



OUR LADY OF

PERPETUAL HELP PARISH

635 Tranquille Road Kamloops, BC V2B 3H5

Pastor: Fr. Rajesh Madtha, OCD

In Residence: Fr. Rudolf D'Souza, OCD

Office Staff: Jackie Ulrich

Phone: 250-376-5541

email: olphkamloops@shaw.ca

Website: www.olphkamloops.ca

Office Hours: 8:30 am-3:30 pm
Tuesday to Friday

CLOSED on MONDAYS

MASS TIMES

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM

10:30 AM

Week Day:

Monday-Friday 7:30 AM

SACRAMENT OF

RECONCILIATION:

Wednesday 5:00 - 6:00 PM

Saturday 10:00 - 11:00 AM

ADORATION OF THE BLESSED SACRAMENT:

Wednesday 5 - 6 pm

WEDDINGS - Please call the rectory for an appointment six months before planning the wedding date.

BAPTISMS - A pre-Baptism course is required. Please call the rectory for an appointment.

A WARM WELCOME TO GUESTS AND VISITORS
We're happy you're here!

SEPTEMBER 04, 2022 ~ YEAR C

23RD SUNDAY IN ORDINARY TIME

Reflection: "Whoever Does Not Carry Their Cross and Follow Me Cannot Be My Disciple."

23RD SUNDAY IN ORDINARY TIME - FOLLOWING CHRIST

In chapter 14 of Luke's Gospel, Jesus is speaking to people gathered at the table about the difficulties of following him. This group of people is suspicious about Jesus, looking to catch him doing something wrong. Jesus speaks to them in parables, emphasizing that although there is a right way to be a disciple and enter into the kingdom of his Father, it is a difficult path to follow. Many, even some of the guests at the table, reject the invitation. So Jesus turns to the crowds and speaks to them of discipleship. Jesus explains that, when it comes to making a choice for the Kingdom of God, nothing can get in the way. When Jesus describes "hating" one's father and mother, he is not talking about feelings. Rather, he is emphasizing very strongly that choosing to be a disciple means that everything else - family, money, your own life - must come second. Jesus makes it very clear that being a disciple is not easy. It means to bear one's own cross. These difficult sayings of Jesus are followed by two brief parables (a person constructing a tower and a king marching into battle) that make an obvious point - don't start what you cannot finish. Discipleship is difficult and is something we can commit to only if we are prepared to put the Kingdom of God before everything else.

www.loyolapress.com/sunday-connection/

LABOUR DAY WEEKEND ~ This Labour Day

Weekend marks the end of the summer vacation period and the resumption of activities in our homes, parish and school. Have a restful and safe Labour Day!



HOLY LAND PILGRIMAGE SEPTEMBER 04 - 13, 2023

Itinerary Details www.sampaguitatravel.com OR St James, Vernon website www.stjamesvernon.com
To register contact St James Parish Office 250-542-1276 or email to: stjamesvernon@rcdk.com

The Month of SEPTEMBER is dedicated to Our Lady of Sorrows



POPE'S PRAYER INTENTIONS FOR THE MONTH OF SEPTEMBER FOR ABOLITION OF THE DEATH PENALTY

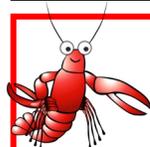
~ We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country.



BECOME THE MAN YOU WERE DESIGNED TO BECOME Sept 30 - Oct 2, 2022 | Princeton, BC

Register NOW - it does fill up fast!

If interested or wanting to arrange rides contact Greg Sykes at greg.e.sykes@gmail.com. or 250-819-3728 For more information or registration see their website: <https://www.liferestoration.ca/mensretreat>



KNIGHTS OF COLUMBUS COUNCIL 1614 at Sacred Heart Cathedral are hosting **"LOBSTERMANIA 2022"** on **OCTOBER 15, 2022**, at the OLPH Parish Centre. Join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet. Get a group of relatives, friends, or coworkers together and enjoy an East Coast Lobster evening. Tickets are **\$80.00 EACH AND CAN BE PURCHASED FROM THE PARISH OFFICE** or from Ed Barker 250-319-3331, Anthony Muzzillo 250-851-1111, Garry Mayhew 778-471-6100 or John Giddens 250-682-4600.

How is God Calling You to Serve?

Each one of us has been given a unique set of gifts which are integral for the Church to fulfill its purpose here on earth. Participating in a church ministry at Our Lady of Perpetual Help is a great way to share your talents, make a positive impact in the church community and develop closer relationships with the members of our parish. If you are interested in working with others to bring Christ's light to the world, watch for the sign up sheets following Mass in the next couple of weeks.

**** Note - All participants must complete the Diocesan Protocol Forms and, in some cases, a satisfactory Criminal Records Check. ****

EUCCHARISTIC MINISTERS (AKA EXTRAORDINARY MINISTERS OF HOLY COMMUNION)

*Extraordinary Ministers of Holy Communion, blessed to be an active part of the Liturgy, serve the OLPH community by assisting the celebrant through the distribution of the Body and Blood of Our Lord, Jesus Christ, at Mass. Extraordinary Minister Volunteers will prepare for both Mass and Outreach to the sick and the homebound. ***

SACRED MUSIC / CHOIR

Music Ministry volunteers enhance the liturgical celebrations by leading or participating in the music at Sunday Masses, Christmas and the Easter Triduum through hymns and songs that foster the "full, conscious, and active participation in the liturgical celebration." Music Ministry volunteers include musicians, choir members, cantors and song leaders.

LECTORS

Lectors proclaim the Word of God during the celebration of Holy Mass. Lectors enrich the Mass experience and promote full, active, and conscious participation of OLPH Parishioners when the Word is proclaimed well - slowly, clearly, and with appropriate reverence.

ALTAR SERVERS

Altar Servers assist the Priest during the celebration of Holy Mass and other liturgical functions. Altar Servers play an important role and enhance the Mass experience by ensuring tasks are completed efficiently and reverently.

PARISH RELIGIOUS EDUCATION PROGRAM (PREP)

- o Children's Catechism / Faith formation

HOSPITALITY

We are all called to serve each other, and to love our neighbors as ourselves. Hospitality Volunteers serve the Liturgy, as Greeters or Ushers, by helping to establish a climate of welcome, helpfulness and order among those gathered. They assist the assembly with practical details so that the Liturgy and Sacred Rites can be celebrated with ease and grace. Hospitality Volunteers may also serve the parish through social and community building events, including, but not limited to, coffee Sundays, family-centered fellowship tied to liturgical seasons (All Saints, Advent, Lent, Easter, etc.), and parish picnics.

OUTREACH (VISITING THE SICK AND HOMEBOUND)

*Outreach Volunteers serve the parish and surrounding community by visiting the sick and homebound to share the love of God. Visits will include prayer, fellowship, check on well-being and distribution of Holy Eucharist (where appropriate). For safety reasons all Outreach visits are to be completed by two or more volunteers. ***

PARISH HOLY ROSARY PRAYER GROUP

As a parish community we pray the rosary for the intentions of the church and the world. Prior to each Sunday mass, volunteers will lead parishioners in the praying of the rosary.

As Catholics, we have been given a Mission to Grow the Church.



THE CATECHESIS OF THE GOOD SHEPHERD PROGRAM will begin again at Holy Family Parish, this October 2022. This beautiful program is for children aged 3 1/2 to 5 years of age and will assist them in their religious experience of learning the fundamentals of our faith, falling in love with Jesus and His Church. This is a drop off and pick up program and spaces are limited. The cost will be \$75.00 per child. If you would like to register your child or would like more info., please contact Susan at susankberdusco@gmail.com or (250) 299-4539.



FAITH FORMATION FOR CHILDREN: It's that time of year again! As families are thinking about and preparing for their children to go back to school this fall, are you also thinking about their faith formation? Although we are still short a few teachers/Catechists, Holy Family parish is taking applications through the parish office - 250-372-0205; email holyfamily@rcdk.org.

Alternately, we will be available to meet you, get your children registered and/or answer some of your questions, starting on Sunday, September 11th following Mass.

CATECHISTS/TEACHERS NEEDED: Holy Family Parish is still looking for teachers or Catechists for their Faith Formation classes, due to start in October. Please contact the office - 250-372-0205; email holyfamily@rcdk.org if you're interested in this wonderful ministry - they will be glad to try to answer any questions you may have.



worldwide
marriage
encounter

The Worldwide Marriage Encounter virtual weekend experience is coming to you on the weekend of Oct. 28-30, 2022
Registration deadline: Oct. 20, 2022

If you desire to restore communication & rekindle romance, this weekend is for you; no travel required and from the comfort of your own home!

Click here for registration: beholdvancouver.org/events/virtual-worldwide-marriage-encounter-8

Click here for info video: <https://youtu.be/VvQUEZ35Ufg>

A testimonial: <https://youtu.be/i8hzCv3QN1A>

LADIES, PLEASE NOTE that our monthly Ladies Luncheons will now be held on the **2ND TUESDAY** of the Month. We are changing to Tuesdays because we were finding that most restaurants were closed on Monday.



OUR NEXT LADIES LUNCHEON will be held at **HACIENDA CIELITO LINDO MEXICAN RESTAURANT #23 - 750 FORTUNE DRIVE, ON TUESDAY SEPTEMBER 13TH AT 11:30 AM.** Come for great

fellowship and food! All ladies of the parish are welcome! For more information or a ride please call Gemma at 250-376-3530.

BACK TO SCHOOL - This coming Wednesday, the doors of Our Lady of Perpetual Help school will reopen for students in Grades 1 through 7. Please remember to say a prayer that they may have a healthy, happy, and holy school year. And may our Lord watch over and bless all students and teachers in our parish who begin a new year this Fall.

Back to school Prayer

Dear heavenly Father,
As our children
Return to school
We look again

To your eternal faithfulness.
Watch over our beloved ones.
Let your Spirit go before them

To prepare the way
And open the doors
That lead to your grace.

Guide them away from harm.
May your mighty Spirit defend them
From any aggression or attack.

Equip them with discernment
And strength of character.
Let them be free to live and learn

As children of God.
Give us, dear Lord,

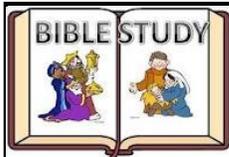
The wisdom and patience
To know when to speak or be still
As their parents and caretakers.

Always remembering
That they are yours
From the beginning;

Their lives a loving gift to us
From Almighty God.

We trust in you,
We depend upon you.
Care for your children,
Oh heavenly Father.

In Jesus name,
Amen.



SACRED HEART CATHEDRAL is offering a group Bible study focused on the Gospel of John. Seminarian Thien will share some jewels that he has discovered in this Gospel. There will be three sessions: Thursdays October 6th, 13th & 20th from 7:15 pm to 8:30 pm at Sacred Heart Cathedral Basement.

Please read Chapter 1 and 2 of John, and Genesis Chapter 1 and 2 as preparation for the first session.

Everyone is welcome and bring a friend. If you need more information, please contact the Cathedral at 250 372 2581 or office@sacredheartkamloops.org

Please continue to pray ... for all the sick of our parish: those homebound, in the hospital, and nursing facilities; and for all the souls in purgatory.



MASS INTENTIONS There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

SEPTEMBER 05 - SEPTEMBER 11, 2022

MONDAY <i>LABOUR DAY</i>	7:30 AM	+ Pasquale Battistella + Mary Sicoli
TUESDAY	7:30 AM	+ Nick Kleyn Intentions Maria Anselmo
WEDNESDAY	7:30 AM	+ Domenic Consalvo + Pietro Bittante
WEDNESDAY	5:00 PM	ADORATION & CONFESSION
THURSDAY <i>NATIVITY OF THE BLESSED VIRGIN MARY</i>	7:30 AM	+ Jose Santos + Amanda Balmer
FRIDAY <i>ST. PETER CLAVER, PRIEST</i>	7:30 AM	+ Iain MacArthur + Mary MacArthur
SATURDAY <i>24TH SUNDAY IN ORDINARY TIME</i>	5:00 PM	Intentions of OLPH Parishioners
SUNDAY <i>24TH SUNDAY IN ORDINARY TIME</i>	8:30 AM	Intentions of OLPH Parishioners
SUNDAY <i>24TH SUNDAY IN ORDINARY TIME</i>	10:30 AM	Intentions of OLPH Parishioners

COLLECTION August 28 Envelopes \$1,906.50; Loose \$245.00; EFT \$660.00; Holy Childhood \$24.85;

"Every one of you who does not renounce all his possessions cannot be my disciple." - LUKE 14:33



When we first hear this statement, it seems that Jesus is making an unrealistic demand upon us. How can we renounce all of our possessions? We need them to live. However, what

we must renounce is the belief that they belong to us. Everything that we have belongs to God alone. All of our resources are entrusted to us not only for our own use, but also so that we can help others. Once we renounce the idea that we possess or are entitled to anything, it is much easier to share the many gifts that God has given us. Then we truly are His Disciples.

SERRA CLUB of KAMLOOPS DIOCESE #30. *There is no doubt that a flood of graces will descend upon your family and the world if more souls would become docile pupils of adoration.* (St. Pope John XXIII)

*For more information about the Serra Club of Canada please visit their website at <http://serracanada.com/>




KNIGHTS OF COLUMBUS COUNCIL 8132
Catholic - Family - Fraternity - Service
Meetings held in the OLPH Parish Centre
General Meeting - 2nd Thursday of the month, 7:00 pm
Explore your interest in joining the Knights
Contact: Gordon Wourms 250-376-9394
Join online at: kofc.org/joinus



OLPH ELEMENTARY SCHOOL

PRINCIPAL: Mr. Brent Arsenault
WEBSITE: www.olphschool.ca
PHONE: 250-376-2343 **FAX:** 250-376-2361

MARY'S PANTRY - Our July and August donations to the Kamloops Food Bank were 96 lbs. and 117 lbs. respectively. Our next collection will be the weekend of September 10 & 11. Thank you for your generosity in helping to feed the poor.



EL SHADDAI DWX1
CATHOLIC CHARISMATIC PRAYER GROUP
Meets Sundays 1:00 - 3:00 pm
In OLPH Church Basement
FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lillia - 250-819-1801 or Rowena - 250-574-7803



GRIEF TO GRACE RETREAT - KELOWNA
"Through a retreat program facilitated by mental health professionals and centered on Jesus Christ, Grief to Grace helps those who have endured physical, emotional, sexual, and/or spiritual abuse find healing. - **Tuesday, October 11, 2022 9:00 AM to Saturday, October 15, 2022 10:00 AM**

<https://grief-to-grace-lsi.squarespace.com/>
For more information and to register contact Pam Swoboda at: Email: G2GKelownabc@gmail.com
Call: 250-255-7223



JOB OPENING AT HOLY FAMILY PARISH: We have an immediate and urgent need for a PARISH BOOKKEEPER. The position is flexible as to the time of work. We estimate the job requires 10 hours of work per month. Please enquire at Holy Family Parish office (250-372-0205) or send an email to HolyFamily@rcdk.org

OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS. To give using this method, please transfer your gift to **givingolph@rcdk.org** using your bank's Interac transfer via online banking.

