



Leader Information for May Youth Weekend at Holden Village

We are excited to announce the May Youth Weekend at Holden Village for 2023! This year promises to continue our commitment to gather and serve in beautiful Holden Village.

Session Dates: May 26-28, 2023 (Friday - Sunday)

Theme: Rest Fest
Dwelling in Our Holy Enough

Registration: \$265 per participant. Registration opens on February 1, 2023 at 9am.

Our **speaker** is Ellie Roscher (she/her)! Ellie is the author of *The Embodied Path*, *12 Tiny Things*, *Play Like a Girl* and *How Coffee Saved My Life*. Her writing appears in the Baltimore Review, Inscape Magazine, Bearings and elsewhere. Ellie also founded and facilitates Plum, a supportive online community for folks journeying toward deeper embodiment together. She teaches writing at The Loft Literary Center and The Minnesota Writing Project and yoga at Up and Blooma. Through curious inquiry, her work accompanies people to a more centered, whole, and embodied self. Ellie holds an MFA in Writing from Sarah Lawrence College and an MA in Theology from Luther Seminary. Follow Ellie at @ellieroscher and find out more at plumwellness.us and ellieroscher.com.

Our May Youth Weekend **musician** Lacey Brown (she/her) will be back again! She is a singer/songwriter, music leader, liturgist, percussionist and recording artist from Seattle, WA. Passionate in the liturgical arts, Lacey has been working in ministry for over 20 years directing music and liturgy in congregations, the Northwest Washington Synod, the Episcopal Diocese of Olympia, and church wide conferences and events. As a composer in the church, she writes liturgical settings and songs for congregational singing and heads up a band called Poor Clare, performing original music and poetry inspired by the mysteries of God and life.

Her music can be found here:

<http://poorclaremusic.com>

<https://www.laceybrown.com>

<https://laceybrown.org>

Leadership and Communication

Coordinator: Nicole Meyer (Seattle)

You can contact Nicole at holdenmyw17@gmail.com.

Please 'like' our Facebook page for updates and communication. Information will be there.

Program Website: <https://www.lutheransnw.org/events/may-youth-weekend/2023-05-26>

Holden Village Website: www.holdenvillage.org

Important Information

May Youth Weekend at Holden Village is subject to safety rules as set by the **US Forest Service**. They have the ability to reduce and increase attendees, cancel or extend time at Holden Village due to environmental safety concerns. In the event of a cancellation, May Youth Weekend will work to refund as much of the cost of the event as possible in a timely manner. In the event of an extension of stay please make sure that participants with medication needs have at least **7 days of back-up provisions**.

Registration will begin February 1, 2023 at 9am. We will be able to register **125** people. We anticipate filling our spots quickly and will maintain a wait list, if necessary.

Our goal is to get **as many students up to Holden as possible**. Please carefully consider prioritizing student participation. When registering your group, we ask that you are mindful of a ratio of 1 adult to 10 students *or* whatever policy your congregation has in place.

The Children, Youth and Family Committee of the Northwest Washington Synod has taken on leadership for May Youth Weekends, but please note that **each congregation is ultimately responsible for their group**. You will be asked to sign a liability release acknowledging that at registration. The NWWA Synod and Holden Village are not liable.

This is an **‘unplugged’** weekend in many ways. At Holden Village, there is no cell phone or internet reception. Holden generates their own power, and we help conserve that by not bringing/using electrical gadgets (no hair dryers, curling irons, etc...an opportunity to learn the Coachella braid :))

Registration

Who is Invited?

This event is designed for **high school youth in grades 9-12**. (students entering 9th grade for the 23-24 school year - 2023 high school graduates are eligible). All registrations must be made with a congregational youth group. The chaperone (age 21+) ratio is 1:10; please limit adults attending to that ratio or your congregation's policy. Our goal is to include as many students as possible. **Adult chaperones may not bring their own children under the age designated for this event.**

Program Cost

The cost is \$265 per person, which includes program, roundtrip boat fare, lodging and seven meals while at Holden, a theme t-shirt, tie-dye supplies, 1 scoop of ice cream, and a snack. If you would like to tie-dye, please bring your own white 100% cotton clothing item(s) or plan to purchase them at the store.

Registration Policies

- 100% payment is due **by check** within 2 weeks of your registration to reserve your spots.
- There is no charge to change names on a registration before April 18th, 2023.
- Registration will close on April 18th, 2023.
- You will need to bring hard-copies of your medical forms, background check form, and any liability and permission required by your congregation TO Holden with you.
- To request a refund, send a letter of explanation to the holdenmyw17@gmail.com before April 18, 2023. A \$50 deposit will be kept and the balance returned, if possible. **No refunds will be issued after this date.**

To Register

1. Register online at: <https://www.lutheransnw.org/events/may-youth-weekend/2023-05-26>
Registration is open Feb. 1, 2023 at 9am - April 18th at 5pm.
2. You will be required to enter information for each student and adult who plan to attend. Specific information needed can be found with an asterisk on the individual registration form.
3. Payment: You must pay-in-full with a check within 2 weeks to hold your spots. (no credit cards). Make a check out to "Northwest Washington Synod" with "May Youth Weekend *Name of your congregation*" in the memo to: Northwest Washington Synod, 5519 Phinney Avenue N, Seattle, WA 98103

You will receive an email confirming receipt of your information.

Wait List

If online registration is full, there will be a waitlist. To get on the waitlist, please email holdenmyw17@gmail.com the following information: Congregation Name, Leader Name, and the following information for each participant (including the leader): Name, Date of Birth, Gender Identity, pronouns, grade in school, adult/youth, tshirt size, physical restrictions, allergies, and dietary needs. You do not need to send your background check or any payment at this time, but will be required to do so if space becomes available.

Medical Release and Covenant of Conduct Forms

Be sure to list any special needs (medical, dietary, etc.) in your online registration. Please be advised that due to Holden's location, medical evacuations are extremely difficult. Participants with chronic conditions should carefully consider their involvement. Anyone requiring medications should be sure to pack enough for 2 weeks in case of an emergency requiring a longer stay in the Village.

When you come to Holden Village, you must bring any and all forms required by your church regarding health insurance, liability, permission, etc. The forms provided by May Youth Weekends qualify. You must also bring your background check form with you. (This is a form stating that you have completed background checks for each adult in your party and release Holden Village and May Youth Weekends of liability - you do not need to submit the results to MYW nor bring the results with you unless your church requires this).

The Covenant of Conduct forms the group's "contract" for the event. Please make sure your youth and accompanying adults understand the expectations required of them while participating.

Getting Ready

Getting to Holden Village

The boat to Holden Village leaves from Field's Point Landing, on the south side of Lake Chelan, 16 miles west of Chelan, WA. (Consult a road map for your best route to Chelan.) Plan to arrive at **Field's Point Landing by 8:45 a.m.** on the morning of your departure. The boat will arrive back to Field's Point Landing around 5:00 p.m. on your final day. (directions can be found on the Lady of the Lake website: <https://ladyofthelake.com/>)

Arrival at Field's Point

Cars, vans, and buses can be left at Field's Point Landing. Parking fees are \$7 per day (\$14 for the weekend). They take credit/debit cards, cash and checks. Field's Point has restrooms, a telephone, and a very small concession stand (Do not count on this for meals of any kind). There is spotty cell reception. You can drive down closer to the dock to unload your bags - place bags on the dock near the "Lady of the Lake" sign. Then park, remember your space #, go to the office and pay and put the receipt on your dashboard. Keep your carry-on items with you.

Check in

Check in with a Planning Team member and get your group's folder containing detailed schedules, your housing assignments, and other materials for the weekend.

On the boat:

There is a snack bar on board the Lady of the Lake. The menu has simple snacks such as coffee, soft drinks, muffins, cheese and crackers, candy and chips. There is also a restroom.

If you wish to stay **overnight** in the area before your day of departure to Holden, we suggest:

- Grace Lutheran Church, Wenatchee, WA (509) 663-2189
- Lake Chelan Lutheran Church, Chelan, WA (509) 682-9063
- Grace Lutheran Church, Cashmere, WA (509) 782-3583
- A variety of motels are available in Chelan, Wenatchee, and Leavenworth

Lunch on Friday

A late lunch will be provided by Holden Village upon our arrival. Many groups start their travel day early and so the craving for lunch comes early, too! We recommend packing heavy snacks to enjoy on the boat to tide your group over.

What to Bring to Holden

Each **person** should bring:

Warm clothes, including a warm jacket

Some lighter clothing in case it's warm and sunny

Personal toiletries

Sunscreen

*Swimsuit (for the sauna)

Sturdy shoes or boots

pencil or pen

Work gloves, safety glasses (if you have them)

Flashlight/Headlamp

A reusable water bottle (like a nalgene or hydroflask)

*A little ca\$h – for bookstore purchases (Holden bookstore takes debit/credit cards, cash, checks)

*100% cotton White clothing if you'd like to tie-dye

2-3 facemasks

**optional*

Each **group** should bring:

Materials for your part of the closing worship service *(You will receive your worship assignment in early May)*

An offering for Holden Village Sunday Worship

What NOT to Bring to Holden

Any electronics (including cell phones **, CD players, game gear, etc.) ***cell phones will get no reception/internet/data; we realize that most people use their phones for photos and music. That is fine - May Youth Weekend and Holden Village discourage any gaming or use that isolates the user from participation with others.*

Items that require electricity (such as hairdryers, curling irons, etc.); Holden generates their own power and there is simply not enough electricity for them.

Items that produce fire or sparks (lighters, etc.)

Clothing with inappropriate slogans or themes.

The village provides bedding and towels, lunch and dinner on the day of arrival, three meals on the second day, and breakfast and lunch on the day of departure.

Health & Safety

Subject to change as necessary -updates will be emailed to registered group leaders and posted on facebook

People at High Risk

If you are at high risk of developing severe disease or complications should you become infected with COVID19 or other infectious diseases, we recommend you speak to your health care provider about your risks and consider not traveling to Holden Village, due to our remote mountain location and limited access to medical care. Additionally, as a historic mountain Village, Holden's location poses notable challenges for those with limited mobility.

Vaccinations

Holden requires all staff to be vaccinated against SARS-Cov2 (COVID) and up-to-date on tetanus and MMR.

Holden strongly recommends and urges all staff, faculty, contractors and guests take precautions against seasonal and recurring illness such as colds, flu, and COVID by staying up to date with flu vaccines, and COVID boosters.

Screening

Testing prior to arrival at Holden is recommended as a courtesy to the community but not required. A positive test while at Holden will result in restrictions for participating in indoor dining, worship, and programming.

PRE-ARRIVAL HEALTH PRACTICES

Guests, faculty, and staff commit to healthy practices to reduce exposure to illness and to track symptoms for 2 weeks before arriving at Holden Village. Holden understands that the very act of traveling by plane, train, boat, or bus could itself increase exposure and asks everyone to practice infectious disease prevention measures, such as staying up to date on vaccinations, handwashing, testing, staying home when you are sick, and complying with CDC guidelines for using masks on public transportation as you journey.

AT HOLDEN VILLAGE

Mask Policy

We recognize that masking is effective against spread of infection of all types. People may mask voluntarily as their situation merits. Anyone in the Village experiencing symptoms (mild or severe) such as fever, cough, sore throat, or congestion is expected to mask until symptoms resolve. Masks are available in the Dining Hall and First Aid Station.

In the event of a positive COVID-19 case

Once at Holden, any guest who becomes symptomatic will be tested by the medic on site. If positive for COVID-19, that person will be housed separately, during which they will refrain from entering indoor public spaces like the Dining Hall and Koinonia. Holden staff will arrange for special transportation so that the person who tested positive can leave the Village as soon as feasible. Please be aware that if special boat transportation is needed, there may be additional costs that the guest will be responsible for. If feeling well, they can go outside for walks or meet on porches with others when masked and distanced. Arrangements will be made for meal delivery to their residence.

Close contacts will be tested and, if positive, follow the same practices for self and community care specified above. If they test negative, they will be observed for symptoms and tested again within 5 days. Close contacts should wear a mask for 10 days from exposure regardless of symptoms. Additional protocols for those with direct exposure awaiting their second negative test may apply, such as refraining from taking saunas or singing indoors during that time period.

As in the past at Holden, serious illness or injury often results in emergency transport either by helicopter or the Chelan County Sheriff's boat at the expense of the person needing medical care. Holden reserves the right to evaluate each situation using their medical counsel and make determinations based on the unique variables that each case presents.