



St. Mary the Virgin Anglican Church

Eleventh Sunday after Pentecost, August 21, 2022

“I am the way, the truth, and the life, says the Lord; no one comes to the Father, but by me.” *John 14.6*

Welcome

The Parish of St. Mary the Virgin is a member of the Diocese of British Columbia and the Anglican Church of Canada. We are an inclusive and welcoming parish: the sacraments of the church (baptism, communion and marriage) are available to all people on equal terms. Christ welcomes you, and so do we. As a parish we acknowledge with gratitude that we live, work and play on the traditional lands of the Lekwungen peoples. We commit ourselves, as a settler church and people, to continue with our First Nations hosts on the journey of truth-telling, healing, and reconciliation.

VISITORS *Welcome!* We are delighted that you have joined us for worship.

COMMUNION *All are invited to receive Communion. The sacrament will be offered in both kinds (bread and the common cup). Regarding the cup: since there has been no indication that COVID-19 has spread via swallowing, it is our view that properly-distributed wine from the silver chalice poses no additional risk to safety. That said, please feel free to receive the bread only, and be assured that in the Anglican Church of Canada it has always been our tradition that receiving only one of the elements is considered full Communion.*

Gluten free wafers for communion are available. Please request it from the person who is distributing the bread.



*The flowers are given to the Glory of God
and in Loving Memory of
Olga Coventry, mother of Anne Underhill*

10:00am Service

Presider & Preacher:

The Rev'd Matthew Humphrey

Ministers of Welcome:

Mary Huxley

Organist:

Curt Bergen

Because the service includes congregational singing, which continues to be a higher-risk activity, we thank you for maintaining everyone's safety by wearing your mask during the worship service and remembering to keep a respectful distance from others.

*Note: in the service order, words set in **bold italic type** are said by the congregation.*

THE COMMUNITY GATHERS BEFORE GOD

WELCOME

PRELUDE

If Thou But Suffer God to Guide Thee, J.S. Bach

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit
be with you all.

And also with you

CENTRING STILLNESS

Let us hold this moment open to the Spirit of God.

Silence is kept.

COLLECT OF THE DAY

God of the sabbath, *this is the day and this is the hour when women long oppressed stand with dignity, and when your healing escapes our desire for control: may your joy stretch the fabric of our hearts and inspire us to loosen each other's bonds; through Jesus Christ, the shamer of the powerful and the raiser of the dead. Amen.*

Prayers for an Inclusive Church (2009) alt.

The congregation sits

Be my strong rock, a castle to keep me safe;
you are my crag and my stronghold.
Deliver me, my God, from the hand of the wicked,
from the clutches of the evildoer and the oppressor. R
For you are my hope, O God,
my confidence since I was young.
I have been sustained by you ever since I was born;
from my mother's womb you have been my strength;
my praise shall be always of you. R.

GOSPEL HYMN

What Wondrous Love Is This, (400)

Harm. The New Century Hymnal, 1995. © 1993 The Pilgrim Press.

1. What wondrous love is this, O my soul, O my soul!
What wondrous love is this, O my soul!
What wondrous love is this that caused the Lord of bliss
to bear the dreadful curse for my soul, for my soul,
to bear the dreadful curse for my soul!
2. When I was sinking down, sinking down, sinking down,
when I was sinking down, sinking down,
when I was sinking down beneath God's righteous frown,
Christ laid aside his crown for my soul, for my soul,
Christ laid aside his crown for my soul.
3. To God and to the Lamb I will sing, I will sing;
to God and to the Lamb I will sing;
to God and to the Lamb, who is the great I AM
while millions join the theme, I will sing, I will sing,
while millions join the theme, I will sing.
4. And when from death I'm free, I'll sing on, I'll sing on;
and when from death I'm free, I'll sing on;
and when from death I'm free, I'll sing his love for me,
and through eternity I'll sing on, I'll sing on,
and through eternity I'll sing on.

Before the Gospel is read, the reader says:

God be with you.

And also with you.

The Good News of Jesus according to Luke

Glory to you, Lord Jesus Christ.

¹⁰ Now he was teaching in one of the synagogues on the sabbath. ¹¹ And just then there appeared a woman with a spirit that had crippled her for eighteen years. She was bent over and was quite unable to stand up straight. ¹² When Jesus saw her, he called her over and said, 'Woman, you are set free from your ailment.' ¹³ When he laid his hands on her, immediately she stood up straight and began praising God. ¹⁴ But the leader of the synagogue, indignant because Jesus had cured on the sabbath, kept saying to the crowd, 'There are six days on which work ought to be done; come on those days and be cured, and not on the sabbath day.' ¹⁵ But the Lord answered him and said, 'You hypocrites! Does not each of you on the sabbath untie his ox or his donkey from the manger, and lead it away to give it water?' ¹⁶ And ought not this woman, a daughter of Abraham whom Satan bound for eighteen long years, be set free from this bondage on the sabbath day?' ¹⁷ When he said this, all his opponents were put to shame; and the entire crowd was rejoicing at all the wonderful things that he was doing.

The Gospel of Christ

Praise to you, Lord Jesus Christ.

RESPONDING TO THE WORD

SERMON

ANTHEM

The Lord Is My Shepherd, Howard Goodall

AFFIRMING OUR FAITH

The Apostles' Creed

Let us confess our faith, as we say,

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, (+) the resurrection of the body, and the life everlasting. Amen.

PRAYERS FOR OURSELVES AND THE WORLD

Elizabeth Bergen

The congregation stands, sits, or kneels.

We pray for God to fill us with the Spirit:

Lord, let your light shine upon us

and dispel our darkness.

In your prayers this week remember the following: Those in need of healing and care, including Allison, Brad, Brynn, Carrie, Dorothy, Hanna Jean, Judy J, Kat, Maria, Mary, Monty, Nora, Pat R, Patricia, Robert, Vic. In our diocese of islands and inlets we pray for Anna, our Bishop, Lynn, our Metropolitan, and Linda, our Primate. The parish of Central Saanich and their clergy Lon Towstego. Territory of the People Anglican Church and the Steering Committee. The Evangelical Lutheran Church in Canada and Bishop Susan Johnson. In the Church further afield, pray for the Church of the Episcopal / Anglican Province of Alexandria. Pray for the continued work of all health care workers, especially amid the current wave of the COVID pandemic. Pray for the ongoing work of truth-telling, healing, and reconciliation; pray especially for the work of the ReconciliACTION Oak Bay network, remembering particularly the UVIC Living Lab Project. Pray for the people of Ukraine and Russia, for an end to the conflict.

CONFESSION AND ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy;

he welcomes sinners and invites them to his table.

Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us,

that we may delight in your will,

***and walk in your ways,
to the glory of your name. Amen.***

The Presider reminds us of God's healing and forgiveness

PEACE

The congregation stands

The Lord forgives all your sin, heals all your infirmities; he redeems your life from the grave and crowns you with mercy and loving kindness.

The peace of the Lord be always with you.

and also with you.

Remaining in our places, we share physically-distant signs of Peace with those around us.

THE SACRED MEAL IS SHARED

For safety, the Collection Plate has been placed at the back of the church for use as you arrive. It will be moved to the front of the church during the Offertory hymn and placed in a location where you may place your gifts as you come to receive Communion.

Please also consider one of the other means of giving that do not require our volunteers and staff to handle cash and cheques: electronic donations on our website via CanadaHelps, or bi-weekly or monthly direct debit donations via our diocesan Electronic Collection Plate (details are available in a brochure at the entrance, or on the website: www.stmarysoakbay.ca/donate).

OFFERTORY

Glorious Things of Thee Are Spoken (388)

1. Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the rock of ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou mayest smile at all thy foes.
2. See! The streams of living waters,
springing from eternal love,
well supply thy sons and daughters
and all fear of want remove.
Who can faint, when such a river
ever flows their thirst to assuage?
Grace, which like the Lord, the giver,
never fails from age to age?

3. Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering –
showing that the Lord is near.
Thus they march, the pillar leading,
light by night and shade by day;
daily on the manna feeding
which God gives them when they pray.
4. Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the world's best pleasure,
all its boasted pomp and show:
solid joys and lasting treasure
none but Zion's children know.

PRAYER OVER THE GIFTS

Holy God, gracious and merciful, you bring forth food from the earth and nourish your whole creation. Turn our hearts toward those who hunger in any way, so that all may know your care; and prepare us now to feast on the bread of life, Jesus Christ, our Saviour and Lord. **Amen.**

Evangelical Lutheran Worship (2006) alt

THE CELEBRATION OF THE EUCHARIST

Eucharistic Liturgy of the Islands, Eucharistic Prayer C

The congregation remains standing, as they are able

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right that we should praise you,

God of love, our source and our fulfillment,

for you create all things and in you we live and move and have our being.

Your wonder is manifest in land and sea and sky.
You made us in your image.
And even though we turn from you,
again and again you call us to yourself,
and in every age, promise liberation.
As a mother gathers her children,
you embraced a people as your own,
to nurture them in the way of compassionate love.
You sent Jesus among us,
incarnate of the Holy Spirit and born of Mary.
Jesus revealed your love for all Creation,
and showed us the way of reconciliation.
Having lived among us,
Jesus suffered the cross, died,
And in rising again
became the firstborn of the renewed family.
And so as we gather around your table,
With saints of every age and your beloved creation we raise our voices and sing:

Repeat each line after the cantor:

***Holy, holy, holy Lord,
God of power and 'might,
Heaven and earth are full,
are full of your glo'ry.***

***Blessed is the one who comes'
in the name of the 'Lord.
Hosanna in the highest,'
hosanna in the high'est. 3x***

St Bride Setting, The Iona Community

To you be glory, almighty God,
because on the night before he died,
Jesus took bread,
when he had given thanks,
he broke it, gave it to his disciples, and said:

Take, eat, this is my body
which is given for you; do this to remember me.

After supper he took the cup;
when he had given thanks,
he gave it to them and said:
Drink this all of you.
This is my blood of the new covenant,
Poured out for you and for many;
do this to remember me.
Great is the mystery of faith.

***Christ has died,
Christ is risen,
Christ will come again.***

Recalling Christ's death and resurrection, we ask you to accept this, our sacrifice of praise.
Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine that we
may be fed with the body and blood of your Son.

When all of creation groans, unite us in Christ and give us your hope
that we might be strengthened to do your work, as your body in the world.
Through Christ our Redeemer, in the power of the Spirit,
all praise and glory be yours, Almighty God, now and forever.

Amen.

THE LORD'S PRAYER

Let us pray with confidence as our Saviour has taught us:

***Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.***

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

***For the kingdom, the power, and the glory are yours,
now and for ever. Amen.***

Silence is held

THE BREAKING OF THE BREAD

“I am the bread of life,” says the Lord.

“Whoever comes to me will never be hungry;
whoever believes in me will never thirst.”

***Taste and see that the Lord is good;
happy are they who trust in him!***

The gifts of God for the people of God.

Thanks be to God.

THE COMMUNION

Please follow the direction of the greeters as they invite rows to receive communion. Please maintain a single flow: approach via the main aisle and return via the side aisles. If you do not wish to receive communion, but someone else in your aisle wishes to pass by you, please exit your pew temporarily to allow them to pass at a safe distance. You are also welcome to approach the presider for a blessing only—this is traditionally indicated simply by crossing your hands over your chest as you approach.

WE ARE SENT INTO THE WORLD

PRAYER AFTER COMMUNION

We give you thanks, almighty God, that you have refreshed us through the healing power of this gift of life. In your mercy, strengthen us through this gift, in faith toward you and in fervent love toward one another; for the sake of Jesus Christ our Lord. **Amen.**

Evangelical Lutheran Worship (2006)

COMMUNITY NOTES

AFFIRMATION

The congregation stands

Glory to God, ***Whose power working in us can do infinitely more than we can ask or imagine. Glory to God, from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.***

BLESSING

HYMN

O For A thousand Tongues to Sing (306)

1. O for a thousand tongues to sing
my great Redeemer's praise,
the glories of my God and King,
the triumphs of his grace.
2. Jesus! the name that charms our fears,
that bids our sorrows cease;
'tis music in the sinner's ears,
'tis life, and health, and peace.

3. He speaks, and, listening to his voice,
new life the dead receive,
the mournful broken hearts rejoice,
the humble poor believe.
4. Hear him, ye deaf, ye voiceless ones,
your loosened tongues employ;
ye blind, behold your Saviour come,
and leap, ye lame, for joy!
5. My gracious Master and my God,
assist me to proclaim,
to spread through all the earth abroad
the honours of thy name.

DISMISSAL

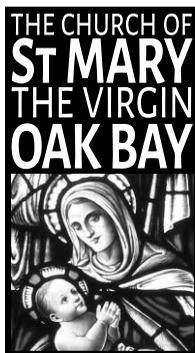
Go in peace to love and serve the Lord.

Thanks be to God.

POSTLUDE

Noel nouvelet, from Six Interludes on Christmas Carols, W.S. Lloyd Webber

The musical postlude is a part of worship, extending the beauty of holiness so that the congregation can remember and give thanks for our encounter with God's Word as it has been experienced this day. You are invited to use this time for reflection, remaining seated.



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