

Lesson 4  
Learning Meekness  
Matthew 5:5

We see a progression:

First, we are poor in the spirit, that is spiritual bankrupt without a relationship with the Lord  
Second, that results in the brokenness or mourning over our sinfulness, that we are always looking to God as we should be going to God and confessing our sins and failures

1) \_\_\_\_\_ **Of Meekness-vs. 5**

- a) “blessed are the meek”
- b) Some of you might have gentle
- c) A meek person is \_\_\_\_\_-controlled rather than \_\_\_\_\_-controlled
- d) This word meek is what they call in Greek an active form
- e) That means the attitude of the believer towards sin is combating it instead of being passive in attitude
- f) Meekness is the \_\_\_\_\_ result in seeking righteousness
- g) It can be described as a gentle breeze
- h) A breeze is wind under control
- i) **Prov. 16:32—“He who is slow to anger is better than the mighty, And he who rules his spirit, than he who captures a city.**
- j) **Prov. 25:28—“Like a city that is broken into and without walls Is a man who has no control over his spirit.**
- k) There are several verses in Proverbs that talk about control our tempers
- l) Meekness is being gentle in spirit, tenderhearted

2) \_\_\_\_\_ **of Meekness-vs. 5**

- a) Jesus is teaching here and of course is always the best example
- b) Listen the way to meekness is not our way
- c) The proud Pharisees wanted a miraculous kingdom
- d) The proud Sadducees wanted a materialistic kingdom
- e) The proud Zealots wanted a military kingdom
- f) But listen Jesus offers a meek kingdom
- g) Let me show you a few examples of meekness from Scripture
- h) \_\_\_\_\_ Salvation:
  - 1) **Matt. 18:2-4—“And He called a child to Himself and set him before them, 3 and said, “Truly I say to you, unless you are converted and become like children, you will not enter the kingdom of heaven. 4 “Whoever then humbles himself as this child, he is the greatest in the kingdom of heaven.**
- i) God’s \_\_\_\_\_:
  - 1) **Jam. 1:21—“Therefore, putting aside all filthiness and all that remains of wickedness, in humility receive the word implanted, which is able to save your souls.**
  - 2) Meekness creates the soft soil of the heart
- j) \_\_\_\_\_ Defense:

- 1) **1 Pet. 3:15**—“but sanctify Christ as Lord in your hearts, always being ready to make a defense to everyone who asks you to give an account for the hope that is in you, yet with gentleness and reverence;
  - 2) **Abraham** was Lot’s uncle and his elder, yet Abraham willingly let Lot take whatever land he wanted, in meekness he gladly waived his rights and laid aside his power
  - 3) **Joseph** was abused by his jealous brothers, sold into slavery, you know the story. By God’s gracious plan, he came to second only to the Pharaoh in Egypt, he was in a position to take severe vengeance on his brothers...his response
  - 4) **David** was chosen by God and anointed by Samuel to replace Saul as Israel’s king. But when in a cave, David had an opportunity to take Saul’s life David refused to do so
- k) Christ of course the \_\_\_\_\_ example
- 1) **1 Pet. 2:23**—“and while being reviled, He did not revile in return; while suffering, He uttered no threats, but kept entrusting Himself to Him who judges righteously;
  - 2) **Phil. 2:8**—“Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross.
- l) Remember meekness is not something we can manufacture, it is the fruit that God gives us
- m) Fruit must be cultivated
- n) It has been said that we cultivate meekness in the difficult experiences of life
- o) **Ps. 18:35**—“You have also given me the shield of Your salvation, And Your right hand upholds me; And Your gentleness makes me great.
- 3) **The \_\_\_\_\_ and The Meek-vs. 5**
- a) “shall inherit the earth”
  - b) When we are meek, we seek nothing for ourselves and when we seek nothing for ourselves God gives us all things
  - c) Saul’s self-seeking cost him his crown, but David’s meekness gave him the kingdom
  - d) Meekness means power under control and when you control yourself everything belongs to you
  - e) **Ps. 37:4**—“Delight yourself in the LORD; And He will give you the desires of your heart
  - f) We need to wait on the Lord

Key Idea: *You know the greatest enemy to meekness is impatience*