

**Love Is Patient & Kind**  
**Sermon Series: Are You A Good Neighbor?**  
**August 7, 2022**  
**Pastor Kelly Stanley**

+ 1 Corinthians 13:4a, “Love is patient and kind . . .” (NLT).

- The New Testament Greek word translated as “patient” is [μακροθυμέω; makrothumeō]. It comes from two Greek words: makros = “to throw far away, to be far away”, and thumeo = “to well up, to boil up and over; passion, anger, a powerful force.” When combined the words means “to throw far away one’s anger; to persevere with long-suffering and bravely; to be able to bear the offenses and injuries from others; to be slow in avenging; to be slow to anger, to have an endurance; not being quick to punish.” This word always describes “patience with people and not with circumstances.” In a nutshell, it means you have a long fuse rather than a short one. It takes a long time for you to boil over. You do not instantly blow up or go to rage against someone.
- The Greek New Testament word translated as “kind” is [χρηστεύομαι; chrēsteuomai]. It comes from the root, chrestos, that means “useful, serviceable, adapts to its purpose, mild, helpful, honest, and respectable.” Chresteuomai” refers to the person who is good to those who harm them personally; you give people what they need, not what they deserve specially when you are angry.

**When It Comes To Anger, We Express It In 1 of 3 Ways**

1. **Some are a \_\_\_\_\_.** When you blow, everyone knows it. You stink up the whole place. This is 23% of people.
2. **Some are a \_\_\_\_\_.** Your head goes right back into your shell. You avoid. You do not engage. You run for cover and hide your feelings and your anger. This is 39% of people.
3. **Some are a \_\_\_\_\_.** If you are a this animal, you take it and chew on it for a while, but if you feel your back is pushed against the wall, you will spit. You will vomit or hurl your anger against someone. This is 23% of people.

+ 1 Corinthians 13:5, “Love is not easily angered” (NIV).

+ James 1:19, “Understand this, my dear friends: You need to choose to be quick to listen, slow to speak, and especially slow to choose to get angry” (PAR)

+ Mark 10:14, “When Jesus saw what was happening, He was angry with His disciples. He said to them, ‘Let the children come to me. Don’t stop them! For the Kingdom of God belongs to those who are like these children’” (NLT).

**What Can I Do to Not Become So Easily Angered?**

1. **Learn and control the emotional and mental \_\_\_\_\_ of my anger.**

+ Proverbs 29:11, “Fools give full vent to their rage, but the wise bring calm in the end” (NIV).

+ Proverbs 14:29, “Slowness to anger makes for deep understanding. A quick tempered person stockpiles stupidity” (MSG).

+ Proverbs 14:29, “If you stay calm, you are wise, but if you have a hot temper, you only show how stupid you are” (GNT).

+ Proverbs 25:28, “If you cannot control your anger, you’re as helpless as a city without walls, open to attack” (GNT).

2. **Accept who is my \_\_\_\_\_ is: the \_\_\_\_\_.**

+ Ephesians 4:26-27, “Don’t sin by letting anger control you. Don’t let the sun go down while you are still angry, <sup>27</sup>for anger gives a foothold to the devil” (NLT).

- The word that is translated as “anger” is the NT Greek word [ὀργίζω; orgizō]. It literally means “anger” but it is also used mainly to refer when anger loses control. It also used to refer to “wrath and rage” in Scripture.

- The NT Greek word translated as “foothold” is [τόπος; topos]. It is where we get our mathematical term topology from. In Greek this word refers “to a portion of space marked for someone to inhabit, or dwell or live.”

- + Ephesians 6:11-12, “Put on all of God’s armor so that you will be able to stand firm against all strategies of the devil. <sup>12</sup>For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places” (NLT).
- + Psalm 4:4, “Don’t sin by letting anger control you. Think about it overnight and remain silent” (NLT).
- + Proverbs 22:24-25, Don’t befriend angry people, or associate with hot-tempered people, <sup>25</sup>or you will learn to be like them and endanger your soul” (NLT).

- I don’t need people to help \_\_\_\_\_ my anger; I need people to help \_\_\_\_\_ my anger.

- + Proverbs 11:23b, “Wicked ambition ends in angry frustration” (MSG).
- + Proverbs 15:18, “A person who gets angry quickly causes trouble. But a person who controls his temper by being patient and kind stops a quarrel” (PAR).
- + Proverbs 15:1, “A gentle answer deflects anger, but harsh words make tempers flare” (NLT).
- + Proverbs 15:1, “Respond gently when you are confronted and you’ll defuse the rage of another. Responding with sharp, cutting words will only make it worse. Don’t you know that being angry can ruin the testimony of even the wisest of men?” (TPT).

- That means that in dealing with anger there is a loving phrase that we need to learn to say to protect our relationships from our real enemy – “I could be \_\_\_\_\_.”

### 3. Talk to \_\_\_\_\_.

- + Psalm 37:8, “Stop your anger. Turn off your wrath. Don’t fret and worry. It only leads to harm” (TLB).
- + James 1:19-20, “Remember this, my dear friends! Everyone must be quick to listen, but slow to speak and slow to become angry. <sup>20</sup>Human anger does not achieve God’s righteous purpose” (GNT).
- + Proverbs 19:11, “A wise person demonstrates patience, for mercy means holding your tongue. When you are insulted, be quick to forgive and forget it, for you are virtuous when you overlook an offense” (TPT).
- + Philippians 4:6-7, “Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done. <sup>7</sup>Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus” (NLT).

### 4. Get adequate \_\_\_\_\_ and \_\_\_\_\_.

- + 1 Kings 19:2, 4,-6, “May the gods strike me and even kill me if by this time tomorrow I have not killed you just as you killed them. . . . <sup>4</sup>Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. “‘have had enough, Lord,’ he said. ‘Take my life, for I am no better than my ancestors who have already died’ . . . <sup>5</sup>Then he lay down and slept under the broom tree. But as he was sleeping, an angel touched him and told him, ‘Get up and eat!’ <sup>6</sup>He looked around and there beside his head was some bread baked on hot stones and a jar of water! So he ate and drank and lay down again” (NLT).

### 5. Formulate in my thoughts \_\_\_\_\_.

- + Proverbs 4:23, “Be careful what you think because your thoughts run your life” (NCV).
- + Philippians 4:8, “Fix your thoughts on what is true and good and right. Think about things that are pure and lovely. Dwell on the fine good things in others. Think about all you can praise God for and be glad about” (TLB).
- + Exodus 34:6, “I am the Lord. The God of compassion and mercy! I am slow to anger and filled with unfailing love and faithfulness” (NLT).