

FAMILY

Matters

Blessed be the Lord my Rock, who trains my hands for war, and my fingers for battle.

Psalms 144:1

Psalm 127:1 “Unless the Lord builds the house, they labour in vain who build it, unless the Lord guards the city, the watchman stays awake in vain.”

Joshua 24:15 “... But as for me and my house, WE WILL serve the LORD.”

Psalm 127:1-6 "Unless the Lord builds the house, They labor in vain who build it; Unless the Lord guards the city (*Your home*), the watchman stays awake in vain.

2 It is vain for you to rise up early, to sit up late, to eat the bread of sorrows; For so He gives His beloved sleep. **3** Behold, **children** are a heritage from the Lord, The fruit of the womb is a reward. **4** Like arrows in the hand of a warrior, so are the **children** of one's youth. **5** Happy is the man who has his quiver full of them; They shall not be ashamed, but shall speak with their enemies in the gate."

Psalm 128:1-6 "Blessed is every one who fears the Lord,
Who walks in His ways.

2 When you eat the labor of your hands, You shall be happy, and it shall be well with you. 3 Your wife shall be like a fruitful vine in the very heart of your house, your children like olive plants all around your table. 4 Behold, thus shall the man be blessed who fears the Lord. 5 The Lord bless you out of Zion, and may you see the good of Jerusalem all the days of your life. 6 Yes, may you see your children's children (*Grandchildren*).
Peace be upon Israel!"

Psalm 144:1-2, 12-15 "Blessed be the Lord my Rock,
who trains my hands, for war, and my fingers for
battle – 2 My lovingkindness, and my fortress, my
high tower and my deliverer, my shield and the
One in whom I take refuge ... 11 Rescue me and
deliver me from the hand of foreigners, whose
mouth speaks lying words, and whose right hand
is a right hand of falsehood ...

Psalm 144:1-2, 12-15 "... 12 that **our sons** may be as plants grown up in their youth; That **our daughters** may be as pillars, sculptured in palace style; 13 That **our barns** may be full, supplying all kinds of produce; That **our sheep** may bring forth thousands and ten thousands in our fields; 14 That **our oxen** may be well laden; That there be no breaking in or going out; That there be no outcry in our streets. 15 Happy are the people who are in such a state; **Happy are the people whose God is the Lord!**"

Psalm 144:1 "Blessed be the Lord my Rock, who trains
my hands for war and my fingers for battle..."



Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



1. Prayer, Devotion and Church

Psalm 127:1 "Unless the Lord builds the house, they labour in vain who build it ..."

Deuteronomy 11:18-21 "... **19** You shall teach them to your children, speaking of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up ... **21** that your days and the days of your children may be multiplied in the land ..."

Proverbs 6:22 "When you roam, they (*God's Words*) will lead you; When you sleep, they will keep you; And when you awake they will speak to you."

Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



2. Family Boundaries

Proverbs 22:6 "Train up a child in the way he should go, and when He is old he will not depart from it!"

- Training means to teach by example (*1 Cor.1:1*)
- Help your children develop healthy boundaries
- Guard what is brought into your family
- Live the healthy boundaries as a family

Prov.28:2 "Where there is moral rot within a nation (*home*), it's government (*family*) topples easily. But with wise and knowledgeable leaders (*parents*), **there is stability.**"

Psalm 128:1 "Blessed is everyone who fears the Lord, who walk is His ways."

Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



3. Love & respect your spouse well

Ephesians 5:33 "Nevertheless let each one of you in particular so love his own wife as himself, and let the wife see that she respects her husband."

- The best thing that a mom and dad can do for their children is to love and respect each other well.
- Your home should be a haven of peace for your family

Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



4. Unconditional family love

1 Corinthians 13:8 "(The God kind of) Love never fails."

- 'Keep Your Love On' all the time!
- "The depth of your love is in the way you respond to your child in the situation you dislike." *Anonymous*
- Learn how your child receives love

Eg. Words of affirmation; Quality time; Receiving Gifts; Acts of service; Physical Touch (The 5 Love Language of Children by Gary Chapman)

Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



5. Communicate, listen and play together

Psalm 127:4 "Like arrows in the hand of a warrior so are the children of one's youth. **5** Happy is the man who has a quiver full of them."

- Have family/community time with your family
- Find ways to interact with each child and together as a family
- *'Stop trying to perfect your child, but keep trying to perfect your relationship with them.'* Dr.Henker

Fight for your family like a warrior, shoot them in the right direction.
God promises to help us, when we do it His way.

Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



1. Prayer, Devotion and Church
2. Family Boundaries
3. Love & respect your spouse well
4. Unconditional family love
5. Communicate, listen and play together

Fight for your family like a warrior, shoot them in the right direction.
God promises to help us, when we do it His way.

Psalm 144:1 "Blessed be the Lord my Rock, who trains my hands for war and my fingers for battle..."



Questions to consider:

Q. How did this message affect you?

Q. What is one thing that you can take home with you today to benefit your family?

Q. What is the Lord asking from you personally?

Joshua 24:15 "... But as for me and my house, WE WILL serve the LORD."

Psalm 127:1 "Unless the Lord builds the house, they labour in vain who build it..."

FAMILY

Matters

Blessed be the Lord my Rock, who trains my hands for war, and my fingers for battle.

Psalms 144:1