

#### pray without ceasing

I Thessalonians 5:17

If I'm supposed to talk to Jesus all the time, what are we going to talk about?

# Search me, God, and know my heart; test me and know my anxious thoughts.

# See if there is any offensive way in me, and lead me in the way everlasting.

Psalm 139:23-24

We can safely pray the prayer "search me" because of how God responds.

# Search me, God, and know my heart; test me and know my anxious thoughts.

# See if there is any offensive way in me, and lead me in the way everlasting.

Psalm 139:23-24

God expects us to want them to search us (Psalm 139:23-24).

#### You have searched me, Lord, and you know me.

#### You know when I sit and when I rise; you perceive my thoughts from afar.

# You discern my going out and my lying down; you are familiar with all my ways.

#### Before a word is on my tongue you, Lord, know it completely.

#### You hem me in behind and before, and you lay your hand upon me.

#### Such knowledge is too wonderful for me, too lofty for me to attain.

Psalms 139:1-6 (NIV)

When we pray the prayer "search me," God responds with accuracy (Psalm 139:1-4).

# Where can I go from your Spirit? Where can I flee from your presence?

If I go up to the heavens, you are there; if I make my bed in the depths, you are there.

### If I rise on the wings of the dawn, if I settle on the far side of the sea,

#### even there your hand will guide me, your right hand will hold me fast.

Psalms 139:7-10 (NIV)

When we pray the prayer "search me," God responds with secure attachment (Psalm 139:7-10).

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your name. Amen.'