

# CHRIST CHURCH CATHEDRAL

A CATHEDRAL FOR THE CITY



**Sunday, February 5, 2023**  
**Proper 5, Year A**

8.00 a.m.	Said Eucharist (1962 rite)
9.15 a.m.	The 9.15 Eucharist
<b>11.00 a.m.</b>	<b>Choral Eucharist</b>
4.00 p.m.	Choral Evensong (1962 rite)

**W**elcome to the Cathedral Church of the Anglican Diocese of British Columbia. Here we respectfully acknowledge that we gather to worship on the ancestral lands of the Esquimalt and Songhees Nations. We have also adopted ten aspirational statements to guide our priorities and decision-making, and to provide a basis for accountability.

### **Note on returning Palm Crosses**

Every year we invite you to bring back the palm crosses that you were given last year, so that they may be gathered and ceremoniously burned on the last Sunday before Lent (February 19th this year). These ashes are then ground and mixed with water to form the paste that will be used for the imposition of ashes on Ash Wednesday.

Please remember to return your palm crosses next week. Hand them to one of the sidespersons or just drop them in one of the baskets that will be available at the entrance. Alternatively, you can drop them off at the Cathedral office.

### **The Welcoming Ministry**

This friendly group welcomes newcomers to the church and parish, striving to make them feel comfortable, to answer any questions and help them to find their niche in the parish community.

As we re-emerge after Covid-19, Meet and Greet sessions are now being planned for the year. These sessions are an opportunity for newcomers to have a tour of the Cathedral followed by refreshments, and to meet some of our parish leadership who are happy to answer your questions.

If you would like to be connected with a member of the parish, or if you would like to learn more about the Cathedral at one of the Meet and Greet sessions, please contact the Cathedral office at [admin@christchurchcathedral.bc.ca](mailto:admin@christchurchcathedral.bc.ca) or call 250 383 2714.

## 11.00 a.m. Choral Eucharist

Presider: The Reverend Canon Ian Powell

Musical Setting: Spatzenmesse (Mozart)

*This service is being broadcast live on the Internet. By attending this morning, you acknowledge and consent to the fact that video images of you may appear there.*

Prelude: Récit de Nazard

*Louis-Nicolas Clérambault (d. 1749)*

Dominical Greeting & Sunday Notices

*The Reverend Canon Jeannine Friesen*

*Priest* The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*People* **And also with you.**

### The Gathering of the Community

Entrance Hymn

*Tune: Down Ampney (Common Praise #645)*

Come down, O love divine,  
seek thou this soul of mine,  
and visit it with thine own ardour glowing;  
O Comforter, draw near,  
within my heart appear,  
and kindle it, thy holy flame bestowing.

O let it freely burn,  
till earthly passions turn  
to dust and ashes in its heat consuming;  
and let thy glorious light  
shine ever on my sight,  
and clothe me round, the while my path illuming.

Let holy charity  
mine outward vesture be,  
and lowliness become mine inner clothing;  
true lowliness of heart,  
which takes the humbler part,  
and o'er its own shortcomings weeps with loathing.

And so the yearning strong,  
 with which the soul will long,  
 shall far outpass the power of human telling;  
 for none can guess its grace,  
 till they become the place  
 wherein the Holy Spirit finds a dwelling.

*Text: Bianco da Siena (1350?-1434?); tr. Richard Frederick Littledale (1833-1890), alt.  
 Music: Ralph Vaughn Williams (1872-1958). © Oxford University Press.*

Gloria in excelsis

*all stand as able*

David Thorne

Glo-ry to God, Glo-ry to God, Glo-ry to God in the high - est.

Glo-ry to God in the High- est, and peace to his peo-ple on earth. Lord God,

Heav'n - ly King, Al-migh-ty God and Fa - ther, we wor-ship you, we give you thanks, we\_

praise you for your glo - ry. Glo-ry to God, Glo-ry to God, Glo-ry to God in the

high - est. Lord, Je - susChrist, on - ly Son of the Fa-ther. Lord God,

Lamb of God, you take a-way the sin of the world; have mer-cy on us; You are

sea-ted at the righthand of the Fa-ther; re-ceive our prayer. Glo-ry to God,

Glo-ry to God, Glo-ry to God in the high - est. For you a-lone are the Ho - ly one,

You a - lone are the Lord, You a-lone are the most high, Je - sus Christ,  
 with the Ho - ly Spi - rit, in the Glo - ry of God the Fa - ther.  
 Glo - ry to God, Glo - ry to God, Glo - ry to God in the high - est.

Collect of the Day

*Sundays and Seasons*

*Presider* Let us hold this moment open to God's grace.

Loving God,  
 with endless mercy you receive the prayers  
 of all who call upon you.  
 By your Spirit show us the things we ought to do,  
 and give us grace and power to do them,  
 through Jesus Christ, our Saviour and Lord.

*People* **Amen.**

**The Proclamation of the Word**

First Reading

*Isaiah 58.1-9a / all seated*

*Reader* Hear what the Spirit is saying to God's people.

*People* **Thanks be to God.**

Response to the Reading: Psalm 112.1-9

*remain seated*

VII. 5.

AL-LE-luia. \* Blessed are those who fear ^ the Lord /  
 and have great delight in his commãndments.

Their descendants will be might - y in ^ the land, /  
 a generation of the faith-ful that will be blest.



Wealth and riches will be in their house, /  
and their righteousness en-dures for ever.

**Light shines in the darkness for the upright; /  
gracious and full of compassion are the righteous.**

It goes well with those who are ge-ner-ous in lending /  
and order their af-fairs with justice,

**For they will ne-ver ^ be shaken; /  
the righteous will be held in ever-last-ing ^ remembrance.**

They will not be afraid of any ev-il tidings; /  
their heart is steadfast, trust-ing ^ in the Lord.

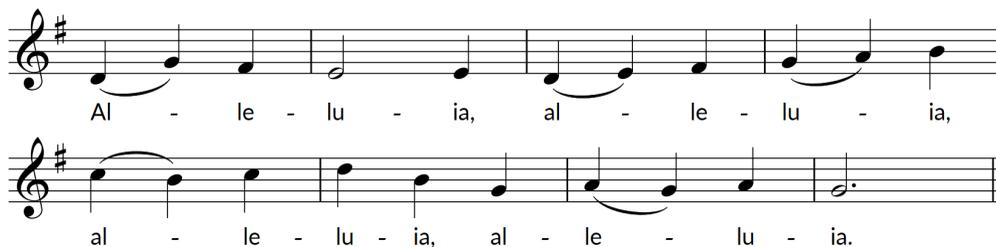
**Their heart is sustained and will not fear, /  
until they see the down-fall ^ of their foes.**

They have given freely to the poor; \* their righteousness stands fast for  
ever; /  
**their head will be ex-al-ted ^ with honour.**

Second Reading  
Gospel Acclamation

1 Corinthians 2.1-16

*All stand and join in singing the Gospel Acclamation as the Book of the Gospels is carried into the midst of the community.*



Choir

I am the light of the world, says the Lord.  
Those who follow me will not walk in darkness,  
but will have the light of life.

## The Holy Gospel

*Priest* The Lord be with you.

*People* **And also with you.**

*Priest* Hear the Good News of our Lord Jesus Christ according to Matthew.

*People* **Glory to you, Lord Jesus Christ.**

*Matthew 5.13-20*

*Priest* The Gospel of Christ.

*People* **Praise to you, Lord Jesus Christ.**

Homily  
Anthem

*The Reverend Canon Jeannine Friesen  
William Byrd (d. 1623)*

*Ave, verum corpus natum de Maria Virgine: vere passum, immolatum in cruce pro homine: cuius latus perforatum unda fluxit et sanguine: esto nobis praegustatum, in mortis examine. O dulcis, O pie, O Jesu, Fili Mariae. Miserere mei. Amen.*

Hail, true Body, born of the Virgin Mary, truly suffered, sacrificed on the cross for humankind, whose pierced side flowed with water and blood: May it be for us a foretaste [of the Heavenly banquet] in the trial of death. O sweet, O merciful, O Jesus, Son of Mary, have mercy on me. Amen.

The Apostles' Creed

*all standing as able*

*Presider* Let us confess the faith of our baptism as we say,  
*All* **I believe in God,  
the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

The Prayers of the People

*please stand, sit or kneel as preferred*

*Leader* In your mercy,  
*People* **Hear our prayer.**

The Exchange of the Peace

*all standing as able*

*Please exchange the peace with your neighbours using a suitable gesture.*

*Presider* The peace of the Lord be always with you.  
*People* **And also with you.**

### **The Celebration of the Eucharist**

**The Preparation of the Gifts—Hymn**

*Tune: Coe Fen*

*A basket is passed to receive monetary gifts which will be offered along with bread and wine at the altar. Please use the QR code at the end of the leaflet if you would like to make an online donation. Our donation kiosk at the Quadra Street doors is also available, and donors may register there for a charitable donation receipt.*

How shall I sing that majesty  
which angels do admire?  
Let dust in dust and silence lie;  
sing, sing, ye heavenly choir!  
Thousands of thousands stand around  
thy throne, O God most high;  
ten thousand times ten thousand sound  
thy praise, but who am I?

Thy brightness unto them appears,  
whilst I thy footsteps trace;  
a sound of God comes to my ears,  
but they behold thy face.  
They sing, because thou art their sun;

Lord, send a beam on me;  
for where heaven is but once begun,  
there alleluias be.

Enlighten with faith's light my heart,  
in flame it with love's fire;  
then shall I sing and bear a part  
with that celestial choir.  
I shall, I fear, be dark and cold,  
with all my fire and light;  
yet when thou dost accept their gold,  
Lord, treasure up my mite.

How great a being, Lord, is thine,  
which doth all beings keep!  
Thy knowledge is the only line  
to sound so vast a deep:  
Thou art a sea without a shore,  
a sun without a sphere;  
thy time is now and evermore,  
thy place is everywhere.

*Text: John Mason (1645?-1694)*

*Music: Ken Naylor (1931-1991). © Oxford University Press. Descant and arr. Alistair Warwick.*

### Prayer over the Gifts

*Presider* God of grace,  
accept all we offer you this day.  
Make us ever ready for your son,  
as we look toward the glory you have promised,  
through our Saviour and Redeemer, Jesus Christ. **Amen.**

### The Great Thanksgiving

*Evangelical Lutheran Worship, Prayer 1 / many prefer to stand*

*Presider* The Lord be with you.

*People* **And also with you.**

*Presider* Lift up your hearts.

*People* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Presider* It is indeed right, our duty and our joy,  
that we should at all times and in all places

give thanks and praise to you,  
almighty and merciful God,  
through our Saviour Jesus Christ.  
By the leading of a star he was shown forth to all nations;  
in the waters of the Jordan  
you proclaimed him as your beloved Son,  
and in the miracle of water turned to wine he revealed your glory.  
And so, with all the choirs of angels,  
with the church on earth and the hosts of heaven,  
we praise your name and join their unending hymn:

<i>Choir</i>	<i>Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt coeli et terra gloria tua. Hosanna in excelsis. Benedictus qui venit in nomine Domini. Hosanna in excelsis.</i>	Holy, holy, holy, Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.
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*Presider* You are indeed holy,  
almighty and merciful God.  
You are most holy,  
and great is the majesty of your glory.

You so loved the world  
that you gave your only begotten Son,  
So that everyone who believes in him  
may not perish  
but have eternal life.  
We give you thanks  
for his coming into the world  
to fulfill for us your holy will  
and to accomplish all things  
for our salvation.

On the night before he gave up his life for us,  
Jesus, at supper with his friends,  
took bread, gave thanks to you,  
broke it, and gave it to them,  
saying, "Take and eat:  
this is my body which is given for you.  
Do this for the remembrance of me."

After supper, Jesus took the cup of wine,  
said the blessing, gave it to his friends,  
and said, "Drink this, all of you:  
this is the cup of my blood,  
the blood of the new covenant,  
which is shed for you and for all,  
for the forgiveness of sin.  
Do this for the remembrance of me."

For as often as we eat of this bread and drink from this cup,  
we proclaim the Lord's death until he comes.

*All* **Christ has died. Christ is risen. Christ will come again.**

*Presider* Remembering, therefore, his command,  
his life-giving passion and death, his glorious resurrection and ascension,  
we give thanks to you, O Lord God Almighty,  
not as we ought but as we are able;  
we ask you to mercifully accept our praise and thanksgiving  
with your Word and Holy Spirit to bless us, your servants,  
and these your own gifts of bread and wine,  
so that we and all who share in the body and blood of Christ  
may be filled with heavenly blessing and grace,  
and, receiving the forgiveness of sin,  
may be formed to live as your holy people  
and be given our inheritance with all your saints.

To you, O God, Father, Son, and Holy Spirit,  
be all honour and glory in your holy church, now and forever.

*People* **Amen.**

### The Lord's Prayer

*Presider* As our Saviour taught us, let us pray,  
*All say* **Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,**

and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and forever. Amen.

## The Breaking of the Bread

*Presider* We break the bread of life,  
and that life is the light of the world.

*All* **God here among us,  
light in the midst of us,  
bring us to light and life.**

*Presider* The gifts of God for the People of God.  
*People* **Thanks be to God.**

## Fraction Anthem

*many prefer to be seated*

*Choir* *Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.*

Lamb of God, who takes away the sin of the world, have mercy on us.  
Lamb of God, who takes away the sin of the world, grant us peace.

## The Communion

*All are invited to receive communion, which will be distributed at the communion rail.*

*Prayers for healing with the laying-on-of-hands and anointing may be sought in the Lady Chapel (to the left of the high altar) during today's Communion. You may ask for prayers for yourself, or for the needs of another. Information shared during these prayers is kept in the strictest confidence.*

## Prayers after Communion

*please stand*

*Presider* God of all the nations of the earth,  
guide us with your light.  
Help us to recognize Christ as he comes to us  
in this eucharist and in our neighbours.  
May we welcome him with love,  
for he is Lord now and for ever.

*All* **Amen.**

*Presider* Glory to God,  
*All* **whose power working in us  
can do infinitely more than we can ask or imagine;  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.**

### The Blessing

*Presider* May Christ, the Son of God, be manifest in you,  
that your lives may be a light to the world;  
and the blessing. . . **Amen.**

### Hymn

*Tune: Breslau (Common Praise #431)*

Take up your cross, the Saviour said,  
if you would my disciple be;  
deny yourself, the world forsake,  
and humbly follow after me.

Take up your cross; let not its weight  
fill your weak soul with vain alarm;  
his strength shall bear your spirit up,  
and brace your heart, and nerve your arm.

Take up your cross, nor heed the shame,  
and let your foolish pride be still;  
your Lord for you endured to die  
upon a cross, on Calvary's hill.

Take up your cross, then, in his strength,  
and calmly every danger brave:  
'twill guide you to a better home,  
and lead to victory o'er the grave.

Take up your cross and follow Christ,  
nor think till death to lay it down;  
for only those who bear the cross  
may hope to wear the glorious crown.

*Text: Charles William Everest (1814-1877).*

*Music: Melody Lochamer Liederbuch, 1450?, alt.*

## The Sending Forth of the Community

### The Dismissal

*Priest*      The light of God is in the world.  
                  Go in peace to love and serve the Lord. Alleluia!  
*People*      **Thanks be to God. Alleluia!**

Voluntary: Allegro from Concerto No. 1

*Michel Corrette (d. 1795)*

*Thank you for being part of this morning's service.*



**The Flowers** in the cathedral are placed to the glory of God and at the High Altar in loving memory of Duncan Frame.

### **Readings for Next Sunday (February 12 – the Sixth Sunday after Epiphany)**

Deuteronomy 30.15-20

Psalm 119.1-8

1 Corinthians 3.1-9

Matthew 5.21-37

## Assisting with Today's Liturgy

<i>Sidespersons</i>	Neil MacDonald, Richard MacDonald
<i>Member of Management Team</i>	Stephen Calderwood
<i>Member of Cathedral Council</i>	Jeremy Webber
<i>Verger</i>	Ian Maclennan
<i>Servers</i>	Bob Fearnley, Ian MacDonald, Karl-Lukas Steiniger
<i>Musicians</i>	The Christ Church Cathedral Guild of Bell Ringers The Cathedral Schola The Young Choristers Amiel Elfert, <i>Organ Scholar</i> Mark McDonald, <i>Assistant Director of Music</i> Donald Hunt, <i>Director of Music</i>
<i>Readers</i>	Kathryn Dawson, Bob Dawson
<i>Assisting Clergy</i>	The Reverend Ross Bliss
<i>Prayers of the People</i>	The Reverend Ed Lewis
<i>Eucharistic Ministers</i>	Kathryn Dawson, Bob Dawson, Janis Wheatley, Sue MacRae
<i>Healing Ministry</i>	Diana McNeil, Carol Throp
<i>Camera and Tech Team</i>	The Cathedral Technical Team
<i>Chancel Guild</i>	Cheryl Perry, <i>president</i>



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