

Resolve to Be Ready



January is a great time to plan ahead and make positive changes. As you make a list of resolutions for 2023, resolve to add a few that will help you prepare for emergencies and disasters.

Remember, you don't need to enact all your resolutions at once. Take small steps throughout the year so that you're ready to weather the unexpected.

Here are some ideas to get you started.

- **Make an emergency plan.** Choose a safe place to meet, learn evacuation routes and establish an out-of-town contact.
- **Take stock of your emergency supplies.** Use those that will expire soon and add new ones as needed.
- **Sign up for alerts and warnings.** Download the [FEMA app](#) to get real-time alerts, safety tips and locate open shelters.
- **Snap pictures** of your property for insurance purposes.
- **Take a current photo of you and your pet together** in case you get separated during a disaster.
- **Snap photos of important documents and save them in a secure place or online.** In addition, consider filling out FEMA's [Emergency Financial First Aid Kit](#) to keep all your documents and important information in one place.
- **Set up group text lists** so you can communicate with friends and family during emergencies.
- **Take a class in CPR and first aid.**
- **Have back-up power sources available** to charge devices in case of a power outage.
- **Check your insurance** for coverage on disasters like floods, hurricanes and earthquakes.
- **Save for a rainy day!** Start and grow your emergency fund by adding a small amount at the start of each month.
- **Learn more** about preparedness actions you can take at FEMA's [Preparedness Community](#).