

**ACTS PRESENTS
MONDAY NIGHT BOOK
STUDY 49-07**



Rutger Bregman

BEFORE WE BEGIN



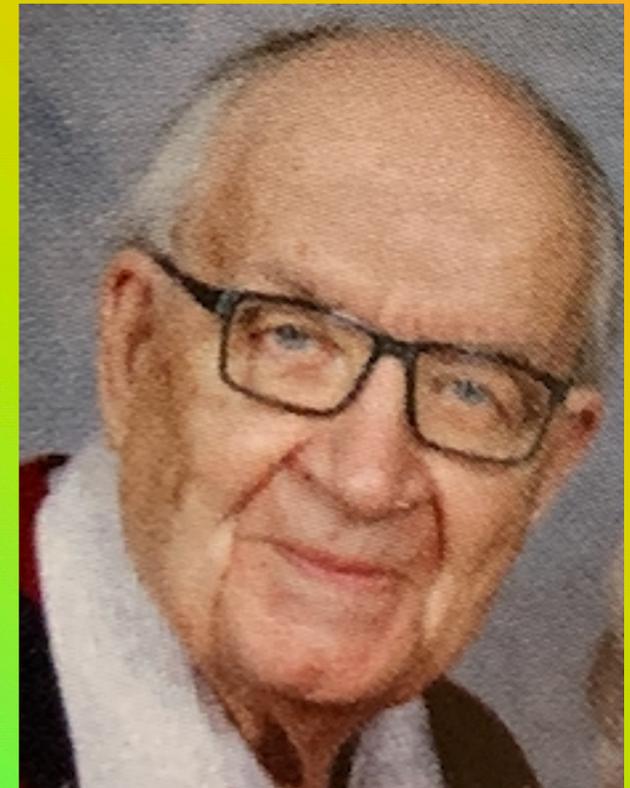
Wayne Holst

MONDAY NIGHT BOOK STUDY
WITH
WAYNE, JOAN AND BRENDA
FALL SESSION 49-07

OPENING WITH KEN KITTRIDGE

FIGHTING MISINFORMATION

DIGITAL MEDIA LITERACY



I. What is truth or reality in our times?

- Rutger Bregman's answer
- Ken's Bias and Evidence
 - IREX (International Research and Exchange Books)
 - Mehri Druckman



Two Basic Definitions:

- Misinformation — incorrect or misleading
- Disinformation — false and deliberately created to cause harm

II. THE BODY

A.LABEL TO DISABLE

B.CARE BEFORE YOU SHARE

**C.BREAKING YOUR INFORMATION
BUBBLE**

III. CONCLUSION

49-07. November 7, 2022

Part Four: The New Realism and Chapter 13, 14

Avoid the news.

49-08. November 14, 2022

Chapter 15 and Part Five: Turn The Other Cheek

Cynicism is just another word for laziness – don't punch Nazis.

49-09. November 21, 2022

Chapters 16, 17, 18

Come out of the closet – don't be afraid of doing good.

49-10. November 28, 2022

Epilogue and Summary Evening –

Be realistic.



HOUSEKEEPING

Bregman's Rule #7 of Rules to Live By

Avoid the News!



THREE QUESTIONS THAT NEED REFLECTIVE THOUGHT

■ *What planet am I on?*

■ *What wolf am I feeding?*

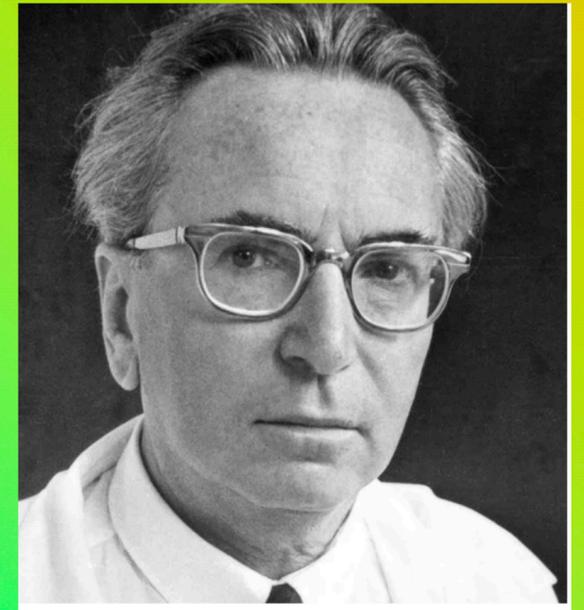
■ *How can my Faith help me deal with a book like this?*



PART FOUR: A NEW REALISM

"So we have to be idealists in a way, because then we end up as the true, the real realists" (Frankl)

Two big ideas - Intrinsic Motivation and Play
(chapters 13, 14)



Compare the thoughts of
Bertrand Russell & William James
Intelligence vs. faith -
What is my ultimate focus?

Russell's "Intellectual Integrity" vs
James' "Some things have to be
taken on faith."

Discuss

CHAPTER THIRTEEN: THE POWER OF INTRINSIC MOTIVATION



Expanding the debate between Russell and James

- the power of expectation (256)
- high expectations can be a powerful tool, and low expectations too (259)
- we're hard-wired to mirror one another (259)
- like hatred, trust can be contagious (262)
- the will to believe (262)

Discuss

The Power of Intrinsic Motivation

KEY POINTS FROM CHAPTER 13

- not Carrot and Stick
- people do something because they want to do it
- personal experience

"The question is not how to motivate others, but how we shape a society so that people motivate themselves" (278)

Discuss

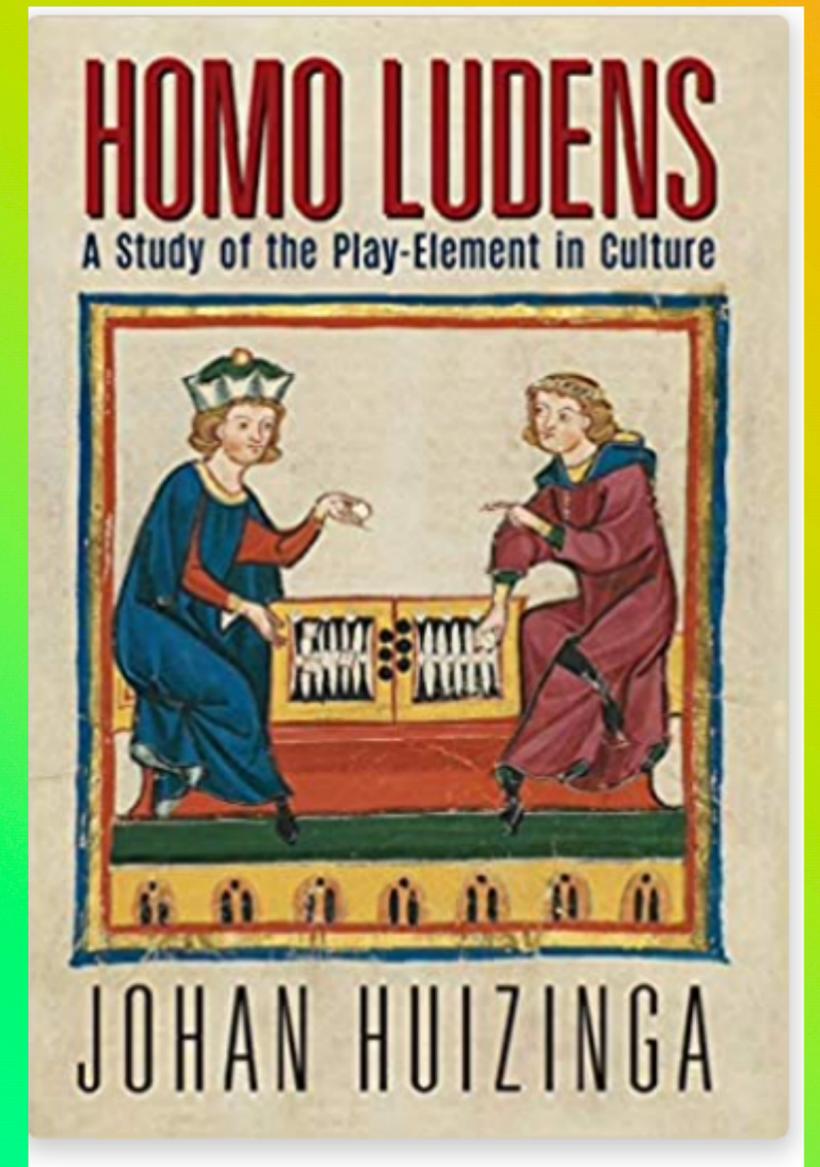
CHAPTER FOURTEEN: HOMO LUDENS

Some key points

"Man— the one who plays"

- play brings meaning to life (283)
- playing and learning can be one and the same thing (283)
- we need to free our kids to play (286)
- there are also limits to laissez-faire education (292)
- and yet, follow where curiosity leads (293)

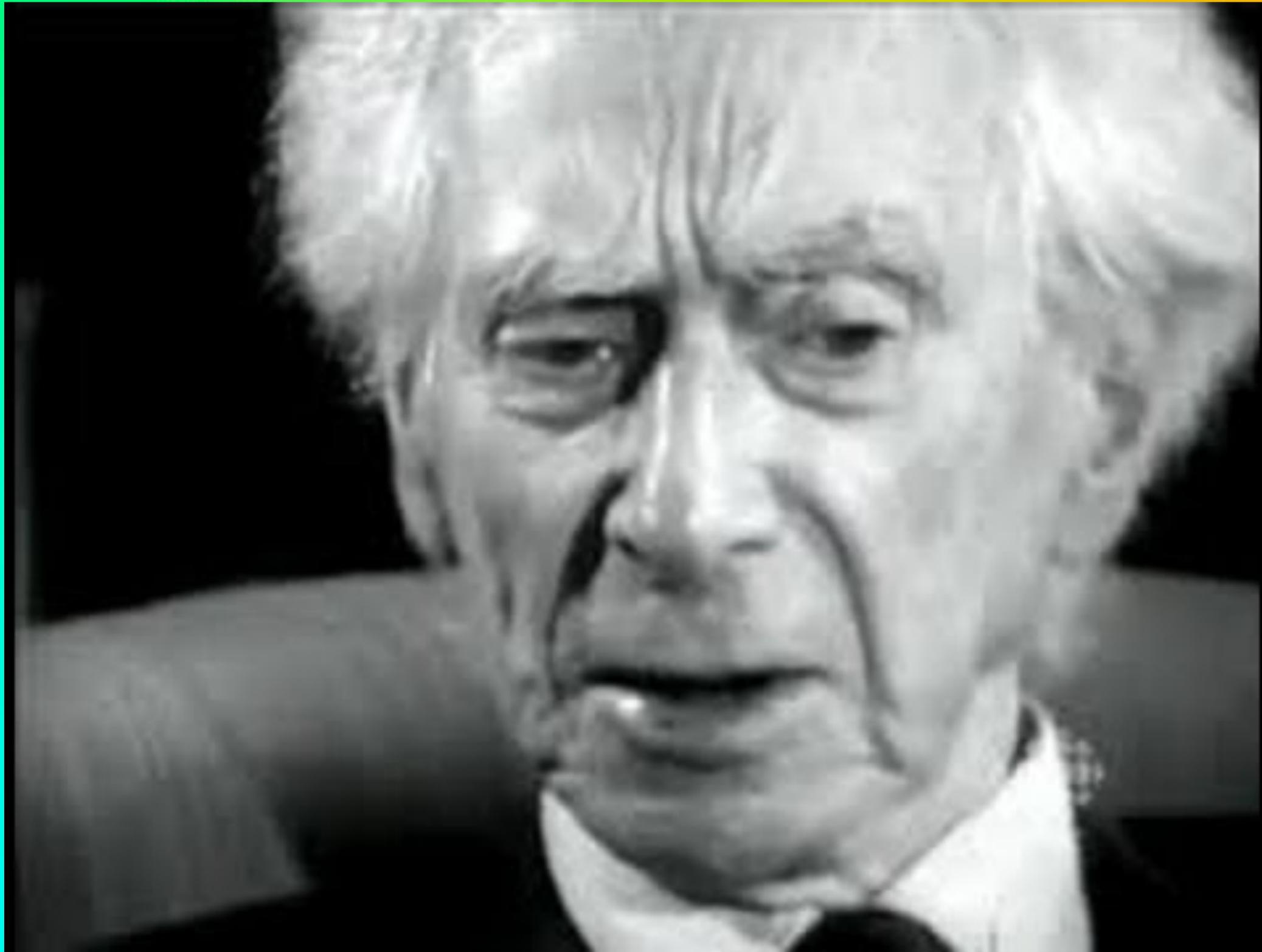
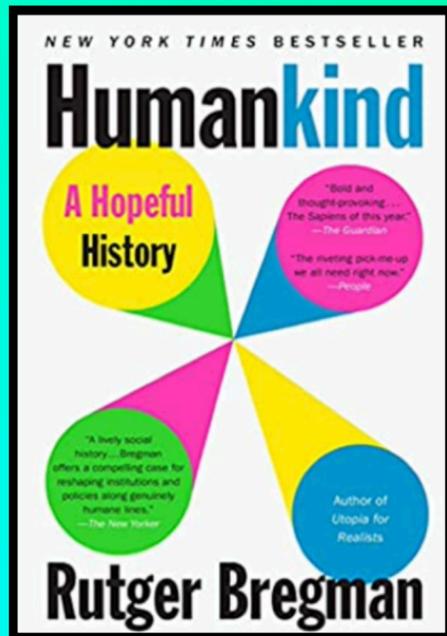
"The question is not - 'can kids handle freedom?'
but do we have the courage to give it to them?" (294)



Summary Questions

- What is life's ultimate purpose really all about?
- What is education for?





One Last
Thing with
Bertrand
Russell

Love is
wise; hatred
is foolish.

Kindness
and
Tolerance

18 May 1872 – 2 February 1970



**IS IT IMMORAL TO BELIEVE
WITHOUT EVIDENCE?**

Rob Tuitent



**“The opposite of play is not work, the opposite of play is depression.
Brian Sutton-Smith**



Rob Human - Agora School



Cody & Harper Goldberg



Sjef Drummen

A HOPEFUL HISTORY

Break out Rooms — Some things to discuss

- * How can my Faith help me deal with a book like this?
- * “Avoid the News.” Plus and minus!!
- * “The opposite of play is not work, the opposite of play is depression.” (Brian Sutton-Smith)
What do you think?
- * Bertrand Russell and William James on Belief? Discuss
- * Intrinsic Motivation vs Extrinsic Motivation in your life.
- * What is life’s ultimate purpose really all about?
- * What is the purpose of education?

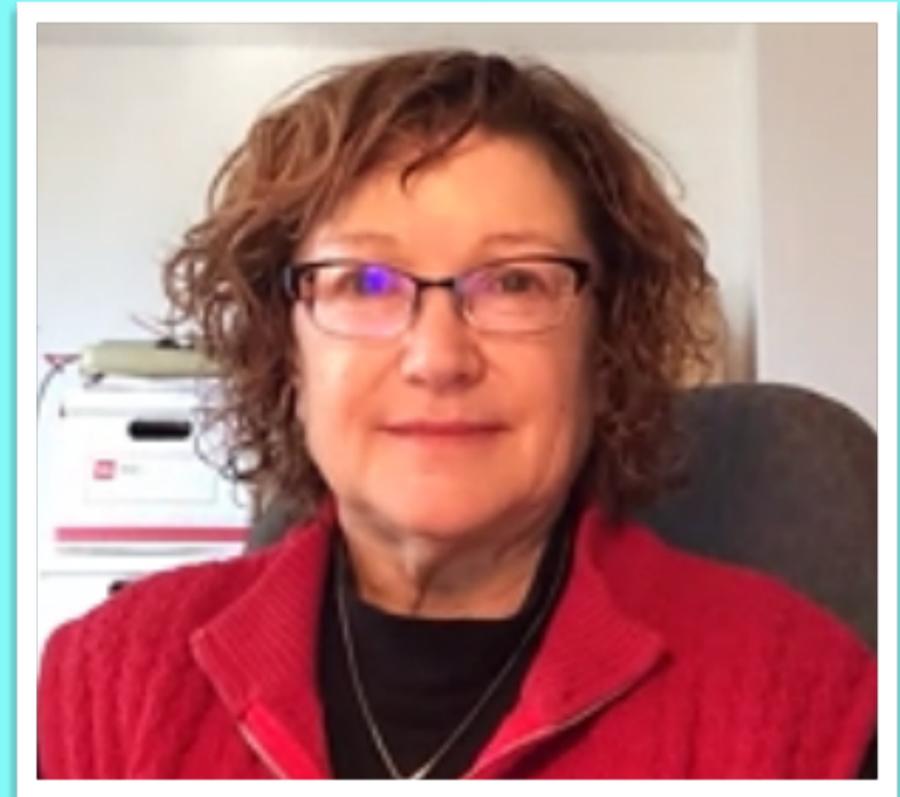
FEEDBACK AND SUMMARY

STORIES/ IDEAS THAT NEED TO BE SHARED

**Next Week:
November 14, 2022**

**Chapter 15 & Part Five:
Turn The Other Cheek**

**Cynicism is just another
word for laziness – don't
punch Nazis.**



**CLOSING
WITH
JOAN**

Teachers...

**You are the molders of their dreams, the gods who build or crush their young beliefs of
right or wrong**

**You are the spark that sets aflame the poet's hand or lights the flame
of some great singer's song**

**You are the gods of the young, the very young. You are the guardian of a million
dreams.**

Your every smile or frown can heal or pierce a heart.

**Yours are a hundred lives, a thousand lives , yours the pride of loving them and the
sorrow, too.**

**Your patient work, your touch, make you the gods of hope who fill their souls with
dreams**

To make those dreams come true.

**From the Focus on the Family broadcast "Teacher of the Year" by Guy Doud. President
Ronald Reagan read this to Mr. Doud when he received the 1986 National Teacher of
the Year for the United States of America. Written by Clark Mollenhoff (deceased).**

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NEW YORK TIMES BESTSELLER

Human**kind**

**A Hopeful
History**

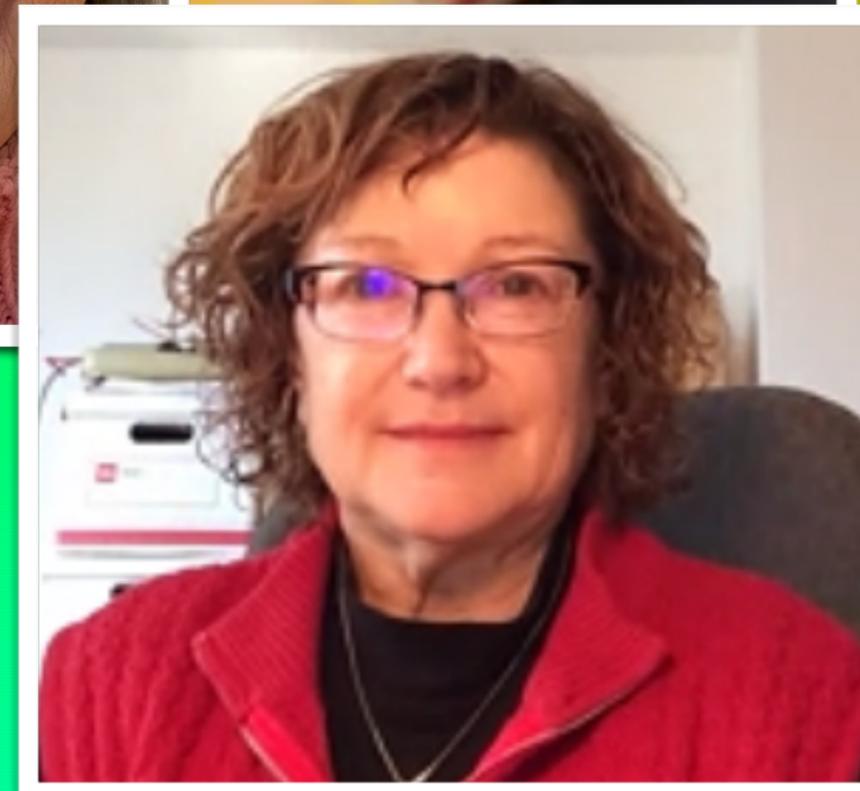
"Bold and
thought-provoking ...
The Sapiens of this year."
—The Guardian

"The riveting pick-me-up
we all need right now."
—People

"A lively social
history ... Bregman
offers a compelling case for
reshaping institutions and
policies along genuinely
humane lines."
—The New Yorker

Author of
Utopia for
Realists

Rutger Bregman



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