## Looking for a Way to Help Others?

Meet New People - Make A Few Extra Dollars Support a Person With a Disability, While Giving Their Family a Break

## **Qualifications:**

- 1. Care about others and like to help people
- 2. Have your own transportation
- 3. Able to provide physical support to a person with a disability
- 4. Have an understanding of community resources (parks, libraries, grocery stores, etc.)
- 5. Have basic living skills to assist individuals in cooking, doing things in the home, or engaging in the community





## How To Get Started:

- 1. Complete the questionnaire online or call 314-817-2236
- 2. You'll share the areas and times (day, night, overnight, weekend) you are willing to work
- 3. Your contact information and preferences will be added to the Respite Care Provider list

If your preferences match those of a family, they will contact you directly. All communication and payment will take place between you and the family. You will have the option to agree or decline any opportunities.

Becoming a Respite Care Provider offers a flexible, part-time opportunity for people looking for something meaningful to do in their free-time. As an independent contractor, Respite Care Providers offer short-term support to an adult or child with a disability.



For questions about becoming a Respite Provider, contact Amy Burnett, Family Support Coordinator, St. Louis Arc, at aburnett@slarc.org or 314-817-2236. Take a photo of the QR Code to learn more and apply.

