

What stood out to you in the podcast and/or in the reading of this Psalm?

What does this Psalm celebrate? What does David give thanks for?

What sinful attitude was David guilty of in his prosperity? See v.6

What is the difference between the test of adversity and the test of prosperity? How might one fail each of these tests?

Psalm 30 is a psalm of contrasts. What contrasts do you see in this psalm? How have these been true in your life?

This Psalm was read at the Feast of First Fruits, which is the very day that Jesus rose from the grave. How is this psalm a song of the resurrection?

What truths in this Psalm encourage your heart? Which truths challenge you