

St Stephen the Martyr Anglican Church, Burnaby

Holy Eucharist

The Fifth Sunday after the Epiphany

Sunday, February 5, 2023
10:00 AM



Shine – A reminder to us to be the Light of the World by Mike Moyersⁱ

The Zoom codes for all our worship services are:

Meeting ID: 820 4853 6733 Passcode: 034102 Dial In: 778 907 2071

<https://us02web.zoom.us/j/82048536733?pwd=WDA1dG5nV1VqTnZmTUtmXJoczFZQT09>

The Gathering of the Community

Words of Welcome, a Territorial Acknowledgment, and Announcements

🎵 Opening Hymn: “Immortal, Invisible” CP-393

1 Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great name we praise.

2 Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds which are fountains of goodness and love.

3 To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish as leaves on the tree,
then wither and perish, but nought changeth thee.

4 Great Source of all glory and wisdom and light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Celebrant: The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit
be with you all.

All: And also with you.

Celebrant: Almighty God,

All: to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

During the singing of the Hymn of Praise, our children and their Sunday School Teachers move to the Parish Hall for a short lesson.

🎵 Hymn of Praise: “This Little Light of Mine” SB-60

1 This little light of mine, I’m gonna let it shine. (three times)
This little light of mine, I’m gonna let it shine.
This little light of mine, I’m gonna let it shine,
Let it shine, let it shine, let it shine.

2 Hide it under a bushel (NO!), I’m gonna let it shine.
Hide it under a bushel (NO!), I’m gonna let it shine.
Hide it under a bushel (NO!), I’m gonna let it shine.
Let it shine, let it shine, let it shine.

3. Don't let anyone "whiff" [blow] it out. I'm gonna let it shine.
Don't let anyone "whiff" [blow] it out. I'm gonna let it shine.
Don't let anyone "whiff" [blow] it out. I'm gonna let it shine.
Let it shine, let it shine, let it shine.

The Collect of the Day

Celebrant: Let us pray.

All: Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen

The Proclamation of the Word

A Reading from the prophet Isaiah

Isaiah 58:1-12

read by Sandra

Shout out; do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments; they want God on their side.

After return from the Exile, the people of Judah were discouraged. Life was hard, and it seemed that God was not listening to them. This passage speaks of fasting, but its implications are wider. It chastises the people, but there is hope.

"Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day and oppress all your workers. You fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover them and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, "Here I am."

If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually and satisfy your needs in parched places and make your bones strong, and you shall be like a watered garden, like a spring of water whose waters never fail.

Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

All: Hear what the Spirit is saying to God's people
Thanks be to God

The cantor sings the refrain first, then everyone repeats it the second time. The cantor sings the verses.

Psalms 112:1-10

Cantor: Pauline



Hap - py are they who have giv - en to the poor.

Refrain: Happy are they who have given to the poor. ii

Happy are they who fear God
and have great delight in the commandments of the Holy One!
Their descendants will be mighty in the land;
the generation of the upright will be blessed.
Wealth and riches will be in their house,
and their righteousness will last for ever.

Refrain: Happy are they who have given to the poor.

Light shines in the darkness for the upright;
the righteous are merciful and full of compassion.
It is good for them to be generous in lending
and to manage their affairs with justice.

Refrain: Happy are they who have given to the poor.

For they will never be shaken;
the righteous will be kept in everlasting remembrance.
They will not be afraid of any evil rumours;
their heart is right; they put their trust in God.

Refrain: Happy are they who have given to the poor.

Their heart is established and will not shrink,
until they see their desire upon their enemies.
They have given freely to the poor, and their righteousness stands fast for ever;
they will hold up their head with honour.

Refrain: Happy are they who have given to the poor.

A Reading from Paul's First Letter to the Corinthians

1 Corinthians 2:1-16

Read by Theresa

When I came to you, brothers and sisters, I did not come proclaiming the testimony of God to you with superior speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were made not with persuasive words

of wisdom but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are being destroyed. But we speak God's wisdom, a hidden mystery, which God decreed before the ages for our glory and which none of the rulers of this age understood, for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him."

Basic spiritual gifts seem to be rare in the church at Corinth. It seems that Paul is telling the Christians there of their immaturity in the faith. They have much to learn to attain the understanding of Christ that mature Christians have.

God has revealed to us through the Spirit, for the Spirit searches everything, even the depths of God. For what human knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual.

Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.

All: Hear what the Spirit is saying to God's People
Thanks be to God

♪ **Gradual Hymn: "Glorious Things of Thee are Spoken"** CP-388

1 Glorious things of thee are spoken, Zion, city of our God;
he whose word cannot be broken formed thee for his own abode.
On the rock of ages founded, what can shake thy sure repose?
With salvation's walls surrounded, thou mayest smile at all thy foes.

2 See! The streams of living waters, springing from eternal love,
well supply thy sons and daughters and all fear of want remove.
Who can faint, when such a river ever flows their thirst to assuage?
Grace, which like the Lord, the giver, never fails from age to age.

3 Round each habitation hovering, see the cloud and fire appear
for a glory and a covering -- showing that the Lord is near.
Thus they march, the pillar leading, light by night, and shade by day;
daily on the manna feeding which God gives them when they pray.

4 Saviour, if of Zion's city I through grace a member am,
let the world deride or pity, I will glory in thy name.
Fading is the world's best pleasure, all its boasted pomp or show:
solid joys and lasting treasures none but Zion's children know.

A Gospel Reading

Matthew 5:13-20

Read by Sara

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you Lord Jesus Christ.

“You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. People do not light a lamp and put it under the bushel basket; rather, they put it on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the Law or the Prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

On a mountain in Galilee, Jesus has described the qualities and rewards of the blessed or happy – those who will enjoy (and are already enjoying) God’s end-time rule. Now Jesus uses homely metaphors to teach them essential lessons about being disciples.

The Gospel of Christ.

All: Praise to You, Lord Jesus Christ.

Reflection:

The Rev. Ruth Monette

 **Creed: “I Believe in God Almighty”**

CP-44

1 I believe in God almighty, Author of all things that be,
Maker of the earth and heavens, keeper of the sky and sea.
I believe in God’s Son, Jesus, now for us both Lord and Christ,
of the Spirit and of Mary born to bring abundant life.

2 I believe that Jesus suffered, scourged and scorned and crucified;
taken from the cross, was buried—true life there had truly died.
I believe that on the third day Christ was raised up from the grave,
then ascended to God’s right hand. He will come to judge and save.

3 I believe in God’s own Spirit, bonding all the saints within
one church, catholic, and holy, where forgiveness frees from sin;
in the body’s resurrection, for the breaking of death’s chain
gives the life that’s everlasting: this the faith that I have claimed.

Prayers of the People:

Led by Bob R

This morning, the Prayers of the People begins with a time of silence. The prayer leader will then name aloud our parish's known prayer concerns. They will conclude with the following prayer:

Leader:

God of grace, God of glory, guide us by your goodness that we may walk in your ways, seek to do your will, and worship you always; through Jesus Christ who with you and the Holy Spirit reigns now and forever. **Amen.**

Confession and Absolution:

Celebrant: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to the table.
Let us confess our sins, confident in God's forgiveness.

Celebrant: Most merciful Father;

All: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.

All: Amen.

The Peace:

Celebrant: The peace of Christ be with you.

All: And also with you.

Those comfortable sharing the peace with physical touch are invited to meet in the aisle. All others should remain in their pews. Greetings of waves, the peace sign, or small bows are appropriate no-touch greetings.

The Celebration of the Eucharist

During the singing of the Offertory Hymn, the greeters will bring the offering plates through the congregation. Financial offerings may be placed in the plates at the entrances to the worship space or made online at www.ststephenburnaby.ca/pages/donate. St Stephen's depends on the generosity of our members and visitors to continue to offer Christ's light to our neighbours.

🎵 **Offertory Hymn: “For the Fruit of All Creation”** CP-259

1 For the fruit of all creation, thanks be to God;
gifts bestowed on every nation, thanks be to God.
For the ploughing, sowing, reaping,
silent growth while we are sleeping,
future needs in earth's safe-keeping, thanks be to God.

2 In the just reward of labour, God's will is done.
In the help we give our neighbour, God's will is done.
In our worldwide task of caring for the hungry and despairing,
in the harvests we are sharing, God's will is done.

3 For the harvests of the Spirit, thanks be to God.
For the good we all inherit, thanks be to God.
For the wonders that astound us, for the truths that still confound us,
most of all that love has found us, thanks be to God.

Prayer over the Gifts

Celebrant: God of mercy and grace, the eyes of all wait upon you, and you open your hand in blessing. Fill us with good things at your table, so that we may come to the help of all in need, through Jesus Christ, our redeemer and Lordⁱⁱⁱ.

All: **Amen.**

The Great Thanksgiving

Celebrant: May God be with you.

All: **And also with you.**

Celebrant: Lift up your hearts.

All: **We lift them to the Lord.**

Celebrant: Let us give thanks to God our Creator.

All: **It is right to offer thanks and praise.**

Celebrant: Holy God, Lover of creation,
we give you thanks and praise
for in the ocean of your steadfast love you bear us
and place the song of your Spirit in our hearts.
When we turn from your love and defile the earth,
you do not abandon us.

Your Spirit speaks through prophets, sages,
and saints in every age,
to confront our sin
and reveal the vision of your new creation.
Joining in the song of the universe
we proclaim your glory singing:

♪ Sanctus - "Holy, Holy, Holy Lord"

CP-735

**Holy, holy, holy Lord, God of power and might.
Holy, holy, holy Lord, God of power and might,
heaven and earth are full, full of your glory.
Hosanna in the highest, hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest.**

Celebrant: Gracious God,
in the fullness of time you sent Jesus the Christ
to share our fragile humanity.
Through Jesus' life, death, and resurrection
you open the path from brokenness to health,
from fear to trust, from pride and conceit
to reverence for you.

Rejected by a world that could not bear the Gospel of life,
Jesus knew death was near.
His head anointed for burial by an unknown woman,
Jesus gathered together those who loved him.
He took bread, gave thanks to you, broke it
and gave it to his friends,
saying, "Take and eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper, Jesus took the cup of wine,
gave you thanks,
and said "Drink this all of you,
this is my blood of the new covenant
which is shed for you and for many.
Whenever you drink it,
do this for the remembrance of me."
And now we gather at this table
in response to his commandment,
to share the bread and cup of Christ's undying love,
and to proclaim our faith.

**All: Christ has died.
Christ is risen.
Christ will come again.**

Celebrant: Breathe your Holy Spirit,
the wisdom of the universe,
upon these gifts that we bring to you:
this bread, this cup,
ourselves, our souls and bodies,
that we may be signs of your love for all the world
and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,
all glory is yours, Creator of all,
and we bless your holy name for ever.

All: Amen^{iv}.

Celebrant: As our saviour taught us, let us pray:

 **The Lord's Prayer - "The Lord's Prayer"**

SGP-12

Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread. Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and forever. Amen.

The Breaking the Bread

Celebrant: We break the bread of life,
and that life is the light of the world.

**All: God here among us,
light in the midst of us,
bring us to light and life.**

The Communion

Celebrant: The gifts of God for the people of God.

All: Thanks be to God.

 **Agnus Dei – "Jesus Lamb of God"**

CP-747

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer, redeemer of the world,
Give us your peace, give us your peace.

Celebrant: Come and bring your hidden places.
Come and bring your hurting spaces.
Come and eat with hearts that break.
Come and drink, new worlds to make.
Come and feast, your vision spread.
Despair and Hope connects the fed.
Jesus says, 'Come!'

To Receive Communion:

Please come forward to the step before the Altar to receive. We begin with the choir, the tech team, and the pews behind them and then move to the other side. Be attentive to physical distancing as you move within the space. To receive, extend both hands, one on top of the other so that the wafer may be placed on your palm. For the wine, you may take a sip from the chalice. We do not dip the wafer into the wine.

If you are not receiving wine, you may stay until the chalice is offered to you or return to your seat immediately.

If you would prefer a blessing instead, please ask for one.

If you need Communion brought to you, please alert a greeter or wave at the priest when everyone else has received.

THOSE ON ZOOM WILL BE STOPPING TO SAY THIS PRAYER TOGETHER.

IF YOU ARE ATTENDING IN-PERSON, BUT ARE NOT RECEIVING COMMUNION AT THIS TIME, YOU MAY ALSO WISH TO SAY THE FOLLOWING PRAYER.

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, I offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death and resurrection of Christ, and for the means of grace and the hope of glory.

I pray you come into my heart, my soul and my mind. Let nothing separate me from you. May I serve you in this life until, by your grace, I come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

 **Communion Hymns**

“Healer of Our Every Ill”

CP-612

**Refrain: Healer of our every ill, light of each tomorrow,
Give us peace beyond our fear hope beyond our sorrow.**

- 1 You who know our fears and sadness,
grace us with your peace and gladness.
Spirit of all comfort, fill our hearts. **[Refrain]**
- 2 In the pain and joy beholding how your grace is still unfolding,
give us all your vision, God of love. **[Refrain]**
- 3 Give us strength to love each other, every sister, every brother;
Spirit of all kindness, be our guide. **[Refrain]**
- 4 You who know each thought and feeling,
teach us all your way of healing;
Spirit of compassion, fill each heart. **[Refrain]**

“Ubi Caritas et Amor”

CP-553

Ubi caritas et amor, Ubi caritas, Deus ibi est.

Live in charity and steadfast love, Live in charity; God will dwell with you.

The Sending Forth of the Community

Prayer after Communion

Celebrant: All your works praise you, O God.

All: And your faithful servants bless you.

**Gracious God, we thank you for feeding us
with the body and blood of your Son Jesus Christ.
May we, who share his body, live his risen life;
we, who drink his cup, bring life to others;
we, whom the Spirit lights, give light to the world.
Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

+ Blessing

Celebrant: The Lord Jesus Christ, Son of the living God,
teach you to walk in his way more trustfully,
to accept his truth more faithfully,
and to share his life more lovingly
that by the power of the Holy Spirit
you may come as one family to the kingdom of God.
And the blessing of the Holy Trinity, one God,
the fountain of living water, the rock who gave us birth,
our light and our salvation be upon you this day and always.

All: Amen^{vi}.

 Closing Hymn: *"You are the Salt for the Earth"* CP-502

1 You are salt for the earth, O people: salt for the kingdom of God!
Share the flavour of life, O people:
life in the Kingdom of God!

**[Refrain] Bring forth the kingdom of mercy, bring forth the kingdom of peace;
bring forth the kingdom of justice, bring forth the city of God!**

2 You are a light on the hill, O people: light for the city of God!
Shine so holy and bright, O people:
shine for the kingdom of God! **[Refrain]**

3 You are a seed of the Word, O people: bring forth the kingdom of God!
Seeds of mercy and seeds of justice
grow in the kingdom of God! **[Refrain]**

4 We are a blest and a pilgrim people: bound for the kingdom of God!
Love our journey and love our homeland:
love is the kingdom of God! **[Refrain]**

Dismissal

Leader: Go in peace to love and serve God and God's people.

All: Thanks be to God.



St Stephen the Martyr Anglican Church CONTACT INFORMATION

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Emails and voice messages checked daily

Rector: The Rev. Ruth Monette

Music Director: Ugo Onwujiobi

Parish Administrator: Lois Holmlund

Wardens: Esther Hizsa, Pat Numata
and Valerie Krause

THANK YOU to our choir members and to our other volunteer servers this Sunday: our Zoom host: Esther, Parish host Val, our greeters Pat H and Man, our Tech support, Val our Lay Administrator, Sara our Sacristan, our Offering counters Bob R & Sara, Altar Guild Roxee & Esther, and Sunday school teachers, Betty and Ruth.

TERRITORIAL ACKNOWLEDGEMENT: WE ACKNOWLEDGE THAT ST. STEPHEN THE MARTYR IS LOCATED ON THE UNCEDED LANDS OF THE COAST SALISH PEOPLES, ON THE SHARED TRADITIONAL TERRITORY OF SK̓W̓X̓W̓Ú7MESH (SQUAMISH), TSLEIL-WAUTUTH, X̓M̓Ə̓K̓*Ə̓Y̓Ə̓M (MUSQUEAM) AND KWIKWETLEM FIRST NATIONS.

ENDNOTES:

This service is based on resources from the Book of Alternative Services with additional material as listed below.

ⁱ <https://www.mikemoyersfineart.com> from the https://lectionary.library.vanderbilt.edu/slides/Ax_FifthSundayafterEpiphany.pdf

ⁱⁱ <https://theredeemer.ca/music/george-black-psalter/>

ⁱⁱⁱ Evangelical Lutheran Worship (2006) alt.

^{iv} Supplemental Eucharistic Prayer 1, Anglican Church of Canada.

^v COPYRIGHT Church of England, Resources for Mental Health and Wellbeing.

^{vi} The Blessing is modified from "Times and Seasons."