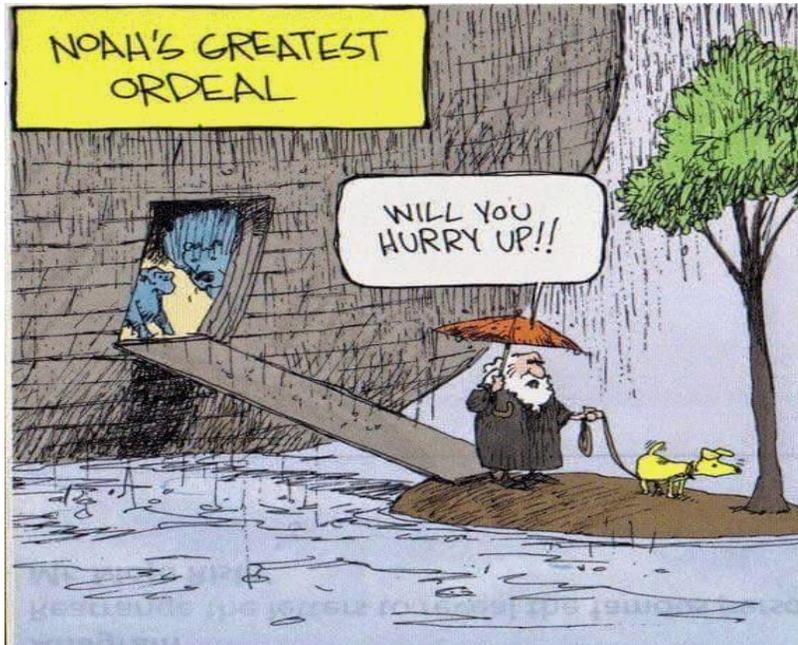


Wednesday, August 10th a trip to St. Alban's Church in Riverside-Albert and to Mary's Point. The Holy Eucharist is scheduled to be celebrated at 4pm at St. Alban's. Following that, we plan to motor on to Mary's Point for a cup of tea and some refreshments.

On Tuesday August 9th, and 16th from 7:00 – 8:30pm a two-part session will be offered. From 7:00 to 7:40pm, we will use the Gospel-Based Discipleship method to reflect on the Gospel for the upcoming Sunday. Then, following a break, we will watch a Church History video on the Anglican Church in the 17th century.

Applications for St Michael's Conference, August 22nd - 26th, are available in the Entry. Financial Support is available - please contact the Office for more information.



St. George's Church is a downtown spiritual center where traditional Anglican liturgy, parishioners and the needs of our community are valued.



St. George's Anglican Church

The Most Reverend David Edwards- Bishop
 The Reverend Canon Chris VanBuskirk - Rector
 51 Church Street Moncton NB E1C 4Z3 855-5209
 Email – office@stgeorgesmoncton.ca
 Website: www.stgeorgesmoncton.ca

Jesus Christ the same, Yesterday, Today and Forever

Eighth Sunday After Trinity August 7, 2022



Parish Prayer Chain: To pass a message on to the Parish Prayer Chain, from Monday to Friday, 9 a.m. to 1 p.m. please the Office. After Office Hours, please contact Cathie @ 855-7969 or cdingwell@gmail.com

Wardens:	Sheila Searle	856-9419
	Kelly VanBuskirk	233-0689
Honorary Assistant	Rev. Dr. Dan Goodwin	
Deacon:	Rev. Norm Dupuis	386-1324

Eighth Sunday After Trinity – August 7, 2022

8:00 A.M. HOLY EUCHARIST

Introit Psalm: 48. 1-12	p. 390
The Collect for Purity	p. 67
The Collect and Epistle	p. 229
Gradual Psalm: 48. 13-15	p. 390
The Holy Gospel	p. 230

9:15 A.M. MORNING PRAYER

Psalms 39, 41	pgs. 379, 382
First Lesson: 1 Kings 22. 1-38	(Pew Bible page 329)
Second Lesson: Acts 25. 1-12	(Pew Bible page 903)

10:00 A.M. HOLY EUCHARIST

Introit Psalm (sung) *We have waited, O God, for they loving kindness in the midst of thy temple; according to thy Name, O God, so is thy praise unto they world's end: thy right hand is full of righteousness. Great is the Lord, and highly to be praised: in the city of our God, even upon his holy hill. Glory be...*

Hymn (604) Crusader's Hymn

Children's Talk

The Collect for Purity	p. 67
Kyrie	p. 70
The Collect	p. 229
The Epistle	p. 230
Gradual Psalm: 48. 13-15	p. 390
The Holy Gospel	p. 230

The Nicene Creed

Hymn: 493 (St. Botolph)

The Homily

Offertory Hymn: 232 (St. Agnes)

Dedication of Prayer Books

The Intercession	p. 75
Confession, Absolution	p. 77
Thanksgiving and Consecration	p. 78 - 82

Hymns during Communion: 219 (Bread of Heaven)

221 (Unde de Memores); 226 (Rockingham); 719 (Jesus Bids)

The Lord's Prayer

The Gloria In Excelsis p. 86

Recessional Hymn: 721 (All Things Bright)

Please join us in the Hall for Tea & Coffee.

5:00 P.M. EVENING PRAYER

Psalm 40	p. 380
First Lesson: Ezekiel 33. 21-end	(Pew Bible page 698)
Second Lesson: John 16. 16-22	(Pew Bible page 871)

The Sanctuary Candle burns this week to the Glory of God and in Loving Memory of Harold Mitton, Marion Haviland

"Let us remember before God the faithful departed."

Linda Hodgson, William Goobie

Amongst the faithful departed, we remember Sergeant Leonard Chelsey Trites of this parish who died August 7th, 1943 and is buried in Italy. He awaits with us the Lord's return and the Resurrection at the Last Day.

This Week in the Parish

The Daily Offices of **Morning and Evening Prayer** will be prayed at **8:30 A.M. and 5:00 P.M. Monday – Saturday**, respectively. In addition:

Tuesday	Holy Communion (<i>Spencers</i>)	10:00 a.m.
	Gospel Based Discipleship	7:00 p.m.
Wednesday	Holy Communion (<i>St. Alban's</i>)	4:00 p.m.
Thursday	Holy Communion (<i>Chapel</i>)	10:00 a.m.

Thank you to Keith Scott who will be our organist for the next few weeks. Welcome Home!

We are **grateful to receive** a gift of **six large print prayer books** given to the glory of **God and in loving memory of Fred and Norma Whitenect**. These will be at the back of the church. Please pick one up and make good use of it in your pew.

"For it is God which worketh in you both to will and to do of his good pleasure. Do all things without murmurings and disputings: that ye may be blameless and harmless, the sons of God without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world."

Philippians 3. 13, 15

The Rector's Corner

What Mother Never Told Me About the Prayer Book (No. 2)

Last week's Rector's Corner talked about the Calendar (see pp. ix-xii). This week, let's move on to 'DAYS OF FASTING, ABSTINENCE AND SOLEMN PRAYER' on page xiii.

Every Christian is meant to be a disciple of Christ. And, to be a faithful disciple, we must be disciplined. Our body and our soul must be kept together, but this is not easy. St. Paul spoke about this in his letter to the Church in Rome: "I know that nothing good dwells in me, that is in my flesh. For I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing." (7.18-19)

If that was the struggle of St. Paul, it is the struggle for every one of us. Of course the Lord Jesus knows that and understands it. And, He showed us what to do about this struggle between the flesh and the spirit. Immediately following His Baptism, Jesus was led by the Holy Spirit into the wilderness. While there, He fasted for 40 days and nights; afterward, the devil came to tempt Him. Following His example, the Church Universal – and the Anglican Church in particular – has encouraged fasting.

By fasting, the Church means going without food of any kind. In modern times, however, fasting has been stretched to include going without conveniences and luxuries, including television and social media. One writer put it this way: "The increase of luxuries, of all kinds and descriptions, is one of the predominant and sinister features of modern times. The practising Churchman and Churchwoman will have no difficulty whatever in discovering appropriate ways of 'fasting' apart altogether from a restricted diet." (from The Anglican Way by Verney Johnstone). Abstinence is slightly different from fasting. It involves going without meat on a particular day.

With those definitions, let's look at the fine print on page xiii. Accordingly, we find that *Major Fast Days* are Ash Wednesday and Good Friday. *Days of Abstinence* include "all the Fridays of the Year except Christmas Day and the Epiphany, and the Forty Days of

Lent". Interesting! Growing up in Saint John, I thought that only members of the Roman Catholic Church fasted on Fridays. But that's not true – Anglicans have observed this discipline for centuries.

Why? Because the disciplines of abstinence and fasting help us focus. They can bring clarity for the soul as we attempt to hear God's Voice and discern His will. In the first Homily on Fasting (printed in 1547 as the Church of England worked out its doctrinal positions) gives these reasons for fasting: to bring the flesh in subjection to the spirit; to help our spirit become more earnest in prayer; and through fasting to offer an act of humble submission to the Lord.

Last but not least: DAYS OF SOLEMN PRAYER. These are designated as 'EMBER DAYS' and 'ROGATION DAYS'. These both are observed with abstinence and fasting as occasions of prayer for the ministry of the Church. Ember Days are often when ordinations are held; so prayers are offered for the candidates. The Rogations Days come just before Ascension Day and serve as a time of preparation for the celebration of that blessed event.

There is lost to think about on this little page at the beginning of our Prayer Book. As disciples of Christ we are called to be disciplined in order to fight against the daily temptations of the world, the flesh and the devil. May He help us, by His mighty Spirit, to follow Him faithfully!

Daily Bible Readings

A modified schedule from the Prayer Book's Table of Lessons

Sunday	Proverbs 15:18-end	I Corinthians 8
Monday	Proverbs 16:31-17:17	I Corinthians 9
Tuesday	Proverbs 18:10-end	I Corinthians 10 :1-11:1
Wednesday	Proverbs 20:1-22	I Corinthians 11:2-end
Thursday	Proverbs 22:1-16	I Corinthians 12:1-27
Friday	Proverbs 24:23-end	I Corinthians 12:27-13end
Saturday	Proverbs 25	I Corinthians 14:1-19