

INTERCESSIONS FOR AUGUST 7th 2022

In our Anglican Cycle of Prayer, we pray for the Church in the Province of the West Indies. We pray for Clara, our Rector; Lynn, our Deacon; Bob, Cathie, Andrew, Susan, and Pat, our Honorary Assistants; Anna Greenwood-Lee, our Bishop, Linda, our Primate, Sidney Black, Acting National Indigenous Bishop, and Lynne, our Metropolitan. We pray for S. Mary, Nanoose Bay - Alan Naylor. We remember the Diocese of New Westminster - Bishop John Stephens.

We offer healing prayers for Evan, Jeff, Nicole T., Donna G., Chris A., Debbie G., Lucas H., Elisje H., Blanche G., Donna D., Wayne R., Andrea W., Paige, Diane B., Jessie F, Elizabeth B., Hugh, and Cynthia S.

PARISH ACTIVITIES FOR THE WEEK OF AUGUST 7TH – 14TH

Monday-Friday	8:30 am	Morning Prayer (On Hiatus until Sept 6 th)
Monday	7:00 pm	Contemplative Prayer (On Hiatus until Sept 12 th)
Wednesday	11:00 am	Mid-Week BCP Holy Communion (in person)
Sunday,	8:00 am	BCP Holy Communion (in person)
	10:30 am	Holy Eucharist Service (in person & livestream)

READINGS FOR AUGUST 14TH 2022:

Isaiah 5:1-7
Psalm: 80:1-2, 8-18
Luke 12:49-56

ANNOUNCEMENTS

RECTOR AWAY - VACATION: Archdeacon Clara is away on holidays from August 4th – 24th inclusive. All services will continue as per our regular schedule. In the case of pastoral emergency, please contact Rev. Susan Hermanson at 250 755-9596.

FOOD CARD MINISTRY: On the third Tuesday of every month our parish provides food cards to those in need. This ministry serves our unhoused neighbours, families, and the working poor. We have all felt the rising cost of food in the grocers, and so the cards we hand out will be increasing to \$15 each. We try to hand out 30 cards each month. It's directly through donations that this vital ministry is sustainable. In order to continue to provide the food cards each month we need additional donations. You can note: "food card ministry" on your offering or donation cheque.

GOODBYE POTLUCK: Please plan to attend a potluck lunch after the service on August 28 as we say goodbye to Rev Lynn and wish her all the best in her new post as Deacon at St. Mark, Qualicum Beach. A sign up sheet will be in the Narthex on August 1. Sign up to bring a main dish, salad or dessert.

WE TOGETHER CONFERENCE – SEPT 30 – OCT 1 2022: You can still register for the upcoming Diocesan *We Together* Conference, which is being hosted at our parish here in Nanaimo. More information is available here:
<https://www.bc.anglican.ca/events/we-together-2022/2022-09-30>

FORWARD DAY-BY-DAY: Please note the Forward Day by Day booklets have arrived for August – October. Booklets are by donation, and can be picked up after Sunday Service in the Narthex.

BIRTHDAYS THIS COMING WEEK

Pamela Smith Aug 15

Did we miss your birthday?

Simply call the office at 250 753 2523 or email at admin@stpaulsnanaimo.ca to add your name to the birthday prayer list!