

*This service is Livestreamed via Facebook and the Parish website.
We welcome everyone worshipping with us today whether in person or online.*

The Gathering of the Community

Words of Welcome and Acknowledgment

We begin by acknowledging that we live, work, play, and worship on the traditional and unceded territory of the Coast Salish peoples including the Katzee, Tsawwassen, Semiahmoo and Kwantlen Nations. May our words and our actions reflect our awareness and appreciation of this.

Processional Hymn – CP 505 Be Thou My Vision

The Greeting

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.

And also with you.

The Collect for Purity

Almighty God,
**to you all hearts are open, all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Kyrie Eleison

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

The Collect

Heavenly Father,

**who chose the Virgin Mary, full of grace,
to be the mother of our Lord and Saviour,
now fill us with your grace,**

**that we in all things may embrace your will
and with her rejoice in your salvation;**

**through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

The Lighting of the Advent Wreath

God our Father,

the angel Gabriel told the Virgin Mary
that she was to be the mother of your Son.

Though Mary was afraid,
she responded to your call with joy.

Help us, whom you call to serve you,
to share like her in your great work
of bringing to our world your love and healing.

We ask this through Jesus Christ,
the light who is coming into the world.

Amen.

The Pink and three Blue Candles are Lit

**Lord Jesus, light of the world,
blessed is Gabriel, who brought good news;
blessed is Mary, your mother and ours.
Bless your Church preparing for Christmas;
and bless us your children, who long for your coming.
Amen.**

People of God: prepare!
God, above all, maker of all, is one with us in Christ.
Maranatha!
Come, Lord Jesus!

God, the mighty God, bends down in love to earth.
Maranatha!
Come, Lord Jesus!

God with us, God beside us, comes soon to the world he has made.
Maranatha!
Come, Lord Jesus!

We are God's children, we seek the coming Christ.
Maranatha!
Come, Lord Jesus!

The Proclamation of the Word

First Reading – Isaiah 7: 10-16

Again the Lord spoke to Ahaz, saying, Ask a sign of the Lord your God; let it be deep as Sheol or high as heaven. But Ahaz said, I will not ask, and I will not put the Lord to the test. Then Isaiah said: "Hear then, O house of David! Is it too little

for you to weary mortals, that you weary my God also? Therefore the Lord himself will give you a sign. Look, the young woman is with child and shall bear a son, and shall name him Immanuel. He shall eat curds and honey by the time he knows how to refuse the evil and choose the good. For before the child knows how to refuse the evil and choose the good, the land before whose two kings you are in dread will be deserted.”

Listen to what the Spirit is saying to the Church.

Thanks be to God

Psalm 80: 1-7, 16-18

1 Hear, O Shepherd of Israel, leading Joseph like a flock;
shine forth, you that are enthroned upon the cherubim.

2 In the presence of Ephraim, Benjamin, and Manasseh,
stir up your strength and come to help us.

3 Restore us, O God of hosts;
show the light of your countenance, and we shall be saved.

4 O Lord God of hosts,
how long will you be angered despite the prayers of your people?

5 You have fed them with the bread of tears;
you have given them bowls of tears to drink.

6 You have made us the derision of our neighbours,
and our enemies laugh us to scorn.

7 Restore us, O God of hosts;
show the light of your countenance, and we shall be saved,

16 Let your hand be upon the man of your right hand,
the son of man you have made so strong for yourself.

17 And so will we never turn away from you;
give us life, that we may call upon your name.

18 Restore us, O Lord God of hosts;
show the light of your countenance, and we shall be saved.

Glory to God, Source of all being, eternal Word and Holy Spirit:
as it was in the beginning, is now and will be for ever. Amen

Second Reading – Romans 1: 1-7

Paul, a servant of Jesus Christ, called to be an apostle, set apart for the gospel of God, which he promised beforehand through his prophets in the holy scriptures, the gospel concerning his Son, who was descended from David according to the flesh and was declared to be Son of God with power according to the spirit of holiness by resurrection from the dead, Jesus Christ our Lord, through whom we have received grace and apostleship to bring about the obedience of faith among all the Gentiles for the sake of his name, including yourselves who are called to belong to Jesus Christ, To all God's beloved in Rome, who are called to be saints: Grace to you and peace from God our Father and the Lord Jesus Christ. Listen to what the Spirit is saying to the Church.

Thanks be to God

Gradual Hymn –CP 94 Wait for the Lord

The Gospel – Matthew 1: 18-25

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to Matthew
Glory to you, Lord Jesus Christ.

Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins." All this took place to fulfil what had been spoken by the Lord through the prophet: "Look, the virgin shall conceive and bear a son, and they shall name him Emmanuel," which means, "God is with us." When Joseph awoke from sleep, he did as the angel of the Lord commanded him; he took her as his wife, but had no marital relations with her until she had borne a son; and he named him Jesus.

The Gospel of Christ

Praise to you, Lord Jesus Christ

Homily: *The Reverend Mark Munn*

The Apostles' Creed

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty,
creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People

Confession and Absolution

God is steadfast in love and infinite in mercy. God welcomes sinners and invites them to this table. Let us confess our sins confident in God's forgiveness.

Silence is kept.

Most merciful God,
**we confess that we have sinned against you
in thought, word, and deed, by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
We have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you.

And also with you.

Offertory Hymn – CP#48 Let All Mortal Flesh Keep Silence

The Celebration of the Eucharist

Prayer over the Gifts

Gracious God,

by the power of the Spirit

who sanctified the mother of your Son,

make holy all we offer you this day.

We ask this in the name of Jesus Christ the Lord. Amen

The Great Thanksgiving Eucharistic Prayer 3

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord,
who in the fullness of time came among us in our flesh,
and opened to us the way of salvation.

Now we watch for the day when he will come again
in power and great triumph to judge this world,
that we, without shame or fear,
may rejoice to behold his appearing.

Therefore we praise you,
joining our voices with angels and archangels
and with all the company of heaven,
who for ever sing this hymn
to proclaim the glory of your name.

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

We give thanks to you, Lord our God,
for the goodness and love
you have made known to us in creation;
in calling Israel to be your people;
in your Word spoken through the prophets;
and above all in the Word made flesh, Jesus your Son.

For in these last days you sent him
to be incarnate from the Virgin Mary,
to be the Saviour and Redeemer of the world.

In him, you have delivered us from evil,
and made us worthy to stand before you.

In him, you have brought us out of error into truth,
out of sin into righteousness,
out of death into life.

On the night he was handed over to suffering and death,
a death he freely accepted,
our Lord Jesus Christ took bread;
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, " Take, eat: this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Therefore, Father, according to his command,

we remember his death,
we proclaim his resurrection,
we await his coming in glory;

and we offer our sacrifice
of praise and thanksgiving
to you, Lord of all;
presenting to you, from your creation,
this bread and this wine.

We pray you, gracious God,
to send your Holy Spirit upon these gifts,
that they may be the sacrament
of the body of Christ
and his blood of the new covenant.
Unite us to your Son in his sacrifice,
that we, made acceptable in him,
may be sanctified by the Holy Spirit.
In the fullness of time, reconcile all things in Christ,
and make them new,
and bring us to that city of light
where you dwell with all your sons and daughters;
through Jesus Christ our Lord,
the firstborn of all creation,
the head of the Church,
and the author of our salvation;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory are yours, almighty Father,
now and for ever. **Amen.**

The Lord's Prayer

Rejoicing in God's new creation,
let us pray as our Redeemer has taught us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.**

**Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

The Breaking of the Bread

We break this bread to share in the body of Christ
**We, being many, are one body,
for we all share in the one bread.**

God of promise, you prepare a banquet for us in your kingdom.
**Happy are those who are called
to the supper of the Lamb.**

The Communion

The gifts of God for the people of God.
Thanks be to God

Please proceed to the altar for communion as directed, we ask that you sanitise your hands before receiving Communion.

Prayer after Communion

Faithful God,
**in this sacrament we receive the promise of salvation.
May we, like the Virgin Mary,
be obedient to your will.
We ask this in the name of Jesus Christ the Lord. Amen**

The Doxology

Glory to God,
**whose power working in us
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation
in the church and in Christ Jesus
for ever and ever. Amen.**

The Blessing

Christ the Sun of Righteousness shine upon you,
scatter the darkness from before your path,
and make you ready to meet him when he comes in glory.
And the blessing of God Almighty,
the Father, the Son, and the Holy Spirit
be with you now, and always. **Amen**

Sending Hymn – CP#362 Tell Out My Soul

Dismissal

Go in peace to love and serve the Lord.
Thanks be to God.

Copyright Acknowledgments

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Holy, Holy, Holy Lord: adapt. Marcia Pruner, 1980 Church Pension Fund
Lord's Prayer: SFAGP, 1987, W: International Committee on English ion the Liturgy, 1986
Tell Out My Soul: ©1962 , Ren 1990 Hope Publishing Company

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Notices and Prayer List for the week beginning 18th December 2022

To assist the office, please ensure that any items for the Notices are received
before Noon on Thursday.

The flowers at the Altar this morning is given for the glory of God by Glenda Colquhoun in celebration of Joe's birthday; by Steve Thompson in loving memory of a dear father Bob Thompson and great friends Jack, Larry and Gord; and by Joan Hnedish wishing a Merry Christmas to all the parishioners at St. Helens.

We pray for the whole Anglican Church of Canada – we pray especially for our primate, Archbishop Linda Nichols. We pray also for the Rev'd Dr. Eileen Scully, Director, and the staff of Faith, Worship, and Ministry; Sheilagh McGlynn, Youth Ministries Animator; the Rev'd Canon Dr. Scott Sharman, Animator for Ecumenical and Interfaith Relations

Anglican Communion – we pray for the Anglican Church of Korea.

In our Diocesan Cycle - we pray for our Bishop, the Rt. Rev'd John Stephens. We also pray for: St. John the Apostle, Port Moody - the Rev'd Vivian Lam, the Rev'd Anne Anchor; St. John the Divine, Maple Ridge - the Rev'd Laurel Dahill; St. John the Divine, Squamish - the Rev'd Cameron Gutjahr; St. John, Shaughnessy - the Rev'd Terry Dirbas, the Rev'd Elizabeth Ruder-Celiz.

We pray for our companion diocese of Northern Philippines. We pray for our own twinned parish of Holy Apostles, Abatan, and their priest, Father Joey Napat-a. In all these prayers for the church near and far, we pray for the people and clergy and for the ministries flowing from these places into the communities.

In our Parish Cycle we pray for: Mary Swanson, Joyce Sytko and Anup & Lydia Issac Thomas. We pray for their work, ministry, and families here and away.

Notices

BOTTLE DRIVE

A big thank you from Kelly and Les Foulds to everyone for the continued support of the bottle drive. Please be reminded that Kelly and Les would be happy to accept any clean, rinsed milk containers including almond, oat and soy along with bottles and cans that you donate on the last Sunday of the month in clear plastic bags, if possible.

2023 DONATION ENVELOPES

Those who wish to continue using donation envelopes must contact the office via email (churchoffice@shawbiz.ca) or approach the Parish Administrator in person to obtain a box of donation envelopes from previous years with unassigned envelope numbers. You will need to manually change the envelope number to your own and amend the donation date. Of course, you can also choose to donate online via e-transfer to giving2sthelen@gmail.com or via preauthorized debit.

DECEMBER 25 AND JANUARY 1

Due to low attendance at church between Christmas and New Year's Day, it has been decided that there will be no coffee fellowship time after those 2 Sunday services. Coffee time will resume on January 8, 2023.

DATES FOR YOUR CALENDAR

Dec. 18th 7pm Carol Service

Dec. 24th 7pm and 11pm Christmas Eve Eucharist

Dec. 25th 10am Christmas Day Eucharist

This Week's Ministry Team

Officiant/Preacher– The Reverend Mark Munn

Music – Matthew Ma

Crucifer/Server and Psalmist – John Palmer

Prayers of the Community – Lynn Turner

Chalice assistants/Lay administrators – Vee & Edward Villar

Readers – Matthew Ma and Cynthia Richards

Greeters – Glenda Colquhoun and Pat Nociar

Livestream Tech – Zoltan Barabas/Simon Lee/Tom Beneteau

Altar Guild – Josie Francis, Heather Herd and Kelly Foulds

Fellowship Servers – the Lah Family

Next week's Ministry Team

Crucifer – Alex Mason

Psalmist and Prayers of the Community – Cathy Anderson

Chalice Assistants/Lay Administrators – Janette Bulkan and John Palmer

Readers – John Palmer and Sarah Vinu Jacobs

Greeters – Patricia and Tom Beneteau

Altar Guild – Judy Glanville and Carol Young

Contact Details for the Priest in Charge - The Reverend Mark Munn

If you would like to contact Mark, his details are as follows:

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Office Number: 604 581 4800

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