

Semester Break Winter Fun Day [Thursday, February 2nd, 2023]

Semester Break Fun Day falls on a regularly-scheduled school day. Students are expected to participate in one of the two optional activities. Fill in the permission forms and return it to the school by the deadline.

If your child participates in Mount Washington activities, , there are additional forms to be filled out, including a waiver. Please return all forms to the school, together with your payment. If you are paying by e transfer, please indicate on the permission form.

Costs for Mount Washington Activities:

Lift ticket: \$18.00

Ski/snowboard lift and lesson \$57.00

Ski/snowboard rental package (includes skis/boots/poles or snowboard/boots) \$28.00

Lesson: \$39.00

Lesson/rental/lift: \$85.00

Costs for Valley Activities (Linc and Bowling): \$23.00 + money for Dairy Queen lunch

Volunteer Drivers: Parents, we need your help! If you are available to drive for Mount Washington please let us know on the permission form. Parents who drive up the mountain can receive the discounted rate for lift ticket and rentals. Include your ski/board and payment information on the forms. Please make sure you have submitted your driving abstract and insurance coverage to the office. Thanks in advance!

All forms and the payment are due on Friday, January 20, 2023.

If you have any questions or concerns, please do not hesitate to contact me directly.

Judy Gytenbeek

judyg@gaglardiacademy.ca

778-585-1408

Information for Mount Washington Activities

Departure from Courtenay: We will leave from the Home Depot parking lot (near Tim Horton's) at 7:30 sharp, so please arrive no later than 7:15 AM. If you need a coffee, please arrive before 7:15 AM. ALL PASSENGERS TRAVEL UP AND DOWN THE MOUNTAIN IN THE SAME VEHICLE.

Arrival: All participants (including parents) will meet in the main building on the second floor (one floor up from the rentals area). Lift passes will be handed out and those people renting will be directed to the basement level to get their rentals.

Lessons: Taking a lesson is required for all first-time skiers. You may sign up for a Level 2 lesson if you'd like. First-time and beginner skiers/snowboarders will start their lesson at 9:00 AM. This lesson is 90 minutes. Intermediate and advanced skiers/snowboarders will start their lesson at 1:30 PM. This lesson is 60 minutes.

Lunch: Students may come in for lunch or breaks at any time. A staff member will be in the lodge at all times. Students are asked to check-in with the staff member. Students can purchase lunch from the cafeteria or bring a bagged lunch.

Departure from Mount Washington: Students should meet back at the lodge (where we started the day) at 3:30. If students have rented equipment, it is their responsibility to return everything to the rental level. When all students who are traveling in a particular vehicle have gathered, their driver will leave with them to travel back down the mountain.

Arrival in Courtenay: Vehicles will leave the mountain no later than 3:45 PM, and will arrive back at Home Depot (near Tim Horton's) between 4:15 and 4:30, depending on conditions.

What to Bring: Please remember to check the weather report and adjust this list accordingly:

- Waterproof or water-resistant gloves (a second pair is recommended)
- Warm layers
- Snow pants or water-repellent pants and winter jacket
- Goggles and/or sunglasses
- Winter boots
- Helmet (if you prefer your own) - All lessons include helmet rental and **helmets are required for all participants**
- Sunscreen, lip balm (optional but helpful)
- Lunch, drinks, snacks or money to purchase these

Mount Washington Activities

Parents, please fill in this entire form.

We need this information in order to efficiently facilitate our day up the mountain. Please fill out a separate form for each child. If you as a parent are also participating as a skier, snowboarder or tuber, you also need to fill in a form, separate from your child's form.

1. Student's Name: _____
2. My child will be _____ skiing _____ snowboarding
3. My child will be renting equipment (please circle one) Yes No
4. My child's skiing/snowboarding level is _____ Type 1 _____ Type 2 _____ Type 3

***Type 1 (First-time skier/snowboarder up to beginner skier/snowboarder)**

- Can or will learn to navigate gentle, smooth green slopes with cautious skiing/riding techniques
- Never ever touched snow or up to skied/ridden four times previously
- Easy Acres beginner terrain only

***Type 2 (Novice skier/snowboarder)**

- Can confidently link turns on all Green runs
- Skied/snowboarded 5+ times
- Starting to cautiously navigate on Intermediate (Blue) terrain/Hawk Chair terrain

***Type 3 (Intermediate skier/snowboarder up to advanced skier/snowboarder)**

- Can confidently ski/ride on Blue terrain at moderate to fast speeds up to an aggressive skier/rider that may venture onto Black runs
- Shows an interest or may already ski/ride on varying terrain such as moguls, un-groomed terrain or the terrain park
- Hawk, Whiskey Jack, Eagle and Sunrise terrain

- 4. Payment Information:**
- | | |
|-------|---|
| _____ | I have a season's pass (No payment is required) |
| _____ | I will only need a lift/lesson |
| _____ | I only need a lift pass |
| _____ | I need a lift pass and rentals |
| _____ | I will need a lift/lesson and rentals |

- I will be paying by
- | | |
|-------|--|
| _____ | cash (exact payment, please; no change will be given) |
| _____ | cheque (make payable to Phil & Jennie Gaglardi Academy) |
| _____ | e-transfer (send to accounts@gaglardiacademy.ca) |
| _____ | credit card on file |

Assumption of Risks - Please read the following statements and sign below.

I am aware that skiing, snowboarding, Nordic skiing, skiboarding, and snowshoeing involve risks, dangers and hazards and that injuries are a common and ordinary occurrence of these sports.

Skiing: I understand that the ski boot/binding system may not release during every fall or may release unexpectedly. The ski boot/binding system is no guarantee that the user will not be injured.

Snowboarding/Nordic/Telemarking/Skiboard/Snowshoe: I understand that the boot/binding system is not designed or intended to release and will not release under normal circumstances. I understand that as the boot/binding system is a non-release system this system will not reduce the risk of injury during a fall and will increase the risk of not surviving an avalanche.

Helmets: I understand that a helmet designed for RECREATIONAL SNOW SPORTS will help reduce the risk of some types of injuries to the user at slower speeds. I recognize that serious injury or death can result from both low and high energy impacts, even when a helmet is worn.

Parent/Guardian Name (printed)

Parent/Guardian Name (signed)

Rental Information: If renting, please provide the following information. Do not fill in this information if you are not renting:

Weight: _____(pounds) Height: _____(feet/inches) Age: _____ Shoe Size: _____