

Random Acts of Kindness

- Share your favorite book with someone.
- Send flowers to someone anonymously.
- Be kind to your server.
- Sign up to be an organ donor.
- Compliment with reckless abandon.
- Leave quarters at the laundromat or vending machine.
- Leave snacks or drinks for delivery drivers and trash collectors.
- Donate blood.
- Let someone go ahead of you in line.
- Help a senior unload their groceries with permission.
- Go above and beyond.
- Play a game with someone.
- Share a favorite memory
- Adopt a grandparent.
- Give up your seat.
- Ask someone about his/her day.
- Recycle.
- Write a positive comment online.
- Send an encouraging email or text.
- Open a door for someone.
- Put out your neighbor's trash.
- Bring your neighbor's trash cans back to the house.
- Write a thankyou note to a teacher.
- Pay for a stranger's coffee.
- Babysit for a tired mom or dad.
- Pick up litter.
- Call a relative.
- Give candy to the bank teller.
- Return someone's cart at the store.
- Set the table for dinner.
- Talk to someone new.
- Take treats to the fire station or police station.
- Wave at kids on school buses.
- Feed the birds.
- Write a thankyou note for your mail carrier.
- Tell someone why they are special to you.
- Bring cookies to the custodians.
- Write a note and put it in someone's lunch.
- Bring in office treats.
- Smile and wave at other drivers.
- Forgive someone.
- Buy school supplies and donate.
- Recognize good manners and behavior.
- Put your phone away.
- Sit next to someone new at lunch.
- Pray for someone.
- Plant a tree.
- Write kind messages in sidewalk chalk.
- Bring a snack for your busdriver.
- Donate food to your local pantry.
- Share a favorite recipe.
- Be a listener.
- Say thank you.
- Offer to take a picture for a couple or family.
- Check in with someone who has been going through a tough time.
- Do a chore your spouse/child/sibling dislikes.
- Leave a positive review for a business.