



July 24, 2022
10 am Fresh Expressions Service
Seventh Sunday after Pentecost

Priest: The Reverend Sharon Smith
Interim Musician: Rob Gloor
Administration: Natasha Stegemann
Wardens: Robb Watt, Linda Robertson, Chris Wensley

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, near the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Squamish and Tsleil-Waututh Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our **Values:**

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,
Sustainable, Caring and Humble



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SAINT CATHERINE'S ANGLICAN CHURCH
Anglican Church of Canada - Diocese of New Westminster
Situated on the unceded traditional Coast Salish territory
of the Squamish and Tsleil-Waututh First Nations

*A Fresh Expression is a form of church for our changing culture, this liturgy is co-created by members of our community
in an attempt to incorporate Anglican Spirituality into worship.*

GATHERING

Welcome & Intention: Rev Sharon Smith

(Wild Goose Resource Group: A Wee Worship Book)

Presider: Let us take a moment of stillness and remember why we are here.

A moment of silent reflection.

Standing as you are able.

Presider: Creator of all, we acknowledge that we gather on the unceded ancestral lands of the Squamish and Tsleil-Waututh Nations.

All: Lead us on pathways of reconciliation and peace.

Presider: In the beginning,
Before time, before people,
Before the world began.

All: God was.

Presider: Here and now,
Among us, beside us,
Clearer than air, closer than breathing

All: God is.

Presider: In all that is to come,
When we have turned to dust
And human knowledge has been completed

All: God will be.

Presider: Not despairing of earth, but delighting in it,
Not condemning the world, but redeeming it,
Through Christ and by the power
of the Holy Spirit

**All: God was, God is,
God will be.**

Gathering Hymn: Seek Ye First

Seek ye first the kingdom of God.
and God's righteousness.
And all these things shall be added unto you.

Allelu, alleluia

Refrain

Alleluia, alleluia, alleluia

Allelu, alleluia

Ask and it shall be given unto you:

seek and you shall find;

knock and the door shall be opened unto you.

Allelu, alleluia. *(Refrain)*

Prayer of the Day:

Presider: Lord of gifts,

All: Share with us a hunger for the bread of your kingdom; give to us a yearning impatience with injustice; free us from clinging to debts gone bad; teach us to pray with honesty in words filled with earth and lit by desire; through Jesus the Christ, Amen.

Please be seated.

PROCLAMATION OF THE WORD

Reading 1: Thomas Merton from the book: Contemplative Prayer

In this classic text, Thomas Merton offers valuable guidance for prayer. He brings together a wealth of meditative and mystical influences—from John of the Cross to Eastern desert monasticism—to create a spiritual path for today.

"There is a 'movement' of meditation, expressing the basic 'paschal' rhythm of the Christian life, the passage from death to life in Christ. Sometimes prayer, meditation and contemplation are 'death' - a kind of descent into our own nothingness, a recognition of helplessness, frustration, infidelity, confusion, ignorance. Note how common this theme is in the Psalms. If we need help in meditation we can turn to scriptural texts that express this profound distress of man in his nothingness and his total need of God. Then as we determine to face the hard realities of our inner life and humbly for faith, he draws us out of darkness into light - he hears us, answers our prayer, recognizes our need, and grants us the help we require - if only by giving us more faith to believe that he can and will help us in his own time. This is already a sufficient answer."

Poetic Response:

A Prayer for Our Land (a prayer paraphrase of Psalm 85)

~ written by Leslie F. Brandt, in *Psalms Now*.

(Led by Sharon Fedorak)

Leader: O God, You have indeed been good to us.
You have prospered our land.
You have opened Your heart to us in love.
You have forgiven our sins
and adopted us as Your sons and daughters.

**All: But now our country is in turmoil.
We no longer have confidence
in our leaders.
Our citizens are in revolt.
Our young men and women are spilling their blood in foreign wars.
People are turning away from You
and are being ensnared
by strange doctrines
and godless philosophies.**

Leader: We know that You have not turned away from us. You touch with joy and peace the hearts that are open to You.
You stand ready to show Your salvation to all who will trust in You.
As we speak to You in faith,
You respond in loving concern.
You will give us what is good and will prosper us with gifts from Your hand.
You are holy and just.
You love Your children and will guide them in Your course for their lives.

**All: Renew our faith, O God.
Forgive us our many failures
and infidelities.
May our land continue to be a place
here we can be free to love
and serve You. Amen.**

Song of Response: Your Will be Done

Your will be done on earth, O Lord (repeats)

Gospel Reading: Luke 11:1-13

In teaching his disciples this prayer, Jesus also reminds them to focus on God's generosity and presence.

[Jesus] was praying in a certain place, and after he had finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples." He said to them, "When you pray, say:
Father, hallowed be your name.
Your kingdom come.
Give us each day our daily bread.
And forgive us our sins,
for we ourselves forgive everyone indebted to us.
And do not bring us to the time of trial."

And he said to them, "Suppose one of you has a friend, and you go to him at midnight and say to him, 'Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.' And he answers from within, 'Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.' I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs.

"So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

Reader: Holy Word, Holy Wisdom

All: Thanks be to God.

Please be seated.

Reflections: Rev. Sharon Smith

Silent Reflection:

The community are invited to respond in silent contemplation.

The time ends with the sound of a singing bowl.

PRAYER

Prayers of Concern:

(Based on the New Zealand Lords Prayer):

Leader: Eternal Spirit, Life-Giver, Pain-Bearer,
Love Maker,

All: Source of all that is and that shall be, Father and Mother of us all, Loving God, in whom is heaven: The Hallowing of your Name echo through the universe!

(Please add your prayers of praise)

Leader: The Way of your Justice be followed by the peoples of the world!

All: Your Heavenly Will be done by all created beings! Your Commonwealth Peace and Freedom sustain our hope and come on earth!

(Please add your prayers silently or aloud)

Leader: With the bread we need for today, feed us.

All: In the hurts we absorb from one another, forgive us. In times of temptation and test, strengthen us.

(Please add your prayers silently or aloud)

Leader: From trials too great to endure, spare us.

(Leader adds specific prayers of concern)

Leader: From the grip of all that is evil, free us.

All: For you reign In the glory of the power that is love, now and forever. Amen.”

The Light of Peace:

A member of the community lights a candle from the Altar light and walks it down the aisle and lights votive candles.

Presider: We light this candle in the name
of the Creator.
We light this candle in the name of Christ.
We light this candle in the name of the Spirit.

Standing as you are able.

Presider: May the peace of God – Creator, Christ and Holy Spirit be always with you,
and those you love.

People: And also with you.

The community are invited to gesture to one another a sign of peace, respecting social distancing.

*You are invited to light candles for people and places that
have no peace.*

COMMUNION

Preparing the Table: Instrumental

The Eucharistic Prayer (ELCIC IV)

Presider: May God be with you.

People: And also with you.

Presider: Lift up your hearts.

People We lift them to God.

Presider: Let us offer thanks to God our Creator.

People It is right to offer thanks and praise.

Presider: It is indeed right,
that we should at all times and in all places
give thanks and praise to you,
merciful God, through Jesus the Christ.
Fulfilling the promise of the resurrection,
you pour out the fire of your Spirit,
uniting in one body,
people of every nation and tongue.

And so, with Mary Magdalene and Peter and all the witnesses of the resurrection,
with earth and sea and all their creatures,
and with angels and archangels,
cherubim and seraphim,
we praise your name
and join their unending hymn:

**Holy, Holy, Holy, my heart, my heart adores you!
My heart is glad to say the words; you are holy Lord.**

**In God's name is coming the One whom we call blessed. Hosanna in the highest.
Praise and thanks to God.**

**Holy, Holy, Holy, my heart, my heart adores you!
My heart is glad to say the words; you are holy Lord.**

Presider: Blessed are you, O God of the universe.
Your mercy is everlasting
and your faithfulness endures from age to age.
Praise to you for creating the heavens
and the earth.
Praise to you for saving the earth
from the waters of the flood.
Praise to you for bringing the Israelites
safely through the sea.
Praise to you for leading your people
through the wilderness
to the land of milk and honey.
Praise to you for the words and deeds of Jesus, your anointed one.
Praise to you for the death
and resurrection of Christ.
Praise to you for your Spirit
poured out on all nations.

In the night in which he was betrayed,
our Lord Jesus took bread, and gave thanks;
broke it, and gave it to his disciples, saying:
Take and eat; this is my body, given for you.
Do this for the remembrance of me.

Again, after supper, he took the cup,
gave thanks, and gave it for all to drink, saying: This cup is the new covenant
in my blood,
shed for you and for all people
for the forgiveness of sin.
Do this for the remembrance of me.

With this bread and cup
we remember our Lord's passover
from death to life
as we proclaim the mystery of faith:

**All: Christ has died.
Christ is risen.
Christ will come again.**

Presider: O God of resurrection and new life:

**All: Pour out your Holy Spirit on us
and on these gifts of bread and wine.
Bless this feast.
Grace our table with your presence.
Come, Holy Spirit.**

Presider: Reveal yourself to us in the
breaking of the bread.

**All: Raise us up as the body of Christ
for the world.
Breathe new life into us.
Send us forth,
burning with justice, peace, and love.
Come, Holy Spirit.**

Presider: With your holy ones of all times and places,
with the earth and all its creatures,
with sun and moon and stars,
we praise you, O God,
blessed and holy Trinity,
now and forever. **Amen.**

Lord's Prayer (*Sung*):

**All: Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.**

**All: Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.**

Fraction (Breaking the Bread):

Presider: Fill us afresh with your Spirit today,

**All: revive your Church,
and renew the face of the earth.**

Invitation to the Table:

Presider: The gifts of God for the people of God

People: Thanks be to God.

Communion:

All people are welcome to receive Communion of one kind (Wafers), or Communion of one or both kinds at the Altar.

Gluten free wafer are available upon request.

Please sanitize your hands before receiving.

While the communion is being administered, we respectfully ask that you keep the silence.

Candle lighting during this time is welcomed.

Communion Hymn: Be Still

Be still for the presence of the Lord
The Holy One is here
Come bow before Him now
With reverence and fear
In Him no sin is found
We stand on holy ground
Be still for the presence of the Lord
The Holy One is here
Be still for the glory of the Lord
Is shining all around
He burns with holy fire
With splendor He is crowned
How awesome is the sight
Our radiant King of Light
Be still for the glory of the Lord
Is shining all around

Be still for the power of the Lord
Is moving in this place
He comes to cleanse and heal
To minister His grace
No work too hard for Him
In faith receive from Him
Be still for the power of the Lord
Is moving in this place

SENDING

Announcements – Rev. Sharon

Blessing- Rev Sharon

**Presider: Glory to God,
All: from whom all love flows,
glory to Jesus, who showed his love
through suffering,
and glory to the Holy Spirit,
who brings light to the darkest places.
Amen.**

Sending Song: Sent Out in Jesus' Name

Sent out in Jesus' name,
our hands are ready now
to make the earth the place
in which the kingdom comes. *(Repeat)*

The angels cannot change
a world of hurt and pain
into a world of love,
of justice and of peace.
The task is ours to do,
to set it really free.
O help us to obey
and carry out your will. *(Repeat)*

Dismissal:

Presider: Go forth into the world,
rejoicing in the power of the Spirit.

People: Thanks be to God.

Postlude.



Thank you for ministering this morning:

Music: Rob Gloor and Singers
Greeters: Sally Lambert and Gillian Holland
Altar Guild: Susanna Wensley and Nancy Sunderland
Eucharistic Administrators: Alison Watt and Nancy Sunderland
Coffee Group: Penny Zuk, Lynn Spence, and Elizabeth Barratt
Readers:
1. Sharon Fedorak
2. Heather Luccock
Intercessors: Lynn Spence
Livestream and Sound: Armin

Summer Events:



July Summer Garden Party

**Saturday, July 30
from 2 to 4 PM**

Hosts: John and Heather Luccock in Lynn Valley

Please email Julia Hadrill at jhadrill@telus.net to let her know if you can go.

Conversation with Sharon Reminder sign up

- Friday August 5th, 2022 at 4:00 - 5:30pm (St Catherine's outdoors - Ridgewood Patio fire pit)
- Tuesday August 9th, 2022 at 4:00 - 5:30pm (St Catherine's outdoors - Ridgewood Patio fire pit)
- Friday August 12th, 2022 at 4:00 - 5:30pm (St Catherine's outdoors - Ridgewood Patio fire pit)
- Sunday August 14th, 2022 at 4:00 - 5:30pm (St Catherine's outdoors - Ridgewood Patio fire pit)
- Tuesday August 16th, 2022 at 2:30 - 4:00pm (Zoom gathering by video or phone)
- Friday August 19th, 2022 at 4:00 - 5:30pm (St Catherine's outdoors - Ridgewood Patio fire pit)

Please consider which of the above dates you might be available and RSVP to Natasha in the office (604 985 0666 or scadmin@shaw.ca)



SAINT CATHERINE'S ANGLICAN CHURCH
1058 Ridgewood Dr, North Vancouver, BC, V7R 1H8
T 604.985.0666
| saint-catherines.org