



Comox United Church

Our Values: Spirituality, Openness, Care for the Common Good, Radical Love

Minister of Pastoral Care and Congregational Life: Wayne Hughes

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Visit our website: it is updated weekly: www.comoxunitedchurch.com

Please note: Newsletters are also posted on the Comox United website.

Announcements should be sent to admin@comoxunitedchurch.com

or call 250 339-3966 by **8:00 am Thursday morning.**

If you no longer wish to receive this newsletter please email admin@comoxunitedchurch.com.

Friday, Aug. 5, 2022

Sunday, Aug. 7, 2022 - Communion

Greeters: Julie Whiteman, Stewart Crerar

Coffee: Ray and Margaret Morin

Service Leader: Rev. Phil Spencer

Sermon: A Thieving God

Power Point: Sue Newman

Scripture Reader: Merrilee Cameron

Scripture: Hebrew 11:1-16

To read the scripture follow the link below then type in the scripture verse <http://bible.oremus.org>

Comox United Church worship services are available in three ways.

- 1) Attend worship in-person at the church on Sundays at 10:00 am.
- 2) Watch live on-line by going to our YouTube channel. Just click on this link at 10:00 am on Sunday morning:
https://www.youtube.com/channel/UCJlaxG_quMwagK5WeiQwXPA
- 3) Watch the service at another time from the "Virtual Services" page on our website:
<https://www.comoxunitedchurch.com/pages/online-sunday-services>



Check out the CxU Blog

<https://www.comoxunitedchurch.com/blog>

SCAM emails: If you receive an email from Pastor Wayne Hughes this is a scam DO NOT open it or respond to it.

Comox United Groups: To the small group gatherings that continued to meet throughout COVID.

I am working on the space booking calendar and would appreciate knowing when or if your group is planning on returning to in person meetings at Comox United. Many thanks, Lorna



Camp Homewood - Our dates are September 30-October 2, 2022 and we would encourage you to consider coming - for fun, fellowship, rest and recreation at the beautiful site on Quadra Island. Please let Ruth Giles, Marg Adams or Fiona Curry know if you will be attending. We need a minimum number of 30 to attend. Any photos from previous visits would be welcomed; send to gilesr@shaw.ca

Hearing Assist Devices

We are looking for a volunteer to maintain the hearing assist devices.

Please contact the office.

admin@comoxunitedchurch.com





This week's Tip:

1. To read Rev. Brenda Riley's sermon from July 31st, go to the church website by googling **Comox United Church**.
2. From the menu at the top of the page, click on **Sermons**.
3. Scroll to **New Spirituality**
4. Enjoy!

Questions? Comments? Concerns?
Submissions? Photos?

NB: This is YOUR website! If you'd like to add any articles or photos to this or any page, please email Joyce Wagland at websiteadmin@comoxunitedchurch.com or phone 250-207-5650.



Grief Workshop and Support Group

- An 8 week program beginning on Tuesday, September 6 at 2:00 led by Wayne Hughes
- This is an opportunity to normalize the grief process, explore feelings, receive emotional and spiritual support in a safe, nonjudgmental environment, and learn new ways to approach and cope with problems.
- Contact the office or Wayne directly to register for this workshop.
- Enrollment limited to 12 people.

Thank You!

You will notice that the lines in the parking lot have been freshly painted. This happened because one of our congregation skillfully negotiated with Edgett Contracting. In exchange for letting Edgett use our parking lot to store their trucks and excavators during the sidewalk construction project Edgett arranged for the lines to be repainted. No money changed hands. Just old-fashioned bartering and trust.

Thank you to Edgett and their partners.
Thank you to Andrew Black for handling this on our behalf.



Join The Grand Parade to benefit Glacier View Lodge! Saturday, September 17, 2022 Comox Marina Park 10 – 1:00. Proceeds from this fundraising walk will go towards the Music Therapy Program. Gather friends and family to form a team to fundraise and walk, or donate to an existing team. More information at: <https://thegrandparade.org/location/comoxvalley>



Sundays @ 4 pm: Weird Church Weekly
 August 6th @ 3pm: Weird Church in the Woods
 August 8 – 12, 9 am – 3 pm: Camp Spirit
 Details at campspirit.ca or weirdchurchcumberland.com
 Saturday August 13th @ 12:30pm: Truth & Reconciliation Team Meeting
 Sunday August 14 @ 12:30pm (before church): Community Work Party let's get the office organized!
 Tuesday August 16th Coffee & Conversations that Matter Lemonade Edition 10 am & 6:30 pm in No. 6 Mine Park
 Sunday August 28: Potluck after Service!

How to live Our Values

Spirituality

Daily Reflections hosted by the *Christian Seasons Calendar* offer encouragement in our common ministry as disciples of Christ Jesus, for the glory of God and the sake of God's beloved world.

<https://christiancalendar.squarespace.com/daily>

How to live Our Values:

Openness

"Though "out of the world," we are in the same world as everybody else, the world of the bomb, the world of race hatred, the world of technology, the world of mass media, big business, revolution, and all the rest. We take a different attitude to all these things, for we belong to God. Yet so does everybody else belong to God. We just happen to be conscious of it, and to make a profession out of this consciousness."

Thomas Merton

How to live Our Values:

Care for the Common Good

(Space for your idea here. Send a note to admin@comoxunitedchurch.com.)

How to live Our Values:

Radical Love

Consider a role on the Refugee Support team that is helping dozens of Ukrainian people settle in the Comox Valley. Ruth G. offered her vacant suite and now has a young family living there.

What role will you take?

To offer you gift of time or talent, contact Cathie Talbot at 250-339-1021 or cgtalbot@shaw.ca.



Comox United Church (250 Beach Drive) is STARTING A DANCE PROGRAM TO PROMOTE:

MOBILITY - FLEXIBILITY - BALANCE

Free introductory classes
no dance experience necessary
please bring a friend

Questions: contact Wendy

trinitydance@shaw.ca

STRETCH and STRENGTH

TUES. September 6th 9:45-11:15 room T2

THURS. September 8th 9:45 -11:15 room T2

Bring your Yoga mat!

Space is limited to 12 participants – extra classes will be added if required.

CHAIR DANCE

Suitable for those with limited mobility

WED. September 7th 9:45- 11:15 room L1 lower level



MINISTRY Minute

What Would Jesus Do?



Credit: Image by congerdesign from Pixabay

The question “What would Jesus do?” (often shortened to the acronym “W.W.J.D.”) has been on wrist bands, T-shirts, and bumper stickers since the 1990s. And while it might sound like an overused cliché, it’s a question that can lead our spirit and, by extension, our lives to profound transformation. What did Jesus do?

He crossed a lot of boundaries. In fact, when we think about the boundaries that separate people—things like money, gender, education, culture, religion, and class—Jesus crossed them all.

He struck up a conversation with a Samaritan woman in a culture where it wasn’t socially acceptable for men and women, much less Jews and Samaritans, to speak to one another.

He healed the bodies and souls of people suffering from a variety of diseases when it was sinful to have anything to do with them.

He visited the homes of tax collectors and sex trade workers and advocated for the rights of widows, orphans, and those living in poverty.

He not only valued children in a time when they were often considered drains on society, but he also told his followers that unless they were more like children they wouldn’t enter the kingdom of heaven.

In the same way, our generosity to the Mission and Service Fund of the United Church helps break down dividing walls and builds bridges that draw us together. This Fund supports organizations like hospitals, counselling centres, drop-in circles, and homeless shelters that are there when people need

them most. It sustains education programs that teach farming skills, provide job training, and help remove obstacles so children can remain in school. It supports groups that stand up for victims of human trafficking, ensure that workers and children know their rights, and advocate for those persecuted because of their sexual orientation, gender, or beliefs. It also fosters anti-racism programmes and supports those working for healing and reconciliation.

Our congregation gives a designated amount of our annual offerings to the Mission and Service Fund of the United Church. Our gifts thus help to transform lives and build a better world. That’s “what Jesus would do”.



Tech Team

Your church Tech Team has a need for interested folks to help enhance our weekly worship. We now stream our services live and have hired a tech to do the streaming on Sunday mornings as he earns his way to North Island College.

Sound is important, both in the Sanctuary and on-line and we are looking for helpers to assist with providing sound quality. This involves a few functions, most conducted while sitting in a pew with a laptop. We offer training and mentoring to do this and the opportunity to take part in providing a quality experience to the members of our faith community and others.

Do you have an interest? Would you like to know more about what is involved before you plunge into “tech”? Would you prefer to watch a live demonstration of how the system works before making any commitment?

Our team would love to hear from you and talk about what is involved. Please send a message to Joyce Wagland at ajwagland@gmail.com or Ross Griffith-Cochrane at rgriffco@gmail.com with your e-mail and/or phone number and we’d be happy to talk to you or give you an orientation at your convenience.