



The Choice by Lauren White Pittman

First Sunday after Lent February 26, 2023 at 10 am

Priest: The Reverend Sharon Smith Musician and Choir Director: Rob Gloor Administration: Natasha Stegemann

Wardens: Robb Watt, Linda Robertson, Chris Wensley

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, at the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Squamish and Tsleil-Waututh Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative, Sustainable, Caring and Humble



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SAINT CATHERINE'S ANGLICAN CHURCH

Anglican Church of Canada - Diocese of New Westminster

Situated on the unceded traditional Coast Salish territory of the Squamish and Tsleil-Waututh First Nations

As you enter the church, we invite you to light a votive candle to remember a person or situation that you carry on your heart. Candles are also available during communion.

GATHERING

Prelude

Welcome & Intention: Rev Sharon Smith

A moment of silent reflection.

Presider: In this holy time of Lent, we acknowledge that

we gather on the ancestral lands of the Coast Salish peoples and raise our hands to elders past and present as we seek reconciliation amongst all people who call Canada home.

All: May the living Christ lead us all on

pathways of reconciliation and peace.

Presider: Let us bless the Holy One

who forgives all our wrong doings.

All: God's mercy endures forever.

Prayer of Purity:

(Book of Alternative Services)

Presider: Ever-present God,

All: To you all hearts are open

all desires known,

All:

and from you no secrets are hidden: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen

Silence is kept.

Presider: Most merciful God, forgive us

All: where we have not touched but

trampled you in creation,

where we have not honoured but

avoided you in one another,

where we have not received but

rejected your goodness.

Kyrie

Leader: Lord Have Mercy
All: Lord Have Mercy
Leader: Christ Have Mercy
All: Christ Have Mercy
Leader: Lord Have Mercy
Lord Have Mercy
Lord Have Mercy

Silence is kept.

Prayer of the Day:

Presider: Spirit of the desert

All: you drove Jesus to the edge of the world

to seek your truth and find his calling: scour our hearts and awaken our hunger,

so that freed from empty clinging we may serve only the Creator; through Jesus the Christ, Amen.

Gathering Hymn: Here in this Place New Light is Streaming

Here in this place new light is streaming, now is the darkness vanished away, see in this space our fears and our dreamings, brought here to you in the light of this day. Gather us in – the lost and forsaken, gather us in – the blind and the lame; call to us now, and we shall awaken, we shall arise at the sound of our name.

We are the young – our lives are a mystery, we are the old who yearn for your face, we have been sung throughout all of history, called to be light to the whole human race. Gather us in – the rich and the haughty, gather us in – the proud and the strong; give us a heart so meek and so lowly, give us the courage to enter the song.

Here we will take the wine and the water, here we will take the bread of new birth, here you shall call your sons and your daughters, call us anew to be salt for the earth. Give us to drink the wine of compassion, give us to eat the bread that is you; nourish us well, and teach us to fashion lives that are holy and hearts that are true.

Not in the dark of buildings confining, not in some heaven, light years away, but here in this place the new light is shining, now is the Kingdom, now is the day. Gather us in and hold us for ever, gather us in and make us your own; gather us in – all peoples together, fire of love in our flesh and our bone.

PROCLAMATION OF THE WORD

First Reading: Genesis 2:15-17; 3:1-7

Human beings were formed to be in relationship with the creator, creation, and one another. The serpent's promise to the first couple that their eyes would be opened led, ironically, to the discovery only that they were naked.

The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Leader: Let us hear what the Spirit is saying.

People: Thanks be to God.

Psalm 32

The Psalm is led by Sara

Leader: Happy are they whose transgressions are

forgiven, and whose sin is put away!

People: Happy are they to whom the LORD

imputes no guilt, and in whose spirit

there is no guile!

Leader: While I held my tongue, my bones withered

away, because of my groaning all day long.

People: For your hand was heavy upon me day

and night; my moisture was dried up as

in the heat of summer.

Leader: Then I acknowledged my sin to you, and did

not conceal my guilt. I said, "I will confess my transgressions to the LORD." Then you forgave

me the guilt of my sin.

People: Therefore all the faithful will make their

prayers to you in time of trouble; when the great waters overflow, they

shall not reach them.

Leader: You are my hiding-place; you preserve me

from trouble; you surround me with shouts of

deliverance. Amen.

Second Reading: In my Secret Life by Leonard Cohen

In my secret life There's no one in sight In my secret life And we're still in love

I saw you this morning In my secret life

You were moving so fast I smile when I'm angry

Can't seem to loosen I cheat and I lie

my grip I do what I have to do

On the past To get by

And I miss you so much But I know what is wrong

And I know what is right

And I'd die for the truth

In my secret life In my secret life

Hold on, hold on, my

brother

My sister, hold on tight I finally got my orders I'll be marching through

the morning

Marching through the

night

Moving cross the borders

Of my secret life

Looked through the paper Makes you want to cry Nobody cares if the people Live or die

And the dealer wants you

thinking

That it's either black or

white

Thank God it's not that

simple

In my secret life

I bite my lip

I buy what I'm told: From the latest hit To the wisdom of old But I'm always alone And my heart is like ice And it's crowded and cold In my secret life In my secret life

Gospel Reading: Matthew 4:1-11

Jesus experiences anew the temptations that Israel faced in the wilderness, and he endures the testing of evil.

Presider: The Lord be with you. **People:** And also with you.

Presider: The Holy Gospel of our Lord Jesus Christ

according to Matthew.

People: Glory to you, Lord Jesus Christ.

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'"Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

Presider: The Gospel of Christ.

People: Praise to you, Lord Jesus Christ.

Reflection – Rev. Sharon

PRAYER

Leader: We remember those who we have loved and

lost in 2022:

Geraldine Marion Kilby, Joan Gwendaline Clark, Angela Mary McGie, Timothy Hugh McCarrell, Clara Margaret Peters, Robert Capell, Edward Emery, Roy Austin Macdonald, Phyllis Dorothy Mittlestead, Derek John Barratt, Ann Watters Mansfield, Wayne Daniel Smith.

Leader: We commend into your hands, O Lord.

Those whom we have loved.

You gave them breath,

And loved them through their lives.

Receive them now in your infinite tenderness,

And give them peace. Amen

A Prayer for Vestry Sunday by Bev London

Leader: O God, we have come to you now that you

may make us able:

All: To walk in your light,

To act in your strength, To think in your wisdom, To speak in your truth, and to live in your love.

Leader: We stand at a threshold today,

seeking wisdom and guidance.

O God, we ask your help in every choice which life brings to us so that we may

always choose the right way.

And help us not only to ask for your help but

always be willing to accept it

when you offer it.

All: Give us the wisdom which will always

enable us to know what to do.

Leader: We close with a prayer by Sir Thomas More.

Give us, O Lord, an humble, quiet, peaceable, patient, tender and charitable mind, and in all our thoughts, words and deeds a taste of the Holy Spirit. Give us O Lord a lively faith, and a firm hope. Take from us all lukewarmness in

meditation, and dullness in prayer.

All: The things we pray for,

give us grace to labour for

through Jesus Christ our Lord, Amen.

The Passing of the Peace

Presider: The peace of Christ be always with you.

People: And also with you.

The community, standing at our seats, greet one another saying or gesturing: 'Peace be with you".

COMMUNION

Preparing the Table: You are My All in All

You are my strength when I am weak You are the treasure that I seek You are my all in all Seeking You as a precious jewel Lord, to give up I'd be a fool You are my all in all.

Refrain

Jesus, Lamb of God Worthy is Your name Jesus, Lamb of God Worthy is Your name

Taking my sin, my cross, my shame
Rising again I bless Your name
You are my all in all
When I fall down You pick me up
When I am dry You fill my cup
You are my all in all.

Refrain

Prayer over the Gifts:

Presider: God our provider,

All: you have not fed us with bread alone,

but with words of grace and life.

Bless us and these your gifts,

which we receive from your bounty, through Jesus Christ our Lord. Amen.

The Eucharistic Prayer:

Preface for Lent (BAS); Eucharistic Prayer (ELCIC VIII)

Presider: Blessed are you, gracious God

Creator of Heaven and Earth

because you call your faithful people

Presider: to cleanse our hearts

and to prepare with joy with this paschal feast that reborn through the waters of baptism and renewed in the Eucharistic mystery we may be more fervent in prayer and more generous in works of love.

Therefore, we raise our voices to you in praise:

Holy, Holy, Holy Lord God of power and might. Heaven and earth are full of your glory, Hosanna in the highest.

Blessed is the one who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

Presider: God of our weary years,

God of our silent tears,

You have brought us this far along the way. In times of bitterness you did not abandon us. But guided us in the path of love and light.

In every age you sent prophets to make known your loving will for all humanity.

The cry of the poor has become your own cry; our hunger and thirst for justice

is your own desire.

In the fullness of time, you sent your chosen servant to preach good news to the afflicted,

to break bread with the outcast and despised,

and to ransom those in bondage

to prejudice and sin.

Presider: In the night in which he was betrayed,

our Lord Jesus took bread and gave thanks; broke it,

and gave it to his disciples, saying:

Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, Jesus took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and all people for the forgiveness of sin.

Do this for the remembrance of me.

For as often as we eat of this bread Presider:

and drink of this cup we proclaim the Lord's death until he comes.

All: Christ has died.

Christ has risen.

Christ will come again.

Send your Holy Spirit, our advocate, Presider:

All: to fill the hearts of all

who share this bread and cup

with courage and wisdom to pursue love

and justice in all the world. Join our prayers and praise with your people of every age, that, rejoicing in the hope of the

resurrection, we might live in freedom.

Through him, with him, in him, Presider:

in the unity of the Holy Spirit, all glory

and honour are yours,

Creator God, now and forever,

All: Amen.

Lord's Prayer (Sung):

All: Our Father in heaven,

hallowed be your name.

Your kingdom come, your will be done

on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil. For the kingdom, the power and the glory are yours, now and forever. Amen.

Fraction (Breaking the Bread):

Presider: We break this bread

All: Communion in Christ's body once broken.

Presider: Let your Church be the wheat

which bears its fruit in dying.

All: If we have died with him,

we shall live with him;

if we hold firm, we shall rise with him.

Invitation to the Table:

Presider: The gifts of God for the people of God

People: Thanks be to God.

All people are welcome to receive Communion of one kind (Fresh Bread or Wafers) at the station below the stairs, or Communion of one or both kinds at the Altar. Wine is administered from a common cup. Gluten free wafers are available upon request.

Please sanitize your hands before receiving.

While the communion is being administered, we respectfully ask that you keep the silence.

Candle lighting during this time is welcomed.

Communion Music: Instrumental

Prayer after Communion:

Presider: Compassionate God

vou have fed us with All: the bread of heaven.

Sustain us in our Lenten pilgrimage; may our fasting be hunger for justice;

our alms, a making of peace;

and our prayer,

the song of grateful hearts; through Jesus the Christ, Amen.

SENDING

Community Announcements - Linda Robertson

Welcome of New People:

Leader: Welcome:

Ashkon, Shaunti, Qianyi

You bring us new insights and energy, You open up to us a wider world.

AII: We share God's care and challenge;

> Offering and receiving welcome We become Christ to one another.

Blessing: Rev. Sharon

Sending Hymn: O Love, How Deep,

How Broad, How High

O love, how deep, how broad, how high, It fills the heart with ecstasy, That God, the Son of God, should take Our mortal form for mortals' sake!

God sent no angel to our race Of higher or of lower place, But wore the robe of human frame Himself, and to this lost world came.

For us baptized, for us He bore His holy fast and hungered sore, For us temptation sharp He knew; For us the tempter overthrew.

For us He prayed; for us He taught; For us His daily works He wrought; By words and signs and actions thus Still seeking not Himself, but us.

To You whose boundless love has won Salvation for us through Your Son, To God, Creator, glory be Both now and through eternity.

Dismissal:

Presider: Go in peace to live a life of service

People: Thanks be to God.

Thank you for ministering this morning:

Music: Rob Gloor & Choir

Greeters: Gillian Holland and Roslyn Jackson

Coffee Group: Penny Zuk, Lynn Spence,

Elizabeth Barratt

Altar Guild: Susana Wensley

Eucharistic Team: Susana Wensley, Lynn Spence, Elizabeth

Barratt

Readers: 1) Janet Johnston 2) Sara

Intercessor: Lynn Spence Chris Wensley Sunday Teacher: Ethan Spence