

St. Hilda's GREEN FORUM • All Welcome!



HOW TO EAT A PLANT-BASED DIET

Photo by engin akyurt on Unsplash

FRIDAY, MAY 20, 2022

7:00 p.m.

St. Hilda's Church • 5838 Barnacle Street, Sechelt

Have you been wondering how to move towards a more plant-powered diet? DEBORAH & GERRY PAGEAU will present a 45-minute talk with illustrations to help you do just that.

Attend in-person or via Zoom! Email greenparish@sthilda.ca to receive an event link.

WWW.STHILDA.CA • FREE ADMISSION