# Early Birdies 6:00 to 6:45 AM

(Monday - Friday)

Good morning, my name is _____ and I am an alcoholic. Welcome to the Marina Pacifica 6 am Early Birdies meeting ….. Tweet, tweet.

Please keep your microphones muted during the meeting to minimize distractions unless you are reading or sharing. Make sure you are attending this meeting in a private setting to protect the confidentiality and anonymity of others.

Let's open the meeting with the **Third Step Prayer**
***God, I offer myself to thee, to build with me and to do with me as thou wilt. Relieve me of the bondage of self, that I may better do thy will. Take away my difficulties that victory over them may bear witness to those I would help of thy power, thy love, and thy way of life. May I do thy will always.***

*Please read: AA Preamble*
***Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self- supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.***

Is there anyone with less than 30 days of sobriety? If so, please unmute your microphone and introduce yourself.

Are there any visitors from outside the LA/Orange County area? If so, please unmute your microphone and introduce yourself.

Let's start the meeting. Leader shares and picks a topic. You can choose people to share or do a tag format. It's up to the leader. (End the sharing at 6:40 am)

After a moment of silence for the alcoholic who still suffers, will _____ lead us in a prayer of their choice?

**Everyone have a great day and don't drink!**