Chrysalis

August 2022 Volume 44 Issue 8

"Consider the ravens: they neither sow nor reap, they have neither

barn, and yet

God feeds

them. Of how

much more

value are you

than the birds!"

l uke 12:24

Blessing of the Animals

Bring your cat, dog, rabbit, frog, iguana, fish or whatever pet you wish to the blessing of the animals as we worship outdoors on:

Sunday, August 7



Is your pet aggressive or overly sensitive? Consider bringing him/her in an animal carrier, or come instead with a picture of your pet.

Becoming in Christ

In the event of rain or extreme heat we will still celebrate our pets with indoor worship, but, please do not bring them to church.

Backpack Blessing August 21

During worship we will bless the backpacks of all those returning to school. From preschoolers to graduate students, bring your backpacks to the worship service to be blessed.

We will also recognize and pray for our teachers, administrators and all those who work to educate our community's children.





Dear Resurrection People,

I am beginning to think I should assign books more often! Our congregation's summer read, in case you missed it, is *Disunity in Christ* by Christena Cleveland. Though the book was published in 2013, its

keen insights about the aspiration of unity in the body of Christ versus the reality of division, judgment, and outright hostility continue to provoke reflection and comment. I can tell it's working because six different people have already shared their thoughts with me!

Before I go much farther, let me remind you that there's still time to grab a copy of the book from the RLC office- we have a few copies left at \$12/each. We'll discuss the book after worship on 8/7 and 8/14.

Now that I've made the plug for *how* to read the book, let me share with you one reason *why* to read the book. Halfway through the book, there's a chapter about self-esteem. In summary, Cleveland observes that people with high levels of self-esteem are less likely to belittle others, while people with low

self-esteem often tear others down in order to feel good about themselves. This includes Christiansthose who don't feel good about their own congregation or denomination are more likely to take potshots at others.

How often, when someone belittles you, do you take a step back and say to yourself, "This person's bullying or judgment of me is really about them feeling bad about themselves," rather than taking it personally or returning fire? Most of us instinctively prefer revenge or resentment to compassion, especially because taking *them* down a notch makes *us* feel better about ourselves.

The simple fact is that someone who belittles you (or anyone else) is probably suffering from low self-esteem. In the body of Christ, we're called to build each other up and treat each member with honor. When you see one member tear another person down, one of the very best things you can do is tell that person something, *anything* you admire or respect about that person. Even a simple, "You're God's child and God loves you," will do the trick!

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Resurrection Lutheran Church Council and Board Chairs, 2022-2023

President—Carly Montgomery, 515-393-1995 montgomerycarly@gmail.com

Vice President — Jerry Tonneson, 563-343-87055 c.tonneson@outlook.com

Secretary — James Hilchen, 505-550-4878 jhilchen@gmail.com

Treasurer—Lee Patten, 515-975-6049, lee@patten.com

Council Members

David Foster, 515-238-7395 david.foster@syngenta.com

Cindy Tonneson, 563-579-1051 c.tonneson@outlook.com Thomas Nelson, 319-529-7832 supertommye@gmail.com Christian Education—Amanda Dougherty 515-571-3901, mrsd4cy@gmail.com

Congregational Life—Sarah Nelson, 319-529-7832, sarahkeller07@gmail.com

Evangelism—Toni Black,

515-979-7426, humpfert@yahoo.com

Social Ministry—Mary Humke 515-360-4418, mhumke609@gmail.com

Property—Marcus Kirstein, 515-490-7349, msrkirstein@gmail.com

Stewardship—Cullen Stevens 515-664-1109, c_g_e_s@yahoo.com

Worship and Music—Kim Aarsvold, 507-226-7792, aarsvold 3@gmail.com

Youth-,

RLC COUNCIL

Summary July Council Meeting

Call to Order: by President Carly Montgomery at 6:32 pm via ZOOM

(Note: *Motions are shown in the meeting minutes in bold italics.*)

Opening Devotions: Pastor Beth provided an introduction to a book about meaningful gatherings

June Meeting Minutes: approved by Council

May and June Financial Reports: The May reports are completed but were not available at the meeting. Lee provided a verbal report of account balances. There is concern for the reported balances and also reason for optimism. The general account balance is around 55k and the Bell Tower fund is at 64k. Expenses are being done in a conservative way so that provides us with some margins in our accounts. The recent surge in attendance is a reassuring sign.

Pastor's and Joint Ministries report: Pastor reported on May and June activities as well as events planned for July and August. She will be on vacation July 14, July 28 and August 1. Grace reported that there were 30 children and 27 volunteers at the Food Truck Party VBS. The fundraiser Scratch Cupcakery raised \$450 for mission trips. Youth Board meeting is set for July 11 at 5:45, the Day of Service is set for July 26.

Board Highlights:

Worship and Music: Outdoor service and Pet Blessing is scheduled for August 7.

Social Ministry – E Team: A request has been made for meal cost assistance for July 23 shelter meal. We will not be serving so no volunteers are needed for this event.

Property Board: A request has been made for the use of the church from the Heartland Youth Choir for the use of the Sanctuary on Tuesday and Thursday nights from 5:00 pm to 7:30. A suggested \$100 per month would be their costs. Congregational events would hold preference over these times, such as Maundy Thursday. Council approved this proposal pending concurrence of the Property Board. Facility usage approval forms can be used to clarify expectations.

OLD BUSINESS

Time and Talent updates were discussed. There needs to be coordination between Stewardship drive and updating the volunteer roster.

Elected RLC Leaders: Toni Black has agreed to chair the E-team, James Hilchen has agreed to be the Church Council Secretary, and Nancy Carlson has joined the Benevolence Committee. *Approved by Council*.

NEW BUSINESS

Thrivent Choice dollars can be used to support church activities. *A motion to roll these Thrivent Choice dollars into the general fund was approved by council.* Also, any Thrivent member can apply twice per year for \$250 Action Grants.

A new policy statement for Memorial gifts has been developed. The new policy will allow for approval by the Pastor and or Council for the use of those contributions. *Approved by Council*

Next meeting is set for August 9 at 6:30 pm

Meeting was closed after reciting the Lords Pray and was adjourned at 8:29 pm.

June Budget Information

| | June Actual | May Budget | May Variance | YTD Actual | YTD Budget | YTD Variance |
|------------|-------------|------------|--------------|------------|------------|--------------|
| Income | \$18,676 | \$28,142 | (\$9,466) | \$137,873 | \$168,856 | (\$30,983) |
| Expense | \$26,722 | \$ | (\$1,421) | \$158,518 | \$168,856 | (\$10,338) |
| Net Income | (\$8,045) | \$ | (\$8,045) | (\$20,645) | \$ | (\$20,646) |

Detailed financial results are available to any member of the church. You may contact the office at rlc@resurrectionlutheran.org or Lee Patten at lee@patten.com or call 515-975-6049.

Youth Happenings

A note from the Director of Youth & Family Ministry

When the 2022 ELCA Youth Gathering was canceled due to the unknown of COVID back in January, the Youth Board had to pivot with our summer plans. As we pivoted, we discovered service organizations we had partnered with in the past had to cancel their summer plans due to lack of employees.

The Youth Board decided to host a Service & Fun Day. This Service & Fun Day happened on July 26 and included helping pack over 25,000 meals at Meals from the Heartland and a delicious lunch at Smash Park.

It was not the same type of experience, but we still made a difference in our world. More specifically, we made a difference in our community. We packaged meals that may be eaten by classmates, neighbors, or other Des Moines area residents. In conversing with some of the youth who participate in the meal packaging, they were surprised to find out members of our community count on the "Hearty Pack" as a food source. That's right! A portion of the meals packaged at Meal from the Heartland are distributed to food banks across Iowa and the United States.

As we look forward to this new program year, the Youth Board is excited to offer more service learning opportunities to our youth.



Women of the Evangelical Lutheran Church in America

It is that time of the year again, when school supplies are on sale, it is a great time to purchase items for the Lutheran World Relief School Kits:

Listed below are the needed items: we will be collecting until October 9. If don't want to purchase any items, you may donate money for shipping these items.

- Four 70-sheet notebooks, wide of college ruled paper
- •One 30-centimeter ruler, or ruler with centimeters on one side and inches on the other
- •One pencil sharpener
- •One blunt scissors
- •One eraser approximately 2 1/2" long
- Five unsharpened #2 pencils with erasers
- Five ballpoint pens (no gel ink)
- •One box of 16 or 24 crayons

In the church entry way, there are school bags with the list inside if you would like to pick one to fill. However, if you would like to just purchase some items, you may put the supplies in a bin in the entryway.

We are also collecting items for the Baby Care Kits: Sizes 6 months- 24 months

- •Lightweight cotton T-shirts, long or short sleeve gowns, or PJ's, no feet ones
- Sweatshirt with hoods, jackets, if no hood include cap
- Dark hand towel
- •Two or three bath-size bars of gentle soap equaling 8 to 9 oz.

Fabric kits:

Cotton-Blend fabric: 2 1/4 yards of 58"-62" wide 3 yards of 42"-45" fabric 4 yards of 34"-37" fabric spools of matching or neutral colored general purpose three 250-300 yards.

Up Coming Events:

August 4, 2022 at 9:30 am—Bible Study with Pastor Beth, all RLC women and friends are invited.

Wanda Miller, WELCA rep.





The "It Shall Be Done" group meets every Thursday at 9:30 a.m. The first Thursday of the month we have a Bible study with Pastor Beth. The rest of the month we have fun projects going with coffee on the side. Join Us!

RLC Kids Pool Party

Join other RLC Kids and their families in cooling off from the hot summer sun! RLC Kids (age 3 to entering 5th grade) and their families are invited for a pool party on August 21 from 3:00-5:00 pm at the Larson's home (1309 NE 31st St, Ankeny). For more information and to RSVP, click here (or go to tinyurl.com/rlckids22



Sunday School Teachers Needed

We have a great year planned for Sunday school and confirmation, but we need you to partner with us. If you like kids, can read a lesson plan with minimal lesson planning, and desire to see all ages grow in faith through our education hour, consider joining our team of teachers and mentors. If you are interested in finding out more and or would like to sign up to help, please contact Grace Heimerdinger-Baake or Amanda Dougherty.



Congregational Life—Baseball Game



Do you love to bake? Do you enjoy serving others? Do you like coffee? Is eating one of your favorite pass-times? If you said yes to any of these questions, we need YOU!

The Congregational Life Board is in need of awesome volunteers to help

serve during the fellowship time and/ or to help provide treats. You can sign up to assist on Signup Genius online or in-person at church. Here is the link to the Signup Genius sites- To provide treats: https://www.signupgenius.com/go/10c0b4fabaa22a2fd0-treat and to help serve you can sign up here: https://www.signupgenius.com/go/10c0b4fabaa22a2fd0-fellowship1 if there are times that we do not have volunteers we may be unable to provide snacks during fellowship for the day. We appreciate your consideration in helping!

In other news, the Congregational Life Board plans to put on a fun quarterly activity. For the summer, we are going to go to an I-Cubs game on Sunday, August 28. The game starts at 12:08 pm. Tickets are \$10/person. If you're interested in attending, please sign up at church (signups are coming soon) or let Sarah Nelson

know: <u>sarahkeller07@gmail.com</u>. Checks can be made to Resurrection Lutheran Church with the memo line "I-Cubs". We hope to see you there!

(Continued from page 2)

The more we build up the body of Christ by encouraging the esteem of others, the more unity and love we'll experience. Sounds wonderful to me!

I hope to hear from you at the discussion on August 7 & 14, or share your thoughts with me any time.

God bless you, Pastor Beth

Adult Choir

Can you hear us singing? Very soon you will! Adult choir practice begins Wednesday, September 7 at 7:30pm in the sanctuary. All ages 16 and up are welcome to join us for a time of singing and fellowship! If you are interested in joining the choir and/or have any questions, please contact Jen Christy at 515-577-2873 or jenchristy2773@gmail.com.



LSI—Back to School Month

School is right around the corner! This time of year can be exciting and stressful for many of us, but adjusting back into a classroom routine can be especially difficult for kids and teens with emotional or behavioral disorders. Lutheran Services in Iowa (LSI) provides mental and behavioral health services for children and families across the state. Our therapists provide virtual and in-person therapy sessions with children, while our Behavioral Health Intervention Services (BHIS) team collaborates with families in their home to help them develop skills like anger management and healthy decision making. LSI also

provides 24- hour mental health care at our Bremwood Residential Treatment Center in Waverly to empower Iowa children and teens.

We thank you for your support of LSI's mission as we respond together to the love of Jesus Christ through compassionate service! We know there are more Iowa children in need of this critical care. If you would like to learn more about how you can give a gift to support these crucial services, please contact Deb Whitford, LSI director of philanthropy and church relations, at 563-676-2065 or Deborah.Whitford@LSIowa.org.



August Birthdays

| 2—Vivien Hansen | 17—Neil Dougherty |
|---------------------|-------------------|
| 2—Elizabeth Miller | 19—Mary Guddall |
| 5—Kristi Burma | 22—Marge Rupert |
| 6—Sharon Anderson | 24—Judy Kirstein |
| 10—Gerald Fieser | 24—Tom Nelson |
| 11—Jameson Presnall | 24—Paige Nelton |
| 11—Lisa Witte | 24—Mandy Paulser |
| 12—Andi Donaghy | 25—Scott Kirstein |
| 13—John Gilmore | 25—Bob Frazier |
| 13—Luke Miller | 26—Dale Shriver |
| 15—Ruthann Wrobel | 29—Mike Paulsen |
| | |

| 31—Mary | Jo Frazier |
|---------|------------|
|---------|------------|



| Children's Sermon | | Accompanists | Liturgist |
|----------------------------------|-----------------|--------------|-----------|
| Aug. 7—Grace Heimerdinger-Baake | Aug. 7 9:00 am | Praise Band | N/A |
| Aug. 14—Pastor Beth | C | Traise Buria | |
| Aug. 21 – Ally Muehr | Aug. 14 9:00 am | Dave Vagts | Lois & |
| Aug. 28—Grace Heimerdinger-Baake | | | George |
| Mowing Schedule | Aug. 21 9:00 am | Diane Rauser | Open |
| Aug. 8—Jerry Tonneson | Aug. 28 9:00 am | Diane Rauser | Open |
| Aug. 15—Mark Aarsvold | O | | • |
| Aug. 22—Matt Ahrens | | | |
| Aug. 29—Ken Carlson | | | |
| | | | |

Pub Theology

On Thursday, August 18 at 7:00 pm we will have a gathering of Pub Theologians at Uptown Garage Brewing, 305 SW Walnut.

If you're just hearing about Pub Theology for the first time, we meet at 7 pm and discuss a current event through the lens of Christianity (material emailed prior to the meeting).

While that may sound daunting and potentially very intellectual, it is also (and perhaps, primarily) a time of fellowship and being in community with church friends. If you are not particularly a "beer fan" they

also have wine, seltzers, and soft drinks on the menu.

Whether you have joined in the past or want to give it a try this time, please make sure to send your current email address to: srkirstein@gmail.com so we can make sure you receive the "homework"



ROG

The ROG Gentlemen are meeting at 9:00 am on Wednesday at Hy-Vee north location.

Ladies in Fellowship Together (LIFT)

LIFT (Ladies In Fellowship Together) are meeting at Main Street Café, 2510 SW Birch Drive, Ankeny at 9 am on Tuesday mornings. Join in the conversation!



Congregational Read

Ready, set, read! Aside from the Bible, the single most referenced book in my ministry has been *Disunity in Christ, by Christena Cleveland. Will you read it with me this summer and join in a conversation on what we've read on August 7 and 14 after worship?*

About the book: despite Jesus' prayer that all Christians "be one," divisions have been epidemic in the body of Christ from the beginning to the present. We cluster in theological groups, gender groups, age

groups, ethnic groups, educational and economic groups. We criticize freely those who disagree with us, don't look like us, don't act like us and don't even like what we like.

Though we may think we know why this happens, Christena Cleveland says we probably don't. In this eye-opening book, learn the hidden reasons behind conflict and divisions. Books are available in the church office for \$12/each.

Mashiah Foundation Wish List

Mary Beth Oyebade and her son David visited RLC last week to share about the education, housing, employment, and health services provided by Mashiah Foundation in Jos, Nigeria. While they are supported in part by the ELCA Global Missions, they have shared a wish list of items that could be used. Items can be new or gently used, but need to be received by August 15 to 974 Rolling Greens Lane NW, Hutchinson, MN 55350.

Games for the school:

Chess
Chess clocks/timers
Upwords
Othello
Monopoly

Connect 4

Puzzles (children's puzzles up to 500 piece puzzles) Rubik's cube

Any game that promotes thinking skills

Sewing items:

Embroidery floss (any color) Rotary cutters (for use with a 45 mm blade) Extra rotary cutting blades (45 mm size)

Worship Assistants

If you find your assigned service time conflicts with your schedule, please contact another member to cover for you and then contact the office at 964-7392 or email rlc@resurrectionlutheran.org with the date, time and name of your replacement in order to make sure the bulletin is accurate. Thank you! Please let

Janice Stocker know if you have future plans to be out of town or on vacation so accommodations can be made, prior to the newsletter scheduling. PLEASE KEEP THIS SCHEDULE AS YOUR REMINDER. Thank you for sharing your talents with RLC!

| 1 | August | Ushers | Greeter | Counters | Reader | Communion Assistant | Acolyte | Altar Guild |
|-----|---------|-------------------------|-----------------|-----------------------------|----------------------|------------------------|--------------|--------------|
| 7 9 | | Doug & Joan Keifer | | | Carolyn Darnielle | Linda Baker | Sam Califf | Cathy Califf |
| 14 | | Mike & Marge Rupert | | Ben Muehr Nancy Carlson | Sonya Miller | Nancy Carlson | Jay Miller | Joan Keifer |
| 21 | 9:00 am | Bob Frazier | Mary Jo Frazier | Gwen Luloff Andi Donaghy | Terry Luloff | Keri Bolles | Riley Keenan | Gwen Luloff |
| 28 | | John & Stefan Strand | , | | Carly Montgomery | Leslie Hart | Luke Miller | Wanda Miller |

| S | eptember | Ushers | Greeter | Counters | Reader | Communion Assistant | Acolyte | Altar Guild |
|----|----------|-------------------------|----------------------|-------------------------------|----------------------------|------------------------|---------------|---------------------------------|
| 4 | 9:00 am | • | | Andi Donaghy Gwen Luloff | Marit Patten | Mikala Springer | Hailey Allbee | Renata Eustice- Cleveland |
| 11 | | Brennan Cleveland | Joyce Lehman | | Renata Eustic Cleveland | Keri Bolles | Riley Keenan | Brenda Hilleson |
| 11 | 10:45 am | Bob Frazier | Mary Jo Frazier | Al Lehman Nancy Carlson | Megan Stevens | Marge Rupert | Cody Maxwell | Brenda Hilleson |
| 18 | | Doug & Joan Keifer | Diane Rivers | | Carolyn Darnielle | Linda Baker | Luke Miller | |
| 18 | 10:45 am | Kevin Petersburg | | Ben Muehr Gwen Luloff | Terry Luloff | Kathy Storch | Allison Muehr | |
| 25 | 8:15 am | | Vivian Dunsbergen | | Mark Aarsvold | Nancy Carlson | Hailey Allbee | |
| 25 | | John & Stefan Strand | 5 | David Foster Nancy Carlson | Diane Simonson | Joan Strand | Sam Califf | |





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Office Manager, Janice Stocker:
rlc@resurrectionlutheran.org

Summer Worship Hours Sunday 9:00 am 9:00 am—Live Stream

| August Hig | hlights | |
|------------|---------|---|
| August 4 | 9:30 am | RLC Women & Friends Bible Study with Pastor Beth |
| August 7 | 9:00 am | Outdoor Worship & Pet Blessing |
| August 9 | 6:30 pm | Council Meeting |
| August 18 | 7:00 pm | Pub Theology |
| August 21 | 9:00 am | Backpack Blessing |
| August 21 | 3-5 pm | Kids Pool Party |
| August 28 | Noon | I-Cubs Baseball Game |
| Tuesday | 9:00 am | LIFT Ladies |
| Wednesday | 9:00 am | ROG |
| Thursday | 9:30 am | It Shall Be Done Ladies Grp. |
| Saturdays | 8:30 am | Bible Study |

Our Statement of Mission

Transformed by God's Grace to Love and Serve.