

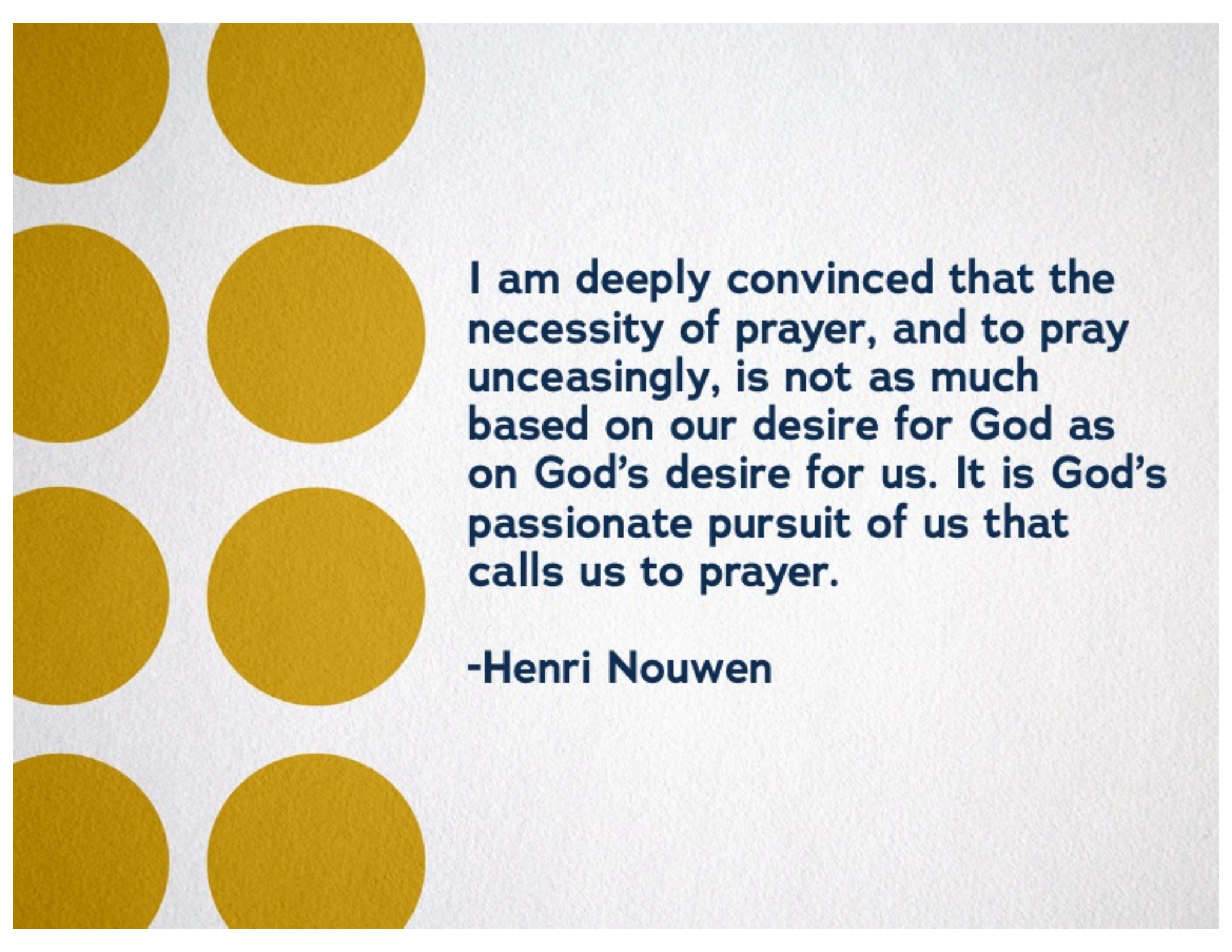


31

DAYS OF PRAYER



Fill Me



I am deeply convinced that the necessity of prayer, and to pray unceasingly, is not as much based on our desire for God as on God's desire for us. It is God's passionate pursuit of us that calls us to prayer.

-Henri Nouwen

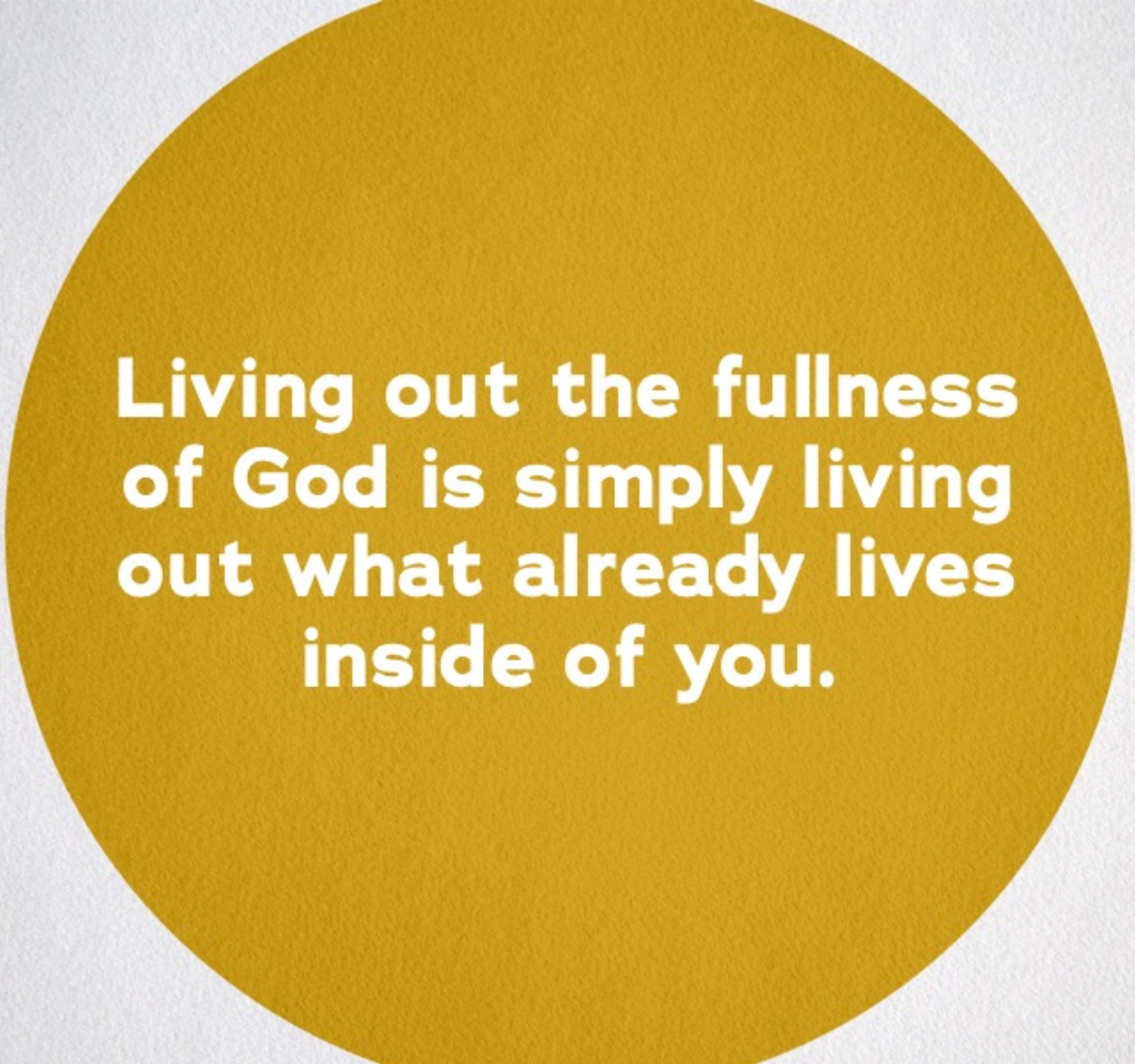
**I pray that he may grant you,
according to the riches of his
glory, to be strengthened with
power in your inner being through
his Spirit,**

**and that Christ may dwell in your
hearts through faith. I pray that
you, being rooted and firmly
established in love,**

**may be able to comprehend with
all the saints what is the length
and width, height and depth of
God's love,**

**and to know Christ's love that
surpasses knowledge, so that you
may be filled with all the fullness
of God.**

Ephesians 3:16-19



**Living out the fullness
of God is simply living
out what already lives
inside of you.**

Praying for the Fullness of God

Verse 16: Be strengthened

Verse 17a: Be rooted

Verse 17b: Be able

Verse 19: Be filled

**And don't get drunk with wine,
which leads to reckless living, but
be filled by the Spirit:**

Ephesians 5:18

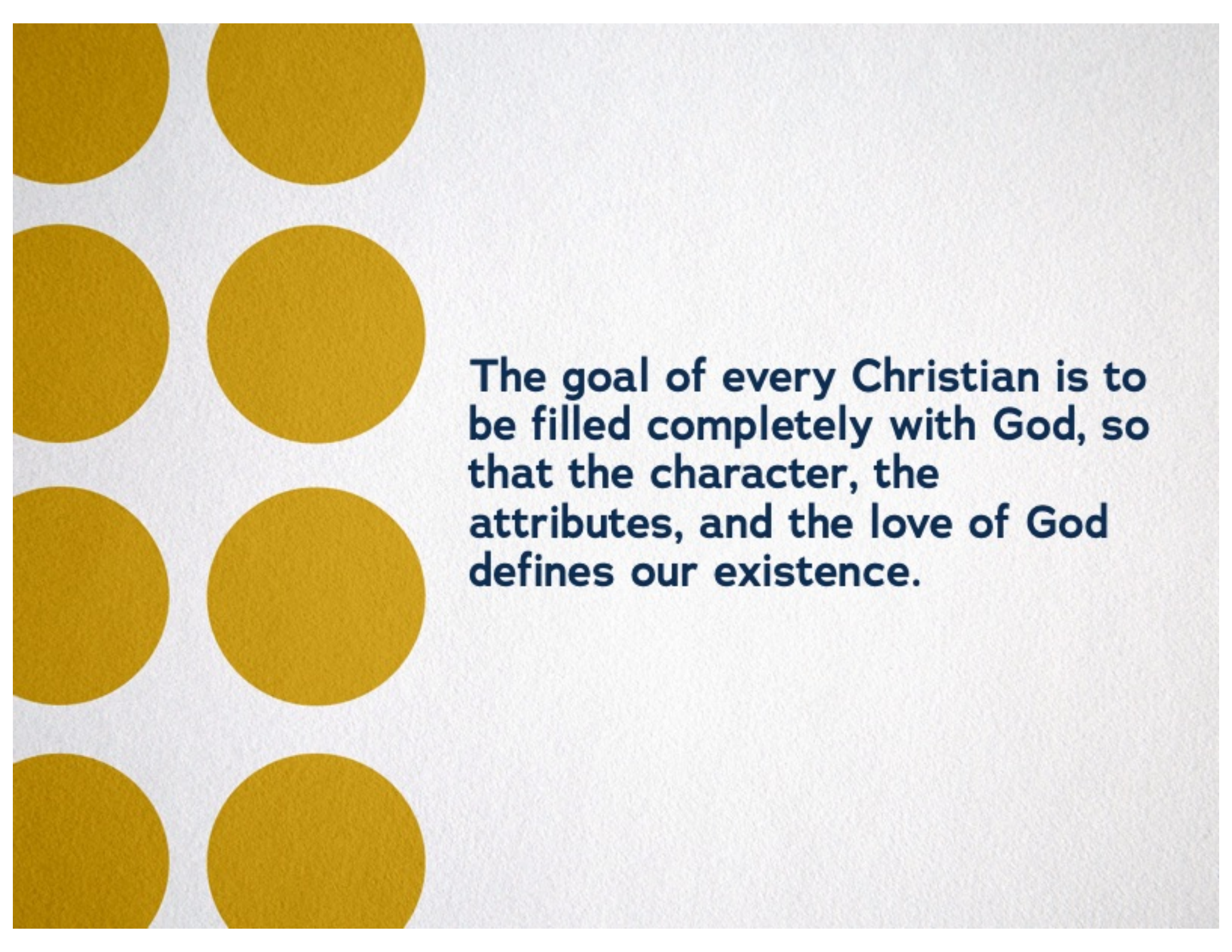
“One must face the fact that all the talk about His [God’s] love for men, and His service being perfect freedom, is not mere propaganda, but an appalling truth...

...He really does want to fill the universe with a lot of loathesome replicas of Himself - creatures whose life, on its miniature scale, will be qualitatively like his own, not because He has absorbed them but because their wills freely conform to His."

-Screwtape Letters by C.S. Lewis



**We are filled with a deposit
of God's Spirit**



The goal of every Christian is to be filled completely with God, so that the character, the attributes, and the love of God defines our existence.



**You are what your mind
looks at; you are what you
contemplate.**

-Hwee Hwee Tan

“If you contemplate God long enough, something surprising happens in the brain. Neural functioning begins to change...[we have] a nervous system that actively participates in its own neural construction, something we do not see in other animal brains.”

-Dr. Andrew Newberg

Notice God's Fullness Day-to-Day:

- Are you relaxed and unhurried?
- Are you able to show vulnerability?
- Are you free from shame?
- Are you irritated with things outside your control?
- Are you generous with your resources?
- Are you able to celebrate others?
- Are you able to rest apart from being entertained?
- Are you listening for God's voice throughout the day?