

This service is Livestreamed via Facebook and the Parish website. We welcome everyone worshipping with us today whether in person or online.

The Gathering of the Community

Words of Welcome and Acknowledgment

We begin by acknowledging that we live, work, play, and worship on the traditional and unceded territory of the Coast Salish peoples including the Katzee, Tsawwassen, Semiahmoo and Kwantlen Nations. May our words and our actions reflect our awareness and appreciation of this.

Processional Hymn – CP 276 For All the Saints

The Greeting

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all. **And also with you.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Hymn of Praise – CP 313 Sing, Praise & Bless the Lord

The Collect

Almighty God, whose people are knit together in one holy Church, the mystical Body of your Son, grant us grace to follow your blessed saints in lives of faith and commitment, and to know the inexpressible joys you have prepared for those who love you; through your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Proclamation of the Word

First Reading - Daniel 7: 1-3, 15-18

In the first year of King Belshazzar of Babylon, Daniel had a dream and visions of his head as he lay in bed. Then he wrote down the dream: I, Daniel, saw in my vision by night the four winds of heaven stirring up the great sea, and four great beasts came up out of the sea, different from one another.

As for me, Daniel, my spirit was troubled within me, and the visions of my head terrified me. I approached one of the attendants to ask him the truth concerning all this. So he said that he would disclose to me the interpretation of the matter: 'As for these four great beasts, four kings shall arise out of the earth. But the holy ones of the Most High shall receive the kingdom and possess the kingdom for ever—for ever and ever.'

Listen to what the Spirit is saying to the Church. Thanks be to God

<u>Psalm 149</u>

1 Hallelujah! Sing to the Lord a new song; sing his praise in the congregation of the faithful.

2 Let Israel rejoice in his maker; let the children of Zion be joyful in their king.

3 Let them praise his name in the dance; let them sing praise to him with timbrel and harp.

4 For the Lord takes pleasure in his people and adorns the poor with victory.

5 Let the faithful rejoice in triumph; **let them be joyful on their beds.**

6 Let the praises of God be in their throat and a two-edged sword in their hand;

7 To wreak vengeance on the nations and punishment on the peoples;

8 To bind their kings in chains and their nobles with links of iron;

9 To inflict on them the judgement decreed; this is glory for all his faithful people. Hallelujah!

Glory to God, Source of all being, eternal Word and Holy Spirit: as it was in the beginning, is now and will be for ever. Amen

Second Reading - Ephesians 1:11-23

In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

I have heard of your faith in the Lord Jesus and your love towards all the saints, and for this reason I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power. God put this power to work in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the age to come. And he has put all things under his feet and has made him the head over all things for the church, which is his body, the fullness of him who fills all in all.

Listen to what the Spirit is saying to the Church. Thanks be to God

Gradual Hymn – CP 278 Jerusalem the Golden

The Gospel – Luke 6: 20-31

The Lord be with you. And also with you.

The Holy Gospel of our Lord Jesus Christ according to Luke **Glory to you, Lord Jesus Christ.**

Then he looked up at his disciples and said: 'Blessed are you who are poor, for yours is the kingdom of God. 'Blessed are you who are hungry now, for you will be filled. 'Blessed are you who weep now, for you will laugh.

'Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice on that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets. But woe to you who are rich, for you have received your consolation. Woe to you who are full now, for you will be hungry. Woe to you who are laughing now, for you will mourn and weep. Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.

'But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

The Gospel of Christ Praise to you, Lord Jesus Christ

Homily: The Rev'd Mark Munn

The Apostles' Creed

Let us confess the faith of our baptism, as we say, I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate. was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Prayers of the People

Confession and Absolution

God is steadfast in love and infinite in mercy. God welcomes sinners and invites them to this table. Let us confess our sins confident in God's forgiveness.

Silence is kept.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; We have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The peace of the Lord be always with you. And also with you.

The Celebration of the Eucharist

Offertory Hymn – CP#306 O For a Thousand Tongues to Sing

Prayer over the Gifts

Holy and mighty God,

we give you thanks for the triumph of Christ

in the lives of all his saints.

Receive all we offer you this day,

and help us, like them, to run our course with faith,

that we may come to your eternal kingdom.

We ask this in the name of Jesus Christ our Lord. Amen

The Great Thanksgiving Eucharistic Prayer 3

The Lord be with you. And also with you. Lift up your hearts. We lift them to the Lord. Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; in the multitude of your saints you have surrounded us with so great a cloud of witnesses, that we, rejoicing in their fellowship, may run with patience the race that is set before us, and together with them receive the crown of glory that never fades away. Therefore with angels and archangels and with all who have served you in every age, we raise our voices to proclaim the glory of your name.

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you.

In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command, we remember his death, we proclaim his resurrection, we await his coming in glory;

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

Amen.

The Lord's Prayer

Rejoicing in God's new creation, let us pray as our Redeemer has taught us. Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

The Breaking of the Bread

We break this bread to share in the body of Christ We, being many, are one body, for we all share in the one bread.

The Communion

The gifts of God for the people of God.

Thanks be to God

Please proceed to the altar for communion as directed, we ask that you sanitise your hands before receiving Communion.

Prayer after Communion

Lord of hosts, we praise your glory reflected in your saints. May we who share at this table be filled with the joy of your eternal kingdom, where Jesus is Lord, now and for ever. Amen

The Blessing with Birthday & Anniversary Candles

May the blessing of God be upon you The blessing of the Father and the Son, And may the Spirit of God the Spirit of Love (Peace on 2nd X) Be with you all your Days.

The Doxology

Glory to God, whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation in the church and in Christ Jesus for ever and ever. Amen.

The Blessing

God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit be with you now, and always. **Amen**

Sending Hymn – CP#502 You are Salt for the Earth

<u>Dismissal</u>

Go in peace to love and serve the Lord. Alleluia!

Thanks be to God. Alleluia

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Notices and Prayer List for the week beginning 6th November 2022

To assist the office, please ensure that any items for the Notices are received

before Noon on Thursday.

The flowers this morning are given for the glory of God by Simon and Christine Lee in loving memory of Christine's parents; and by Pat Nociar &family in loving memory of dear family and friends.

We pray for the whole Anglican Church of Canada – we pray especially for our primate, Archbishop Linda Nichols. We pray also for the Principal, faculty, students, and staff of the Vancouver School of Theology. We also remember those who died in war and pray for renewed commitment to work for peace.

Anglican Communion – we pray for the Church of England.

In our Diocesan Cycle - we pray for our Bishop, the Rt. Rev. John Stephens. We also pray for: All Saints, Ladner - The Rev'd Robin Ruder-Celiz; All Saints, Burnaby - The Rev'd Justin Cheng, The Rev'd Leah Skuro, The Revd Gordon Barrett; All Saints, Mission, The Rev'd Paul Bowie; All Saints, Agassiz, The Rev'd Philip Barker.

We pray for our companion diocese of Northern Philippines. We pray for our own twinned parish of Holy Apostles, Abatan, and their priest, Father Joey Napat-a.

In all these prayers for the church near and far, we pray for the people and clergy and for the ministries flowing from these places into the communities.

In our Parish Cycle we pray for: John Palmer & Janette Bulkan, Mary Patterson and Anil & Cynthia Richards. We pray for their work, ministry, and families here and away.

<u>Notices</u>

WOMEN'S RETREAT

The Diocesan ACW is hosting a <u>Retreat to Explore & Experience Christian Celtic Spirituality</u> at Loon Lake Lodge & Retreat Centre, Maple Ridge, from Friday, November 25 (3 pm) to Sunday, November 27 (1 pm). Attendees will explore what Christian Celtic Spirituality is about, engage in ways to be refreshed, be oriented to the goodness of all of Creation, gather for Morning Prayer overlooking the lake, and build a Celtic Cross in nature. The presenters are Rev'd Lorie Martin, Rev'd David Taylor and Katherine Murray from the Centre for Spiritual Renewal. Registration includes 5 meals; double occupancy \$445.00 per person; single occupancy \$525.00 Limited. Maximum 30 persons.

Register at this link: <u>https://tithe.ly/event-registration/#/5676769</u>. All interested women seeking spiritual refreshing through singing, Christian practices and activities are welcome.

CHRISTMAS BAZAAR – SATURDAY, DECEMBER 3rd

- Doors Open at 11:00 am
- Raffle Draw at 2:30 pm
- Doors Close at 3:00 pm

St. Helen's will hold our annual Christmas Bazaar on Saturday, December 3rd. Let's all pitch in to make this an unforgettable Bazaar. We'll volunteer, donate, and gather our Church (and wider) communities to come together and raise funds for St. Helen's.

PANTRY and BAKING: Make and bring your favourite cookies, cakes and loafs. We put them on tables and watch the visitors 'gobble' them up. And oh yes, we'd also like items for the pantry, such as jams, pickles, chutneys, cookies, etc.

DONATIONS to SELL: Start gathering you previously loved jewelry and Christmas items and decor, that can be purchased by visitors and 're-gifted,' or simply enjoyed anew.

BOOKS: John Palmer will be running his 'mini book fair.' Do you have books to donate? Please check with John to see if he could use some additions to the offering.

TEA ROOM: We need members to donate ingredients (or a bit of cash), and then if the spirit lifts you, bake shortbread, Christmas Cakes, or any other sweet edibles that come to mind. Please let Zoltán know what you have in mind.

DELIVERING ALL YOUR KIND OFFERINGS ... All Donations and Foodstuffs should be dropped off on Friday, December 1st between 3:00 pm and 8:00 pm.

RAFFLE: Judy Nicholson will coordinate the Raffle. Tickets will be available starting Sunday, November 6th. Grab a bunch of ticket books, and sell them to everyone you love, at home and at work. The prizes include tickets to a Canucks game, an impressive cash prize, and a gourmet food hamper.

GETTING THE WORD OUT: This year we'll be embarking on a major advertising blitz. And in addition to our publicity efforts, we'll also need everyone's help putting up Posters & Flyers where you can, and distributing Handouts to your network.

PARTICIPATING: Not sure of how you can help? A bit shy? Please contact Zoltán and he'll find you something to do, commensurate with your availability and resources.

Zoltán Barabás, Christmas Bazaar Convener 604 715 5723 mobile zoltanbarabas@me.com

This Week's Ministry Team

Officiant/Preacher – The Rev'd Mark Munn Music – Matthew Ma Crucifer/Server and Psalmist – Kelly Foulds Prayers of the Community – Lynn Turner Chalice assistants/Lay administrators – Mareen and Roshan Mathew Readers – Cynthia Richards and John Palmer Greeters – Glenda Colquhoun and Judy Nicholson Livestream Tech – Zoltan Barabas/Simon Lee/Tom Beneteau Altar Guild – Lynn Turner and Jane Denton Fellowship Servers – Wendy and Peter Russell

Next week's Ministry Team Crucifer – Alex Mason Psalmist and Prayers of the Community – Cathy Anderson Chalice assistants/Lay administrators – Vee & Edward Villar Readers – Angelita Sotana and Jacquie Stinson Greeters – Cynthia & Anil Richards Altar Guild – Mary Patterson and Jane Denton Fellowship Servers – Ann Nelitz, Maxine Hryhoriw, Cathy Anderson and Alex Mason

Contact Details for the Priest in Charge - The Rev'd Mark Munn

If you would like to contact Mark, his details are as follows: Email: <u>sainthelensrector@gmail.com</u> Office Number: 604 581 4800 Mobile: 778 384 6999 Day Off: usually Friday

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