



FAMILY CONVERSATION # 2

FIRST SUNDAY IN LENT

To prepare for your family conversation, you will need to engage with the devotional reflection from the first Sunday in Lent (pp. 16–18 in *Water for the Way*).

STORY

Share about a time when you trusted in something or someone else besides God. What ended up being the result? Why did you put your trust there? What did you learn from that misplacement of trust?

SCRIPTURE

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” But the serpent said to the woman, “You will not die, for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.”

—Genesis 3:1–5 (NRSVUE)

REFLECT AND DISCUSS

What stood out to you from the devotional reflection for the first Sunday in Lent, or from the Scripture reading?

As a family, talk about the following quote from *Water for the Way* (page 17): “What the devil desires is to corrupt our ability to love God with our entire being. Our enemy works against our trust and our love. Satan questions, and encourages us to question, the very things that build commitment and dedication to God.”



What are some examples of lies that the devil has told you?

What are some strategies to help you resist the devil's temptation?

FAST

One of the best ways to resist the devil's lies is to spend time in prayer. This week, fast from some of your free time, and instead, fill that time with prayer and Scripture reading.

FEAST

On Sunday, celebrate the fact that we can resist the lies and temptations of the devil. Do this by writing notes of encouragement to friends and family, reminding them that their identity and truth are found in God.

PRAYER

As you end your conversation, name the temptations you need help to overcome. Then pray, asking for God to help you in those temptations. End your time by saying this prayer, adapted from page 18 of *Water for the Way*, together: *Lord, in whom all things came to be, we trust in your faithfulness. We recognize your care and love are more significant than anything we can imagine. The power of your Spirit gives us the ability to respond in love, faith, and trust in you. Give us the strength to overcome all temptation that comes our way. Lord, we place our lives in your care, and we trust that you will help us overcome these temptations. In the name of Jesus, we pray. Amen.*