



Hearing Loop

Archbishop & Metropolitan: The Most Reverend Dr. Lynne McNaughton
Diocese of New Westminster – Bishop: The Right Reverend John Stephens



**November 13th 2022: Remembrance Sunday
Holy Eucharist**

St Clement's Anglican Church

We warmly welcome everyone worshipping with us in-person and online today.

The Gathering of the Community

The Presider greets the community

Presider In this time and place

We gather on the unceded ancestral lands of the Squamish,
Musqueam and Tsleil-Waututh nations

All **From many places and peoples we come to this house of prayer.**

Presider In this time and place

We meet in the presence of the living God

All **The living God who creates us and all that is.**

Presider In this time and place

The risen Christ stands in our midst.

All **The risen Christ who accompanies us and all people.**

Presider In this time and place
God's Holy Spirit breathes in and through us
All **The Holy Spirit who transforms us and all life.**

Presider In this time and place
Together, one people of God.
All **In the name of God, Source of all being, Eternal Word and Holy Spirit. Amen.**

Processional Hymn: For the Healing of the Nations SFAGP 23

please stand

For the healing of the nations,
God, we pray with one accord;
For a just and equal sharing
Of the things that earth affords.
To a life of love in action
Help us rise and pledge our word.

Lead us, Father, into freedom,
From despair your world release;
That, redeemed from war and hatred,
All may come and go in peace.
Show us how, thro' care and goodness,
Fear will die and hope increase.

All that kills abundant living,
Let it from the earth be banned:
Pride of status, race or schooling,
Dogmas that obscure your plan.
In our common quest for justice
May we hallow life's brief span.

You, Creator-God, have written
Your great name on humankind;
For our growing in your likeness,
Bring the life of Christ to mind;
That by our response and service
Earth its destiny may find.

Words: Fred Kaan, 1965. Music: Henry Purcell, 1959-1965, rev. Descant: Darryl Nixon, 1986. © Hope Publishing Co. Carol Stream, IL 60188, USA. All rights reserved. Used by permission. D: SFAGP, 1987.

The Presider greets the community

Presider The grace of our Lord Jesus Christ, and the love of God,
and the fellowship of the Holy Spirit, be with you all.

All And also with you.

Presider Almighty God,

All to you all hearts are open, all desires known, and from you no secrets
are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit,
that we may perfectly love you, and worthily magnify your holy name; through
Christ our Lord. Amen.

Glory to God/ Gloire à Dieu SNC 177

Cantor: Glory to God, glory to God, glory in the highest!

All: **Glory to God, glory to God, glory in the highest!**

Cantor: To God be glory forever!

All: **To God be glory forever!**

(Cantor: Alleluia! Amen!

All: **Alleluia! Amen!** X4

Text: Luke 2: 14.

Music: Pablo Sosa, 1988. © 1989 GIA Publications, Inc.

The Collect

Presider God, who is faithful

All when all the foundations crumble:
in the time of crisis,
as holy places fall and nations stumble,
give us the conviction to bear witness to your love,
whatever the cost;
through Jesus Christ, your Word and Wisdom. Amen.

Prayers for an Inclusive Church (2009) alt.

The Children's Talk

Diane Kozoris

please sit

Hear God's Word, a flame that lights our path each day.
See God's Word, reflected in our lives.
Live God's Word, throughout each day, in work and play.
God's own Word, keeps us alive.

(Music: Lynne Graham: Lyrics: Lynley Lewis)

The Proclamation of the Word

The First Reading is from the Book of Wisdom (3: 1-9)

Lynne Graham

3 But the souls of the righteous are in the hand of God,
and no torment will ever touch them.

2 In the eyes of the foolish they seemed to have died,
and their departure was thought to be an affliction,

3 and their going from us to be their destruction;
but they are at peace.

4 For though in the sight of men they were punished,
their hope is full of immortality.

5 Having been disciplined a little, they will receive great good,
because God tested them and found them worthy of himself;

6 like gold in the furnace he tried them,

and like a sacrificial burnt offering he accepted them.

⁷ In the time of their visitation they will shine forth,
and will run like sparks through the stubble.

⁸ They will govern nations and rule over peoples,
and the Lord will reign over them for ever.

⁹ Those who trust in him will understand truth,
and the faithful will abide with him in love,
because grace and mercy are upon his elect,
and he watches over his holy ones.

Reader Holy Word. Holy Wisdom.

All **Thanks be to God.**

Psalm 116 (Choir side of the church begins the psalm, indented text sung by Ambo side)

1 I love the Lord who has heard the voice of my **supplication**,

2 who has listened to me

when-**ever** I called.

3 The cords of death entangled me;
the grip of the grave took **hold** of me;

I came to grief and sorrow.

4 Then I called upon the name of the Lord:

“O Lord, I pray you, **save** my life.”

5 Gracious is the Lord and **righteous**;
our God is **full** of compassion.

6 The Lord watches o-**ver** the innocent;

I was brought very low, and the Lord **helped** me.

7 Turn again to your rest, **O** my soul,
for the Lord has **treated** you well.

8 For you, O Lord, have rescued my **life** from death,
my eyes from tears, and my **feet** from stumbling.

All: Glory to the Father, and to the Son, and to the **Holy** Spirit:
as it was in the beginning, is now, and will be for ever. **Amen.**

The Second Reading is from the First Letter to Peter (1:3-9)

Ingrid Potter

³ Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, ⁴ and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, ⁵ who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. ⁶ In this you rejoice, even if now for a little while you have had to suffer various trials, ⁷ so that the genuineness of your faith—being more precious than gold that, though perishable, is tested by fire—may be found to result in praise and glory and honour when Jesus Christ is revealed. ⁸ Although you have not seen him, you love him; and even though you do not see him now, you believe in him and rejoice with an indescribable and glorious joy, ⁹ for you are receiving the outcome of your faith, the salvation of your souls.

Reader Holy Word. Holy Wisdom.

All Thanks be to God.

Gradual Hymn: O God, Our Help in Ages Past CP 528

please stand

O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home:

Under the shadow of thy throne
Thy saints have dwelt secure;
Sufficient is thine arm alone,
And our defence is sure.

Before the hills in order stood,
Or earth received its frame,
From everlasting thou art God,
To endless years the same.

Please stand for the Gospel as you are able

Deacon The Lord be with you.

All **And also with you.**

Deacon The Holy Gospel of our Lord Jesus Christ according to John (11: 21-27)

All **Glory to you, Lord Jesus Christ.**

²¹ Martha said to Jesus, 'Lord, if you had been here, my brother would not have died. ²² But even now I know that God will give you whatever you ask of him.' ²³ Jesus said to her, 'Your brother will rise again.' ²⁴ Martha said to him, 'I know that he will rise again in the resurrection on the last day.' ²⁵ Jesus said to her, 'I am the resurrection and the life. Those who believe in me, even though they die, will live, ²⁶ and everyone who lives and believes in me will never die. Do you believe this?' ²⁷ She said to him, 'Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.'

Deacon The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

the song continues

A thousand ages in thy sight
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.

Time like an ever-rolling stream
Bears all our years away;
They fly forgotten, as a dream
Dies at the opening day.

O God, our help in ages past,
Our hope for years to come,
Be thou our guard while troubles last,
And our eternal home.

Text: Ps; para. Isaac Watts (1674-1748), alt.

Music: William Croft (1678-1727); desc. Alan Gray (1855-1935). Desc. © Cambridge University Press.

Sermon

The Reverend Helen Dunn

please sit

Sermon notes

A few moments of quiet will be kept for reflection

Affirmation of Faith

Presider Let us confess our faith as we say,

All **We are not alone; we live in God's world.**

We believe in God:

**who has created and is creating, who works in others
and us through the Spirit.**

We trust in the Creator.

**We are called to be, to celebrate God's presence,
to live with respect in creation, to love and serve others,
to seek justice and to resist injustice,
to seek out models for hope and peace.**

In life, in death, in life beyond death, God is with us.

We are not alone.

Ronald Lagasse, Profession of Faith, Abbey of the Way, Arizona, accessed online at:
www.progressivechristianity.org and reproduced with permission by https://pwrdf.org/service-of-holy-eucharist/#_edn3

Prayers of the Community

Sara Hanney

stand, sit, or kneel

Confession and Absolution

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy. God welcomes sinners and invites us to this table. Let us confess our sins confident in God's forgiveness.

All **Most merciful God,
we confess that we have sinned against you in thought, word and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord.

All **Amen.**

The Peace

please stand

Presider The Peace of the Lord be always with you.

All **And also with you.**

The members of the community may greet one another, offering peace

Offertory Hymn: The Love of Jesus Calls Us CP 434

The love of Jesus calls us our joyous praise to sing;
Our deeply felt thanksgivings we now together bring,
For all God's many blessings, unasked yet still received,
And for the generations who faithfully believed.

The love of Jesus calls us, that we may always be
Companions on a journey, where all the world may see
That serving Christ is freedom which time does not destroy;
Where Christ's command is duty, and every duty joy.

The love of Jesus calls us to go where he would go,
To challenge all that limits, to change, to learn, to grow,
To know that Christ has freed us, that prisons are no more;
For those who seek his kingdom, Christ opens every door.

The love of Jesus calls us in swiftly changing days,
To be God's co-creators in new and wondrous ways;
That God with men and women may so transform the earth,
That love and peace and justice may give God's kingdom birth.

Text: Herbert O'Driscoll (1928-)©.

Music: Aurelia: Samuel S. Wesley (PHH 206), AURELIA (meaning "golden") was published as a setting for "Jerusalem the Golden" in Selection of Psalms and Hymns, which was compiled by Charles Kemble and Wesley in 1864.

The Celebration of the Eucharist

If you know the brokenness of life, its fractures within and its division without, then you have participated in the broken body of Christ and you are invited to share in the breaking of bread. The bread is received in the open palm. It is our usual practice to drink the wine from the common cup. If you don't want to drink it, you can still participate by simply touching the base of the cup to receive its blessing. Please do not dip bread into the cup. If you wish to receive a wafer instead of bread, extend one hand with thumb and forefinger together for a wafer. Gluten-free rice crackers are available upon request.

Prayer over the Gifts

Presider Holy God, gracious and merciful,

All **you bring forth food from the earth
and nourish your whole creation.**

**Turn our hearts toward those
who hunger in any way,**

so that all may know your care;

and prepare us now to feast on the bread of life,

Jesus Christ, our Saviour and Lord. Amen. *Evangelical Lutheran Worship (2006) alt.*

Presider The Lord be with you.

All **And also with you.**

Presider Lift up your hearts.

All **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

All **It is right to give our thanks and praise.**

Presider Blessed are you, gracious God,
creator of heaven and earth;
we give you thanks and praise
through Jesus Christ our Lord,
whose victorious rising from the dead
has given to us the hope of resurrection
and the promise of eternal life.
Therefore with angels and archangels
and all who have served you in every age,
we raise our voices
to proclaim the glory of your name.

Sanctus: Holy, Holy, Holy SNC 74

All

First Time	Second Time	Third Time
Holy, holy, holy! My heart, my heart adores you! My heart is glad to say the words: You are holy, Lord.	Santo, santo, santo, Mi corazón te adora! Mi corazón te sabe decir: Santo eres Señor!	Holy, holy, holy! My heart, my heart adores you! My heart is glad to say the words: You are holy, Lord.

Text: Argentine trad.

Music: Melody Argentine trad.; arr. Wild Goose Worship Group, Iona Community.

Arr. © 1990 WGRG c/o Iona Community, GIA Publications, Inc., agent.

Presider Holy, mighty, and merciful Lord, heaven and earth are full of your glory.

In great love you sent to us Jesus, your Son, who reached out to heal the sick and suffering, who preached good news to the poor, and who, on the cross, opened his arms to all.

In the night in which he was betrayed our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering, therefore, his death, resurrection, and ascension, we await his coming in glory.

Pour out upon us the Spirit of your love, O Lord, and unite the wills of all who share this heavenly food, the body and blood of Jesus Christ, our Lord; to whom, with you and the Holy Spirit, be all honour and glory, now and forever.

All **Amen.**

The Lord's Prayer

Presider Gathering our prayers and praises into one, let us pray as our Saviour taught us in the language closest to your heart,

All **Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Breaking of the Bread

Presider "I am the bread which has come down from heaven," says the Lord.

All Give us this bread for ever.

Presider "I am the vine, you are the branches."

All May we dwell in him, as he lives in us.

The Communion

Presider The gifts of God for the People of God

All Thanks be to God.

If you are not physically receiving Communion, then offer this prayer

In union, O God, with all your faithful people gathered wherever the eucharist is celebrated this day, I offer you praise and thanksgiving for creation and all the blessings of this life, for the redemption given to us through the life, death, and resurrection of Christ, and for the means of grace and the hope of glory. I pray you come into my heart, my soul and my mind. Let nothing separate me from you. May I serve you in this life until, by your grace, I come to your promised reign of justice and peace; through Christ and in the unity of the Spirit. Amen.

Songs During Communion

sit or stand

Dona Nobis Pacem CP 562

Dona nobis pacem, pacem;
Dona nobis pacem (x5)

Text: Agnus Dei; tr. Otilie Stafford (1921-).

Music: Composer Unknown.

Let There Be Peace on Earth SFAGP 128

Let there be peace on earth
And let it begin with me;
Let there be peace on earth,
The peace that was meant to be.
With God our creator,
Children all are we;
Let us walk with each other
In perfect harmony.

Let peace begin with me,
Let this be the moment now,
With ev'ry step I take
Let this be my solemn vow:
To take each moment
And live each moment
In peace eternally.
Let there be peace on earth,
And let it begin with me.

With God our creator,
Children all are we;
Let us walk with each other
In perfect harmony.

Words and Music: Sy Miller & Jill Jackson, 1955.

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Prayer after Communion

please stand

Presider All your works praise you, O Lord.

All And your faithful servants bless you.

Gracious God

**we thank you for feeding us
with the body and blood of your Son
Jesus Christ.**

**May we, who share his body,
live his risen life;**

**we, who drink his cup,
bring life to others;**

**we, whom the Spirit lights,
give light to the world.**

**Keep us firm in the hope you have set before us,
so that we and all your children shall be free,
and the whole earth live to praise your name
through Christ our Lord. Amen.**

The Dismissal

The Blessing

Community Announcements

please sit

Recessional Hymn: O Day of Peace CP 573

please stand

Oh day of peace that dearly shines
Through all our hopes and prayers and dreams,
Guide us to justice, truth and love,
Delivered from our selfish schemes.

May swords of hate fall from our hands,
Our hearts from envy find release,
Till by God's grace our warring world
Shall see Christ's promised reign of peace.

Then shall the world dwell with the Lamb,
Nor shall the fears devour the small;
As beast and cattle calmly graze,
A little child shall lead them all.

Then enemies shall learn to love,
All creatures find their true accord;
The hope of peace shall be fulfilled,
For all the earth shall know the Lord.

Text: Carl P. Daw, Jr. (1944-). © 1982 Hope Publishing Co.

Music: Charles Hubert Hastings Parry (1848-1918);

arr. The Church Hymnary, 3rd edition, Oxford, 1973, alt.

Deacon Dismissal

All **Thanks be to God! Alleluia!**

Please Make Your Way to the Chapel to Sing, "O Canada"

O Canada! Our home and native land.

True patriot love in all of us command.

With glowing hearts, we see thee rise, the True North strong and free!

From far and wide, O Canada, we stand on guard for thee.

Refrain *God keep our land glorious and free!*
 O Canada, we stand on guard for thee.
 O Canada, we stand on guard for thee.

O Canada! Where pines and maples grow,
Great praries spread and lordly rivers flow,
How dear to us thy broad domain, from East to Western Sea,
Thou land of hope for all who toil!
Thou True North, strong and free!

Refrain

O Canada! Beneath thy shining skies
May stalward sons and gentle maidens rise,
To keep thee steadfast through the years from East to Western Sea,
Our own beloved native land!
Our True North, strong and free! *Refrain*

Ruler Supreme, who hearest humble prayer,
Hold our dominion in thy loving care;
Help us to find, O God, in thee a lasting, rich reward,
As, waiting for the better day, we ever stand on guard. *Refrain*

Public Domain. Courtesy of the Cyber Hymnal™

Intercessory Prayers for any concerns happen every Sunday after worship, with an intercessory team, in the chancel (behind the Ambo). Please wait until there is a chair free, to leave privacy for the person ahead of you.

Pastoral Care: Pastoral concerns may be referred to the Reverend Helen Dunn at 236-888-4938. Please let the clergy know if you or a family member is in hospital.

Scripture Readings for next Sunday

Jer 23:1-6; Canticle 19a (Luke 1:68-79); Col 1:11-20; Lk 23:33-43

Name tags – please tuck the string into the plastic pocket before placing it in the box. Please let the parish office know if you would like one via email or phone.



Keep your eyes peeled. A new plaque will be on our anchor soon!

Image from: [HSD 7.5 Inch Giant Googly Eyes Plastic Wiggle Eyes with Self Adhesive for Christsmas Tree Party Decorations 2 Pieces | Walmart Canada](#)

Hello all St. Clement's Parents and Children,
St. Clement's continues to cherish members of all ages including children. If you would like your child/ren to participate in Sunday School, they can follow the teachers down into the lower hall following the Children's talk. They will remain in school until the passing of the Peace, where they will be returned to you. If your child/ren would like to remain upstairs in the service, that is fine also. There are coloring activities at the back of the church. Children can take any colouring or activities completed with them at the end of the service but will be asked to leave the activity bag and other contents (e.g. toys, craft supplies, crayons etc.) behind to be reused in future weeks. Anyone who has questions/thoughts about or would like to help with the Children's Ministry at St. Clement's is encouraged to contact Delayne.

Ministry Lay Leaders this Week

Altar Set-up	Sharon Walker
Altar Linens	Diana Geys
Counters	Audrey Yong and Ian Thomas
Eucharistic Bread	Lynne Graham
Eucharistic Ministers	Lynne and Gordon Graham
Intercessory Prayers	Sally Hinnell and Sara Hanney
Prayers of the People	Sara Hanney
Readers	Lynne Graham and Ingrid Potter
Server	Carson Yong
Sidespeople	Joseph and Junita Liu
Sunday School Teacher(s)	Brianna Parlongo (T) and Audrey Yong (A)
Tea/Coffee Hosts	Beth and David Bailey
Livestream A/V Technician	Sean Faivre-Duboz



Opportunities to Give:

Do you have a special date of remembrance that you'd like to share with our community by giving flowers for our Sunday service? If so, please contact Beth, the parish administrator, at the office to get more information.

Faith-filled Activities This Week and Beyond

- Today** **11.45 After Church- Extraordinary Vestry Meeting** (see For Our Members section on website for more information)
- Tuesday** **4.30pm Power Hour Prayer** on zoom- contact Lynne Graham at “lgraham971 at gmail.com”. We give thanks and pray for the world and our community. All are welcome. Everything is confidential.
- Wednesday** **1030 am Bible Study** various locations or on zoom- contact Helen Dunn.
130pm Contemplative walk- We will meet at the gazebo at the end of Lillooet Road and spend an hour walking around Rice Lake. In a contemplative walk, we walk in silence, giving ourselves the space to pay attention to how God may be speaking to us through our surroundings and through our own lives. There is parking close to the gazebo, or walk through from End of the Line. There will be the opportunity for a social time at End of the Line coffee shop after the walk. Contact: Elizabeth Mathers “mathers at telus.net”
- Thursday** **7.30pm Bible Study** on zoom- contact Lynne Graham.
- Friday** **7.45am The Romeo’s** meet at Cora’s Restaurant, cnr Marine Dr. and &Fell, for Breakfast and Bible Study. (*Retired Old Men Eating Out*). Contact Dave P at “davidparry at shaw.ca”

NORTH GARDEN UPDATE

Due to some recent construction on the stairwell in the North Garden, we will be postponing the blessing of the memorial mural until the spring. Please do continue to send names of your beloved ones to Elizabeth as she will continue to add them to the wall. A small donation (\$10-20) is appreciated for materials and upkeep.



Image from: <https://www.ministrymatters.com/all/entry/8504/simple-church-the-dinner-partyhttps://www.notonthehighstreet.com/anotherloop/product/personalised-leaf-name-card>

Please continue to add the names of your loved ones onto our Tree of Life in the sanctuary

You're invited to Participate in St Clement's Annual Dinner and Auction

When: Saturday November 19th from 5:30-9 pm

Auctions:

1. If you have any artwork (either yours or something in your house that you no longer want) to offer, please contact Sandra. It will be used in the silent art auction.
2. If you have any talent to offer (and everyone has something they can do!), please let Lynne or Sophia know and it will be offered for purchase during the live auction.

******* Ten percent of the proceeds from the auctions will be directed to Ukrainian relief by means of the Primate's World Relief and Development Fund (PWRDF).**

Food: Please sign up at the back of the church or let Lynne or Sophia know. The idea is to bring your favourite family dish to share.

Setup and Cleanup: Volunteers are needed for setup at 11am; also for cleanup afterwards. Contact is Lynda Faivre-Duboz.



Image from: <https://www.ministrymatters.com/all/entry/8504/simple-church-the-dinner-party>

Ministry Connections

Priest	Helen Dunn	236-888-4938 helen@stclementschurch.ca
Deacon	Peggy Trendell-Jensen	604-619-5576
Deacon Emerita	Elizabeth Mathers	604-339-6581
Administrator	Beth Bailey	604-988-4418 office@stclementschurch.ca
Music Director	Lynley Lewis	
Rector's Warden	Deborah Tuytens	604-970-1315
People's Warden	Sandra Martin	604-904-8689
Treasurer	Mike Crone	604-328-7156
Envelope Secretary	Audrey Yong	ayong@telus.net
Children/Sunday School	Delayne Sartison	778-229-0117
Youth	Mark Trendell-Jensen	604-561-9123

DO YOU NOTICE ANYTHING DIFFERENT ABOUT THE LIGHTING DOWNSTAIRS? BRIAN TERRACE CAME AND CHANGED OUT A LOT OF THE BULBS- YAY!



Image from:

https://www.bing.com/images/search?view=detailV2&ccid=1cd56Y%2fe&id=7A42E396E7041D92474D9EE6072B0AE4AC0BF346&thid=OIP_1cd56Y_eRnrgtXbprrmcwHall&mediarurl=htps%3a%2f%2fth.bing.com%2fth%2fid%2fR.d5c752e98fde467ae0b53c5ba6bae673%3frik%3dRvMLrOQKkwmng%26riu%3dhttp%253a%252f%252fwww.clipartbest.com%252fcliparts%252f4T9%252fLaM%252f4T9LaMKjC.jpg%26ehk%3dodnUsgZqBV0a6DCQNSiCbTqPtrzUREt5oDSebgMMvog%253d%26risl%3d%26pid%3dImgRaw%26r%3d0&exph=1920&expw=1655&q=cartoon+lightbulb&simid=607988106301604054&FORM=IRPRST&ck=631FD8D1C6ED7A4E607E24103A2F4F07&selectedIndex=1&ajaxhist=0&ajaxserp=0

Want to unwind after a long week in a beautiful sacred space? Come out and enjoy an hour of gentle stretching and yoga on Friday nights at St Clement's Church in the sanctuary from 730-

830pm. If you or your friend(s) are planning on coming, please let Beth know via email- jebegraham@gmail.com, phone or text- 778-240-0588 by Friday at 12 pm. You will need to sign a waiver before you start. This can be done 10 minutes before class. Cost is by donation. Please bring a mat if you have one or a thick towel to work on and wear comfortable clothing. I look forward to seeing you!



bwc43275885 Barewalls

Image from: [Cartoon icons set of sketch little people stick figures doing yoga, Art Print | Barewalls Posters & Prints | bwc43275885](#)

Potential dates: Nov 18, 25, Dec 2, 16, Jan 6, 13, 20, 27 etc

Prayers: *The following are for your prayers this week*

In our own Diocese: Pray for John, our Bishop; for Stephen, our Archdeacon; and Helen, our Regional Dean; for the N Van Regional Ministry Team and churches. For Military Chaplains – Captain the Rev'd Michael McGee, CFB Borden, for Christ Church Cathedral, Vancouver and the Very Rev'd Christopher Pappas, the Rev'd Areeta Bridgemohan, the Rev'd Clare Morgan, the Rev'd Melanie Calabrigo, the Rev'd Adam Dawkins, the Rev'd Alisdair Smith and the Rev'd Jeffery Preiss. Pray for Linda, our Primate; Lynne, Archbishop and Metropolitan; and for Sidney Black, our Interim National Indigenous Bishop.

For the wider Church: Pray for the peace of Jerusalem and the Middle East. Pray for the clergy and people in the Episcopal Diocese of Northern Philippines and for our partner parish of St Clement of Alexandria, Payeo. For all Pastors/Priests and congregations of other denominations in Lynn Valley and around the world.

In our Parish community: Pray for Helen, our priest; Peggy, our deacon (and the diocesan Archdeacon for Deacons), Elizabeth, our deacon emerita; for the wardens: Deborah, and Sandra. For the staff: Lynley and Beth; in our cycle of ministries, we pray this week for all involved in our altar guild and Bible studies.

In our parish cycle of prayers: Pray for Dominic Flanagan, Marie- Claire, Ella and Beth Concannon, and for Stephanie, Noa and Oscar Geoffrion and their families.

For healing: Pray for Beth Bailey; Brita; Caitlin; Christina; baby Clayton; Marion Edwards; Fiona; Michael Jeffries; Judy; Carole Holley; Lachlan Keir; Lynda Mills; Carol Norwood; Olivia and Brian; Robin Lee Birmingham, Sienna, David Smith; Vanessa; Maryam Zamani, and for their families and caretakers.

For Outreach: Pray for all newcomers to Canada: We pray for Honada, Saíd and family, Bukhari at VCC, Neema Grace, Malis and his family; Fatemeh and Nasrullah and their sister Nasrin and family. We pray for Malis' daughters Chance, Nadine and granddaughter Julie in a refugee camp as they patiently wait to join their family in Vancouver. For our new refugee sponsors- a family of four from the Karen people (their last name is Htoo and they have 9 and 6 year old sons)-and all refugees and displaced persons as they seek a place to call home. We also pray for the community groups which use our building.



HIP HIP HOORAY !!!
THE FOLLOWING PEOPLE CAME OUT TO CLEAN YESTERDAY,
AND THEY DESERVE OUR THANKS AND PRAISE!!!!

- Helen - decluttered photocopier room
- Conrad and Cam - Cam did the kitchen, Conrad tackled cobwebs and cleaned all the pews
- Elizabeth - decluttered
- Diane Kozoris - cleaned choir stalls and vacuumed around altar area
- Jo Zosiuk - cleaned all the windows upstairs
- Barbel Ismen - Godly Play room
- Tally Keir - washed walls in hallways
- St Rick (as Helen has nicknamed him) - cleaned the stairway down to basement
- Joanne & Dave Graham - everything not taken care off!
- Wilna - vestry, chapel, hospitality room

Image from: [cartoon clicking heels - Bing images](#)

Snacks brought by Helen (soup, cheese rolls and cold cuts); Elizabeth (ginger cake); Wilna (banana choc chip muffins); Joanne (?) - muffins

Please make a Christmas ornament for our tree in the Parade of Trees in Lynn Valley Village. Ornaments are at the back of the church, and you are encouraged to write “Peace, love, joy etc” in your native language as our theme is “Many Languages”. Jenn Ashton, who we met via zoom during our last service, will then laminate them and string them together. She needs them by Nov 27th. Thanks Jenn!



Image from: [Christmas Ornament Die Cut Cardstock Christmas Ornament - Etsy](#)



Image from: [You And Your Loved Ones In Heaven - Faith is the Evidence \(faiththeevidence.com\)](http://faiththeevidence.com)



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