



*This service is Livestreamed via Facebook and the Parish website.  
We welcome everyone worshipping with us today whether in person or online.*

### The Gathering of the Community

#### Words of Welcome and Acknowledgment

We begin by acknowledging that we live, work, play, and worship on the traditional and unceded territory of the Coast Salish peoples including the Katzee, Tsawwassen, Semiahmoo and Kwantlen Nations. May our words and our actions reflect our awareness and appreciation of this.

#### Processional Hymn – CP#7 New every morning is the love

#### The Greeting

The grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all.  
**And also with you.**

#### The Collect for Purity

Almighty God,  
**to you all hearts are open, all desires known,  
and from you no secrets are hidden.**  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

### **Glory to God**

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly king,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ, with the Holy Spirit,  
in the glory of God the Father. Amen

### **The Collect**

O God our defender,  
storms rage about us and cause us to be afraid.  
Rescue your people from despair,  
deliver your sons and daughters from fear,  
and preserve us all from unbelief;  
through your Son, Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and ever. Amen.

## The Proclamation of the Word

### **First Reading** – 1 Kings 19: 1-4, 8-15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword.

I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus."

Listen to what the Spirit is saying to the Church.

**Thanks be to God**

## **Psalm 42**

1 As the deer longs for the water brooks,  
**so longs my soul for you, O God.**

2 My soul is athirst for God, athirst for the living God;  
**when shall I come to appear before the presence of God?**

3 My tears have been my food day and night,  
**while all day long they say to me, “Where now is your God?”**

4 I pour out my soul when I think on these things:  
**how I went with the multitude and led them into the house of God,**

5 With the voice of praise and thanksgiving,  
**among those who keep holy-day.**

6 Why are you so full of heaviness, O my soul?  
**and why are you so disquieted within me?**

7 Put your trust in God;  
**for I will yet give thanks to him,  
who is the help of my countenance, and my God.**

8 My soul is heavy within me;  
**therefore I will remember you from the land of Jordan,  
and from the peak of Mizar among the heights of Hermon.**

9 One deep calls to another in the noise of your cataracts;  
**all your rapids and floods have gone over me.**

10 The Lord grants his loving-kindness in the daytime;  
**in the night season his song is with me, a prayer to the God of my life.**

11 I will say to the God of my strength, “Why have you forgotten me?  
**and why do I go so heavily while the enemy oppresses me?”**

12 While my bones are being broken,  
**my enemies mock me to my face;**

13 All day long they mock me  
**and say to me, "Where now is your God?"**

14 Why are you so full of heaviness, O my soul?  
**and why are you so disquieted within me?**

15 Put your trust in God;  
**for I will yet give thanks to him,  
who is the help of my countenance, and my God.**

Glory to God, Source of all being, eternal Word and Holy Spirit:  
**as it was in the beginning, is now and will be for ever. Amen**

**Second Reading** – Galatians 3: 23-29

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ.

There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Listen to what the Spirit is saying to the Church.

**Thanks be to God**

**Gradual Hymn** –CP 585 Lord, Whose Love in Humble Service

## **The Gospel** – Luke 8:26-39

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Luke

**Glory to you, Lord Jesus Christ.**

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission.

Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed.

Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

The Gospel of Christ

**Praise to you, Lord Jesus Christ**

**Homily:** *The Rev'd Philippa Segrave-Pride*

### **The Apostles' Creed**

Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.**

**He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.**

**On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.**

**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### **Prayers of the People**

## **Confession and Absolution**

God is steadfast in love and infinite in mercy.  
God welcomes sinners and invites us to this table.  
Let us confess our sins confident in God's forgiveness.

*Silence is kept.*

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
We have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in eternal life;  
through Jesus Christ our Lord. **Amen.**

## **The Peace**

The peace of the Lord be always with you.  
**And also with you.**



## The Celebration of the Eucharist

### Offertory Hymn – CP# 73 One Bread, One Body

#### Prayer over the Gifts

Eternal God,  
**you have made our Saviour Jesus Christ  
the head of all creation.**  
Receive all we offer you this day  
and renew us in his risen life,  
in the name of Jesus Christ the Lord. Amen

#### The Great Thanksgiving      Eucharistic Prayer 2

The Lord be with you.  
**And also with you.**  
Lift up your hearts.  
**We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

We give you thanks and praise, almighty God,  
through your beloved Son, Jesus Christ,  
our Saviour and Redeemer.  
He is your living Word,  
through whom you have created all things.

By the power of the Holy Spirit  
he took flesh of the Virgin Mary  
and shared our human nature.  
He lived and died as one of us,  
to reconcile us to you,  
the God and Father of all.

In fulfilment of your will  
he stretched out his hands in suffering,  
to bring release to those who place their hope in you;  
and so he won for you a holy people.

He chose to bear our griefs and sorrows,  
and to give up his life on the cross,  
that he might shatter the chains of evil and death,  
and banish the darkness of sin and despair.  
By his resurrection  
he brings us into the light of your presence.  
Now with all creation we raise our voices  
to proclaim the glory of your name.

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Holy and gracious God,  
accept our praise,  
through your Son our Saviour Jesus Christ;  
who on the night he was handed over  
to suffering and death,  
took bread and gave you thanks,  
saying, "Take, and eat:  
this is my body which is broken for you."  
In the same way he took the cup,  
saying, "This is my blood which is shed for you.  
When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection,  
we offer you this bread and this cup,  
giving thanks that you have made us worthy  
to stand in your presence and serve you.  
We ask you to send your Holy Spirit  
upon the offering of your holy Church.

Gather into one  
all who share in these sacred mysteries,  
filling them with the Holy Spirit  
and confirming their faith in the truth,  
that together we may praise you  
and give you glory  
through your Servant, Jesus Christ.

All glory and honour are yours,  
Father and Son,  
with the Holy Spirit  
in the holy Church,  
now and for ever. **Amen.**

### **The Lord's Prayer**

Rejoicing in God's new creation,  
let us pray as our Redeemer has taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.**

**Save us from the time of trial  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

### **The Breaking of the Bread**

**We break this bread to share in the body of Christ  
We, being many, are one body,  
for we all share in the one bread.**

### **The Communion**

**The gifts of God for the people of God.  
Thanks be to God**

*Please proceed to the altar for communion as directed, we ask that you sanitise your hands before receiving Communion.*

### **Prayer after Communion**

**Almighty God,  
guide and protect your people  
who share in this sacred mystery,  
and keep us always in your love;  
through Jesus Christ our Lord. Amen**

### **The Doxology**

**Glory to God,  
whose power working in us  
can do infinitely more than we can ask or imagine.**

**Glory to God from generation to generation  
in the church and in Christ Jesus  
for ever and ever. Amen.**

### **The Blessing**

The peace of God  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God  
and of our Lord Jesus Christ.  
And the blessing of God Almighty,  
the Father, the Son, and the Holy Spirit  
be with you now, and always. **Amen**

### **Sending Hymn – CP#455 Dear Lord and Father of Mankind**

### **Dismissal**

Go in peace to love and serve the Lord. Alleluia!  
**Thanks be to God. Alleluia**

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## **Notices and Prayer List for the week beginning 19<sup>th</sup> June 2022**

To assist the office, please ensure that any items for the Notices are received  
**before Noon on Thursday.**

**The flowers** at the altar this morning are given for the glory of God by Mike & Pat Wilkinson in loving memory of a wonderful father and grandfather Roy; and by Les and Kelly Foulds in loving memory of their wonderful fathers, Elsley Foulds and Arthur Lehman.

**We pray for the whole Anglican Church of Canada** – we pray especially for our primate, Archbishop Linda Nichols. We pray also for the Provincial Synod of the Ecclesiastical Province of Rupert's Land, and for healing and reconciliation between indigenous and non-Indigenous peoples.

**Anglican Communion** – we pray for the Province of the Episcopal Church of South Sudan.

**In our Diocesan Cycle** - we pray for our Bishop, the Rt. Rev'd John Stephens. We also pray for: St. John, Sardis - The Revd Allan Carson, The Rev'd Larry Adkins; St. Faith, Vancouver- The Rev'd Adam Yates; St. Alban, Richmond - The Venerable Luisito Engnan; St. Alban, Burnaby - The Rev'd Gregory Jenkins, The Rev'd Monte Tugwete.

We pray for our companion diocese of Northern Philippines. We pray for our own twinned parish of Holy Apostles, Abatan, and their priest, Father Joey Napat-a.

In all these prayers for the church near and far, we pray for the people and clergy and for the ministries flowing from these places into the communities.

**In our Parish Cycle we pray for:** Linda Vandenblink, Binoy & Bina Venkatachellum and Eduardo & Vee Villar. We pray for their work, ministry, and families here and away.

## **Notices**

**St. Helen's Lunch Bunch** - is up and running;) Our next gathering will be on Tuesday, June 21, at 11:30am in the Upper Hall. Bring along a bag lunch. Tea, coffee and cake will be provided.

**Annual Strawberry Tea** – Saturday, June 25, 2022 1:00 p.m. - 3:00 p.m. Tickets available from members of the congregation, only \$8.00 or by e-mail to [ticketsatsthelens@gmail.com](mailto:ticketsatsthelens@gmail.com) Please purchase tickets in advance.

**Raffle Tickets** - are available now from Judy Nicholson for the Strawberry Tea event. 1<sup>st</sup> prize is \$250.00 cash, 2<sup>nd</sup> prize a \$50.00 Keg Gift Card and 3<sup>rd</sup> prize a floral hanging basket. Tickets are 3 for \$5.00 or a book of 12 for \$20.00. Please support this annual parish event by purchasing your own tickets, as well as, selling to your family, friends, and neighbours. The draw will take place during the event on Saturday, June 25.

### **Foodbank Donations**

Once again we will be receiving donations for the Surrey foodbank. Please leave your donations in the basket at the back of church. The following items have been requested.

***Canned protein (fish & meat), Canned fruit, Canned vegetables, Meal-in-a-Tin***

***Whole grain rice or legumes, Pasta & sauce, Healthy canned soup, Baby formula (Large Cans).***

Please make sure that items are unopened and have not expired. They also appreciate monetary donations via their website <https://www.surreyfoodbank.org/donate/>

**PRAYER REQUESTS TO THE PRAYER CIRCLE** – please be in touch with Judy Nicholson who will receive and forward your prayer requests to the prayer circle. If you do not have her contact details, please send an email to the office email address and it will be passed on to her for distribution.

**ALTAR FLOWERS** – Please consider providing for the flowers placed on the Altar to the glory of God, in celebration, in thanksgiving, or in memory of loved ones. The cost is usually in the \$40 - \$50 range. Contact Heather Herd for details. You may make your donation by cheque made out to St. Helen's Anglican Church and send it in the mail or leave it in the offering plate on a Sunday or by Interac e-Transfer. The email address to transfer electronically is: [giving2sthelen@gmail.com](mailto:giving2sthelen@gmail.com)

### **This Week's Ministry Team**

**Officiant/Preacher**– The Rev'd Philippa Segrave-Pride

**Music** – Matthew Ma

**Crucifer** – Alex Mason

**Psalmist and Prayers of the Community** – Cathy Anderson

**Lay Administration** – Anil and Cynthia Richards

**Readers** – Aparna Chatterjea and Kelly Foulds

**Greeters** – Maureen Thompson & Mary Patterson

**Livestream Tech** – Zoltan Barabas/Simon Lee

**Altar Guild** – Joan Hnedish, Lynn Turner and Jane Denton

**Fellowship Servers** – Josie and Roy Francis, Caroline Fennings

#### **Next week's Ministry Team**

**Crucifer/Server and Psalmist** – Maureen Thompson

**Prayers of the Community** – Lynn Turner

**Lay administration** – Mareen and Roshan Mathew

**Readers** – Mareen and Roshan Mathew

**Greeters** – Heather & Wayne Herd

**Altar Guild** –Jane Denton and Brownee Hamilton

**Fellowship Servers** – Zoltan Barabas and Anil Richards

### **Contact Details for the Priest in Charge - The Rev'd Philippa Segrave-Pride**

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