

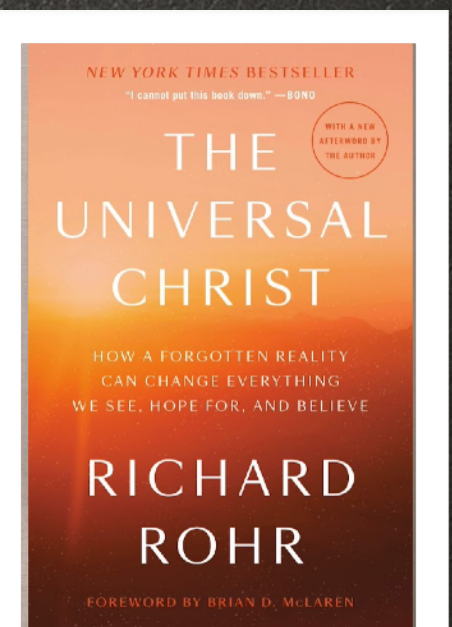
EVERY
THING IS
SACRED

40 Practices and Reflections
on the Universal Christ

RICHARD
ROHR
and PATRICK BOLAND

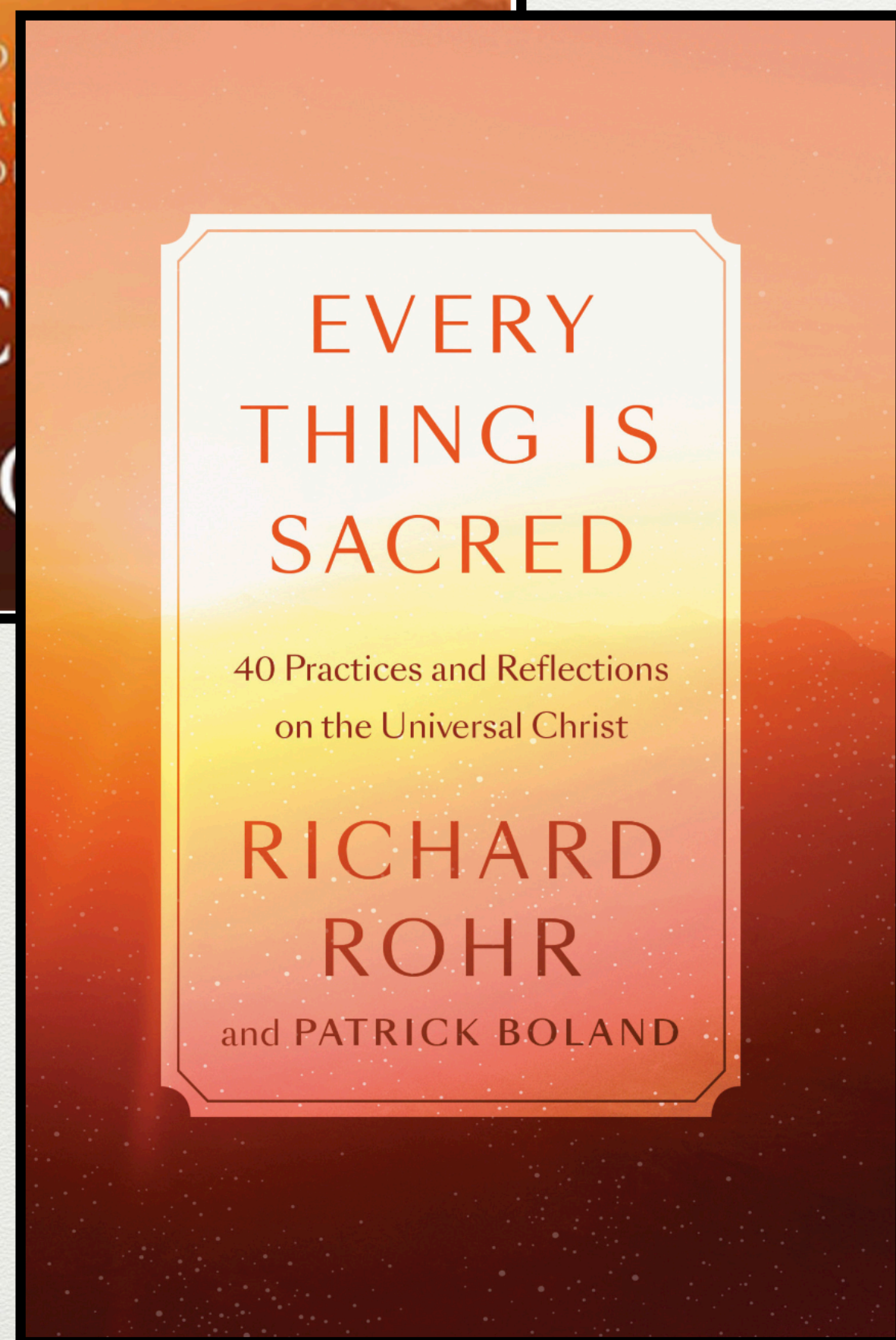
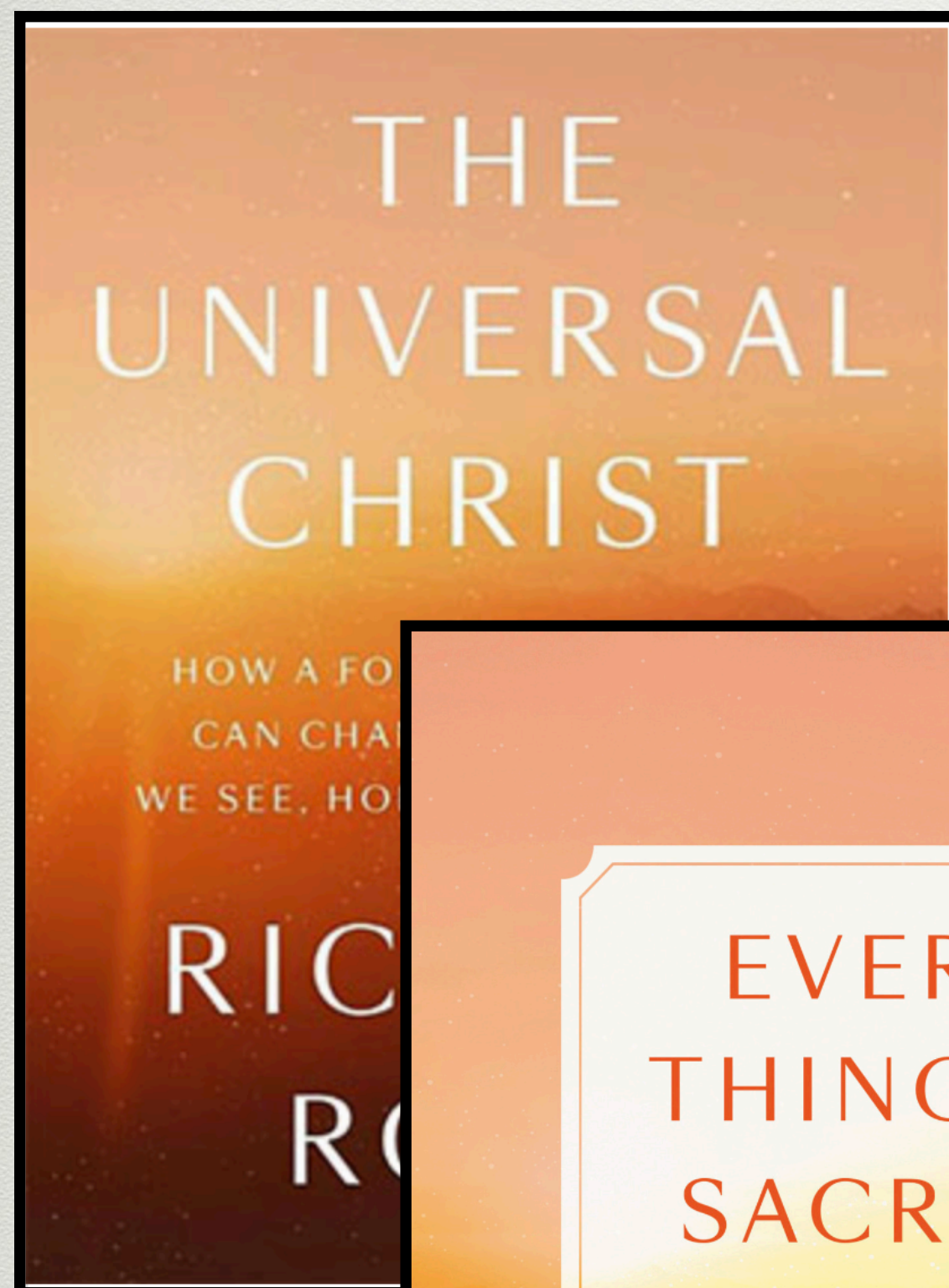
SDUC'S ACTS PRESENTS
MONDAY NIGHT BOOK STUDY
SESSION 50
FEBRUARY 6, 2023 TO MARCH 27, 2023

Forty Practices and Reflections on
the Universal Christ by Richard Rohr



with
Rev. Dr. Wayne Holst
Joan Gray
Brenda Wallace





BEFORE WE BEGIN with WAYNE 50-04

“From the particular to
the universal.”



OPENING with
Trish Polay





***THE IMPORTANCE OF NATURE
IN OUR LIVES***

Housekeeping with Brenda



Feb. 27 Lent I Reflections 15-21

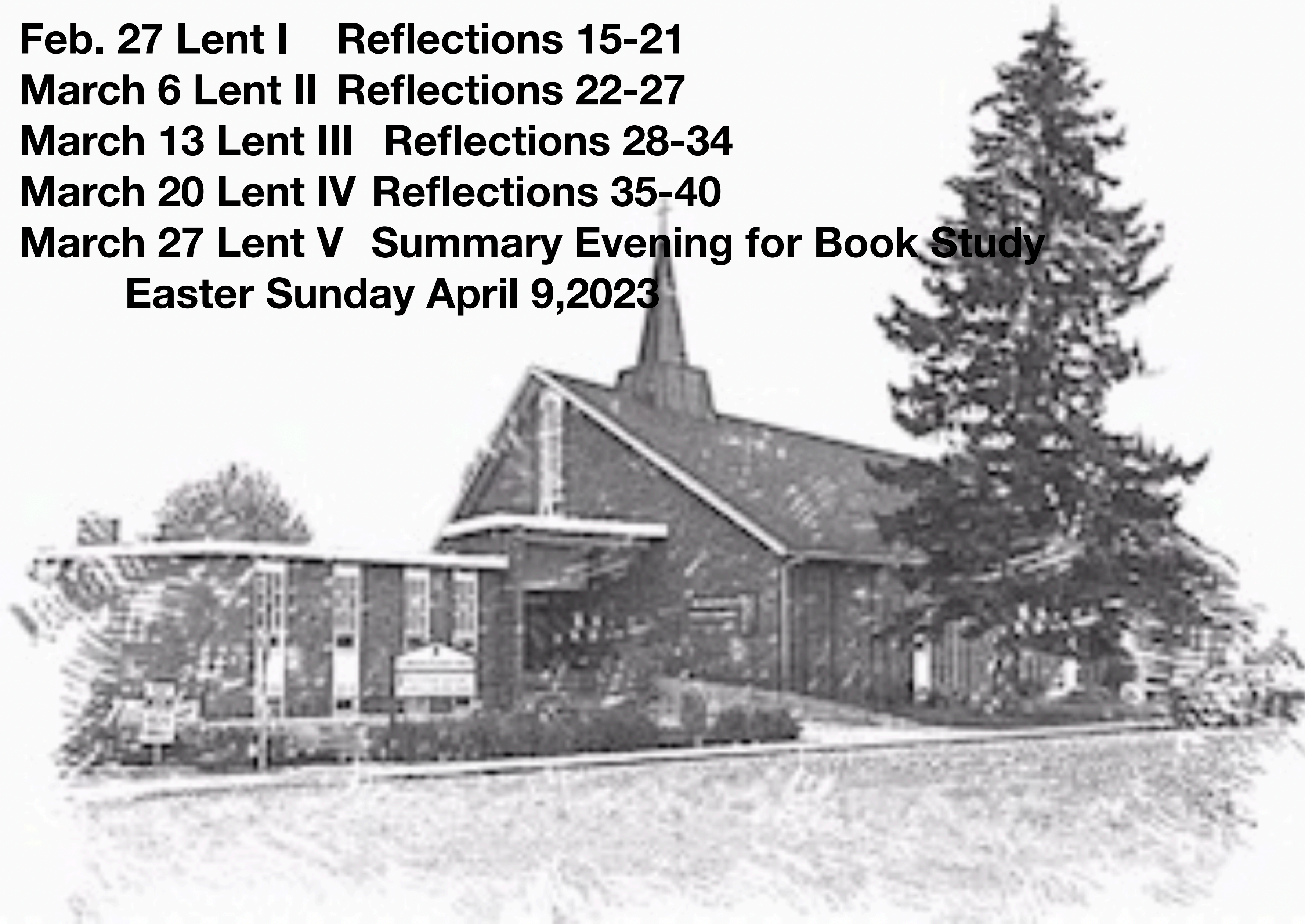
March 6 Lent II Reflections 22-27

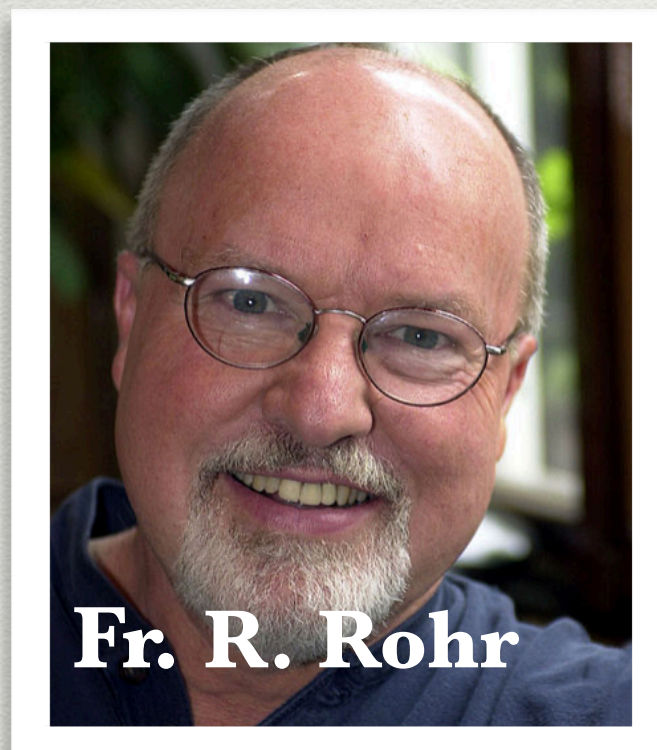
March 13 Lent III Reflections 28-34

March 20 Lent IV Reflections 35-40

March 27 Lent V Summary Evening for Book Study

Easter Sunday April 9, 2023





REFLECTION # 15

waking up to love



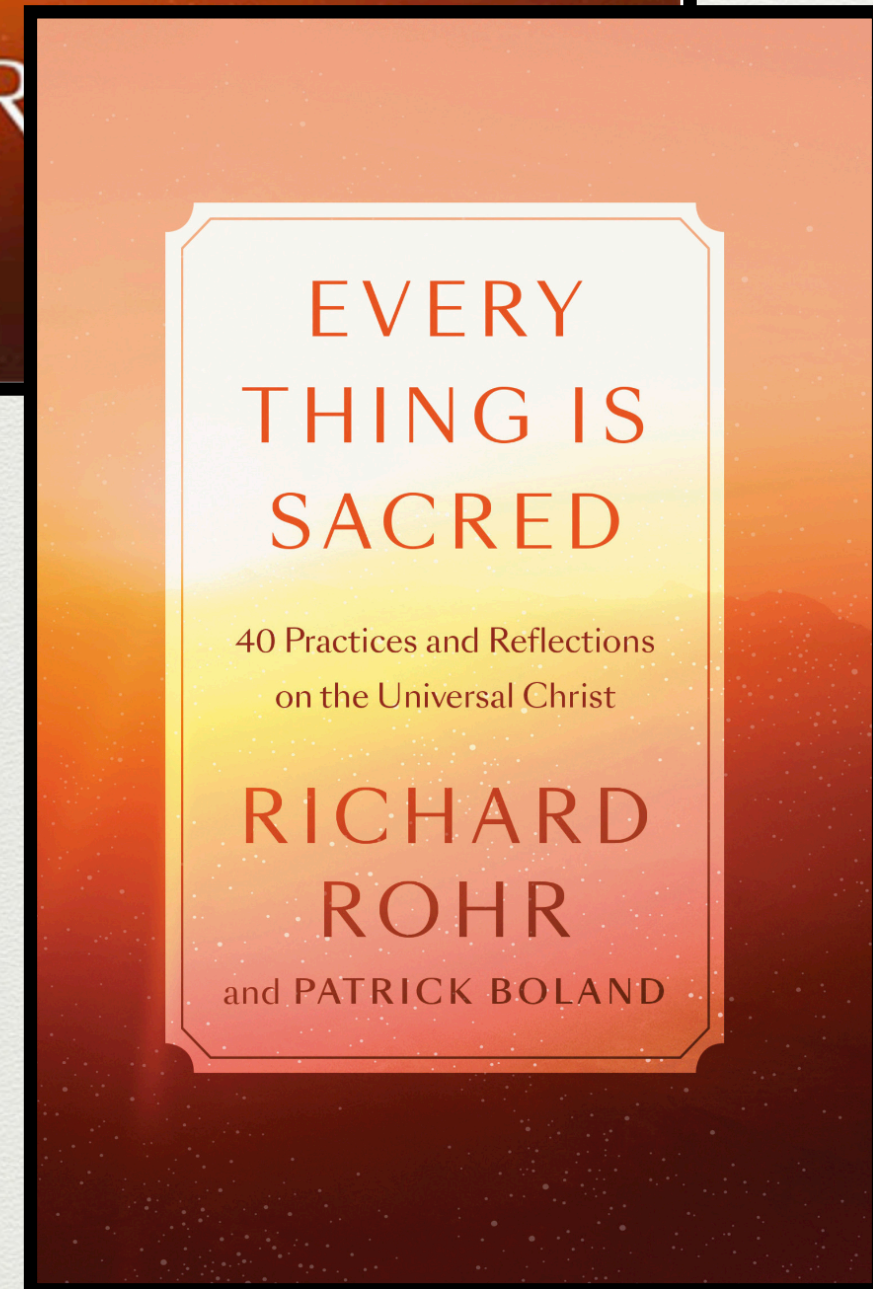
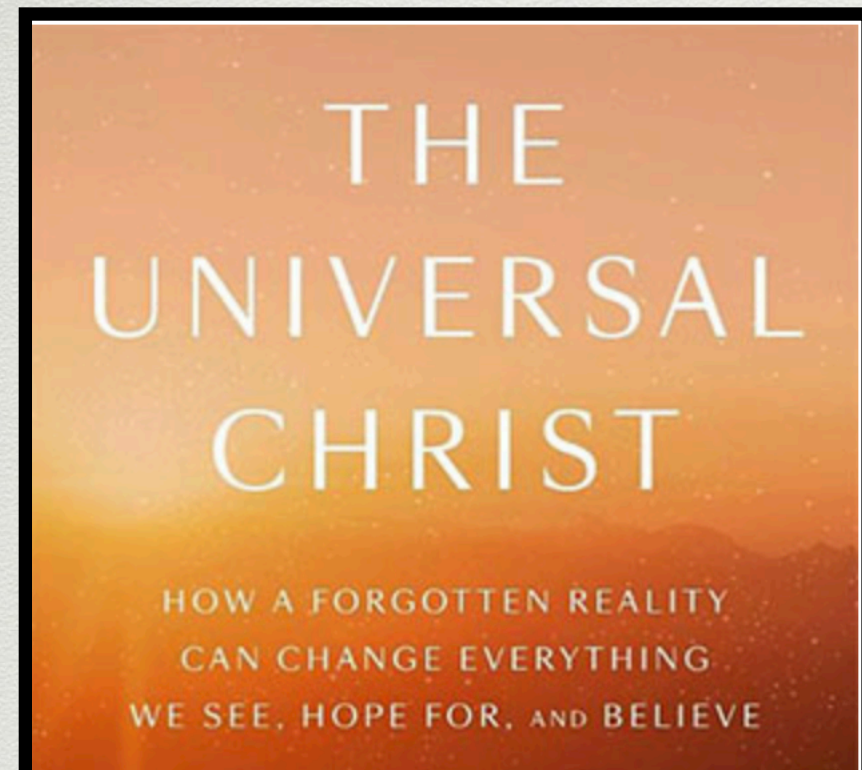
This chapter encourages us to engage in the process of finding a significant love object for your life.

This object draws out beauty, goodness and love in you (p. 80/81)

Embodied spirituality is not intellectual or dualistic, but a representation of the God-instinct (the need to adore).

What aspects of "embodied" spirituality would you suggest have been significant in your life?

DISCUSS



Reflection #16: SUFFERING

We need to acknowledge our suffering and "sit with it" (83)

How does one hold in tension one's suffering and love in daily experience?(85)

Listen to what this can teach us.

Pain can lead to transformation (85)

Don't push yourself beyond your comfort zone. (86)

- Wayne's thoughts** Being present to this is the most realistic and honest way to live.
- **discuss**

Reflection # 17: OUR SHADOW

The shadow in me is my idealized self image - what I refuse to see about myself. (90)

I should not try to deny or reject my shadow but rather to encounter and engage it. (92)

**discuss your experience
with the shadow in your life**





Unless we face our shadow
we will experience
contradictory and difficult
interpersonal dynamics.

My youthful self-image and
how I've had to confront
that in my middle years.

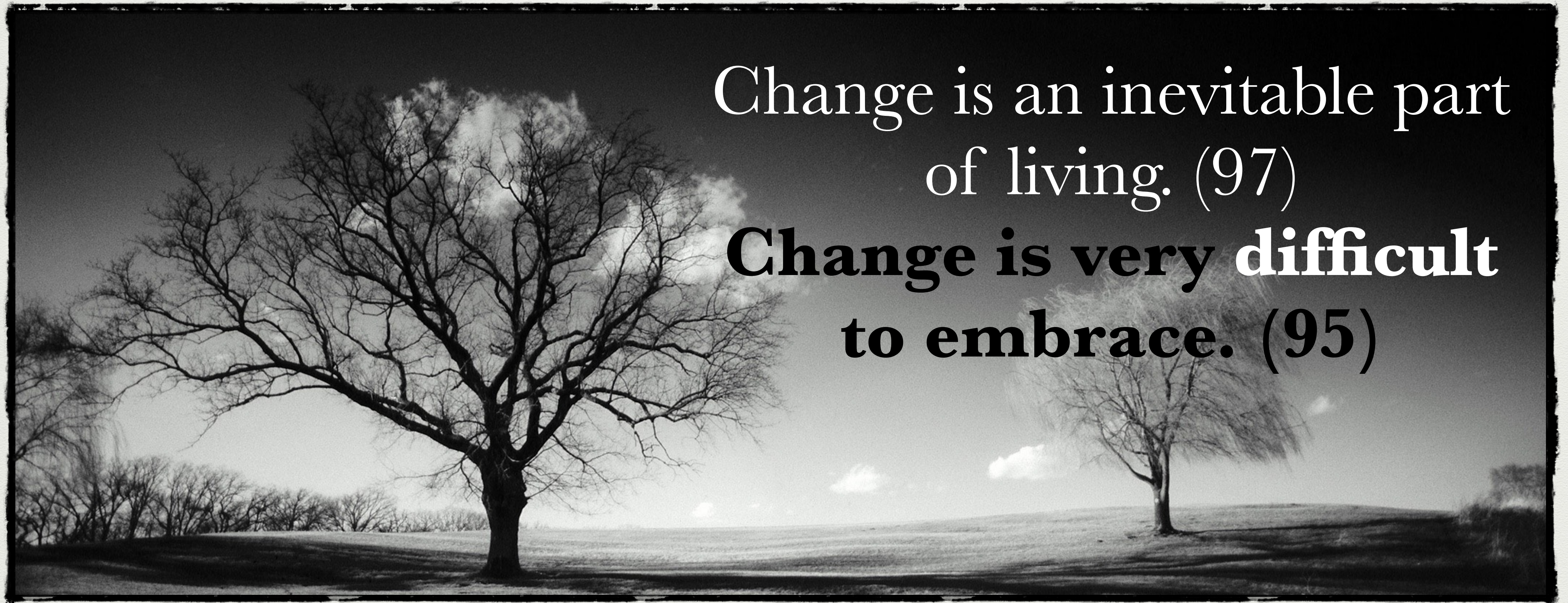
Result? Facing my shadow can help me
come to terms with my true self. (92)

**Reflect on your current evolving
persona and shadow**

REFLECTION #18: CHANGE

Change is an inevitable part
of living. (97)

**Change is very difficult
to embrace. (95)**



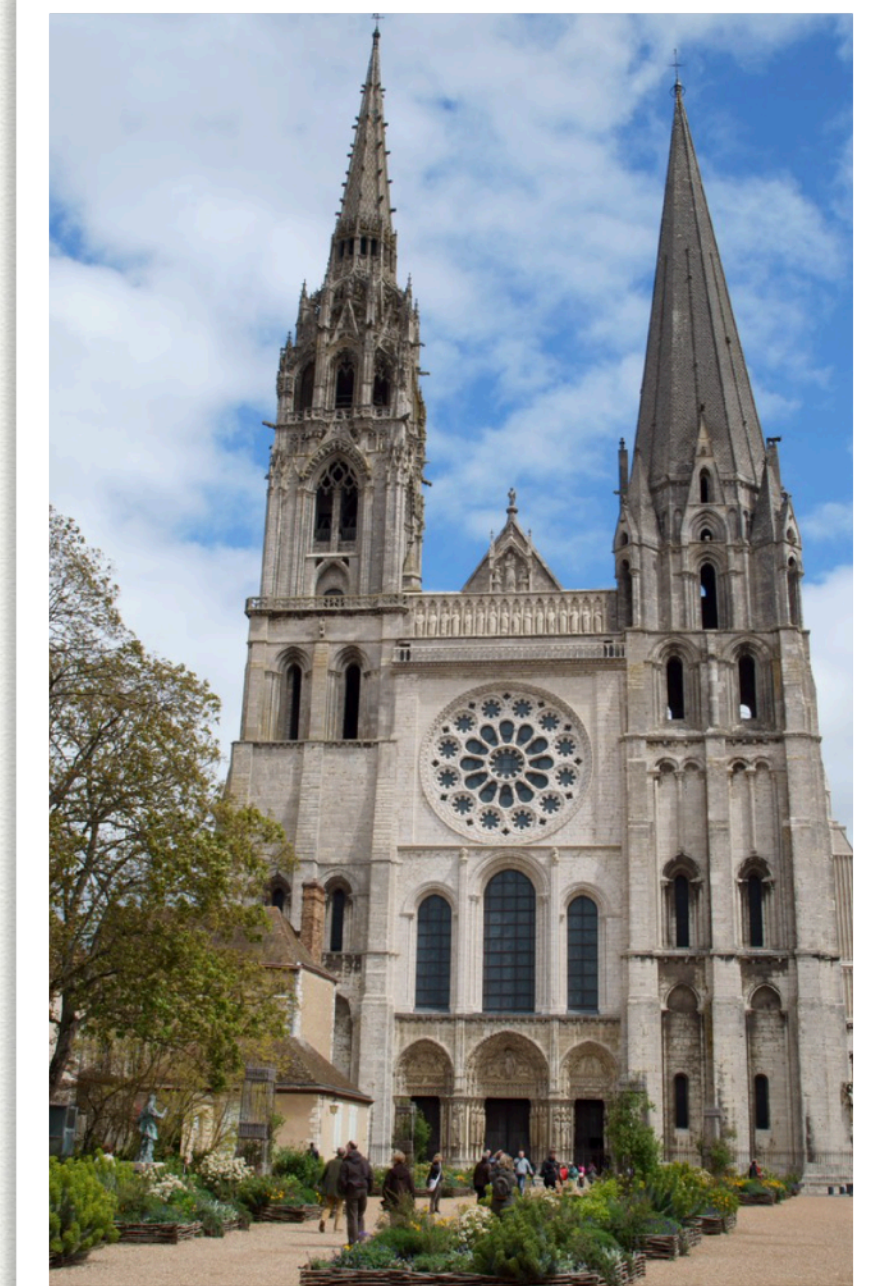
Wayne - reflects on how his fear of change, then grudging acceptance of it,
was the best thing that ever happened to him.



Take time to think about, then to share, significant changes in your life. How has this affected you as a person?

Reflection #19: Up There

Cathedrals like the one at Chartres in France create the image and impressions that God is 'up there' while we are 'down here.'



The truth is that God is also very much 'down here.' We need to move beyond dualistic thinking (separating sacred/profane) to see that God is in both. (103)

REFLECTION #20: DIVINE DEPTH

The Enneagram and the MBTI (Myers/Briggs Type Indicator)

**The Enneagram looks at 9
distinct yet interconnected
personality types (106)**

**The Enneagram explains
the personas we've
developed to survive
in the world.**

**MBTI acknowledges that
although we can behave in
many ways in different
settings, we tend to have
preferences that feel more
natural to us.**

Discuss your experience, if any, with the Enneagram and the MBTI

Reflection #21: Embodying Depth

RETREAT
(112)

PILGRIMAGE (113)



LABYRINTH

DISCUSS... What has been your experience with each of those ways of embodying depth?

“Today we have freedom and permission and the tools to move toward depth as few people ever had in human history. What a shame it would be if we did not use them. (115)



- **experience**
- **tradition**
- **scripture (readings)**



Every Thing is Sacred: Conversation with Kristin, Richard and Patrick



Fr. Richard Rohr on Solidarity with Suffering April 2022

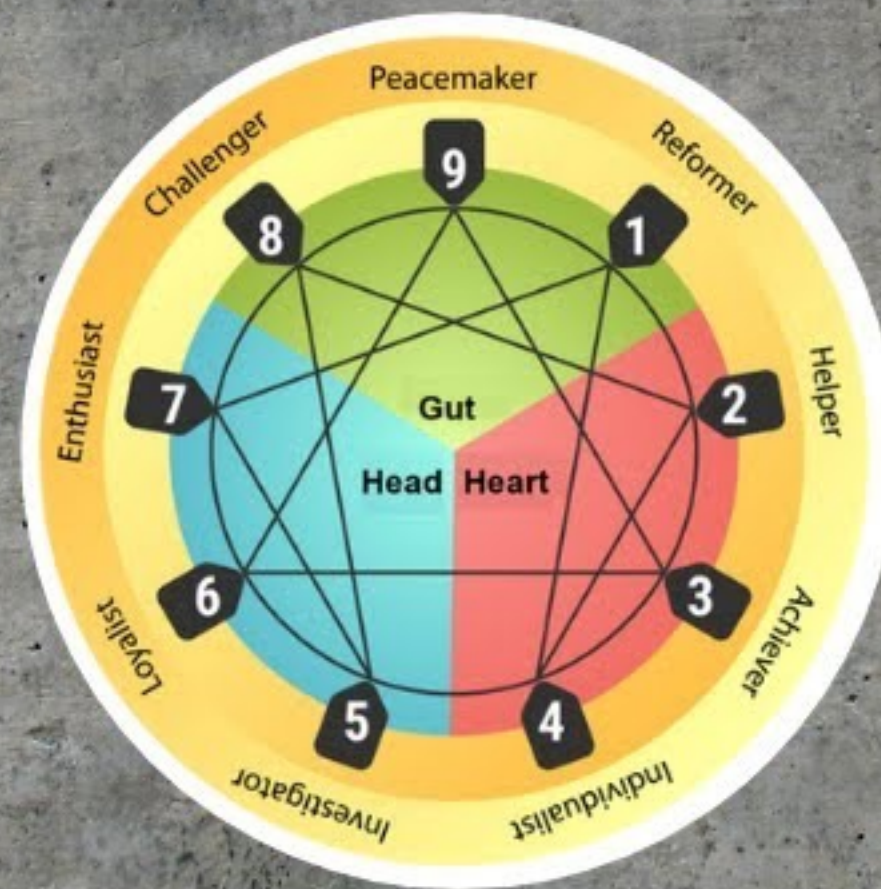
Solidarity with Suffering *Richard Rohr Reflection*

 Center for Action and Contemplation

ENNEAGRAM

BEGINNER'S

GUIDE



Break out Rooms:



Sharing Time



Readings for Session 50-05: Reflections 22 to 27



**CLOSING with
Mike Grammar**
(Pictures courtesy
of Google)



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