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Your ASK will bring life into this world.

**Matthew 6:10-13 (NLT)** - “May your Kingdom come soon. May your will be done on earth, as it is in heaven.  
<sup>11</sup>Give us today the food we need, <sup>12</sup>and forgive us our sins, as we have forgiven those who sin against us.  
<sup>13</sup>And don’t let us yield to temptation, but rescue us from the evil one.”

**1. We ask our Heavenly Father to bring LIFE into this world.**

Matthew 6:10 (NLT) - “May your Kingdom come soon. May your will be done on earth, as it is in heaven.”

Ephesians 2:1-2 (NLT) - Once you were dead because of your disobedience and your many sins. <sup>2</sup>You used to live in sin, just like the rest of the world, obeying the devil—the commander of the powers in the unseen world. He is the spirit at work in the hearts of those who refuse to obey God.

Romans 14:17 (NLT) - For the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit.

God wants you to ASK because He wants to bring life through you.

Psalms 124:8 (NLT) - Our help is from the LORD, who made heaven and earth.

**2. We ask our Heavenly Father to bring LIFE to us.**

Give Us

Matthew 6:11 (NLT) - “Give us today the food we need ...”

Forgive Us

Matthew 6:12 (NLT) - “... and forgive us our sins, as we have forgiven those who sin against us.”

Save Us

Matthew 6:13 (NLT) - “And don’t let us yield to temptation, but rescue us from the evil one.”

Philippians 4:19 (NLT) - And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus.

**Next Steps:**

1. Take 15-20 minutes each day to spend time alone with God. PAUSE (listen first), REJOICE (in your identity as a child of God and remind yourself that God is unique, powerful and a league on His own).
2. Then take a few moments to ASK God to bring LIFE into your family, friends, neighbourhood, workplace, and city.
3. Take a few minutes each day to read a few verses of the Bible and discover more about God’s plan to bring LIFE to this world and LIFE to you! We recommend the book of John.

**Study Guide**

1. Why do you think people have a hard time asking for help?
2. Why do you think you have a hard time asking God for help?
3. What would you want to ask God right now if you could ask Him anything?
4. God is a good Father who wants to help children. Do you believe this? Why or why not?
5. Challenge yourself to start talking to God more each day for a few minutes and ASK for His help. His help to bring life to this broken world and to bring life to YOU.