FedUp Ministries' Resource Binder for Washtenaw County



FedUp Ministries

(Located inside Zion Lutheran Church)

1501 West Liberty St.

Ann Arbor, MI 48103

<u>FB</u>: FedUp Ministries <u>IG</u>: @fedupministries

Email: info@fedupministries.com

Executive Director
Rev. Anna Taylor-McCants
pastoranna@fedupministries.org

Board President
Tajalli Hodge
president@fedupministries.org

Food

Brown Chapel A.M.E Church

Free hot meals & food distribution 1043 West Michigan Avenue, Ypsilanti, MI 48197 (734) 482-7050

Fridays: 11am-12:30pm

Bryant Community Center

Food distribution and pantry
3 West Eden Court, Ann Arbor, MI 48108
(734) 477-0292

Mon-Thurs: 10am-3pm, Fri: 10am-2pm

Catholic Social Services

Grocery & personal item distribution Northside Community Center, 815 Taylor Street, Ann Arbor, MI 48105 (734) 662-4462

Tues: 2pm-5:30pm, Thurs: 10am-2:30pm, 2nd & 4th Sat: 10am-12:30pm

Christian Life Center Church

Food distribution 2146 Moeller Avenue, Ypsilanti, MI 48198 (734) 485-4670 2nd & 4th Tues: 2pm-4pm

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Corner Health Center

Food pantry 47 North Huron Street, Ypsilanti, MI 48197 (734) 484-3600 Mon, Wed, Fri: 9am-5pm

Tues, Thurs: 9am-6pm

Emmanuel Lutheran Church

201 North River Street, Ypsilanti, MI 48198 (734) 482-7121

Food distribution - Wed, Thurs: 3-3:45pm

Free hot dinner - Tues: 5pm

Faith in Action - Dexter

Food pantry

7275 West Joy Road, Dexter, MI 48130

(734) 426-7002

Wed: 12pm-7pm

FedUp Ministries

Free meals

Located in Zion Lutheran Church, 1501 West Liberty Street, Ann Arbor, MI, 48103

Tuesdays: 11am-1pm at Zion Lutheran Church

Wednesdays: 12-1pm at West Park in Ann Arbor, 1:45-2:45pm at Ypsilanti Transit

Center

First Baptist Church of Ann Arbor

Hot meals

517 East Washington Street, Ann Arbor, MI 48104

(734) 663-9376

Tues: 5:30pm

Hope Clinic

Food pantry, hot meals

Hope Center: 518 Harriet Street, Ypsilanti, MI 48197

(734) 484-2989

Food pantry: located in Hope Center building

Product distribution: Farmstand 454 building, 454 Harriet Street, Ypsilanti, MI

Weekend meals: Sat/Sun: 4-5pm in Hope Center building

Jewish Community Center

\$5.50 hot lunches, \$3 for seniors 60+, call a day in advance

2935 Birch Hollow Drive, Ann Arbor, MI 48108

(734) 971-0990

Tues/Thurs: 12-12:30pm

Jewish Family Services

Food pantry

2245 South State Street, Suite 200, Ann Arbor, MI 48104

(734) 769-0209

Mon-Thurs: 9am-5pm

Fri: 9am-3pm

Lincoln Senior Center

Hot meals for a fee 8970 Whittaker Road, Ypsilanti, MI 48197 (734) 483-8366

Tues-Fri: 12-12:20pm

Messias Temple Church

Food distribution, hot meals 200 Harriet Street, Ypsilanti, MI 48197 (734) 483-8092

Tues: 11am-12:30pm

Pittsfield Township Senior Center

Hot lunches, call in advance to order, suggestion donation of \$3 to \$5 701 West Ellsworth Road, Ann Arbor, MI 48108 (734) 822-2117

(104) 022 2111

Mon, Tues, Thurs: 11:45am

SOS Community Services

Food pantry with fresh produce, each family can visit once/week 114 North River, Ypsilanti, MI 48198 (734) 484-9945

Tues: 1-6:30pm, Wed: 9am-1pm

Second Baptist Church of Ypsilanti

Food pantry 301 South Hamilton Street, Ypsilanti, MI 48197 (734) 483-4342

Mon: 11:30am-12:30pm

St. Andrew's Episcopal Church

Hot breakfast 306 North Division Street, Ann Arbor, MI 48104 (734) 663-0518 365 days a year, 7:30-8:30am

Victorious Life Church of God

Food pantry 860 East Clark Road, Ypsilanti, MI 48198 (734) 482-4293

2nd & 3rd Tuesdays: 6pm

Vineyard Church of Ann Arbor

Dinner 2275 Platt Road, Ann Arbor, MI, 48104 (734) 477-9135

Meal is at Liberty Plaza Park (310 South Division Street, Ann Arbor) - Fridays, 7-8pm

Ypsilanti Meals on Wheels

Meal delivery for those who are homebound, live alone, unable to cook 1110 West Cross Street, Ypsilanti, MI 48197 (734) 487-9669

Mon-Fri: 10am-1:30pm, menu online

Ypsilanti Senior center

Hot meals, \$3 for ages 60+, \$5.25 under 60, call a week in advance 1015 North Congress Street, Ypsilanti, MI 48197 (734) 483-5014

Mon-Fri: 11:45am

Ypsilanti Township Community Center

Hot lunches for seniors 60+, \$3 charge, sign up a week in advance 2025 East Clark Road, Ypsilanti, MI 48198 (734) 544-3800 Every day at 12pm

Housing Resources

Housing Access for Washtenaw County (HAWC)

Primary intake organization for housing services in Washtenaw County Due to the COVID-19 pandemic, currently not accepting walk-ins Call center open Mon-Fri 8:30am-5pm (734) 961-1999 hawc.washtenaw@usc.salvationarmy.org

After hours? call 2-1-1

Huron Valley Habitat for Humanity

Home Ownership Program

Currently closed to public 950 Victors Way, Suite 50, Ann Arbor, MI 48104

Reach by phone: (734) 677-1558

Shelter

Shelter Association of Washtenaw County - Delonis Center

Temporary shelter operating 24/7, 365 days a year 312 West Huron Street, Ann Arbor, MI 48103 (734) 662-2829 Ext. 254

Admin: Mon-Fri 9a-4:30p

Staples Family Center

Shelter program, part of HAWC 336 Packard Street, Ann Arbor, MI 48104 (734) 961-1999

Mercy House

Winter weather shelter with shower facilities, washer/dryer 805 West Huron Street, Ann Arbor, MI 48103 Call Gracie: (734) 678-9818

Specific Populations

Veterans

<u>Veteran Administration National Call Center</u> (877) 424-3838

Open 24/7

Veterans continued

Veterans Haven of Hope House

2-year transitional housing, up to 11 veterans at a time 809 Henry Street, Ann Arbor, MI 48104 (234) 668-8353

Youth - Ages 10-20

Ozone House

Emergency shelter & support services for homeless youth Crisis Line: (734) 662-2222, open 24/7 Text "Ozone" to (734) 662-2222 Mon-Thurs 10am-5pm, Fri 10am-4pm

Domestic Violence/Sexual Assault

SafeHouse Center

Emergency shelter, support, and legal services 4100 Clark Road, Ann Arbor, MI 48105 Walk-ins welcome: Mon-Fri 9am-5pm

Helpline: (734) 995-5444, open 24/7

Legal/Other Support

Fair Housing Center of Southeast & Mid Michigan (FHC)
Investigates housing discrimination complaints, advice, advocacy
P.O. Box 7825, Ann Arbor, MI 48107
(877) 979-3247
complaints@fhcmichigan.org

<u>Legal Services of South Central Michigan (LSSCM) - Washtenaw County Office</u>

Free civil legal assistance - homelessness & domestic violence prevention 15 South Washington Street, Ypsilanti, MI 48197 (734) 665-6181 Mon-Fri 9a-5p

Michigan Legal Help

Website with informational guides on topics such as housing, tax, safety https://michiganlegalhelp.org/

Health

Health Coverage

Washtenaw Health Plan (WHP)

For low-income Washtenaw County residents without access to affordable health insurance. NOT insurance.

555 Towner, Ypsilanti, MI Mon-Fri 9am-4pm

Enrollment Info: (734) 544-3030

General & Customer Service: (866) 291-8691

Harm Reduction

Home of New Vision

3115 Professional Drive, Ann Arbor, MI 48104

ROOT (Recovery Opioid Overdose Team): (734) 544-3050

Unified HIV Health and Beyond

Ypsi Office: 2287 Ellsworth Road, Suite B, Ypsilanti, MI 48197

Mon, Wed, Fri 11am-4pm

Syringe Access/Other Harm Reduction Supplies: (734) 787-1852

Case Management (housing, health care, substance use, & more): (734) 496-0307

Harm Reduction Therapist: (734) 787-4732

Program Inquiry: Contact Lemont Gore - (734) 431-9137, lemont@miunified.org

Drug & Alcohol Treatment

1st Step Referral Services

Long-term outpatient 110 Pearl Street, Ypsilanti, MI 48197 (734) 485-6161

Dawn Farm

Long-term residential treatment, outpatient services

Main: 6633 Stony Creek Road, Ypsilanti, MI 48197

(734) 485-8725

Spera (detox): 502 West Huron, Ann Arbor, MI 48104

(734) 669-8265

Outpatient: 2900 Golfside Suite 3 & 4, Ann Arbor, MI 48108

(734) 821-0216

Home of New Vision

Recover support services 3115 Professional Drive, Ann Arbor, MI 48104 (734) 975-1602

Mon-Fri: 9am-5pm

Washtenaw Alano Club

Recovery meetings and programs 995 North Maple Road, Ann Arbor, MI 48103 (734) 668-8138

Mon: 9am-9pm, Tues-Thurs: 11am-9pm, Fri: 10am-9pm, Sat/Sun: 8am-9pm

Friends of Little House Recovery Center

Recovery meetings and programs 802 North River Street, Ypsilanti, MI 48198

Email: folhrc@gmail.com

Mon-Fri (4 meetings/day): 9:30am, 12pm, 5:30pm, 7:30pm

Sat: 9:30am (men), 12pm, 5:30pm

Sun: 12pm, 5pm

Ann Arbor Comprehensive Treatment Center

Methadone Clinic

522 South Maple Road, Ann Arbor, MI 48103

(844) 897-8287

Mon-Fri: 6am-2pm (business hours)

Mon-Fri: 6am-10:15am, Sat/Sun by appointment (medicating hours)

Health Clinics

Corner Health Center

Health care, mental health & more services regardless of insurance or ability to pay Sliding fee scale

47 North Huron Street, Ypsilanti, MI 48197 (734) 484-3600

Hope Medical Clinic

Medical, dental, behavioral health & food support at no cost

Ypsi Office: 518 Harriet Street, Ypsilanti, MI 48197

Mon-Fri 9am-4pm, Sat 8:30am-12pm (continued on next page)

(Hope Medical Center continued)

Main Number: (734) 484-2989

Medical Clinic Only: (734) 481-0111

Neighborhood Family Health Center

Primary care, pediatrics, and family medicine with fee assistance for uninsured or low-income

111 North Huron Street, Suite 200, Ypsilanti, MI 48197

(734) 547-7977

Mon: 8am-5pm, Tue: 7am-7pm, Wed & Thurs: 8am-7pm, Fri: 7am-5pm, Sat: 8am-12pm

Packard Health

Primary care, mental health care, disease management, & education with fee assistance for uninsured or low-income

Main: 2650 Carpenter Road, Ann Arbor, MI 48108

(734) 971-1073

Mon-Fri: 8am-12pm, 1pm-5pm; Sat: 8am-12pm

West: 1915 Pauline Boulevard, Ann Arbor, MI 48103

(734) 926-4900

Mon-Fri: 8am-12pm, 1pm-5pm

Ypsi: 200 Arnet Street, Suite 150, Ypsilanti, MI 48198

(734) 985-7200

Mon-Fri: 8am-12pm, 1-5pm

Planned Parenthood

Reproductive health care with a sliding fee scale

Ann Arbor: 3100 Professional Drive, Ann Arbor, MI 48104

(734) 973-0710

Mon, Wed-Fri: 8am-4pm; Tues: 9am-5pm

Ann Arbor West: 2370 West Stadium Boulevard, Ann Arbor, MI 48103

(734) 929-9480 Mon-Fri: 9am-5pm

Dental

Community Dental Center

Full-service dental office that accepts most insurance, tiered pricing for services by dental students

406 North Ashley Street, Ann Arbor, MI 48103

(734) 998-9640, Mon-Thurs: 8am-5pm, Fri: 8am-1pm

<u>Hope Dental Clinic</u> (also listed previously)

Preventative dental services for uninsured or low-income

Ypsi Office: 518 Harriet Street, Ypsilanti, MI 48197

Mon-Fri 9am-4pm, Sat 8:30am-12pm

Main Number: (734) 484-2989

Washtenaw County Dental Clinic

Low cost preventative dental services for uninsured or low-income 111 North Huron Street, Ypsilanti, MI 48197 (877) 313-6232

Vision

America's Best

Special: Free eye exam and two pairs of glasses for \$69.95 3601 Washtenaw Avenue, Ann Arbor, MI 48104 (734) 973-1969

Mental Health

Washtenaw County Community Mental Health

Adult Services in Ypsi: 555 Towner, Ypsilanti, MI 48197

Adult Services in Annex: 110 North Fourth Avenue, Ann Arbor, MI 48107

Services for People with Intellectual/Developmental Disabilities:

2140 East Ellsworth, Ann Arbor, MI 48108

Youth & Family Services: 2140 East Ellsworth, Ann Arbor, MI 48108 All-service phone number, 24/7 crisis services: (734) 544-3050

Mon-Fri: 8:30am-5pm

The Women's Center

Low-cost therapy, job coaching, divorce speciality, law, financial services for women 11110 Victors Way, #10, Ann Arbor, MI 48108 (734) 973-6779

Mon-Fri: 9am-5pm

Showers/Laundry

Hope Clinic

Free laundry service, call to reserve a time slot 518 Harriet Street, Ypsilanti, MI 48197 (734) 484-2989
Mon-Fri 9a-4p, Sat 8:30a-12p

Journey of Faith Christian Church

Has a laundry and shower service, call to make an appointment 1900 Manchester Road, Ann Arbor, MI 48104 (734) 971-4245
Appointments available Mon-Fri 10a-1:30p

Mercy House

Winter weather shelter with shower facilities, washer/dryer 805 West Huron Street, Ann Arbor, MI 48103 Call Gracie: (734) 678-9818

Peace House Ypsi

Shower and laundry services available by appointment 706 Davis Street, Ypsilanti, MI 48198 Call/text Sheri: (734) 754-0648

Email: peacehouseypsi@gmail.com

Financial Literacy

<u>Financial Empowerment Center</u> (FEC)

Free, professional counseling for money & debt management, budgeting, credit Sessions are currently held virtually

Call for appointment: (313) 322-6222

Mon-Fri 9a-4:30p

Make appointment online: https://detroitfec.timetap.com/#/

Pet Care

Humane Society of Huron Valley

Bountiful Bowls Pet Food Assistance & Emergency Sheltering

3100 Cherry Hill Road, Ann Arbor, MI 48105

Bountiful Bowls: (734) 661-3523

Safe Harbor Program: (734) 661-3552

Safety

Dispute Resolution Center

Affordable access to mediation services for conflict resolution 4133 Washtenaw Avenue, Ann Arbor, MI 48108 (734) 794-2125

Michigan 2-1-1

Free service to connect people to health & human service agencies and resources Dial 2-1-1 or (844) 875-9211 or text your zip code to 898211

Washtenaw Interfaith Coalition for Immigrant Rights (WICIR)

Provides urgent response and education for undocumented people and their families (734) 355-2707

Hotlines

Trans Lifeline Hotline: (877) 565-8860

The Trevor Project Hotline (LGBTQ+): (866) 488-7386

National Suicide Prevention Hotline: (800) 273-8255

National Immigration Detention Hotline (free & unmonitored): Dial 9233#

National Human Trafficking Hotline: (888) 373-7888

National Domestic Violence Hotline: (800) 799-7233

Transportation

Amtrak

Ann Arbor (ARB) - 325 Depot Street, Ann Arbor, MI (734) 994-4906

TheRide

See theride.org for maps and schedules

Blake Transit Center

328 South Fifth Avenue, Ann Arbor, MI 48104

Ypsilanti Transit Center

220 Pearl Street, Ypsilanti, MI 48197

Reduced Fair

To apply for a Fare Deal Card, an application must be completed in person 2700 South Industrial Highway, Ann Arbor, MI 48104 (734) 973-6500, Mon-Fri 8a-5p

Greyhound

325 Depot Street, Ann Arbor, MI 48104 (734) 662-5212 7a-2:30p, 4p-9:30p