



Comox United Church

Our Values: Spirituality, Openness, Care for the Common Good, Radical Love

Minister of Pastoral Care and Congregational Life: Wayne Hughes

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Visit our website: it is updated weekly: www.comoxunitedchurch.com

Please note: Newsletters are also posted on the Comox United website.

Announcements should be sent to admin@comoxunitedchurch.com

or call 250 339-3966 by **8:00 am Thursday morning.**

If you no longer wish to receive this newsletter please email admin@comoxunitedchurch.com.

Friday, Sept. 2, 2022

Sunday, Sept. 4, 2022 Communion

Greeters: Isobel McLeish, Marg Silman

Coffee: Sonja van Sickle,

Margie van Binsbergen

Service Leader: Wayne Hughes

Sermon: Preppers Versus Hope

Power Point: Merrilee Cameron

Scripture Reader: Bev Agur

Scripture: Jeremiah 18:1-11,

Psalm 139 1-6, 13-18

To read the scripture follow the link below then

type in the scripture verse <http://bible.oremus.org>

The office will be closed Tuesday Sept. 6 for
Labour Day and Friday, Sept. 30 in honour of
Truth and Reconciliation Day.

Comox United Church worship services are available in three ways.

1) Attend worship in-person at the church on Sundays at 10:00 am.

2) Watch live on-line by going to our YouTube channel. Just click on this link at 10:00 am on Sunday morning:

https://www.youtube.com/channel/UCJlaxG_quMwagK5WeiQwXPA

3) Watch the service at another time from the "Virtual Services" page on our website:

<https://www.comoxunitedchurch.com/pages/online-sunday-services>



FANTASTIC NEWS! Camp Homewood is a GO from September 30th to October 2nd. Registration forms were emailed on Aug. 25. If you have registered and didn't receive a form please let the office know.

Sept. 14 is the final day to register.

Would you like to join us? Come and enjoy fun and fellowship, rest and relaxation in a beautiful setting on Quadra Island. Questions? Contact Ruth Giles gilesr@shaw.ca. Or phone 250-339-5609



Volunteer needed to take Garbage cans out on a few Sundays and to bring in on Monday starting September 11. This will just be for a few weeks (Sundays: Sept. 18, 25, and then Monday Oct. 3) until the pick-up schedule changes again. Please contact the church office



Check out the CxU Blog

<https://www.comoxunitedchurch.com/blog>

Super Singles are a group of Singles who have become friends over sharing Suppers together once a month. Next **Friday, Sept 9** we will meet down at Marina Park Pavilion, by the food trucks, at 5:30. You can bring your own dinner or buy it from the food trucks. Bring a chair in case you need it. For more information contact Merrilee at [to my home @shaw.ca](mailto:tomymhome@shaw.ca).



Soups On

Have you been missing a chance to sit and chat with friends, new and old, over lunch that you didn't have to prepare? We will start again the last Sunday of **September (25th)** with a new format. Instead of individuals being responsible for making a pot of soup or a loaf of sandwiches, we will be asking Groups within the church to take on the full responsibility for one Sunday a year. The groups that we've identified are: Super Singles (Sept), Social Justice (October), Council, Coffee & Conversation, Men's Shed, Knitters, Choir, UCW. So for the Sunday your Group chooses, the Group will be responsible for 4 soup pots of soup, 1 to be Gluten free and 5 loaves of sandwiches, 1 to be Gluten free. The setup of tables, chairs and dishes; serving the soup; and cleanup will be your Group responsibility. Remember - just once a year. We know there will be some logistics that will need to be worked out, and we're here to help you do that. For example, some groups may need someone to help them carry in their soup; the choir will need someone to tend their soup while they are busy in the sanctuary; and so on. If you have a month that your group would like to sign up for, please contact

Merrilee Cameron, Co-Convener,
tomymhome@shaw.ca or
 Leslie Fraser, Co-Convener,
lesliejfraser@gmail.com
 Heather Flint, Co-Convener,
celtic-heron@telus.net



This week's Tip:

1. To take another look at the report of the Visioning Committee, presented at the May 29th Worship Service, go to the church website by googling **Comox United Church**.
2. From the menu at the top of the page, click on **About**.
3. Click on **About Us**.
4. Scroll to the link at the bottom of the page.
5. Enjoy!

NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at websiteadmin@comoxunitedchurch.com or phone 250-207-5650.



Join The Grand Parade to benefit Glacier View Lodge! Saturday, September 17, 2022 Comox Marina Park 10 – 1:00. Proceeds from this fundraising walk will go towards the Music Therapy Program. Gather friends and family to form a team to fundraise and walk, or donate to an existing team. More information at:

<https://thegrandparade.org/location/comoxvalley>



Grief Workshop and Support Group

- An 8 week program beginning on Tuesday, September 6 at 2:00 led by Wayne Hughes
- This is an opportunity to normalize the grief process, explore feelings, receive emotional and spiritual support in a safe, nonjudgmental environment, and learn new ways to approach and cope with problems.
- Contact the office or Wayne directly to register for this workshop.
- Enrollment limited to 12 people.



Knox United Indoor Fall Fair

Sat. Sep. 10
345 Pym St. Parksville
8:00 am – 2:00 pm
Clothing, Books, Baking silent auction.
Kids playroom
Free admission



Would you like to help your needy neighbour?

Good news for our clients at the Sonshine Lunch Club serving meals to needy people - lunches will start serving meals 5 days a week inside at St George's United church, Courtenay at the beginning of September.

This will mean more volunteers will be required and the Wednesday group of United church members (mostly from St George's) would welcome your help from 9am to 12.30 -1.00 pm. This could be on a regular or an on-call basis.

For more info call Wayne or Louise Smiley of St George's, home 250-334-7708 or Ruth Giles from Comox, home 250-339-5609. Thank you.



Comox United Church (250 Beach Drive) is STARTING A DANCE PROGRAM TO PROMOTE:
MOBILITY - FLEXIBILITY - BALANCE

Free introductory classes

NO dance experience necessary

please bring a friend

Questions: contact Wendy

trinitydance@shaw.ca

STRETCH and STRENGTH

TUES. September 6 9:45-11:15 room T2

THURS. September 8 9:45 -11:15 room T2

Bring your Yoga mat!

Space is limited to 12 participants – extra classes will be added if required.

CHAIR DANCE

Suitable for those with limited mobility
WED. September 7 9:45- 11:15 room L1 lower level

MINISTRY Minute

Christ's Love Moves the World to Reconciliation and Unity



The 11th Assembly of the World Council of Churches (WCC) will be held in Karlsruhe, Germany from August 31–September 8. The theme for this gathering of the Assembly (the WCC's highest governing body) is "Christ's Love Moves the World to Reconciliation and Unity." The Assembly convenes every seven or eight years and is the most diverse Christian gathering in the world. As well as furthering visible Christian unity, the event will address critical global concerns related to anti-racism, climate, gender, and global health.

Delegates from The United Church of Canada were selected through a nomination process and include lay people, clergy, and national church leaders. They will be accompanied by our newly installed Moderator Carmen Lansdowne, who has previously offered leadership within the World Council of Churches. Four young adults from the United Church were also invited by the WCC to be youth stewards at the Assembly. They join a dynamic group of 160 young people from all over the world to learn about the ecumenical movement and to offer service at the Assembly.

The World Council of Churches is a global ecumenical partner of the United Church of Canada and is supported by the Mission and Service Fund. Our congregation gives a designated amount of our annual offerings to the Mission and Service Fund.

Lay musicians and singers from different countries participated in the performance of a song written by the Swedish composer Per Harling, especially for the 11th General Assembly of the World Council of Churches. Listen here:

www.youtube.com/watch?v=xslTpikbe3U

For more information about this event, and to follow the livestream of the Assembly visit the WCC website: <https://www.oikoumene.org/about-the-wcc/organizational-structure/assembly>

For more information about the United Church delegates visit: <https://united-church.ca/news/diverse-united-church-delegation-attend-wcc-assembly>



Volunteer Opportunity:

We are looking for more volunteers to run the PowerPoint on Sunday mornings. You would usually be scheduled for one Sunday a month.

Training will be provided. Please let the office know if this is something that calls to you.



Prayer requests can be sent to any member of the prayer group:

Elaine Burnell ebbburnell@gmail.com

Noreen Robertson noreen1944@gmail.com

Joan Gillies joanb1@shaw.ca

Trevor Fox trevor.fox@viha.ca