

# **Men's Training Camp**

## **"Under Construction"**

### **Friday**

2:00-6:00 **Registration**  
6:00 Dinner  
7:00 **Evening Session**

### **Saturday**

7:00 **Dockside Prayer**  
8:00 Breakfast  
9:00 **Morning Session**  
12:00 Lunch by the Lake  
1:15 **Workshops**  
2:15 Activities / Free Time  
6:00 Dinner  
7:00 **Evening Session**

### **Sunday**

7:00 **Dockside Prayer**  
8:00 Breakfast  
9:00 **Morning Session**  
11:00 Lunch / Depart