifty's Smile Cards. When you purchase them 5% of the expenditure value goes to the designated charity, in this case the church. They are refillable. For further information on this program please contact Lynda Clifford at St Stephens.

Country Grocer Program



The Country Grocer program is relatively new and is being used by St Stephen's parishioners. The details of the program are as follows:

The program involves the submitting of till receipts from purchases at Country Grocer to Lynda Clifford and when enough are accumulated they are tallied, and 1.5% of the value is reimbursed as Country Grocer gift cards. These can then be used by the church to purchase supplies for the church, especially food items for coffee time and events, thus saving on expenses. St Mary's will also be registering so please speak to Irene Feir or Leslie Pedlow for details.

Parish of Central Saanich Annual General Meeting

By Ken Pedlow

The Parish of Central Saanich held its Annual General Meeting on Sunday, February 26, 2023, at 12:00 pm following both a 10:00 am joint service at St Mary and a potluck lunch. It was chaired by the Ven. Dr. Lon Towstego. Thirty-five parishioners were in attendance according to the Registrar and a quorum was declared. The Agenda, Committee Reports, Financial Reports and Budgets were presented as per the packages distributed to parishioners electronically the previous week.

The meeting opened with prayer and a land acknowledgement. Lon reviewed procedural matters, indicated that no questions had been submitted prior to the meeting and requested that people with questions during the meeting should make use of the handheld microphone available. This was followed by prayers for those parishioners who had died over the past year. The minutes of the previous AGM were approved.

The meeting then dealt with the process of appointment and nomination of the 2023 parish representatives. The Parish Leadership Team for 2023 is as follows:

Rector's Wardens: Lynda Clifford (St. Stephen) & Ian Stuart (St. Mary)

People's Wardens: Deb Butler (St. Stephen) & Ken Pedlow (St Mary)

Council Members: Karen McColm, Lynn Fallan & Judi Clark (St. Mary)
Terry Hartley, Sandra Scarth & Gary Moss (St. Stephen)

Synod Delegates: David Cooper and Ian Stuart (St. Mary), Ken Pedlow (alt);
Don Wilson (St. Stephen), Sandra Scarth (alt)

Parish Treasurer: Wardens (Although discussions are underway to fill this position)

The Envelope Secretaries are Lynda Clifford (St Stephen) & Judi Clark (St Mary).

The Financial Reviewers for 2023 are Don Wilson (St Stephen) & Karen McColm (St Mary).

The non-financial reports and the outreach motions for each church were reviewed and accepted as presented. It was noted that a number of overseas outreach recipients are no longer accepted by the Diocese as they do not have Canada Revenue Agency accreditation.

The second half of the meeting was spent reviewing the 2022 finances for the St Stephen cemetery, the Parish of Central Saanich joint account, the St. Mary financial statements, the St. Stephen financial statements and the 2023 budgets for each entity. Some comments and questions were raised and were answered by representatives of each entity. David Cooper had questions relating to the absence of on-line materials relating to burials at the St Stephen cemetery and also expressed concerns about the financial sustainability of the two churches given borrowings

continued on page 10

“...thanks was due to the parishioners for continuing to support the parish...”

from previous years to balance each budget. He later suggested that the governance model of the parish should be reviewed as it is 10 years since the Parish of Central Saanich was established. Generally, it was felt that much thanks was due to the parishioners for continuing to support the parish as we move out from a time of pandemic restrictions. The financial statements and budgets for both churches were passed.

During the meeting, expressions of thanks were extended in writing in the information package to many who have worked so hard this year to administer the parish including the parish clergy, wardens, parish council, office administrators, music leaders and the many parishioners who undertake a wide variety of tasks to keep the operation of the parish functioning effectively. Thanks were extended to John Beresford as he retires from Parish Council after many years of service.

The Installation of Officers was scheduled for both services on March 5, 2023.

As the meeting drew to a close David Scarth asked if there were funds available to erect a marker commemorating black pioneers buried at St Stephen. This received support and he was asked to send the request in writing to the Cemetery Board for consideration.

Thanks were extended to the Rector and Wardens for their leadership over the past year.

The meeting concluded at 12:55 with a prayer from Jackie Kolson.

Recipe Page: Lemon Bars

Submitted by Susan and Roy Pullan, and Nancy Choat

This yummy popular recipe is a collaborative effort, thanks to Susan and Roy Pullan. Enjoy!

The Base

- Sift together 2 cups of flour with 1/2 cup of Icing sugar.
- Cut in 1 cup of cold cubes of butter until the mixture “sticks” together.
- Press into a 9 by 13-inch pan.
- Bake at 350 for 20 minutes.

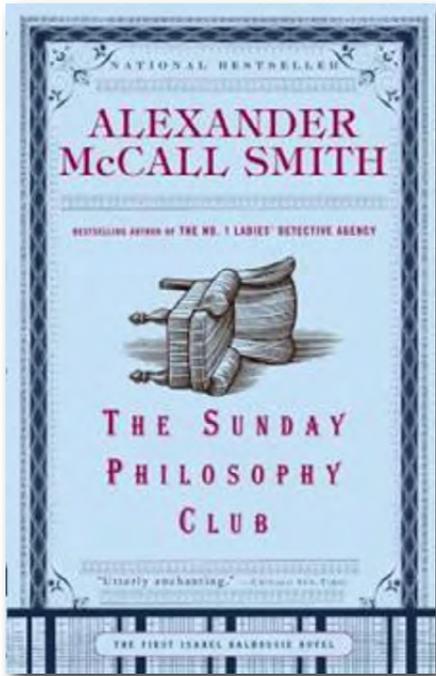
The Filling

- In a bowl, beat 4 eggs, 2 cups of white granulated sugar and 1/3 cup of freshly squeezed lemon juice.
- Combine 1/4 cup flour with 1/2 tsp of baking powder.
- Stir the flour and baking powder mixture into the egg mixture.
- Pour #3 mixture over the base and bake for 25 minutes.
- Sprinkle with icing sugar using a sieve.



Book Review: *The Sunday Philosophy Club* by Alexander McColl Smith

Review by Nancy Choat



For this issue of *ConneXion* I have chosen a light and fun read that many parishioners may be familiar with. *The Sunday Philosophy Club* by Alexander McColl Smith is about a fictional murder mystery but not the sort most of us are used to reading!

Isabel Dalhousie is a wealthy, single, highly intelligent woman. She owns, as well as edits, a philosophy journal called the *Review*. She is also a person of irrepressible curiosity. She lives comfortably in a large house in Merchiston, an up-market district of Edinburgh. She collects expensive paintings and has a housekeeper, Grace. Most of her circle are charming, well-mannered Edinburgh people.

Isabel is fond of problems and sometimes becomes interested in problems that are really none of her business. So, when she witnesses a young man fall to his death from the balcony of Edinburgh's main concert hall, she sets out to discover whether he was pushed or whether, as the police have concluded, he fell. Despite the advice of her housekeeper, Grace, who has been raised in the values of traditional Edinburgh and her niece, Cat, who, if you ask Isabel, is dating the wrong man, Isabel is determined to find the truth behind the man's death. Her investigation leads her into the realm of secret deals and private greed among members of Edinburgh's investment banking community.

While she pursues information about the likely suspects, Isabel engages in delightfully thorny debates about the possible outcomes of moral choices.

Like McColl's' popular series, *The No 1 Ladies' Detective Agency*, *The Sunday Philosophy Club* abounds with arty humour and interesting observations of human nature.

This book generated a lot of debate and discussion in my Book Club, and I am sure you will enjoy reading it.

St Mary's Planned Fundraising Events

By Leslie Pedlow

A group of enthusiastic parishioners met in February to discuss possible plans to resume fundraising events in 2023. It was agreed that there was enough interest to proceed with pared-down versions of a Spring Fling and a Holly Fair.

The **Spring Fling** will be held on **Saturday, May 27th** from 9:30 to Noon.

At present there are plans for the following stalls:

- Women's Clothing
- Books
- Jewelry
- Hot Dogs
- Home Baking

As you start putting items aside please review the following list **for items that will not be accepted for sale:**

- Children's clothes, toys, or equipment
- Suitcases
- Cosmetics
- Candles
- Shoes
- Men's Clothing
- Garage sale leftovers
- Furniture
- Underwear
- Corporate logo stuff
- Plastics
- Broken or soiled items

The **Holly Fair** is scheduled for **Saturday, November 25th**.

There are many positives to these events – building fellowship with each other, raising our profile within the community, financial benefits and satisfaction of a job well done. As the dates get closer, please heed the call for volunteers. It takes a lot of human resources to make for a successful outcome. Stay tuned!



Around the Parish

by Ken Pedlow



On December 18th, a farewell and thank you event was held for **Cathy Quicke** at the 9:00 am service at St Mary. Cathy was the Music Director at St Mary for the past six years. Despite many challenges, she has worked diligently to provide instrumental music and a wide variety of choral offerings through both ensembles and choirs during her time with us. The appreciation of the congregation for her efforts over the years was evident and we wish her and Bob all the best in their future endeavours.

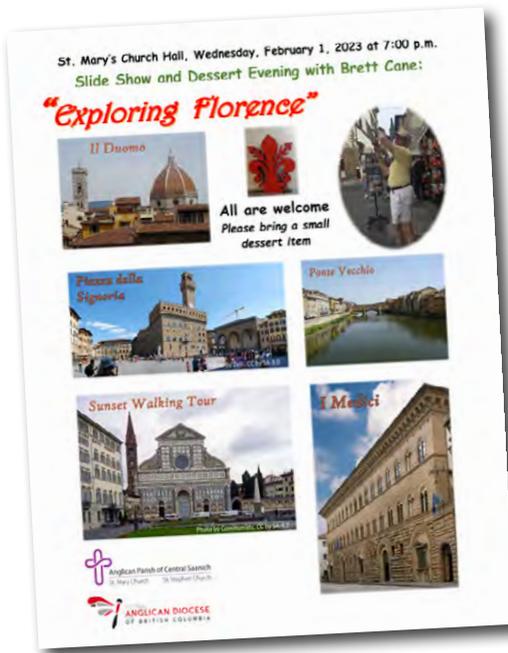
On **Christmas Eve** and **Christmas Day**, services were held at both churches, and they were reasonably well attended despite challenging winter weather and heavy snow. The Christmas season is a major opportunity for the Christian Church to tell part of its story to the broader public and through beautifully decorated buildings, stirring music and engaging liturgy celebrate the birth of Jesus Christ.



On February 1st, a 150th Anniversary event was held for the RCMP in the Victoria area. The **Ven. Dr Lon Towstego** and **Marian** and **Gil** and **Cheryl Shoemith** attended this event along with a number of important special guests including the Commissioner of the RCMP, Brenda Lucki. It was a wonderful opportunity for both Lon and Gil to wear their red serge jackets and uniforms.

continued on page 14

Around the Parish *continued*



On February 1st, the **Rev. Dr Brett Cane** presented his latest travel show, this one on the architectural and historic resources of Florence in Italy. This potluck dessert event was well attended by over 50 people and this opportunity for fellowship and enlightenment was greatly appreciated. We look forward to future shows of this type as Brett is currently off on another one of his excursions around the world.

On February 21st, the Parish of Central Saanich held a **Shrove Tuesday Pancake Supper** at St Mary. Over 60 attendees thoroughly enjoyed a meal of pancakes, sausages and fruit. Many thanks go to **Ian** and **Daniel Stuart** for organizing this event, procuring the supplies and doing the cooking. Thanks also to all who assisted in other ways at this event. It was great to see so many together and in such good spirits.



Around the Parish *continued*



On February 22nd, **Ash Wednesday Services** were held at both St Mary and St Stephen. These Eucharist Services, which included the imposition of ashes on the foreheads of those in attendance, were an appropriate way to begin the 40-day period of Lent. Lent is a time for reflection and also a time to give up things in our lives which are not helpful or to start to do some things which are beneficial.



On February 25th, the students of Stelly's Secondary School organized a **Coldest Night of the Year** event using St Mary's as the location for the start of their walk. This event was to help people get a greater appreciation for the challenges which the unhoused members of our community face on a daily basis. Both **Pastor Lon** and **Lynn Fallan** who were in attendance said it was great to see so many young people involved and encouraging to see the level of social concern and empathy exhibited.



On Sunday February 26th, the **Annual General Meeting** of the Parish of Central Saanich was held at St Mary. See the report in this issue of *ConneXion* for details of this important event in the life of our church.

Finally, it is most encouraging to see so many more parishioners staying after the services for a time of fellowship and refreshment. It seems people are increasingly shaking off the constraints of the Covid period and returning to a more sociable way of living.

Many thanks to all who contribute photographs to *ConneXion*, especially Nelles Shackleton and Marian Towstego.

Anglican Parish of Central Saanich Directory

The Ven. Dr. Lon Towstego 250-208-9949 ltowstego@bc.anglican.ca

Parish Council: Ex Officio

Ven. Dr. Lon Towstego

Rev. Gil Shoesmith

Rector's Wardens: St. Mary
St. Stephen

Ian Stuart, istuart@parishcs.ca

Lynda Clifford, lgcliff@shaw.ca

People's Wardens: St. Mary
St. Stephen

Ken Pedlow, ken.pedlow@shaw.ca

Deb Butler, dbutler2@shaw.ca

Members: St. Mary
St. Stephen

Judi Clark, Lynn Fallan, Karen McColm

Terry Hartley, Gary Moss, Sandra Scarth

Synod Delegates: St. Mary
St. Stephen

David Cooper, Ian Stuart, Ken Pedlow, (alt)

Don Wilson, Sandra Scarth (alt)

Leslie Pedlow is at the St Mary's office on Tuesdays, Wednesdays and Thursdays from 8:30 am to 12:30 pm.

At the St. Stephen Church office, **Lon** will be in the office on Fridays from 9:30 am to 1:00 pm.

Please call or email your respective office for the most up-to-date information or to make an appointment. Drop in visits are still being discouraged.