



## REMINDERS

**March 12, 2023**

**READY  
FOR AN  
EXTRA  
HOUR OF  
SLEEP?**



Don't forget to "Spring Ahead" on Saturday, March 11, 2023 - officially on Sunday, March 12 at 2:00:00 am clocks are turned forward 1 hour to Sunday, March 12, 2023, 3:00:00 am local daylight time instead.

**2022**

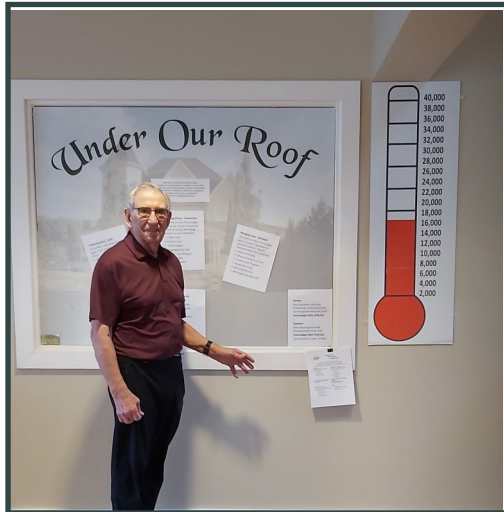
Annual  
General  
Meeting

**March 12, 2023**

**DeWinton**

There will be a potluck following the service.

## Under Our Roof



THANK YOU to all the people who have already made donations to our mortgage campaign. Our current TOTAL is **\$26,731.85!**

Note: When you make your donation please identify it clearly as “for the mortgage” so we can keep track of our progress.



### Chinook Winds Regional Council Representative Needed

In The United Church of Canada a regional council is a grouping of communities of faith in a local area. Laypeople and ministers meet to oversee the work of the church within each region. There are 16 regional councils in The United Church of Canada.

Okotoks De Winton Pastoral Charge is a member of Chinook Winds Regional Council. The role of the Chinook Winds Regional Council is to encourage and connect communities of faith of The United Church of Canada in Central and Southern Alberta. Chinook Winds Region extends from south of Highway 13 in Alberta to the Canada-United States border.

Are you interested in learning more about The United Church of Canada beyond our own church doors? Our congregation is entitled to elect two representatives to the Chinook Winds Regional Council. We are looking for one more person to fulfill this commitment. The time requirement is not onerous. In this role you would be invited to attend the Region's Annual Meeting in May, plus the occasional webinar or other learning opportunities throughout the year. You will have the opportunity to meet other United Church people and to learn what new initiatives The United Church, the Region and local congregations are undertaking....how other congregations are surviving and thriving in this uncertain world.

If you are interested or have questions about this role please talk to our current Regional Representative, Sally Salter.

## *Easter for Progressive Christians*

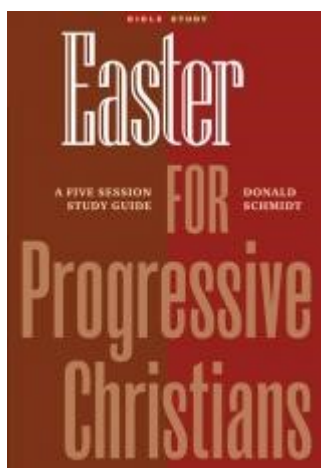
*By Donald Schmidt*

*When it comes right down to it, the Bible doesn't really tell us much about resurrection. This has led people to a variety of positions that roughly fall somewhere between two extremes:*

- Of course Jesus never rose from the dead; people don't do that. Anyone who says so is crazy, **or***
- Jesus rose physically from the dead and appeared to lots of people, and you must believe this or you are going to hell.*

*While most people lie somewhere between these two positions, they may not be sure just where exactly – nor are they always sure that they are “allowed” to be where they think they are.*

*We are not setting out to “prove” or “disprove” that Jesus physically rose on Easter Sunday. Instead, we are invited to engage with the biblical stories of Christ's resurrection to try to understand what the gospel writers meant to tell us. They wrote them down because these stories had transformed their own lives, and the lives of many others at the time. Hopefully, reading and exploring these stories can enhance our lives too.*



**February 28/March 2 – March 28/30**

(Tuesdays in Turner Valley, Thursdays in Okotoks)

**10:00 – 11:30 a.m.**

**Cost: \$16.00 for book**

Please email Julia at [okjulia@telus.net](mailto:okjulia@telus.net) if you wish to join the study

## JULIA'S OFFICE HOURS WINTER - 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
UCV or DW/OK Worship	8-3 OK	8-4 UCV Bible Study 10-11:30	8-3 OK Mid-week Worship 10-10:45 Wednesdays	8-3 OK Bible Study 10-11:30	Off  Youth Group 6:30-8:30 3 <sup>rd</sup> Friday of each month	Off

**Julia can be reached for URGENT Pastoral Care needs 24/7 at 403-702-2249.**

If you wish to reach Julia for anything **other than urgent concerns**, please email her at [okjulia@telus.net](mailto:okjulia@telus.net) and she will get back to you during office hours, or call and leave a message at either 403-938-4357 (Okotoks) or 403-933-4114 (United Church in the Valley) and your call will be returned during office hours.



Life is very short  
and what we have  
to do must be  
done in the now.



Audre Lorde  
[www.geckoandfly.com](http://www.geckoandfly.com)



## Lent-Easter 2023

Date	OK-SAUC	UCV
February 26	Rev. Julia	Traci Fontana-Wegelin
March 5 (UCV AGM)	Mark Dutkoski	Rev. Julia
March 12 (SAUC AGM)	Rev. Julia	Mark Dutkoski
March 19	Rev. Dr. Ted Siverns	Rev. Julia
March 26	Rev. Julia	Rev. Dr. Ted Siverns
April 2 (Palm Sunday)	Mark Dutkoski	Rev. Julia
April 7 Good Friday	Rev. Julia	Rev. Julia
April 9 (Easter Sunrise Service)	Rev. Julia (combined)	
April 9 <sup>th</sup> (Easter)	Rev. Julia	Rev. Lee Spice

## Youth Group with Olivia and Julia



Find the Shamrock  
Scavenger Hunt

### Friday March 17th

Diamond Valley  
(meet at Dairy Queen)

6:30 – 8:30 p.m.

Open to all youth grades 6 and up  
(visitors always welcome)

Please RSVP to [okjulia@telus.net](mailto:okjulia@telus.net) if attendir |

## A Year of War in Ukraine



*Budolai is the head of Healthy Cities, a local NGO partner of ACT member CWS in Balti, Moldova that added support of Ukrainian refugees to its portfolio of caring for the most vulnerable people in Balti.*

Credit: Simon Chambers/ACT

To mark the first anniversary of the war in Ukraine, The United Church of Canada Mission & Service partner [ACT Alliance](#) has shared [this update](#) on their work in the region, providing aid and assisting those fleeing the war. Your generosity through [Mission & Service](#) has long supported ACT's humanitarian relief and advocacy efforts.

Budolai is an energetic non-governmental organization (NGO) leader in Balti, Moldova. He is also a person with strong faith. His organization, Healthy Cities, was created several years ago to help the most vulnerable people in the city: homeless, addicts, people with disabilities. Last year, when Russia invaded Ukraine, and refugees began to cross the border into Moldova in great numbers, he saw a need to reach out to this new group of people in need. [Read the full story.](#)

## COMMUNITY

# JOYFUL NOISE

Casual choring



Featuring the music of

## FLEETWOOD MAC

**Saturday, March 25 at 7 pm**

St. Andrews United Church, Dewinton

**Admission: \$20** (plus service fees)

Tickets available on EventBrite

Doors open at 6:30 pm

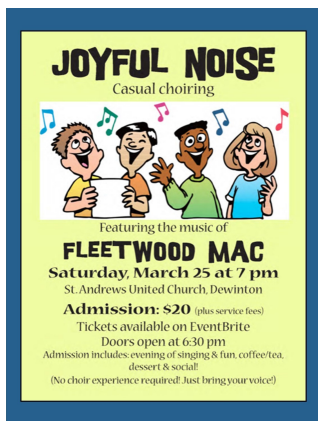
Admission includes: evening of singing & fun, coffee/tea,  
dessert & social!

(No choir experience required! Just bring your voice!)

*Note: There's additional information about 'Joyful Noise' on the following page.*



## COMMUNITY



### St. Andrew's United Church

**Saturday, March 25 from 7:00 - 9:00 p.m. (doors open at 6:30 p.m.)**

Join us and participate in a night of casual choring with 'Joyful Noise' featuring the music of Fleetwood Mac. We break the songs into parts with you to sing - everyone sings, everyone has fun! No-stress, great evening out! Join us for the perfect date night, pal social event, or team builder!

- The event will be held at St. Andrew's United Church, DeWinton (also known as DeWinton United Church by the locals).
- Admission is \$20 per person plus service fees. Tickets are available through Eventbrite (not at the door).
- Admission includes an evening of singing & fun, coffee/tea, desert & social! No choir experience required! Just bring your voice!
- Wine & beer bar available to loosen the vocal cords (if needed).

Click on the following link to purchase your ticket(s).

<https://www.eventbrite.ca/e/joyful-noise-casual-choiring-featuring-the-songs-of-fleetwood-mac-tickets-536230147807?utm-campaign=social,email&utm-content=attendeeshare&utm-medium=discovery&utm-source=strongmail&utm-term=listing>

Looking forward to seeing you there!

## COMMUNITY



### Camp Canyon Announcement

The **Canyon Church Camp Association** would like to invite you to our **Annual General Meeting**, which will be held on **Zoom** on **March 7 at 7pm**. We are starting the camp rebuild this spring and would really appreciate support from our communities of faith. This could come in the form of volunteering your time on our board, on one of our committees such as fundraising, community engagement, or facility rebuild), or as a feet-on-the-ground worker when we need extra labour.

You can also help by making a financial donation by e-transfer to [campcanyon@gmail.com](mailto:campcanyon@gmail.com) or by various links on our website <http://www.canyonchurchcamp.com/>

All donations over \$20 will receive a charitable tax receipt.

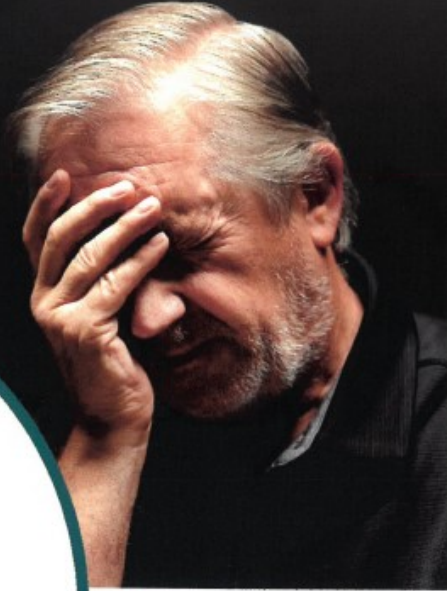
In community spirit, St. Andrew's United Church (DeWinton) supports the DeWinton Community Preschool. When you purchase at Cobbs in Okotoks, mention the preschool and monies will go towards their account. The Preschool also has an account at the bottle depot, so you can donate your bottles to the DeWinton Preschool.





## COMMUNITY

You are not alone...



# SOLACE MEN'S GRIEF SUPPORT GROUP

*Free in-person grief  
support for men in  
the Foothills County  
and surrounding  
areas*

**Okotoks Public Library**

2<sup>nd</sup> Tuesdays of each month

6:00 pm – 7:30 pm

**High River Library**

4<sup>th</sup> Tuesdays of each month

6:00 pm – 7:30 pm

To register, please email [solacegrief1@gmail.com](mailto:solacegrief1@gmail.com) or contact our Solace Intake Coordinator at (403) 601-3312 and leave your name and phone number and your message will be returned.



**SOLACE**  
GRIEF SUPPORT SOCIETY  
Foothills County, Alberta

[www.solacegriefsupport.com](http://www.solacegriefsupport.com)



# WANTED

# VOLUNTEERS

TO DELIVER FOR

OKOTOKS MEALS ON WHEELS

APPLY TO

[okotoksmealsonwheels@gmail.com](mailto:okotoksmealsonwheels@gmail.com)

WITH YOUR NAME AND PHONE  
NUMBER

**VOLUNTEER COMMITMENT:**

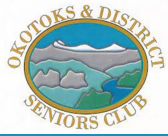
**1.5 HOURS, 2 – 4 TIMES PER MONTH**

**AND YOUR OWN VEHICLE**

# CONNECTIONS




## COMMUNITY



### Community Connections with Okotoks & District Seniors Club

Recently Karen Pryznyk and myself, Carol Price have been making connections with the Okotoks Seniors Club. Last Christmas we were able to participate in providing over 90 Christmas Gifts to Seniors in our Community and the target number for this year is 150 Christmas Gifts – more information to come.

In addition, we are sharing information on what is taking place both at the Seniors Club and here at Okotoks United Church. Below is the calendar of events taking place at the Okotoks & District Seniors Club this month.

2023		MARCH		 Okotoks & District SENIORS CLUB	
Monday	Tuesday	Wednesday	Thursday	Friday	Weekly Activities
27	28	01 Memory Café 1:00 Tech Session 4:30	02 Mah Jongg Mini Lesson 11:45	03	<b>Monday</b> Men's Walking 9:00 Floor Curling 11:00 & 12:30 Knitting 1:00
06 Dinner Doors open 5:00	07 Beginner Line Dance 11:15 Guitar 1:30	08 Ukulele 1:30	09	10	<b>Tuesday</b> Pool 10:00 Shuffleboard 10:15 Video Exercise 10:15 Euchre 1:00 Bridge 1:00
13	14 Beginner Line Dance 11:15	15 Painting 1:00	16	17 Social 3:00	<b>Wednesday</b> Men's Walking 9:00 Pool 10:00 Line Dancing 10:30 Canasta 12:30 Cribbage 7:00
20	21 Beginner Line Dance 11:15 Guitar 1:30	22 Ukulele 1:30	23 Dementia / Sensitivity Training 1:00	24	<b>Thursday</b> Pool 10:00 Video Exercise 10:15 Bridge 1:00 Mah Jongg 1:00 Wii Bowling 1:00 Duplicate Bridge 6:30
27	28 Beginner Line Dance 11:15	29	30	31	<b>Friday</b> Men's Walking 9:00 Pool 10:00 Floor Curling 11:00 & 12:30

# CONNECTIONS



## HEALING MINISTRY

Healing Pathway Sessions are offered every first and third Monday of the month.

**To book a session, please contact Gisela Dyck at 403-938-2506.**



## OUC RENTALS

We currently have Agreements in place with the following:

- **Big Rock Singers 2022-2023 Season** (September 2022 - May 2023) Wednesday night, and Saturday (May 2022 - May 2023)
- **Big Rock Singers Italy 2023 Tour Rehearsals** (September 2022 - May 2023) Wednesday and Thursday night, and Saturday (May, September, October, November, January, April)
- **Shintani Wado Kai Karate Foundation** (January - June 2023) every Monday and Wednesday night
- **Drop-In Qigong** (November – March, 2023) Wednesday morning from 11:00 - 12:00 pm
- **Al Madinah Calgary Islamic Assembly - Prayer Group** (December 2022 – June 2023) every Friday afternoon
- **Christ Commission Fellowship Calgary** (January – June, 2023) Sunday from 1:30 - 6:30 pm
- **Okotoks Food Bank Soup Making Program** (January – June, 2023) the second Wednesday every month from 12:00 - 4:00 pm



### Prayers:

- ◆ Turkey and Syria earthquake relief
- ◆ Fort MacLeod-Granum
- ◆ South Alberta Japanese
- ◆ Prairie Winds

# OUC GARAGE SALE



**CHAIRS: \$25.00 each / SOFA: \$50.00**

*(Note: for the pair of chairs, only one chair is left).*

**Please contact Lorna at the OUC office if you are interested at 403-938-4357.**

# CONNECTIONS



If you have an **urgent pastoral care need** please call Julia at 403-702-2249.

## Mid-Week Worship

Come and find the quiet centre.  
Come catch your breath and pause.  
Come be reminded of God's presence.  
**Come and join us for Mid-Week Worship  
in our Chapel**  
a short contemplative service  
of song, Scripture, silence, and prayer  
**every Wednesday morning,  
from 10:00-10:30AM**



## **Okotoks United Church Office**

To contact **Julla** you can email her at [okjulla@telus.net](mailto:okjulla@telus.net). She can also be reached at the church office phone number listed below during regular office hours.

**Congregational Care Team** invites you to reach out for confidential spiritual and compassionate care by email at: [okcongregationalcare@telus.net](mailto:okcongregationalcare@telus.net)

**The office is open Monday to Friday  
From 9:00 - 2:00 p.m.**

**Please contact Lorna at [okunited@telus.net](mailto:okunited@telus.net) or 403-938-4357.**