

## Sermon Reflection Questions

We encourage you to use these for personal reflection, or to discuss as a family or with a friend, or to dig deeper in small group conversations around the sermon text. You can meet over the phone or online to go through these questions to discuss and pray together.

Series: Church Renewal Sermon Series  
Message: **Set Free: Emotional Healing & Wholeness**  
Scripture: **Isaiah 53:4-5; Psalm 147:3; John 8:36**  
Speaker: Pastor Xavier Law

### Main idea:

Understand that we can experience freedom, emotional healing & wholeness through Sanctification and the Atonement of Jesus Christ.

### Reflection Questions:

1. About your past: where has God already sanctified your mind, emotions, will & body?
2. What is your role in sanctification?
3. Are you also struggling to find freedom? What are your reasons?
4. Can you think of an area of your life where you still need God's peace?
5. Ask the Holy Spirit to show you if there's a past memory that still causes you pain today. Write down any current things that trigger the pain.