



## REVERSE ADVENT CALENDAR

Add an item to a box each day

On Christmas Eve deliver it to a Food Bank

November 27	Box of breakfast cereal
November 28	Jar of peanut butter
November 29	Package of oatmeal
November 30	Can of mixed vegetables
December 1	Jar of applesauce
December 2	Granola bars
December 3	Ramen noodles
December 4	Package of nuts
December 5	Dried fruit
December 6	Macaroni & cheese
December 7	Bag of popcorn
December 8	Can of tuna or salmon
December 9	Can of fruit
December 10	Tomato soup
December 11	Pudding mix
December 12	Canned tomatoes
December 13	Can of beans
December 14	Box of crackers
December 15	Package of rice
December 16	Coffee or tea
December 17	Package of pasta
December 18	Pasta sauce
December 19	Chicken noodle soup
December 20	Vegetable soup
December 21	Can of stew
December 22	Can of corn
December 23	Can of peas
December 24	Can of green beans

### FOOD BANK LOCATIONS

#### Mustard Seed Food Bank

625 Queens Ave, Victoria V8T 1L9

250-953-1575

Monday to Friday from 10 a.m. to 1:45 p.m.

#### Society of Saint Vincent de Paul

833 Yates St

250-727-0007

Mon-Fri 11am-2:30pm

#### Salvation Army Stan Hagen Centre

2695 Quadra St

250-386-8521

Mon-Fri 9-11:45am & 1-4:15pm

#### St John the Divine

1611 Quadra St

250-383-7169

Tues & Fri 10-noon.

#### Living Edge Fresh Food Distribution

250-383-8915

Monday 2:30-3:45 p.m. UVic Family Circle

2375 Lam Circle

Monday 5- 6 p.m. Central Baptist Church

833 Pandora Ave., Victoria

Tuesday 4:30-6 p.m. Gateway Baptist Church

898 Royal Oak Ave., Victoria

Thursday 11 a.m. – 12 p.m. Quadra Village

Community Centre – 901 Kings Rd., Victoria

Thursday 5:30-6:30 p.m. Saanich Baptist Church

7577 Wallace Dr., Victoria

Friday 12 p.m. – 1 p.m. Open Gate Church

679 Goldstream Ave., Langford

Saturday 11 a.m. – 12 p.m. Harbourview Church

511 Constance Ave., Esquimalt

#### Goldstream Food Bank Society

761 Station Ave, Langford, V9B 6K8

250-474-4443

#### Saanich Peninsula Lions Food Bank

9586 5th St, Sidney V8L 2W5

250-655-0679

#### Sooke Food Bank

2037 Shields Rd, Sooke

250-642-7666 V0S 1N0

#### Mill Bay CMS Food Bank

2740 Lashburn Rd, Mill Bay V0R 2P1

250-743-5242