Reflection Questions

July 17, 2022

Teach Us to Pray

Our Daily Bread (Matt 6:5-18)

*Prayer for practical needs every day*

*Warmup: What is the longest period of time you have gone without eating?*

READ

*Read: Matthew 6:5-18*

* Although the LORD’s Prayer is not a formula, there are some tangible ingredients. What are the six areas that Jesus covered in his prayer?

* Why would Jesus want us to pray for our food daily (verse 11)?
* What is God saying to you in these verses?

REFLECT

* Jesus addresses how we should fast in the same passage as praying daily for food. How are the two connected?
* Bread or food is a necessity every day. How do you distinguish between daily needs and wants in your prayers?
* How does what Jesus is teaching you in these verses line up with your life?

RESPOND

* What would happen if you prayed at each meal at home or at the restaurant?
* Will you consider fasting for a period of time when confronted with an important decision or life situation?
* In what ways is the Spirit leading you to respond this week?