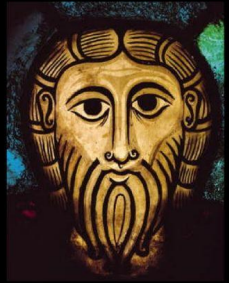
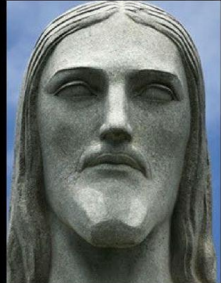
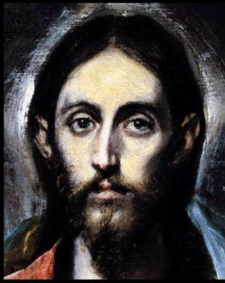
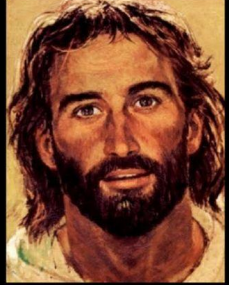
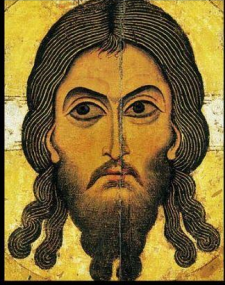
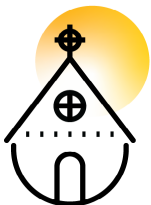


Pentecost +19
October 16, 2022



there's still room for interpretation.

Based on the work of Tom McElligott for The Episcopal Ad Project. Updated 2018 by Rev. Emmy Kegler.



THE
ABBHEY
CHURCH

*Beloved companions
in the Spirit -
Come as you are
offering our lives
in the beautiful struggle of faith...*

We Gather

Opening Loop (Announcements)

The Children/Youth Toll the Bells

**Welcome, Announcements and Land Acknowledgement
with ləkʷəŋən from elder Butch Dick**

Bell x3

Gathering Words

In the name of Jesus
the bread breaker
the light gatherer
cross carrier
welcome

**May the peace of the Lord Jesus
the peace maker
and the temple disturber
friend of the sinner
and companion on the road
be with us all**

Let us draw close to the Lord Jesus
the saviour
the healer
the friend
the sibling
the teacher -
and worship him

**and ask ourselves
who do we say he is?**

<http://www.spillbeans.org.uk>

*During this next song,
Abbeykids come forward to set the table.*

Song: Come My Way, My Truth, My Life

Come, my Way, my Truth, my Life:
such a way as gives us breath,
such a truth as ends all strife,
such a life as killeth death.

Come, my Light, my Feast, my Strength:
such a light as shows a feast,
such a feast as mends in length,
such a strength as makes his guest.

Come, my Joy, my Love, my Heart:
such a joy as none can move,
such a love as none can part,
such a heart as joys in love.

George Herbert / Tune: THE CALL, Ralph Vaughan Williams / Public Domain

Poem chosen/read by poet-in-residence Rebecca Yeo

We Proclaim

Psalm 50 Wil Gafney translation.

Offer to God a sacrifice of thanksgiving,
and remit to the Most High your vows.
And call on me in the day of trouble:
I will deliver you and you shall glorify me.
Yet to the wicked God says:
‘What is it to you to recite my statutes,
or raise my covenant in your mouth?
Now you, you hate discipline,
and you cast my words behind you.
You set your mouth upon evil,
and your tongue crafts deceit.
You sit and speak against your kin;
against your own mother’s child you raise slander.
These things you have done and I kept myself silent;
you thought I would be like you.
I rebuke you and lay the indictment before your eyes.
Understand this, you who forget God,
lest I tear you apart, and there be no one to deliver.
They who bring a sacrifice of thanksgiving honor me;
to those who set upon the right way
will I show the salvation of God.

You are invited to rise in body or in spirit as we prepare our hearts to hear the Gospel.

Gospel Acclamation

Hallelujah, Hallelujah! Singing glory, (glory)
Hallelujah, Hallelujah! Singing glory to the Maker,
Hallelujah!

Liz Vice/Porters Gate [Merlin] Absolute Label Services (on behalf of Integrity Music);
Integrity Music Publishing / CCLI (from Brother Sun, Sister Moon / Climate Vigil)

The Gospel: Mark 6:1-6

Let us proclaim the gospel from the rooftops!

With our words and with our lives!

Now Jesus left that place and came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many women and men who heard him were astounded, saying, “Where did this man learn this?” And “What wisdom has been given him?” And “Such deeds of power work done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they were offended over him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except on a few sick people laying hands and curing them. And Jesus was amazed at their unbelief. Then, he went about among the villages teaching.

...Let us proclaim the gospel from the rooftops!

With our words and with our lives!

Hallelujah, Hallelujah! Singing glory, (glory)
Hallelujah, Hallelujah! Singing glory to the Maker,
Hallelujah!

Liz Vice/Porters Gate [Merlin] Absolute Label Services (on behalf of Integrity Music);
Integrity Music Publishing / CCLI (from Brother Sun, Sister Moon / Climate Vigil)

Sermon

Matt Humphrey, EC

Bell / Silence / Bell

*You are invited to rise in body or in spirit
as we affirm the story of our faith.*

The Creed (Sung)

I believe in God the Maker almighty
Creator of heaven and earth;
I believe in Jesus Christ, God's only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.

He suffered under Pontius Pilate,
was crucified, died and was buried.
He descended to the dead on the third day he rose again.
He ascended into heav'n and is seated
at the right hand of the Maker.
He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins, +the
resurrection of the body, and the life everlasting. Amen.

Ryan Flanigan, alt., © 2017, Common Hymnal, CCLI

Confession

Let us turn to the God of abundant mercy
and confess our sins...

Bell. Silence. Bell.

God of Grace, you have gifted us with a world of
abundance; a land of plenty; We come before you this day
to repent from our inability to share this plenty.

**God, we declare our own complicity in systems that
sustain some of us, while forsaking many others.**

**And we come before you to seek your forgiveness,
even as we pray for your justice.**

Merciful God, hear our prayers of confession.

**Touch our hearts with gratitude that we may be
faithful witnesses and effective voices for justice.**

Amen.

Absolution / Assurance of Grace

The Peace

The peace of Christ be always with you.

And also with you.

We exchange the peace with a gesture.

Offertory Song: Will You Come and Follow Me?

During this next 'offertory' song, the table is set.

You are welcomed (now, or later) to place any financial contributions to our common life in the vintage record player in the back of the worship space. Cheques can be made out to 'The Emmaus Community'. Charitable receipts are issued.

You are also welcome to place non-perishable food items in the "Campus United" basket for the UVic United Church Campus Ministry Food bank.

Will you come and follow me if I but call your name?
Will you go where you don't know and never be the same?
Will you let my love be shown?
Will you let my name be known,
will you let my life be grown in you and you in me?

Will you leave yourself behind if I but call your name?
Will you care for cruel and kind and never be the same?
Will you risk the hostile stare
should your life attract or scare?
Will you let me answer prayer in you and you in me?
Will you love the "you" you hide if I but call your name?
Will you quell the fear inside and never be the same?
Will you use the faith you've found to reshape the world around,
through my sight and touch and sound in you and you in me?

Christ, your summons echoes true when you but call my name.
Let me turn and follow you and never be the same.
In your company I'll go where your love and footsteps show.
Thus I'll move and live and grow in you and you in me.

John L. Bell / © 1987, Iona Community, GIA Publications, Inc. agent / One License /
Tune: KELLINGROVE, Scottish traditional

We Celebrate

Prayer Over The Gifts

Our lives are meant to be more than endless striving. So in our compassion for each other, we share what we have, that none may feel the need to earn survival. In the spirit of abundance and rest, we bring all we have and all we are and offer it once more in gratitude to the Beloved. **Amen.**

(Enfleshed, alt.)

The Communion/Eucharist

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise!

We offer you praise O God with hearts lifted high, for in the communion of your love, Christ comes close to us and we come close to Christ.

Therefore with the whole realm of nature around us; with earth sea and sky, we sing to you. With, hopes and doubts with saints before and beside us we sing to you. With our loved ones, separate from us now, who yet in this mystery are close to us, we join in the song of unending praise:

Holy holy holy Lord - God of power and might

Heaven and Earth are full of your glory

Hosanna in the highest Blessed is the one who comes

In the name of the Lord - Hosanna in the highest.

Blessed are you and blessed is our brother Jesus who walks with us the road of our world's suffering, and who is known to us in the breaking of bread.

On the night of his arrest Jesus took bread and having blessed it, he broke it, and gave it to his disciples saying, this is my body, given for you. Do this in remembrance of me.

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all

of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Hear us, O God and breathe your Spirit upon us and upon this bread and wine. May they become for us your body and blood, vibrant with your life, healing, renewing and making your whole world whole.

As the bread and wine which we now eat and drink are changed into us, may we be changed again into you, bone of your bone, flesh of your flesh. May we know your presence in the sharing of this bread so that we may know your touch in all things.

As grain was scattered across this land then gathered and made one in this bread so may your people scattered to the ends of the earth be gathered and made one in your love. **Amen**

The Prayer of Jesus

As beloved children of a loving parent let us pray:

Our Father (Mother/Source) in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Silence is kept.

These are the gifts of God, for the people of God, given for the life of the world. **Thanks be to God! Amen.**

All are welcome to receive at Jesus' table! The bread is gluten-free. It may contain dairy and/or almond flour. If you'd like a dairy or nut free option, please let the presider know. Juice is in the small cups. Wine is in the common cup, please do not dip the bread into the cup.

Communion Song: One Bread, One Body

Refrain: One bread, one body, one Lord of all,
one cup of blessing which we bless.
And we, though many, throughout the earth,
we are one body in this one Lord.

Gentile or Jew, servant or free, woman or man no more. *Refrain*

Many the gifts, many the works, one in the Lord of all. *Refrain*

Grain for the fields, scattered and grown,
gathered to one for all. *Refrain*

John B. Foley / © 1978 John B. Foley, SJ and OCP Publications / OneLicense

Communion Song: Wisdom and Grace

Refrain: Teach us to number our days
That we may apply our hearts to Your ways
Teach us to number our days
with wisdom and grace.

You've been our home and our dwelling
our place in all generations.
Before the earth or the mountains were formed,
Lord, You were God. *Refrain*

Now the span of our lives,
It is made of sorrow and labor
As the days pass away like the grass
How soon we are gone. *Refrain*
O establish the work of our hands,
set Your favor upon us.
O establish the word of our hands,
May Your *kingdom come! *Refrain*

(*or Kin-dom) Sandra McCracken / © 2016 Drink Your Tea Music / CCLI

Prayer after Communion *(spoken together)*

**Comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all may embody
the kin-dom of your Son,
Jesus Christ our Lord. Amen.** Church of England, alt.

We Are Sent

The Blessing

... and the blessing of God: the Source of all Being, Eternal Word and Holy Spirit go with us this day and forevermore.

Amen.

Closing Song: What a Friend We Have in Jesus

What a friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry
everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
all because we do not carry
everything to God in prayer!

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged;
take it to the Lord in prayer!
Can we find a friend so faithful
who will all our sorrows share?
Jesus knows our every weakness;
take it to the Lord in prayer!

Are we weak and heavy laden,
cumbered with a load of care?
Christ the Savior, still our refuge--
take it to the Lord in prayer!
Do our friends despise, forsake us?
Are we tempted to despair?
Jesus's strength will shield our weakness,
And we'll find new courage there.

Joseph Medlicott Scriven / Tune: CONVERSE, Charles C. Converse / Public Domain

Sending

Go in peace to follow Christ and serve the people.

Thanks be to God! Alleluia!

Student Christian Movement of CANADA

Jesus
A B C's



Activist



Black



Carpenter



displaced

Jesus was a Refugee.



this one is a do-it-yourself. fill in the blank and draw a picture.

Feminist



Jew

GOD

you know, the big one upstairs



Human



inclusive



Kicked-Ass



LOVE



MAN

i know this part is problematic because some women feel it's hard to identify with a male deity and the fact that Jesus was a man is a bit of an awkwardness to deal with. let's consider the context (sexual... and well... it's true.)

non-judgmental



Oppressed



poor



Queer Positive



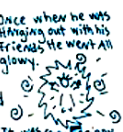
revolutionary



story-teller



TRANSfigured (trippy)



UNASSUMING



vulnerable



WOMAN



xenophile



YAHOO



ZANY



FISH ON FRIDAYS

JUSTICE
SCM

CONTACT your local unit:

SCM Canada/Fish on Fridays (Gabe Thirlwall)



admin@emmauscommunity.ca

www.abbeychurch.ca

778 557 4166

(community cell monitored regularly)

We would love to connect! Call, text, email!