



PREPARATION

• In the name of the Father, the Son, and the Holy Spirit •
This one who is life itself was revealed to us, and we have seen him. And now we testify and proclaim to you that he is the one who is eternal life. He was with the Father, and then he was revealed to us.
1 John 1:2

WORSHIP

On the night when he was betrayed, the Lord Jesus took some bread and gave thanks to God for it. Then he broke it in pieces and said, "This is my body, which is given for you. Do this in remembrance of me."
For every time you eat this bread and drink this cup, you are announcing the Lord's death until he comes again.
1 Corinthians 11:23b-24, 26

CONFESSION

For every child of God defeats this evil world, and we achieve this victory through our faith. And who can win this battle against the world?
Only those who believe that Jesus is the Son of God.
1 John 5:4-5

MEDITATION – John 6:25-35*

They found him on the other side of the lake and asked, "Rabbi, when did you get here?"
Jesus replied, "I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs. But don't be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval."
They replied, "We want to perform God's works, too. What should we do?"
Jesus told them, "This is the only work God wants from you: Believe in the one he has sent."
They answered, "Show us a miraculous sign if you want us to believe in you. What can you do? After all, our ancestors ate manna while they journeyed through the wilderness! The Scriptures say, 'Moses gave them bread from heaven to eat.'"
Jesus said, "I tell you the truth, Moses didn't give you bread from heaven. My Father did. And now he offers you the true bread from heaven. The true bread of God is the one who comes

IN SOLITUDE AND/OR COMMUNITY

Read	Slowly, several times.
Reflect	What does the text say?
Respond	How does it relate to my life?
Rest	I welcome God's healing and renewal.

down from heaven and gives life to the world."
"Sir," they said, "give us that bread every day."
Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty.

ANCHORING PRAYER
I believe that You are the bread of life.

REVIEW OF THE HEART
When was I hungry for the "true bread" from heaven?
How much have I worried about perishable things?

WISDOM
Let them praise the Lord for his great love and for the wonderful things he has done for them. For he satisfies the thirsty and fills the hungry with good things.
Psalm 107:8-9

When you open your hand, you satisfy the hunger and thirst of every living thing.
Psalm 145:16

A wise person is hungry for knowledge, while the fool feeds on trash.
Proverbs 15:14

TESTIMONY *What is God saying to me?*
INTERCESSION *Prayers for the Church, for others, and for me.*

BENEDICTION
And we know that the Son of God has come, and he has given us understanding so that we can know the true God.
And now we live in fellowship with the true God because we live in fellowship with his Son, Jesus Christ. He is the only true God, and he is eternal life.
• Amen •
1 John 5:20

SPACE FOR GOD DAILY
Be still and quiet before God.
Seek the Holy Spirit's filling and guidance.
Speak and act from a listening heart.
Actively serve in community with others.

PermaneSED (Abide) Kurt D. Peters. **Bold** portions to be read in unison. *Lectionary, Year C
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