Please pick up your tax donation receipt in the Entry.

The **Annual Meeting** is scheduled for **Sunday, February 26th** after the 10am Holy Service. The **snow date** will be Monday, **February 27th**. Please remember reports are due Monday, February 6th.

Next Sunday at 10am, February 12th (Sexagesima), two guests from the **Teen Challenge** in Memramcook will be with us. One of them will share some details about the 12-month, in-residence alcohol and drug addiction rehabilitation program. The other guest will share some of his personal story of recovery reception will follow the service with an opportunity to speak with the presenters.

The **Director of the Department of Social Development's** 'Tiger Team' has been invited to the next Downtown Churches/YMCA **Reconnect meeting** on **Monday, February 13th at 2pn** at St. George's. We hope to learn from her about the government's vision for ministering to the homeless in greater Moncton, and the Churches' role in that vision.

Ash Wednesday is fast approaching on February 23rd. The Holy Eucharist with the Penitential Rite and the Imposition of Ashes has been scheduled to be celebrated at 8:30am in the Chapel and at 7:00pm in the Main Church. To that end, ***please bring in your palm crosses and branches by Sunday, February 19th***. Thank you!

Once again this year, Riverview Winter Carnival's **Chicken Luncheon** is sponsored by the Immaculate Heart of Mary Ladies Society! **Please mark your calendar for Saturday, February 11th and plan to be at the Dan Bohan Centre (5 Fatima Dr, Riverview) between 11:00 a.m. and 1:00 p.m.** Cost is 10.00. Call Pam Coughlan at 386-5451 for tickets!

St. George's Church is a downtown spiritual center where traditional Anglican liturgy, parishioners and the needs of our community are valued.

St. George's Anglican Church

The Most Reverend David Edwards- Bishop
The Reverend Canon Chris VanBuskirk – Rector 389-3516
51 Church Street Moncton NB E1C 4Z3 855-5209
Email – office@stgeorgesmoncton.ca
Website: www.stgeorgesmoncton.ca

Jesus Christ the same, Yesterday, Today and Forever

Septuagesima - February 5, 2023

***Parish Prayer Chain*:** To pass a message on to the Parish Prayer Chain, from Monday to Friday, 9 am -1 p.m., please call Esther @ 855-5209; after Office Hours, please call Cathie @ 384-6327.

Wardens:	Sheila Searle	856-9419
	Kelly VanBuskirk	233-0869
Honorary Assistant Deacons	Rev. Dr. Dan Goodwin	
	Rev. Norm Dupuis	386-1324
	Rev. Rick Cunningham	854-9455

Septuagesima – February 5, 2023

8:00 A.M. - HOLY EUCHARIST

Introit Psalm: 18. 1-7	p. 347
Collect for Purity	p. 67
Kyrie	p. 70
Collect	p. 132
The Epistle	p. 132
Gradual Psalm: 119, Part 4	p. 486
The Holy Gospel	p. 133

9:15 A.M. – MORNING PRAYER

Psalm: 104, Part 1	p. 462
First Lesson: Genesis 1. 1 – 2.3	(Pew Bible page 5)
Second Lesson: St. John 1. 1-18	(Pew Bible page 853)

10:00 A.M. –HOLY EUCHARIST

Introit Psalm – sung *The sorrows of death came about me; the pains of hell gat hold upon me:* ***and in my tribulation I made my prayer unto the Lord****, and he regarded my supplication out of his holy temple. I will love thee, O Lord, my strength:* ***the Lord is my stony rock, my fortress, and my Saviour:*** *Glory be…..*

Hymn **713** (Jesus Loves Me)
Children's Talk

Collect for Purity	p. 67
Kyrie	p. 70
The Collect & The Epistle	p. 132
Gradual Psalm: 119, Part 4	p. 486
The Holy Gospel	p. 133

Hymn before Homily: **101** (Rockingham – 58)
Homily
Offertory Hymn: **801** (St. Botolph – 493)
Intercession

Confession, Absolution	p. 77
Thanksgiving	p. 78
Consecration	p. 82

Hymns during Communion: **234** Now My Tongue (St. Thomas)
235 Lord Enthroned (St. Osmund); **436** (St. Flavian);

The Lord's Prayer	p. 85
Gloria	p. 86

Recessional Hymn: **579** (Toplady: Add. Tune No. 41)

Please join us for Coffee and Tea in the Hall.

5:00- P.M. EVENING PRAYER

Psalm: 80	p. 433
First Lesson: Genesis 2. 4 - end	(Pew Bible page 6)
Second Lesson: Revelation 4	(Pew Bible page 995)

The Sanctuary Candle burns this week to the Glory of God and in Loving Memory of Ronald Lutes, Don Spinney, John Lingley, Harry & Bertha McKay, The Rev. John W. Spurrell

"Let us remember before God the faithful departed Allan Hyslop, Joan Dennison

This Week in the Parish

The Daily Offices of **Morning and Evening Prayer** will be prayed in the Chapel at **8:30 A.M. and 5:00 P.M. Monday** – **Saturday**, respectively. In addition:

Monday	Grief-Share	7:00 p.m.
Tuesday	**Holy Communion** *(Camden)*	10:00 a.m.
	Scouts	7:00 p.m.
Wednesday	Bible Study	10:30 a.m.
	Beavers & Cubs	6:30 p.m.
Thursday	**Holy Communion**	10:00 a.m.

Daily Bible Readings
A modified schedule from the Prayer Book's Table of Lessons

Sunday	Zephaniah 1	Matthew 26:1-30
Monday	Zephaniah 2	Matthew 26:31-56
Tuesday	Zephaniah 3	Matthew 26:57-28end
Wednesday	Nahum 1	John 1:1-28
Thursday	Nahum 2	John 1:29-end
Friday	Nahum 3	John 2
Saturday	Habakkuk 1	John 3:1-21

"Let your speech be alway with grace, seasoned with salt, that ye may know how ye ought to answer every man." Colossians 4.6

The Rector's Corner

Today the Church calls us to begin our preparations to celebrate Jesus' Resurrection and the forgiveness, healing and salvation we have through Him. In this, the Season of Lent helps us to focus on key spiritual disciplines such as self-examination and repentance, prayer, fasting, self-denial and Bible reading.

As a parish, in addition to the regular Sunday Services and the Daily Office of Morning and Evening Prayer, the following activities will be offered to help us reflect on these areas:

Sundays: 5:00 PM Evening Prayer followed by a **Holy Hour** from 6:00 to 7:00 PM. (The Holy Hour Devotion offers a designated quiet time with the Lord for reflection and self-examination, using a prescribed form of questions. It will be held in the Chapel.)

Wednesdays: 10:30 AM a **Bible Study on the Spiritual Disciplines** at St. George's (Hand-out packages of this study will be available on Sundays for those who wish to do use it at home.) 6:30 PM **Bible Study using the Gospel-based Discipleship Method** at St. James Church

Fridays: A day of **fasting and prayer** as we seek the Lord's guidance for the future (see below) 6:30 PM **Stations of the Cross**.

The idea of fasting is a Biblical one; and, as Anglicans it is prescribed in the Book of Common Prayer on page xiii under DAYS OF FASTING, ABSTINENCE AND SOLEMN PRAYER. Fasting means to go without food altogether. Each morning, we break our nightly fast with the first meal of the day – breakfast – which literally names that action: 'break-the-fast' or 'break-fast'.

Abstinence means to refrain from pleasure – in this case, from pleasurable foods. For example, during his exile in Babylon, the Prophet Daniel noted his practice of abstinence, saying "I ate no delicacies, no meat or wine entered my mouth".

What is the purpose of Fasting and Abstinence? A helpful, three-part answer is given in the Book of Homilies, written in the mid-1500s:

"There be three ends, whereunto if our fast be directed, it is then a work profitable to us and accepted of God. The first is, to chastise the flesh, that it be not too wanton, but tamed and brought in subjection to the spirit. This respect had St. Paul in his fast when he said, '*I chastise my body, and bring it into subjection, lest by any means it cometh to pass that when I have preached to other, I myself be found a castaway. (1 Corinthians 9.27)* The second, that the spirit may be more fervent and earnest in prayer. To this end fasted the prophets and teachers that were at Antioch, before they sent forth Paul and Barnabas to preach the Gospel. (Acts 13.1-2) …The third, that our fast be a testimony and witness with us before God of our humble submission to his high Majesty, when we confess and acknowledge our sins unto him, and are inwardly touched with sorrowfulness of heart, bewailing the same in the affliction of our bodies. These are the three ends or right uses of fasting. The first belongeth most properly to private fast; the other two are common as well to public fast as to private."

Wendy Speake, a Christian author connected to the 'Focus on the Family' ministry offers some interesting insights on fasting in her book, The 40 Day Sugar Fast. She asks:

"What would you be willing to give up to experience the presence of God in your life again? Many of us sign up for a physical detox program, thinking that if our bodies are healthier, then we're healthier. But a healthy body doesn't do us a lot of good if we are spiritually malnourished. … The 40-Day Sugar Fast…begins with us giving Jesus our sugar and ends with Jesus giving us more of himself–the only thing that can ever truly satisfy our soul's deep hunger. On this 40-day journey you'll learn how to stop fixating on food and other things you use to fill the voids in life and instead fix your eyes on Christ."

As we seek the Lord's direction for the future of the Anglican Church in Moncton, this age-old spiritual discipline of abstinence and fasting is a powerful tool available to us all. Please consider if you might take it up on Fridays in Lent.

St James Jesters walking for 'Coldest Night of the Year' supporting Youth Impact initiatives fighting youth Homelessness in Moncton.
Link below..please consider a small donation**.**

Sat, Feb 25 – 4:00 pm at St James for a short walk.
Refreshments afterwards!
All are welcome to join!
You can make a donation whether you walk or not
either online Coldest Night of the Year – Moncton
by cheque to St James marked 'Coldest Night'.
In the past Vestry donated $100 and $10 per person who walks.

A letter from the Rectors of the Moncton Anglican parishes is being distributed to Vestries and Congregations. A copy is at the back of the Church as well as on the parish website. It presents a proposal regarding the alignment of the parishes into one, to be discussed at parish Annual Meetings, with responses requested at the end of May. Please feel free to speak to the Rector if you have questions on this letter.

Theology Glossary

Apocrypha: The Apocrypha is a collection of Old Testament books or parts of books that come from the Hebrew Scriptures but were found in early Christian versions of the Old Testament. Apocrypha comes from the Greek word for "concealed" or "hidden". The Roman Catholic tradition considers these books as deuterocanonical- or made canonical after the rest of scripture. Protestantism tended to reject these books as authoritative, while the Church of England has included readings from the Apocrypha in the lectionary.

Some of the books of the Apocrypha are: 1 and 2 Esdras, Tobit, The Wisdom of Solomon, Baruch, and first and second Maccabees.

Referenced from "Bible Dictionary" HarperCollins

Moncton Anglican Churches invite you to The **Shrove Tuesday Pancake Supper** – Tuesday February 21st from 4-6 pm at BRIX EXPERIENCE – 245 St George Street. Payment – **Free Will Offering** - Pancakes, Baked Beans, Bacon, Fruit Salad Sign-up sheets are in the Entry. There will be **3 seatings** 4:00, 4:45 and 5:30 sittings