



FAMILY CONVERSATION # 10

EASTER SUNDAY

To prepare for your family conversation, you will need to engage with the devotional reflection for Easter Sunday (pp. 158–160 in *Water for the Way*).

STORY

As a family, talk about a time when healing or restoration was extended to you. It may have been in a relationship, a physical healing, or spiritual healing. Whatever way you experienced that healing, talk about the pain you experienced first and how the restoration could come through that pain. Then share how God was present and active throughout the entire process.

SCRIPTURE

But the angel said to the women, “Do not be afraid, for I know that you are looking for Jesus who was crucified. He is not here, for he has been raised, as he said. Come, see the place where he lay. Then go quickly and tell his disciples, ‘He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him.’ This is my message for you.” So they left the tomb quickly with fear and great joy and ran to tell his disciples. Suddenly Jesus met them and said, “Greetings!” And they came to him, took hold of his feet, and worshiped him. Then Jesus said to them, “Do not be afraid; go and tell my brothers and sisters to go to Galilee; there they will see me.”

—Matthew 28:5–10 (NRSVUE)

REFLECT AND DISCUSS

What stood out to you from the devotional reflection for Easter Sunday, or from the Scripture reading?

As a family, talk about the following quote from *Water for the Way* (page 160): “The third day has long been important for the people of God, and so today we too are the covenant people of the third day. God makes all things new, and we are healed from our trauma. We arise not as those who are simply changed; instead, we emerge from the grave of trauma and silence as a new creation in resurrection. The old is gone; all things have been made new.”

In what ways are you a new creation in Christ? How has Christ transformed your life?



What are some ways to celebrate the new life promised at Easter throughout the entire Easter season?

FEAST

Easter is a season marked by celebration and feasting. Break the fast you began on Ash Wednesday. Then spend quality time around a meal or dessert with friends and family and talk about how you encountered Christ through your fast.

PRAYER

As you end your time, pray this prayer together: *God of this world, we ask that you make all things new. Where there is trauma, bring healing. Where there is death, bring life. Where there is division, bring unity. And where there is hatred, bring compassion. We ask that the Spirit who raised Jesus from the dead breathe new life into us and into the world. In the name of Jesus, we pray. Amen.*